

Biopic documentary on Padma Shri P.K Kaul premiered at Dogri Sanstha

STATE TIMES NEWS
JAMMU: A special screening of the biopic documentary on Padma Shri Pran Kishore Kaul was held at Kuwar Vidyog Auditorium, Dogri Sanstha, Jammu. The film, produced by Sahitya Akademi, Ministry of Culture, Government of India, was written by Ashok Jaikhanani (Ex-ADG, Doordarshan) and directed by renowned filmmaker Sudesh Verma. The event was attended by several eminent personalities from Indian cinema, television, and radio, alongside the distinguished presence of Pran Kishore Kaul himself. The Chief Guest for the occasion was Nitish Rajora, Director of Information, DIPR, Jammu & Kashmir, while



Director Information Nitish Rajora and others during release function.

the Guest of Honour was Dr. S.P. Verma, Padma Shri awardee from Gandhi Global Family, Jammu & Kashmir. Other notable attendees included Ayash Arif, Behari Kak, Ravinder Koul, Ex-Director DD Jammu R.S. Raina, Chandar Mohan Sharma, Suraj Raina, K.D. Koul, and many others. The

event was skillfully anchored by Sapna Soni and Ravinder Koul. The film chronicles the life and contributions of Pran Kishore Kaul, a celebrated broadcaster, writer, and director, highlighting his remarkable journey, struggles, and achievements. Through extensive research, archival footage,

and personal interviews, the documentary sheds light on his profound influence on literature and arts. Director Sudesh Verma emphasized that the film is not just a tribute to Pran Kishore but also an acknowledgement of his struggles and perseverance of artists across generations. He expressed heart-

felt gratitude to everyone who contributed to the project, including family members, colleagues, and supporters. The production team included script and screenplay by Ashok Jaikhanani, narration by Grover, camera work by Sanjay Kapoor and Saurabh Moghe, editing by Des Raj (Makhan), and subtitles by Rajeshwar Singh Raju. The title lyrics were written by Bal Krishan Sanyasi, while Kuldeep Saproo composed the music, with vocals by Suresh Chouhan. The documentary serves as an inspiration and celebration of Pran Kishore's legacy, ensuring that his contributions continue to enlighten and motivate future generations.

KNIT hosts Teachers' Orientation programme

STATE TIMES NEWS
JAMMU: Kotwal National Institute of Teaching (KNIT), a leading Institution at B-11, Bharat Nagar, Talab Tillo, in Jammu city, hosted a comprehensive Teacher Orientation Programme from February 13 to March 10, 2025, for a month, to prepare its new and existing faculty members for the upcoming academic year. The Orientation Programme, which was attended by over 30 teachers, aimed to familiarize the faculty with school's vision, mission and values, as well as its academic policies and procedure. The programme also provided an opportunity for teachers to discuss strategies for students' success and motivation. Principal Binla Blawria said, "We are thrilled to organize this program with



Teachers during the programme in Jammu.

the resources and support the teachers' need to deliver high quality education to our students." Director Prof J.L Kotwal, encouraged saying, "We believe that our teachers are the backbone of our school, and we are committed to prove them with the support, motivation and resources they need. We are excited to see the positive impact that our teachers will have on our students' successful lives.

According to him, "Hawae bhi dekhi, Fezaye bhi dekhi, Jo Radiation apse ayi, vo khi ni dekhi." The programme concluded with a debate on the topic "Offline Education is better than online education." All the teachers got an opportunity to speak their minds and share their experience. The Teachers' Orientation programme is an effective way of encouraging and honoring teachers' talent.

Chitra Singh Jamwal slams scintillating century; J&K falls 5 runs short of victory

STATE TIMES NEWS
TRIVANDRUM: Jammu and Kashmir's batting mainstay Chitra Singh Jamwal slammed a sparkling unbeaten century but that was enough to power J&K to victory as the team suffered a narrow defeat to Goa in the ongoing Women's U-23 One Day Trophy at Sports Hub International Stadium Trivandrum today. Chasing a good total of 203 runs, J&K scored 198 runs in 50 overs, losing 7 wickets in the process, thus losing the match by a narrow margin of 5 runs. Chitra showed stellar grit and tenacity to notch up unbeaten 101 runs off 112 balls studded with 12 delectable boundaries and one massive six. She was in sub-



lime touch and struck 28 runs in the last 10 balls to complete her superb century. Bavandeep Kaur and skipper Rudrakshi Chib contributed 23 and 22 runs to the total respectively. Ananaya Sharma (16) and Sheena Saraf (10) also contributed to the team's total. Usma who earlier scored a

magnificent century was the most successful bowler, taking 3 wickets, while Pooja Yadav bagged 2 wickets and Poorva Bhaidkar claimed one. Earlier, put into bat, Goa scored 203 runs in the stipulated 50 overs, losing 9 wickets in the process. Usma slammed a magnificent century, scoring 100 runs off 153 deliveries studded with 14 boundaries, while Metali Ramesh scored 28 runs off 31 balls with 5 fours and Sakshi contributed 11 runs. Ronaq Jahan, Mariya Noorain and skipper Rudrakshi Chib bagged 2 wickets each for J&K, while Chitra Singh Jamwal, Ananaya Sharma and Tahseena Nisar claimed one wicket each.

KIWG Day 3: Army, Himachal display marvelous performance, dominate opponents

STATE TIMES NEWS
GULMARG: With couple of inches of snow during the night, technical actions over the peaks of Kangdooori to prevent avalanches and dense fog tested the patience of athletes on Tuesday who were eager to display action while sports lovers & spectators were ready to witness thrill of KIWGs. The 3rd Day of Winter Games cleared the smoke for medal tally to decide which states or organization will gather maximum medals. Top contenders from previous day were Army, Ladakh & Maharashtra but the five events scheduled for the day had left competition open to all in national games event at Gulmarg. With gradual opening of



Winners along with dignitaries posing for photograph.

games, the needle of medal tally began to incline towards Army as their team dominated Men's Ski Relay Event and raced to Gold while Uttarakhand team sealed Silver; Himachal Pradesh team walked for Bronze medal in the competition.

The Slalom Snowboard event for Women held at Kangdooori saw thrilling contest among the participants. Himachal Pradesh was crowned with Gold & Silver but missed hat-trick of medals as bronze went to Maharashtra. The podium crowned Preeti Thakur as Silver Girl, Prakarti Thakur as Silver Girl both Himachal girls, while Urnila Pable of Maharashtra took pride in

bronze. Excited with the Gold, Preeti Thakur said that she enjoyed the competition & KIWG 2025. She appreciated the facilities and the support extended by the officials & staff. The Nordic Ski Sprint Women was again dominated by Kusum Rana of ITBP who won second Gold today while three-time Gold Medalist of KIWG Bhavanj Thekkada from Karnataka did a late come back in this competition to obtain Silver. The Bronze was claimed by non other than Selma Soreng from ITBP, who slid a step down compared to her yesterday's performance. For the Men's event of 15km Nordic Sprint there were no surprises when Army proved iron will & grit bundling all three coveted medals as Sunny, Stanzin & Thupstan won Gold, Silver &

Bronze respectively. What is actually surprising take of event was that Army decimated all competitors and got top twelve positions in the event and the streak was only broken by ITBP. In Alpine Slalom women, Himachal Pradesh players swept medals with Anchal Thakur, Tanuja Thakur & Promila Thakur winning Gold, Silver & Bronze medals. Deputy Director General, Sports Authority of India, Vineet Kumar while speaking regarding KIWG said the games had been tremendous success as Sports Authority of India and J&K Sports Council have done marvelous job to conduct games efficiently & smoothly despite the weather conditions like fog which reduces visibility. He lauded the coordination of officials, technical staff, participants and other stakeholders for befitting facilities.

Viksit Yuva Samelan-Y20 Summit held Shri Ram School

STATE TIMES NEWS
JAMMU: The Shri Ram Universal School, in collaboration with the Nations Development Association (NDA), affiliated with MYBharat-NYK under the Ministry of Youth Affairs and Sports, Government of India, successfully organized the 'Viksit Yuva Samelan' under the Y20 Summit with the theme "Shared Future: Youth in Democracy and Governance." The event aimed to empower young minds by fostering discussions on democracy, governance, and leadership, providing a platform for youth to engage with experts, policymakers, and industry leaders. The seminar commenced with a warm welcome note presented by the Principal of The Shri Ram Universal School, Sonika Mahajan. The event was graced by Sunaina Mehta, Principal, Revenue Training Institute, as the Chief Guest. Shilpa Dubey, DDC Member Vijaypur; attended as the Special Guest.



Dignitaries along with faculty members during the event.

The panel of experts included Aijaz Qaiser (Joint Director, Tourism), Anissa Nabi (Senior Project Manager, J&K Rural Livelihood Mission), Ekshu Sharma (District Information Officer), Dr. Akshay Parihar (BDO Khellani), Maansi Gupta (Director, MG Design), Jasleen Kour (Founder & CEO, Branding Elves), Abheet Sangotra (Youth Advisory Council Member), and Apurv Gupta (Director, JKMS). Prominent speakers such as Heena Mahajan (Writer and Co-Convener of Duggar Baradari- Team Jammu), Sannak Shrivats (State Secretary, ABVP), Ananya

Manyal (Production Strategy Head, The Unheard Mehfil Podcast), Dheeraj Sharma (Social Activist), Sunita (Assistant Professor), Dr. Swati Mahajan (Medical Officer, RBSK), Sahil Bharti (Advocate), and Tabassum Nabi (BSc Nursing) shared their invaluable insights on the role of youth in democratic governance. Throughout their speeches, speakers and panelists highlighted the significance of the United Nations Sustainable Development Goals (SDGs), emphasizing their relevance in governance, leadership, and youth engagement. The event was further enriched by the presence of

esteemed delegates, including Preeti Choudhary, Gudia Gupta, Tarun Uppal, Rahul Kumar, and Rakshant Balotra and Sahaj Sabharwal, who contributed to the meaningful discussions on youth-led development. Adding to the grandeur of the occasion, the Chairman of The Shri Ram Universal School, Sanjeev Mahajan, and Director, Rajni Gupta, graced the event with their presence. The seminar witnessed enthusiastic participation, with around 200 young individuals attending as an engaged audience. The event concluded on a high note with a vote of thanks delivered by the

Headmistress, Shivani Vaid, and the Chief Functionary of the NDA, Sushil Singh Charak. Their words of gratitude acknowledged the collective efforts of all dignitaries, panelists, speakers, and the young attendees in making the event a resounding success. The 'Viksit Yuva Samelan' stood as a testament to the power of youth in shaping a participatory and inclusive democracy. Through insightful discussions and knowledge-sharing, the event inspired young leaders to take an active role in governance and policy-making, fostering a brighter future for all. The initiative aligned with United Nations Sustainable Development Goal (SDG) 16 - Peace, Justice, and Strong Institutions, which emphasizes the promotion of inclusive and participatory governance. By engaging youth in democratic processes, the event reinforced the importance of accountable institutions and active citizenship, paving the way for a more just and sustainable society.

DPS Jammu students shine at on-spot painting competition



Students receiving certificates during the event.

STATE TIMES NEWS
JAMMU: Bringing pride to their school and families, Dhvani Jakhotra (IX-H) and Aradhya (VII-A) of Delhi Public School Jammu showcased their artistic brilliance at the On-Spot Painting Competition organized by CSIR-IHM Jammu on 2nd March 2025. Competing against 250 participants from across

J&K, Dhvani secured the 2nd position, while Aradhya earned a Consolation Prize in the 13-16 years age category. Their exceptional talent was recognized with certificates of participation and mementoes, presented by Dr. Ashutosh Gupta, Principal, GMC Jammu. The President-RCT, Ajatshatru Singh, Pro VC, Dr. Ritu Singh, Director,

S.S. Sodhi, along with Principal, DPS Jammu, Ruchi Chhabra, and the entire faculty extended their heartfelt congratulations to the young achievers and their dedicated teacher in-charges, Priya and Shipra Pathania. Encouraging them to continue their artistic journey, they wished them great success in all their future endeavors.

JU shines at 38th Inter-University National Youth Festival



JU VC Prof. Umesh Rai along with winner students posing for photograph.

STATE TIMES NEWS
JAMMU: Prof. Umesh Rai, Vice Chancellor, University of Jammu, felicitated the award-winning cultural contingent of the University that represented the University at the 38th Inter-University National Youth Festival organized by Anity University, Noida, under the aegis of the Association of Indian Universities (AIU), New Delhi. The University of Jammu brought pride to the region by securing First position in Photography and Second position in Installation at

the National Level. Among the 300 participating universities from across India, only 100 institutions made it to the National Youth Festival, where they showcased their best talents in 27 competitive events. Expressing delight over the students' outstanding performance, Prof. Rai said that the University of Jammu is committed to promoting a culture of artistic excellence and overall development. "Our students have once again demonstrated their creative brilliance at the national level. Their success reflects not only their

talent but also the University's consistent dedication to nurturing young minds. These victories inspire us to continue providing platforms where students can explore and excel," he remarked. Prof. Rai congratulated the winning students- Kamran Latief Naik (Photography), Nikhil Singh, Poonam Sambyal, Riya Chib, and Janvi (Installation)-for their remarkable achievements. He also appreciated the dedicated efforts of Dean Students Welfare (DSW), the Chairperson Campus Cultural Committee, the Mansi Mantoo (Media Officer), Sumeet Sharma (Drama Instructor), and Ifra Kak (Cultural Officer).

Institute of Music and Fine Arts, and the mentors Yogesh Manhas, Vikas Dogra, and Jasvinder Singh for guiding and training the students. Dr. Tsering Yangzom and Sumeet Sharma were the team in-charges. Prof. Shohab The cultural events at the University are conceptualized, planned, and executed by a dynamic team comprising Prof. Prakash Antahal (Dean Students Welfare), Prof. Monika Chadha (Chairperson, Campus Cultural Committee), Prof. Sarika Manhas (Co-Chairperson, Campus Cultural Committee), Dr. Pritam Singh (Associate Dean SW), Dr. Shalu Sharma & Dr. A.R. Manhas (Deputy Chief Proctors), Dr. Harleen Kaur & Dr. Ripudaman Parihar (Assistant Dean, SW), members of the Campus Cultural Committee, Mansi Mantoo (Media Officer), Sumeet Sharma (Drama Instructor), and Ifra Kak (Cultural Officer).

Swami Vivekananda Hospital highlights key achievements in providing affordable, high-quality healthcare to community

STATE TIMES NEWS
JAMMU: Swami Vivekananda Medical Mission Charitable Hospital, Ambphalla, held a significant press conference today, to highlight its latest advancements in healthcare services and ongoing efforts to provide affordable medical care to the public. The hospital has been committed to serving the community with high-quality healthcare facilities at minimal costs, ensuring that essential medical services remain accessible to all sections of society. Under the vision of Anil Gupta (President) of the hospital, the event was attended by key members of the hospital's management committee, including B.B. Gupta (General Secretary), B.S. Janwal (Secretary), Mohan Singh Chouhan (Treasurer), Dr. Sachin Gupta (Member), Dr. Romesh Gupta (Administrator), and Iqbal Deep Singh (Manager). A key highlight of the press conference was the expansion of the hospital's Cardiology Unit, which now offers advanced diagnostic facilities such as TMT (Treadmill Test), Holter Monitoring, and Echocardiography under expert cardiologist. These state-of-the-art facilities enable early detection and effective management of cardiovascular diseases, allowing patients to receive timely treatment and preventive care. Additionally, the hospital has made great strides in diagnostic imaging with the MRI/CT Scan Centre, which has been



operational for the past three months. In this short period, the centre has successfully conducted over 2000 scans at government-approved rates, making high-quality diagnostic imaging more accessible and affordable for the general public. Another significant announcement was the introduction of chemotherapy services, which marks a major step forward in providing affordable cancer care. By offering chemotherapy at minimal costs, the hospital aims to reduce the financial burden on cancer patients and their families while ensuring they receive the best possible treatment. Beside this, Corneal transplants have now been initiated at the hospital under the expertise of Senior Eye Consultant, Dr. Suruchi Gupta. This advancement offers hope to patients in need of vision restoration. Apart from these specialized services, the hospital continues to offer a wide range of medical services across multiple disciplines. The hospital provides expert care in General Medicine, Gynaecology &

Obstetrics, Orthopaedics, Ophthalmology (including various eye surgeries), ENT (Ear, Nose, and Throat), Pain Management, Gastroenterology, Urology, Paediatrics, General Surgery, Skin Procedures, Dental Care, Physiotherapy, and Immunization Services. Each of these departments is equipped with experienced doctors, modern medical technology, and a patient-centric approach to ensure comprehensive healthcare for individuals of all age groups with the slogan of Nar Sewa Narayan Sewa'. With a deep-rooted commitment to affordable healthcare, the hospital has introduced OPD consultations at a nominal fee of just Rs 10, making it possible for individuals from all walks of life to seek medical advice and treatment without financial strain. This initiative reflects the hospital's dedication to providing healthcare that is not only high in quality but also easily accessible and cost-effective for the general public.

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