

# Four day workshop on ‘Peace Education’ inaugurated at JU

**■ STATE TIMES NEWS**  
JAMMU: A four-day workshop on "Peace Education" was inaugurated on Tuesday at the University of Jammu (JU), bringing together experts, scholars, peace-builders and professionals to discuss the role of peace education in fostering social harmony.

The event is jointly organized by the Department of Zoology and the Institute of Human Genetics, University of Jammu, and the Department of Pediatrics, SMGS Hospital, GMC, Jammu, in collaboration with EQRA Foundation, Jammu, under the Mission Program on Pediatrics Rare Genetic Diseases.

The inaugural ceremony, held at the Seminar Hall of the Department of Zoology, was graced by Prof. Umesh Rai, Vice Chancellor, JU, as the Chief Guest, and Prof. Yash Pal Sharma, Dean of Life Sciences, as the Guest of Honour and Convenor Prof. Seema Langer.

In his inaugural address, Prof. Umesh Rai underscored the significance of peace education in today's rapidly changing global landscape.



Prof. Umesh Rai, VC JU and others during the workshop.

However, he emphasized that peace cannot be attained solely through education; rather, it must be cultivated from within. He further highlighted that in an era where young minds are inundated with vast amounts of information, their learning process is often disrupted, leading to confusion and chaos.

Prof. Rai stressed the need for experiential learning, which allows students to engage more deeply with their education. With this vision, he introduced the "Design Your Degree" program at Jammu University and its affiliated colleges, focusing on experiential and immersive learning to ease

students' academic burdens. Additionally, he pointed out the critical need for role models in students' lives, particularly among teachers, a gap that he believes is prevalent in today's society.

The workshop designed and conducted by Eqra Foundation is rooted in experiential learning, emphasizing that peace is best understood through experience. It helps children grasp the essence of peace through training, personal stories, and shared experiences. The workshop promotes conscious and mindful living through peace education, personal growth, and community harmony. Participants engage in reflective activities, interac-

tive discussions, and practical exercises to enhance emotional awareness. By fostering personal peace, they become catalysts for positive change in their relationships and communities.

Prof. BK Bajaj in his address emphasised the significance of peace in today's world, highlighting the prevailing chaos and conflict and also underscored the significance of mental well-being, especially in the context of rare genetic disorders and healthcare challenges.

Professor Yashpal highlighted a traditional approach to peace, emphasising the recitation of Gitas Shlokas. He also emphasised on the significance of interdisciplinary collaborations in promoting peace education.

Simran Kaur, co-founder and President of the EQRA Foundation, highlighted the organization's vision, origins, and mission in her address. Founded in 2020, the EQRA Foundation is a civil society organization committed to fostering conscious and mindful living through initiatives centered on Mental Health, Peace Education, and Religious Pluralism in

Jammu and Kashmir, India. Reflecting on her journey, Kaur shared that in 2017, before establishing EQRA, she initially perceived peace as merely the absence of conflict. However, over time, she came to understand that true peace encompasses justice, equity, sustained harmony, and overall well-being.

The inaugural ceremony of the workshop was successfully organized under the leadership of Convenor Prof. Seema Langer and Co-Convenor Prof. B.K. Bajaj.

The Organizing Secretary, Prof. Sanjeev K. Digra, along with Dr. Parvinder Kumar, played a key role in coordinating the event. The proceedings of the ceremony were conducted by Dr.Sarabjeet Kaur.

The contributions of Co-Organizing Secretaries Dr. Nisha Kapoor, Dr. Rakesh Kumar, and Dr. Mohd Younis were instrumental in ensuring the smooth execution of the inaugural ceremony and the workshop. Faculty members from the other departments were also present in the inaugural ceremony. The workshop will continue until March 7, 2025.

# Vice Principal of KCPS attends Safeguarding Conference

**■ STATE TIMES NEWS**  
JAMMU: Sanjay Pandey, Vice Principal of KC Public School, attended the Safeguarding Conference hosted by The British School, New Delhi on March 1, 2025.

More than 150 delegates from all over the country participated in the conference. It was a groundbreaking event focusing on safeguarding children and was held in partnership with the renowned Safeguarding Alliance based in the UK.

The conference focused on world-class safeguarding practices, aimed specifically at school leaders, well-being champions and pastoral teams. The sessions were led by specialists and practitioners from both UK and India who work with governments and organisations across the world and act on an international level to encourage global standards with the aim of driving forward safeguarding excellence.



Sanjay Pandey, Vice Principal of KC Public School at the Safeguarding Conference at New Delhi.

The conference provided valuable insights and innovative strategies, thereby empowering educators to act effectively in safeguarding individuals and communities involved with schools.

KC Public School has already taken the lead to train its teachers in Pastoral Guidance as it is the pressing need in present times. In the endeavour to take care of the mental and emotional well-being of students, sixty teachers of

KCPS have already been trained and certified as counsellors in Basic Counselling Skills in the last two years.

Participation of Vice Principal in this conference reflects on KC Public School's commitment to prioritizing the safety and security of its students. The VP also availed of the opportunity to engage in discussions and network with other educational leaders from both the UK and India.

# SPMR honours NCC Cadets



Faculty members along with NCC cadets.

**■ STATE TIMES NEWS**  
JAMMU: Government SPMR College of Commerce, here felicitated the NCC Cadets of the college, who brought pride to the institution by participating in the Republic Day Camp (RDC) 2025.

A total of nine Cadets of the college represented J&K and Ladakh NCC Directorate at the RDC in New Delhi, showcasing leadership and commitment. Of the nine Cadets, who partici-

pated in the RDC, six were from the Naval Wing. Senior Cadet Captain Deepak Kumar, Cadet Gursharan Singh, Cadet Ashish Kumar, Cadet Samayranjan Sahoo participated in the Prime Minister's Rally while Cadet Sneha Rao, selected as Best Cadet (SW) and Cadet Keshav Singh Jasrotia was part of the All India Guard of Honour.

From the Infantry Wing, three cadets, Irfan Nazir Dar, Shubam Singh and

Cadet Jatin, participated both in cultural and the Prime Minister's Rally. In recognition of their outstanding achievements, the college organized a felicitation ceremony, attended by the Principal of the College, Dr. Rajinder Singh, along with ANOs Sub Lt. Joginder Kumar, Lt. Madhu Bala, and other senior faculty members.

Speaking to the gathering, Principal Dr. Rajinder Singh commended the Cadets for their hard work, dedication, and exemplary service. He emphasized the crucial role that NCC plays in shaping young leaders and fostering a national spirit, urging the cadets to continue their efforts in making meaningful contributions to the Nation.

Dr. Singh also appreciated the efforts of both ANOs in bringing out the best in the cadets, enabling them to compete at the National level.

# GoC 16 Corps takes up issues of Ex-Servicemen with CS

**■ STATE TIMES NEWS**  
JAMMU: Chief Secretary, Atal Dulloo, on Tuesday listened to the issues and concerns of Ex-Servicemen highlighted by Lieutenant General, Navin Sachdeva, AVSM, SM, GOC 16 Corps based in Nagrota, in his office at Civil Secretariat, Jammu.

Principal Secretary, Home Department, Chandraker Bharti; Brigadier Kapil Taneja, VSM, Brig A 16 Corps; Brigadier Gurmeet Singh Shan, Director Rajya Sainik Board and Colonel Tejas B Candade, SM, Colonel GS HR 16 Corps were also present on the occasion.

Some of the core demands raised with the Chief Secretary included compilation and complete digitization of the database of all the Ex-Servicemen of J&K for proper management of the cadre besides preservation and easy maintenance



Lieutenant General, Navin Sachdeva, AVSM, SM, GOC 16 Corps and others calling on Chief Secretary, Atal Dulloo in Jammu on Tuesday.

of records for the posterity. They also asked for allowing them to apply for government jobs under 'Ex-Servicemen' quota in the last year of their services as the recruitment process takes some months in its completion thereby giving them opportunity to join at the end of their service period. One more demand was utilization of their services as NCC Trainers as these Ex-Servicemen are more suitable to play the role and give better training to the cadets enrolled here.

Some other demands included more welfare measures in terms of livelihood opportunities in favour of Veer Naris besides filling up of the posts of Zilla Sainik Welfare Officers in each district so that these servicemen do not have to travel to cities for disposal of their service related affairs.

The Chief Secretary, while responding to the issues and demands raised by them, outlined his commitment towards this section of the society who had spent their lives for preserving the hon-

our and sovereignty of the nation. He assured them that the government will explore the options for giving them due opportunities of self employment under different government schemes and also resolve their issues faced in availing different government job opportunities.

In order to bring added efficiency in grievance resolution, the Chief Secretary advised them to utilize the 'JK Samadhan' portal for registration of their grievances. He maintained that

this platform gives seamless access to the administration and ensures timely resolution of grievances with quality outcomes up to the optimum satisfaction of the aggrieved persons.

Dulloo also advised the Home Department to give sympathetic consideration to all these demands and take steps for early resolution of all of these. He maintained that the nation is indebted to these people for their yeoman's services given during their service period.

He directed for taking a timely review of resolution of these issues besides assuring them that the administration is alive to the welfare concerns of these people. He made out that the government would take every possible step to ensure a pleasant post-retirement life in favour of all the ex-Servicemen of the UT of J&K.

# Trials for J&K Men’s Football Team underway for Swami Vivekananda U-20 National Championship

**■ STATE TIMES NEWS**  
JAMMU: The selection trials for the J&K Men's Football Team, set to compete in the Swami Vivekananda U-20 Men's National Football Championship 2025, commenced on Tuesday at Mini Stadium, Parade, Jammu. The trials are being conducted under the supervision of J&K Sports Council coaches.

The trials for Jammu Division athletes will continue on March 4 and 5, following which the selection process will shift to



Players participating in trials at Mini Stadium Parade, Jammu.

TRC Synthetic Football Turf, Srinagar, for Kashmir Division players on March 10, 11, and 12. The final selection trials, featuring shortlisted play-

ers from both divisions, will be held in Srinagar on March 17, 18, and 19 under the guidance of expert coaches from the Sports Council.

The selected players will undergo an intensive coaching camp to prepare for the prestigious Swami Vivekananda U-20 Men's National Football

Championship, scheduled to be held in Narainpur, Chhattisgarh, in April.

Following the remarkable performance of Team J&K in the recently concluded Santosh Trophy, Secretary J&K Sports Council, Nuzhat Gul instructed officials to ensure rigorous training, top-notch facilities, and comprehensive technical support for the players. She expressed confidence that, with proper preparation and guidance, the team will excel on the national stage and bring laurels to J&K.

# Sports Minister extend invitation to LG for Khelo India Winter Games

**■ STATE TIMES NEWS**  
JAMMU: Satish Sharma, Minister for Youth Services & Sports, Food, Civil Supplies & Consumer Affairs, Transport, Science & Technology, Information Technology, ARI & Trainings called on Lieutenant Governor Manoj Sinha on Tuesday.

The Minister extended the invitation for the forthcoming Khelo India Winter Games scheduled to be held from 9th to 12th March, 2025, at Gulmarg.

He also discussed various issues of public importance



Sports Minister Satish Sharma calling on Lieutenant Governor Manoj Sinha on Tuesday.

pertaining to sports sector, areas, Youth and Farmers' development of border Welfare.

# Geenakshi Mehra excels in State/UT Wushu Championship 2024-25

**■ STATE TIMES NEWS**  
SAMBA: In a remarkable achievement, Geenakshi Mehra of Humanity Public School Bassi Kalan, Bari Brahmana brought immense pride to her institution and her parents by winning gold medal in State/UT Wushu Championship 2024-25 held at Bhagwati Nagar, Jammu recently.

In this competition Geenakshi showcased her exceptional strength and won gold medal. Bhanu Partap Singh, school coach guided Geenakshi Mehra during the championship.

Gaurav Charak, the Principal and Anku Charak, the Vice-Principal expressed immense pride in the hard work and achievement of Geenakshi Mehra.

She was honoured in a special assembly attended by the school students and faculty.

Principal Gaurav Charak said that Geenakshi Mehra's incredible performance in Wushu refuted not only her individual talent but also the dedication and support provided by the school and coaching staff of HPS that takes pride in nurturing and celebrating the achievements of its student in the field of sports.

He also congratulated the sports Incharge, Mahan Singh and school coach, Bhanu Partap Singh on the success of Geenakshi Mehra.



## Power Shutdown

**■ STATE TIMES NEWS**  
SRINAGAR: According to the Chief Engineer, Distribution, KPDCL, in order to carry out Installation of DTR structure and laying of LT Cable under RDSS, the shutdown of 33KV Habbak-Zakura-Burzama Line shall be observed due to which Receiving Station at Zakura and Burzama shall remain off while power supply to the Zakura, Batpora, Gulab Bagh, Danihama, Khimber, Chaterhama, Teilbal, Burzama, Gassu, Shoperbagh and Ralhabagh will be affected from 10:30 AM to 04:00 PM on 10 March, 2025.

Similarly, to carry out the erection of poles of 33 KV Tapline of Avantipora Line, the shutdown of 33KV Avantipora-Avantipora line shall be observed due to which 33/11KV Receiving Stations at DPL Avantipora and Floor Mills shall remain off while the power supply to DPL Avantipora and Floor Mills will be affected from 09:00 AM to 03:00 PM on 6 & 8 March 2025. In order to carry out stabilization, erection of poles and preventive maintenance of 33KV line, the shutdown of 33KV Pampore-Khrew line shall be observed due to which 33/11KV Receiving Stations at Khrew-I, Khrew-2nd and Shar Shali shall remain off while power supply to the Khrew, Bathen, Shar, Wabab Sahab areas will be affected from 09:00 AM to 03:00 PM on 05 March, 2025.

Also, the shutdown of 33KV Pampore-Lethpora line shall be observed due to which 33/11KV Receiving Stations at Konibal, Lethpora, LIS Ladhoo and Mills

shall remain off while power supply to the Samboora, Lethpora, Patalbagh, Chandhara, Konibal & Drusoo areas will be affected from 09:00 AM to 03:00 PM on 06 March, 2025. Further, the shutdown of 33KV Pampore-Wagoora line shall be observed due to which 33/11KV Receiving Stations at Kadlabal and HPCL shall remain off while power supply to the Gas Turbine and HPCL areas will be affected from 09:00 AM to 03:00 PM on 05 March, 2025. Meanwhile, to carry out the augmentation of conductor of 33 KV Pampore-Pulwama line, the shutdown of 33KV Pampore-Pulwama line shall be observed due to which 33/11KV Receiving Stations at Nawa, Kakapora, LIS Marvel-LILIII & IV shall remain off while power supply to the Kakapora, Nawa, Gadoora, Parigam, Narbal, Ukhoor & Marvel areas will be affected from 09:00 AM to 03:00 PM on 06 & 08 March, 2025. However the essential feeder of affected Receiving Stations shall remain charged via Lassipora-Pulwama line & load shall run as per availability.

Moreover, to carry out stabilization and augmentation of 33 KV line, the shutdown of 33KV Pampore-Pampore line shall be observed due to which 33/11KV Receiving Stations at Pampore-I and Pampore-II shall remain off while power supply to the Pampore, Zewan, Tengan, JKEDI, ITBP areas will be affected from 09:00 AM to 03:00 PM on 05, 08 & 12 March, 2025. Also, the shutdown of 33KV Pampore-SIDCO line shall be observed due to which 33/11KV Receiving Stations at Cement

Plants of Khrew and IE Khrew shall remain off while power supply to IE Khrew & Cement Plants will be affected from 09:00 AM to 03:00 PM on 05, 08 & 12 March, 2025. Further, the shutdown of 33KV Pampore-Badamibagh line shall be observed due to which 33/11KV Receiving Stations at Sonwar, Badamibagh, Panthachovk, Lasjan, WSS Tangnar shall remain off while power supply to Sonwar, Badamibagh, Panthachovk and Lasjan areas will be affected from 10:00 AM to 01:30 PM on 05 & 12 March, 2025. In order to carry out erection of ST poles and laying of ACSR conductor under stabilization of 33 KV Pinjoora Line, the shutdown of 33KV Kanipora- Pinjoora line shall be observed due to which 33/11KV Receiving Stations at Pinjoora, Arhama and Chowdharygund shall remain off while power supply to Pinjoora, Arhama, Pahnoo, Trenz, Kilora, Imansahib, Vehil, Reshinagri, Shirmal, Chowdgrind, Reshinagar & Saidpora areas will be affected from 09:00 AM to 03:00 PM on 06 & 09 March, 2025. To facilitate upgradation of 33 KV Wanpoh SICOP line from 0.1 ACSR to 0.2 ACSR, the shutdown of 33KV Wanpoh SICOP Line shall be observed due to which 33/11KV Receiving Stations at Shamsipora, SICOP, Zirpara, Veeri, Cheniwader and Shuhul Flour Mill shall remain off while power supply to the Veer, Srignufvara, Zirpara, Shamsipora, Bijbehara-SICOP area and other adjoining areas will be affected from 09:00 AM to 03:30 PM on 08, 11, 13 & 16 March, 2025.

# Abhishek wins bronze medal in 38th National Games

**■ STATE TIMES NEWS**  
UDHAMPUR: Abhishek a resident of Village Barta in Udhampur district, has made Jammu and Kashmir proud by winning a bronze medal in the 38th National Games held in Uttarakhnad. Abhishek excelled in the discipline of netball, bringing home the coveted medal.

The young achiever was felicitated by the Deputy Commissioner of Udhampur, who congratulated him on his outstanding achievement. Abhishek credited his success to his coach, Mr. Akash Batra, and expressed gratitude to the DC and the Netball Association of Jammu and Kashmir for their unwavering support."

## Carrom selection trials on March 14

### ■ STATE TIMES NEWS

JAMMU: The Jammu and Kashmir Carrom Association is set to hold open selection trials for the women's team on March 14 at 11.30 am at Sher-i-Kashmir Indoor Sports Complex, Srinagar. The selection shall be followed by a screening process. As per a handout issued by the Association, selected players will represent J&K in the 52nd AAI Senior National Carrom Championship scheduled to take place from March 17 to March 21 at Talkatora Indoor Stadium, New Delhi under the banner of All India Carrom Federation. Interested women players are advised to submit their entries via email to jkcarrom@gmail.com before March 12, the handout added.

