

JK Public School Panjtirthi celebrates Holi-The festival of colours, love, smile



Glimpses of Holi celebrations at JK Public School Panjtirthi.

STATE TIMES NEWS
JAMMU: JK Public School (JKPS) Panjtirthi celebrated Holi with great gusto. Sindu Kohli and Pretty Sabotra,

the Incharges of the Celebration, talked about several myths and stories related to the festival. A splendid dance perform-

ance by the students of class 7th enthralled the audience. Jakiens exhibited a well-knitted skit to celebrate the divine love of Radha for

Krishna. Few jakians recited poems to highlight that the bright colours of Holi are believed to signify energy, life and love.

Another enactment on the theme "Holi is the apt time to renew relationships and to express love and affection time to love and forgive" was

presented by the jakians. The Principal of JKPS Panjtirthi Suman Banbah remarked, "This festival signifies the victory of good over

evil, the arrival of spring and the end of winter." She further expressed, "Spread the colours of compassion, happiness, kindness

and positivity where ever you go in life. Make every day of your life as bright and colourful like this festival. Wish you all a Happy Holi".

FMRI Gurugram felicitates five Dialysis Technicians on World Kidney Day

STATE TIMES NEWS
JAMMU: In a significant celebration of World Kidney Day, Fortis Memorial Research Institute (FMRI), Gurugram, along with its Department of Nephrology and Renal Transplantation, honoured five outstanding dialysis technicians for their exceptional dedication and service in patient care.

The event, organized in collaboration with Inner Wheel Clubs and Rotary Club Stars, Jammu, aimed to recognize the invaluable contributions of dialysis technicians in managing kidney-related ailments.

The felicitation ceremony brought together hospital staff, medical professionals, and distinguished guests to emphasize the importance of



Participants during the event.

kidney health. This year's World Kidney Day theme, "Are Your Kidneys OK? - Detect Early, Protect Kidney Health," highlighted the need for early detection and prevention of kidney diseases.

The five dialysis technicians who were honoured for their

dedicated service included Mohd. Saleem Choudhary (Dr. KD Multi-Speciality Hospital, Jammu) - 8 years of experience; Joyal Masih (Raksha Kidney Centre) - 14 years of experience; Sajid Hussain Wani (Pulse Hospital, Channi, Jammu) - 9 years of experience; Vikas

Singh (A.K. Gupta Hospital, Kathua) - 10 years of experience; and Nazia Bano (Nephro Plus, JK Medicity) - 5 years of experience.

Dr. Gagandeep Chhabra, Director and Unit Head of Nephrology and Renal Transplantation at Fortis Hospital, Gurugram, lauded

the dedication of dialysis technicians in ensuring the highest standards of patient care. "Dialysis technicians play a crucial role in managing and treating kidney disease patients. Their commitment ensures that life-saving dialysis treatments are conducted with precision and care. We are privileged to celebrate their contributions on this special occasion," he stated.

In addition to the felicitation, the event featured informative awareness sessions on kidney health, preventive measures, and lifestyle modifications aimed at reducing the risk of kidney diseases. Medical experts educated attendees on early detection, dietary habits, and the importance of maintaining overall renal health.

JU triumphs at Annual Flower Show, Floritech Conclave-2025

STATE TIMES NEWS
JAMMU: The University of Jammu, under the leadership of Vice Chancellor Prof. Umesh Rai, clinched first place in the Annual Cut Flower Competition, secured second in Artistic Arrangement of Flowering Plants, and claimed third in Garden and Lawn categories at the prestigious Annual Flower Show and Floritech Conclave-2025.

This renowned event, held at CSIR-Indian Institute of Integrative Medicine (IIIM) on Canal Road, Jammu, attracted top florists and flower enthusiasts from the region.

To mark this achievement and honour the team's efforts, an event took place at the Department of Arboriculture and Landscaping, University



Winners along with trophies posing for photograph.

of Jammu. Prof. Piyush Malaviya, Convener of the Department, commended the team's dedication and creativity, which led to winning these awards along with a Rolling Trophy. He expressed the Department's enthusiasm for participating in future events and invited stakeholders to explore the newly enhanced University Greenscapes.

Among others present on the occasion included Arboriculture Committee members, Prof. Parmil Kumar, Prof. Sanjana Kaul, and Dr. Hema Gandotra, who extended their congratulations to Landscape Development Officer Ajmer Singh, the gardeners, and the support staff for their relentless efforts in beautifying the campus.

Semis line-up drawn in girls Sub-Junior Kabaddi



DIG Udhampur-Reasi Range, Mohd Rayees Bhat (IPS) pose with teams playing in opening match at Indoor Complex, Subash Stadium, Udhampur on Saturday.

STATE TIMES NEWS
UDHAMPUR: Semifinals position has been cleared in girls section in the three-day 23rd J&K UT Sub-Junior Kabaddi (boys and girls) Championship, organised by the J&K Amateur Kabaddi Association under the aegis of J&K Sports Council at Indoor Complex, Subash Stadium, here today.

Girls teams reaching semifinals included Udhampur, Jammu, Rajouri and Kathua. Now, in the last four stages, Udhampur shall take on Kathua while Jammu has been pitted against Rajouri.

Similarly, in boys category, quarterfinals position has been cleared with eight teams qualifying for the knockout stages. District Jammu, Anantnag, hosts Udhampur, Baramulla, Rajouri, Budgam, Kathua and Poonch. In the quarterfinals, slated for tomorrow.

Earlier, DIG Udhampur-Reasi Range, Mohammad Rayees Bhat (IPS), declared open the Championship. Additional Superintendent of Police

Udhampur, Sandeep Bhat (JKPS) was guest of honour.

The chief guest complimented the teams for encouraging participation, especially from Kashmir Division. He asked the young athletes to make sports part of their lives so as to stay healthy and fit. He witnessed the opening match between district Jammu and Rajouri.

Kuldeep Gupta, general secretary, J&K Amateur Kabaddi Association; Surinder Mohan, observer and technical director Yuva Kabaddi J&K and Ladakh; Anil Modi, treasure J&K Amateur Kabaddi Association; Ashok Kumar, patron-in chief (former Director Sports SMVDSB Katra); Sheikh Tanveer, president Udhampur District Kabaddi Association; Ashok Kumar Sharma (chairman) were among the hosts, who welcomed the guests.

Earlier, Sheikh Tanveer, president Udhampur District Kabaddi Association formally welcomed the guests and the participants. He assured the gathering that such

events will be organized on regular basis. He informed that 12 teams in boys section and five in girls are taking part in this league-cum-knockout event.

Among other prominent present were Vikram Slathia, former Member Municipal Council Udhampur; Tariq Shah, Vikas Dogra (Manager Stadium Subash Stadium Udhampur); Advocate Sanjeev Bavoria; Pritam Kotwal, retired Deputy Director DYSS; Raj Guru, Sanjay Sharma, Dr Vikram Gulati, Vishal Kumar, Ravi Singh, Bhupinder Singh, Ram Kumar and Anshu Brat Khanna.

The (League) Results: BOYS: Jammu bt Rajouri 25-14; Baramulla bt Anantnag 36-17; Udhampur bt Budgam 36-35; Poonch bt Kathua 42-39; Anantnag bt Pulwama 59-38; Kathua bt Samba 43-20; Baramulla bt Pulwama 47-26; Poonch bt Samba 45-24.

GIRLS: Jammu bt Baramulla 44-13; Udhampur bt Rajouri 32-16; Kathua bt Baramulla 26-16; Jammu bt Kathua 37-03.

Sports is path to rewarding career: Sat

STATE TIMES NEWS
JAMMU: Sat Sharma, President Jammu and Kashmir BJP, stated that sports serve as a powerful tool for personal growth, career development, and societal impact.

He expressed these views in a programme, of the felicitation of some outstanding sport persons of Jammu and Kashmir.

This felicitation programme was organized by BJP SC Morcha Chandigarh Prabhari & Morcha national executive member Surinder Bhagat and attended by General Secretary & Ex MLC, Vibodh Gupta, former minister, Priya Sethi, Additional Treasurer, Prem



BJP President Sat Sharma along with sport persons of Jammu and Kashmir during felicitation programme.

Gupta, party spokesperson, Balbir Ram Rattan, senior leaders Baldev Singh Billawaria and Prof. Kulbhushan Mohtra.

Raju Sharma was felicitated for being elected as President J&K Amateur Baseball Association for 2nd term for 4 years. Gh. Hassan was felicitated for

being elected as Senior Vice President J&K Amateur Baseball Association and Basit Nabi for being elected as Umpire in the forthcoming International and South Asia Soft Tennis Championship to be conducted at Greater Noida in coming days.

Sat said that with increasing opportunities in the global sports, young players, athletes and professionals are encouraged to pursue sports not just as a passion but also as a viable career.

He said the Sports play a crucial role in promoting physical fitness, discipline,

teamwork, and leadership.

Engaging in sports from an early age instills values such as perseverance, strategic thinking, and resilience-qualities essential for success in all aspects of life. Sat Sharma further said that sports foster national pride, bringing people together across cultures and backgrounds. He added that the governments and private organizations worldwide are investing heavily in sports infrastructure, scholarships, and training programmes.

This support ensures that sportsmen and professionals receive the necessary resources to excel in their respective fields.

'Colours of Spectrum' DRS KIDS celebrates 15th Annual day

STATE TIMES NEWS
JAMMU: DRS KIDS (Pre primary), Saplings International School (Primary), celebrated its 15th Annual Day with zeal. The theme of Annual day this year was 'Parwah 'Ek Ehsas (The essence of ear) depicting one's benevolent essence for someone whom you want to be happy and contented. A galaxy of dignitaries graced the occasion Dr Zaheer Ahmed, Director CSIR-IIIM served as Chief Guest and Dr Arvind Kerwani, Commissioner Relief and Rehabilitation (J&K) was the Guest of Honour.

The programme commenced with the welcome of the guests followed by the lighting of ceremonial



lamp by Chief Guest, Guest of Honour accompanied by Chairperson Roopam Kour Soni, Managing Director, Ajeet Singh Soni, followed by respected centre head, branch heads and other eminent dignitaries.

To follow this year's theme many thematic performances were performed ranging from Shiv Tandav. Pre primary students performing on Sharukh Khan medley, Galti se mistake enjoying their childhood with great passion in

stage. More performances were added up in which glimpses of love and care for one's country was piturised by students, enthralled everybody's mind and heart. The most memorable

moments of the day were marked by the precious words of advice and appreciation by chief guest Dr Zaheer Ahmed addressing how DRS KIDS is taking utmost efforts in making Kindergarten a most memorable journey of a child's life.

Dr Arvind Kerwani congratulated the whole team of DRS KIDS on celebrating their 15th Annual Day and marking their name in Jammu & Kashmir's best preschools.

Further Facilitation ceremony was conducted by honouring and appreciating the achievers with accolades.

To express their gratitude, the school presented words of acknowledgement to guests.