

# Plogging Run-cum-Debate Competition organised on Fit India Moment at GDC Bani

**STATE TIMES NEWS**  
BANI: As a sequel to the Fit India Moment launched by Prime Minister of India, a 2 Km Plogging Run was organized by the Department of Physical Education and Sports, Government Degree College (GDC) Bani. The Fitness Run was organized on the eve of National Sports Day in commemoration of the Birth Anniversary of our Hockey Legend Major Dhyan Chand.

The theme of the run was 'Healthy India and Fit India'. The Fitness Run was flagged off by the Chief Guest, Prof. Dr Manohar Lal, Principal GDC Bani.

The elite sportspersons and Physical Education students participated in this



Principal GDC Bani, Prof. Dr Manohar Lal flagging off run.

Plogging Run. The students raised slogan marking the importance of health and fitness in day to day life.

Later, a debate competition on the topic "The Role of Sports for Healthy Society" was also organized. The students participated in this debate and enthralled the audience by their motivating views on fitness and

healthy lifestyle in the society.

The programme was conducted by Dr. J S Soodan, Physical Director, GDC Bani. The debate competition was judged by Dr Resham Singh HOD Punjabi, Dr Narinder Kumar, HOD Dogri and Prof. Vishav Thapa, HOD English.

Munisha Sharma secured first position, Keshiv Singh secured second position, and Sheetal Devi, secured third position. Manju Devi was given the consolation prize. The prizes were distributed among the winners of the debate competition.

Elite sportspersons representing different sports disciplines, who represented

the college were also felicitated by the Principal of the college.

The Principal apprised the students for adopting fitness protocols and to follow the formula of sound mind in the sound body. A vote of thanks was presented by Prof. Akash Zutshi, HOD History. The programme was conducted by the faculty members including Dr Resham Singh, Prof. Akash Zutshi, Dr Nisha Devi, Dr Sunil Kumar, Prof. Neezrateel Islam, Naseem Ah Bhat, Sajad Hussain, Prof. Anil Singh, Dr Janu Kumar, Prof. Komal Mehta, Prof. Seema Kotwal, Prof. Vishal Sharma, Prof. Farooq Ahmad Kumar, Neena Sondhi and Rachehal Sharma.

# GDC Mahanpur celebrates World Water Day



Faculty members and students during the event.

**STATE TIMES NEWS**  
MAHANPUR: Department of Environmental Sciences at GDC Mahanpur in collaboration with Eco Club of the College celebrated 'World Water Day' on the theme "Glacier Preservation" on Saturday.

It was organized by Dr. Nishu (HOD Department of EVS) and Dr. Sapna Devi Convener of the Eco Club under the supervision and guidance of Dr. Sangeeta Sudan Principal of the College.

On the occasion of World Water Day, students and

staff came together to clean and maintain the college's water resources, including Sintex tanks and cement tanks.

As part of the event, Dr. Nishu, Head of the Environmental Science Department, delivered an insightful lecture on glacier preservation. She highlighted how global warming and climate change are accelerating glacier melting and emphasized the critical importance of their conservation. Glaciers serve as a vital source of freshwater, and their depletion poses a seri-

ous threat to water availability for future generations.

The event successfully raised awareness about water conservation and the urgent need to protect our planet's natural water reservoirs. 50 students were participated in this event.

The faculty members present on the occasion were Dr. Mohinder Nath Sharma, Nisha Kumari, Dr. Hilal Ahmed Bhat, Dr. Yog Raj Sharma, Dr. Babli, Dr. Namita Trogia, Dr. Suhail Dar, S Mango Ram, Kishori, Romesh Lal and Kuldeep Kumar.

# JU team inspects GDC Sunderbani

**STATE TIMES NEWS**  
SUNDERBANI: A team of members from University of Jammu conducted an official inspection at GDC Sunderbani on Saturday to assess the institution's infrastructure, academic standards, and other essential parameters for the renewal of its affiliation for one more year.

During the inspection, the university officials meticulously reviewed var-

ious aspects, including faculty qualifications, student facilities, library resources, laboratory conditions, and adherence to academic guidelines.

The team interacted with the college administration, faculty members, and students to gain comprehensive insights into the overall academic environment.



JU team being welcomed at College.

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the university for further processing.

The final decision regarding the affiliation renewal will be communicated by Jammu University after a detailed review of the inspection report. The college remains optimistic about a positive outcome and reaffirms its dedication to providing quality education to students.

# GDC Marh organises online National Awareness Webinar on Financial Education



Faculty members and students during the webinar.

**STATE TIMES NEWS**  
JAMMU: The Department of Commerce and Economics of Government Degree College Marh, in collaboration with National Stock Exchange and G Institutions and Consultancy, Mumbai under SEBI, organized two days online three simultaneous national awareness webinar on Financial Education.

The workshop was coordinated by Prof. Surbhi Gupta (HOD Commerce), Dr. Priya Sharma (HOD Economics), Dr. Younus Bhat (AA Commerce) and Gulzar Ahmad Mir (AA Commerce) under the supervision of college Principal Dr. Rakesh Kumar Koul who inaugurated the proceedings of the program. He emphasized the need of awareness of financial education among students and faculty for benefit of society in the long term.

He explained briefly how

financial education is vital skill in today's world, where managing finances effectively can greatly influence our present and future by understanding how to handle money, make smart investment and plan. He also congratulated the coordinators for their initiative and go get attitude.

The resource person were Dr. Svetlana Tatuskar (Program - I), Soniya (Program - II), Dr. Hiral Pathuk (Program III) who presented a detailed power point presentation of the subject.

They described in detail various aspects of Financial Education like Financial Planning, Retirement Planning, Power of compounding, Savings, Investment in Mutual Funds, Capital Market, Sovereign Gold Bond Scheme, Exchange Traded Funds,

Financial products, SCORES 2.0, ODR, SEBI investor certification examination, along with its implications and procedure for registration. They also handled queries of Principal, Faculty and Students in efficient manner. Feedback form was also circulated and filled by students.

More than 110 students participated in three rich batches. Their satisfaction and happiness after culmination of programme and thanked the college in enlightening them as to how to become rich. The vote of thanks was presented by Dr. Priya Sharma.

E-Certificates of appreciation shall be issued to all the participants of the college from G Institution and Consultancy, Mumbai. The technical support was extended by Mohit Kalotra (MTS) and Rachehal Lal.

# BGSBU introduces new UG programs in Languages and Humanities under NEP 2020

**STATE TIMES NEWS**  
RAJOURI: In alignment with the National Education Policy (NEP) 2020, Baba Ghulam Shah Badshah University (BGSBU) has introduced new undergraduate programs in Languages and Humanities, aimed at providing multidisciplinary education, promoting linguistic diversity, and enhancing career opportunities for students.

The newly launched programs include Kashmiri, Pahari, Gojri, Persian, English, Urdu, Hindi, Sanskrit, and Linguistics in the language domain, along with History, Sociology, Political Science, Islamic Studies, Economics, and Education in the humanities and social sciences.

These courses will not only help in preserving and promoting India's rich linguistic and cultural heritage but also open new avenues for employment in teaching, research, translation, journalism, public administration, tourism, and cultural studies. The initiative is particularly significant for the Pir Panjal region, where these programs will help fulfill long-standing academic and career aspirations.

Vice Chancellor Prof. Jawaid Iqbal highlighted the significance of these programs in shaping students' future careers while contributing to regional and national development. He stated, "By introducing these courses, BGSBU is equipping students with skills that will enhance their employability in both government and private sectors. These programs are designed to meet the growing demand for

professionals in language studies, education, social sciences, and interdisciplinary research."

Prof. Iqbal further stressed the role of these programs in national progress, adding, "By offering education in regional and classical languages alongside social sciences, we are contributing to the national aspirations of linguistic preservation, social empowerment, and inclusive growth. This initiative will help nurture the next generation of scholars, educators, and policymakers who will drive meaningful change in society."

Prof. M. J. Warsi, Dean Academic Affairs, also expressed his views on this important academic expansion. He remarked, "The introduction of these programs is a transformative step towards making education more inclusive and career-oriented. In line with NEP 2020, these courses will foster critical thinking, research excellence, and linguistic proficiency, enabling students to compete at national and international levels."

This initiative will empower students with critical thinking, research abilities, and professional skills, ensuring that they are well-prepared for diverse career paths while staying connected to their cultural roots.

Importantly, the fee structure for these programs has been made at par with the fee structure of local government degree colleges, making quality education affordable and accessible to students from all backgrounds. This move aims to encourage higher enrollment, ensuring that financial constraints do not become a barrier to education.

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# Three-day workshop on Water Conservation organised at Akhnoor

**STATE TIMES NEWS**  
AKHNOOR: In a significant step towards promoting water conservation and sustainability, the Indian Army, in collaboration with the Irrigation & Public Health Engineering Department, Akhnoor, organized a three-day workshop from March 20 to 22.

The initiative aimed at sensitizing the local populace about the importance of water conservation and the optimal use of water resources for a sustainable future. The workshop, conducted as a lead-up to World Water Day (22 Mar 25), focused on raising awareness about the pressing need to preserve water resources amid growing environmental challenges.

Experts from the Irrigation & PHE Department, along with Army representatives, engaged with community members, farmers, students, and local authorities through interactive sessions, demonstrations, and discussions on sustainable water management practices.

Speaking on the occasion, officials emphasized the



A resource person speaking during the workshop.

importance of adopting rainwater harvesting, efficient irrigation techniques, wastewater recycling, and community-driven water

conservation efforts.

Special awareness campaigns were conducted in schools and villages to encourage responsible

water usage and reduce wastage.

Local residents and participants expressed gratitude for the initiative, highlighting how the workshop provided valuable insights into water conservation techniques.

The event concluded with a pledge by attendees to actively contribute towards water preservation and adopt sustainable practices in their daily lives.

The Indian Army remains steadfast in its commitment to fostering environmental awareness and sustainable development, ensuring a better future for all.

# 7-day NSS special camp concludes with valedictory function at GDC Samba

**STATE TIMES NEWS**  
SAMBA: The valedictory function of the NSS 7-Day Special Camp at SPPND Government Degree College Samba, concluded, leaving a lasting impact on the volunteers and the students.

The event commenced with a warm welcome address by the NSS Programme Officer, Assistant Professor Kamlesh Bala, who expressed her appreciation for the volunteers' dedication throughout the camp.

Principal, Prof. (Dr.) Twinkle Suri was the Chief Guest on the occasion. She motivated the students and NSS volunteers to continue the spirit of social welfare throughout life.

Following this, the camp's activity report was presented



Faculty members and students during the camp.

detailing the various community service initiatives undertaken by the NSS volunteers. These initiatives included cleanliness drives, health awareness programs, visit to school of specially-abled children, middle school as a part of adopted village initiative.

The volunteers visited the adopted villages, Diani and

Balore wherein stationery items, refreshment were distributed to students and they were also made aware of varied aspects of health and hygiene.

The event also featured vibrant cultural performances, adding a festive touch to the ceremony. In addition, NSS volunteers took the

stage to deliver inspiring speeches, sharing their personal experiences and the lessons learnt during their week of service.

The ceremony concluded with the distribution of mementos and certificates to all the participants, recognizing their hard work, dedication, and contributions.

# GDC Ramgarh celebrates World Water Day

**STATE TIMES NEWS**  
RAMGARH: Government Degree College (GDC) Ramgarh celebrated World Water Day, emphasizing the importance of water conservation and the role each individual plays in safeguarding this precious resource.

The event organized by the Department of Environmental Science in collaboration with the Public Health Engineering (PHE) Department, Swankha aimed to raise awareness about the growing global water crisis and the need for collective action to conserve water. The program was organized under the guidance and supervision of the College Principal, Prof. (Dr.) Geetanjali Andotra.

The theme for this year's World Water Day, "Glacier Preservation", was highlighted during the event.

The program focused on



Faculty members and students during visit to holy river Devika, Udhampur.

how glaciers, which provide vital freshwater resources, are rapidly melting due to climate change and the resulting threat this poses to water availability.

Dr. Shivali Panjgotra, Head of the Department of Environmental Science, addressed the gathering with a message: "Glaciers are not just ice; they are life-sustaining resources for many communities worldwide. As part of the event, students, faculty members including Dr. Aditi Khajuria,



Dr. Snobar, Prof. Sandeep Kumari, Prof. Brham Dutt, Mr. Ashok Kumar, Dr. Neeraj Balgotra, Dr. Sushel Kumar, Darpan, Anjali and Priya Sharma and officials from the PHE Department took a pledge to conserve water in their daily lives and promote water-saving practices within their communities. The pledge also encouraged participants to spread awareness about glacier preservation and the importance of protecting freshwater resources.

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# GCW Udhampur organises awareness programme on Sustainable Management of Fresh Water Resources

**STATE TIMES NEWS**  
UDHAMPUR: To Mark the World Water Day, the Department of Zoology, Government College for Women (GCW) under the aegis of IQAC organized an awareness programme on the topic "Sustainable Management of Fresh Water Resources" in which the students of 2nd semester along with faculty members visited the holy river Devika, Udhampur.

The programme was organised under the able guidance of Principal (Dr.) Nalini Pathania. Speaking on the occasion, Dr. Sanjeet Kaur, HOD Zoology highlighted the importance of the theme in day-to-day life and the role of students as a reformer in different spheres of life through sustainable practices and lifestyle changes for the betterment of the fresh water resources.

Dr. Neha Antal, Assistant professor in Zoology, emphasized on the need for the water conservation and management through community participation and innovative strategies. This was followed



Faculty members and students during visit to holy river Devika, Udhampur.

by Pledge taking by the students as well as faculty members on the judicious and sustainable use of fresh water. Students displayed and expressed their views on the theme. "Sustainable management of fresh water resources" in the form of posters and slogans. Later the students observed the Devika river water which was polluted with biodegradable and non-biodegradable waste thus degrading its water quality.

Dr. Anita, Assistant Professor in Zoology focused attention and created

awareness among the students on the importance of fresh water and need to preserve the available resource. Subsequently a cleanliness drive was conducted under the supervision of Munaza Mehraj, Lecturer in zoology, in which the students participated enthusiastically.

Overall, the goal of the visit was well received by the students as it raised awareness about the global water crisis and different actions needed for its conservation and sustainable use.

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