

# Grand Maha Shivratri Bhandara organized at Jammu University Campus

CM's Advisor lauds scholars, students for promoting interfaith unity

**STATE TIMES NEWS**  
JAMMU: The students and scholars of Jammu University, under the chairmanship of Dr. Vikas Sharma, Coordinator Jammu District and Zonal Secretary of the Jammu and Kashmir National Conference (JKNC), organized a grand Shivratri Bhandara at Nag Mandir near Boys Hostel, Jammu University, here today which was inaugurated by Nasir Aslam Wani, Advisor to the Chief Minister, who was chief guest and presided over by Former Minister and Zonal President JKNC Babu Rampaul.

Ex-MLA Qazi Jalal-Ud-Din, and Provincial Joint Secretary JKNC, Ankush Abrol were the guests of honor.

The religious and community event witnessed the pres-



Aslam Wani, Advisor to the Chief Minister being honoured during the programme.

ence of prominent political figures, students, and scholars, marking a significant occasion of spiritual and social harmony.

Addressing the gathering, Nasir Aslam wani lauded the efforts of the students and organizers for fostering communal harmony and upholding the rich cultural traditions of the region.

He highlighted the impor-

tance of such gatherings in strengthening societal bonds and promoting interfaith unity.

He especially lauded Dr Vikas Sharma, who leads the organizing committee which organizes Bhandara every year on the occasion of Maha Shivratri.

Celebration of such festivals joining hands together brings mutual love, bonding

and respect for one another, he added.

Speaking on the occasion, Babu Rampaul emphasized the role of youth in preserving cultural heritage and promoting values of service and togetherness.

He appreciated the active participation of the student community in organizing the bhandara, which, he stated, was a testament to their com-

mitment to social welfare and tradition.

Besides, few journalists were also honoured on this occasion and Vikshay Vashist was delivered the welcome address; Gourav Partap Singh, University President NSF was delivering the vote of thanks.

A large number of students, scholars, and devotees gathered at the venue to take part in the spiritual celebrations.

Other prominent present on the occasion include Davinder Sharma, Abhishek Uppal, Lovesh Bharat, Ishfaq Ahmed, Ankush Sharma, Muneeb ul Islam, Nishar Ali, Pankaj Sharma, Sourav Thakur, Sahil Kerni, Rahul Gupta, Cheetan Singh, Babu, Gourav Bhagat, Nikhal parihar, Veer, Vikas Sharma, Sahil Sharma, Ankush Babu and others.

# Bahu Fort Higher Secondary School releases annual Magazine 'Kalika'



MLA Ch. Vikram Singh Randhawa and others releasing school magazine.

**STATE TIMES NEWS**  
JAMMU: Bahu Fort Higher Secondary School released its annual magazine, Kalika, at a grand ceremony held on Wednesday.

The event was graced by the presence of esteemed guests, including Ch. Vikram Singh Randhawa, MLA of the Bahu constituency, Jagdeep Padha, Chief Education Officer, Jammu and District Youth Services and Sports Officer Sukhdev Raj Sharma.

Other Officers from School Education included Adersh Bala, Principal Boys HSS Gandhi Nagar and Ex ZEO Gandhi Nagar; and Present ZEO Gandhi Nagar Madhu Sudha. Moreover Prominent Citizens from Bahu Fort, Shilpa Magotra, Trustee Kali Mandir, Smt Sharda Devi, Ex Corporator, Social Activists Sumit, Baldev Raj and other

citizens were also present.

The event also saw participation from the School Management Committee Members Rajeev Charak, Vivek Patyal, Karuna Chettri. Parents and Students were also the part of ceremony. The magazine, Kalika, showcases the talent and creativity of the students and staff members of Bahu Fort Higher Secondary School. The event was a grand success, with everyone enjoying the program. The ceremony began with the welcome salute by the school girls band troop thereafter lighting of the lamp and prayers to Goddess Saraswati, followed by the release of the magazine, and concluded with the singing of the National Anthem.

Anuradha Principal of the School presented vote of thanks for all the participants and organisers.

# GDC Kunjwani organises workshop on 'Introduction to Nano and New Nanos'



Guest Speaker Dr. Kamini Pathania being honoured during the event.

**STATE TIMES NEWS**  
JAMMU: Department of Physics under the aegis of IQAC & Science and Innovation Club of GDC Kunjwani organises one day workshop on the topic "Introduction to Nano and New Nanos: Concepts and Applications".

The workshop aimed to provide a comprehensive overview of the nanoscale materials and their innovative applications across various sectors.

The workshop was organised under the able guidance of the Principal of the

College, Dr. Manisha Sarup Kohli.

Before the lecture began, the principle highlighted the importance of nanotechnology that continues to evolve in understanding nanoscale materials and their unique properties. This technology is becoming increasingly important both for our present and future generations.

Dr. Kamini Pathania, Professor at the Department of Physics and Astronomical Sciences, Central University of Jammu was the Guest speaker of the workshop.

The Guest speaker introduced the students with nano dimensions and nano materials and through different videos and slides explained the students how grapheme was incidentally discovered.

The speaker shows the different GNR structures through videos. Besides she also explained about quantum dots and enrich the students with advanced knowledge of nanotechnology and other topics related to the field.

Dr. Arti pandoh Gupta, Head of the Department of Physics and Convener IQAC & Science and Innovation Club Co-ordinated the workshop.

The members of the organizing committee were Dr. Bhavna Sharma, Dr. Rohini Jamwal, Prof. Deepa Sharma, Dr. Sajjad Iqbal, Dr. Rannik Kour, Dr. Palvi Gupta, Dr. Shilpa Gupta, Dr. Anshu Mali, Ruchika Sudan. Lastly, the vote of thanks was presented by Dr. Arti Pandoh Gupta.

# Youth Talent Search celebrates Women's Day with honour

**STATE TIMES NEWS**

JAMMU: Youth Talent Search (YTS), a prestigious forum of renowned schools in Jammu, celebrated Women's Day and its Annual Award Ceremony with great pomp and grandeur at Polytechnic College, Bikram Chowk. The event witnessed an inspiring gathering of educators, students, and esteemed dignitaries, marking a tribute to the invaluable contributions of women in education and society.

The ceremony commenced with the traditional lighting of the lamp, invoking the blessings of Goddess Saraswati. Ms. Prabha Jain, Chairperson of New Era Environmental High School, extended a warm welcome to all the distinguished guests.

The event was graced by Indu Kanwal Chib, Chairperson of JKSSB, as the Chief Guest, while Ms. Shagun Manchanda, District Mission Coordinator, Mission Shakti (Social Welfare Department), attended as the Guest of Honor.

Continuing the tradition of hospitality, Vasudha (MD,



NGO members along with dignitaries during the event.

Elite Public High School), Mala Sharma (Chairperson, Elite Public High School), Anku Charak (Vice Principal, Humanity Public School), Anita Ambardar (Principal, Play Way House School), and Usha Jamwal (Principal, BHMP) welcomed the guests with floral bouquets.

Principals, teachers, and students from reputed schools such as JK Montessorie School, New Era Environmental High School, Alexander Memorial School, Bikram Memorial School, S.D. Tarapuri School, Elite Public High School, Humanity Public School, Playway House,

BHMP School, and Lawrence Public School actively participated in the function.

The event was filled with mesmerizing performances by talented teachers, who showcased their artistic flair through scintillating dance performances, folk songs, and engaging skits.

Their exceptional talent captivated the audience, making the celebration truly memorable.

The Annual Report of YTS was presented by Esther William, Principal of Alexander Memorial School.

Chief Guest Indu Kanwal Chib lauded YTS for providing a dynamic platform for

young minds to explore and exhibit their hidden talents.

She expressed her appreciation for the dedicated efforts of skilled teachers in nurturing students and preparing them to excel in various fields.

She further emphasized that YTS is doing commendable work and should be highlighted at the national level. A significant highlight of the event was the Rolling Trophy in memory of Late Geeta Dixit, presented by Ashok Dixit to Anku Charak, Vice Principal of Humanity Public School.

Additionally, the Lifetime Achievement Award was conferred upon Rajni Gupta

(Director, JKMS), Neeru Puri (Principal, S.D. Tarapuri School), Usha Jamwal (Principal, BHMP), and Shivani Joshi (Principal, Lawrence Public School, Sidhra), in recognition of their outstanding contributions to education.

The event concluded with a heartfelt vote of thanks delivered by Rajni Gupta, Coordinator of YTS and Director of JK Montessorie School, Talab Tillo.

The celebration culminated with the singing of the National Anthem, leaving behind an aura of inspiration and celebration of women's achievements in the field of education.

# Taekwondo Self Defence Workshop organised by SWD



SWD officials along with coaches and participants posing for photograph.

**STATE TIMES NEWS**  
POONCH: In a significant initiative to empower young girls, the Department of Social Welfare, Poonch, in collaboration with Poonch Taekwondo Club, organized a Self-Defence Workshop at the Poonch Taekwondo Academy.

The event was held under the direction of District Social Welfare Officer, Poonch, Wakeel Ahmed Bhatt, as part of the International Women's Day activity calendar.

Around 70 girls from various institutions and Taekwondo clubs, including JNV Surankote, GMS Khorinar, Parishad Child Care Institute, Nanak Academy, Raza ul Uloom, and Poonch Taekwondo Club, actively participated in this mega event.

The event commenced with a warm welcome by Noreen Akhter, Gender Specialist (DHEW). Addressing the gathering, Tarapreet Kour, Specialist in Financial Literacy

(DHEW), extended her best wishes to all the girls and commended the Department of Social Welfare for organizing such an empowering initiative.

Tirath Kour, Gender Specialist, also lauded the participation of the young girls, encouraging them to harness the skills learned for their safety and confidence.

Rajinder Singh, Taekwondo Coach (Department of Youth Services and Sports),

expressed gratitude to District Social Welfare Officer Wakeel Ahmed Bhatt and the Department of Social Welfare for their commendable efforts in engaging young girls in self-defence training. He emphasized the importance of self-defence skills for empowering women and ensuring their safety.

Several distinguished guests and sports personalities graced the occasion, including Pinki PET (JNV Surankote), Bakshish Kour Office

Assistant (OSC), Sobina Bandey Case Worker (OSC), Navneet Kour PET (Parishad Child Care Institute), Toseef Tahir, National Taekwondo Medalist, and Qasim Hussain, National Player.

The entire event was conducted under the technical supervision of Rajinder Singh, Taekwondo Coach and Self-Defence Specialist from the Department of Youth Services and Sports.

This initiative stands as a remarkable step towards women empowerment, fostering confidence, resilience, and safety awareness among young girls in Poonch.

# Diksha qualifies Ph.D

**STATE TIMES NEWS**

JAMMU: Diksha Koul, daughter of Ashok Koul and Veena Koul, residing at H No. 124, Ganesh Vihar, Lower Muthi, has been awarded the Degree of Doctor of Philosophy (Ph.D) in Sciences.

She conducted her research at CSIR-Indian Institute of Integrative Medicine (CSIR-IIIM), Jammu, focusing on the topic "Exploration of Serraria marcescens Isolated from Mulberry Phyllosphere for Therapeutic Applications."

Her research was carried out under the supervision of Dr. Asha Chaubey, Senior Principal Scientist and Head of the Fermentation and Microbial Biotechnology Division at CSIR-IIIM.

Koul published her research work in highly reputed SCIE-indexed international journals and presented her papers at numerous national and international conferences.

Her achievement marks a significant contribution to the field of microbial biotechnology and fermentation division.

# LG Manoj Sinha interacts with NSS volunteers



NSS volunteers meeting LG Manoj Sinha in Jammu on Friday.

**STATE TIMES NEWS**  
JAMMU: Lieutenant Governor Manoj Sinha on Friday interacted with the National Service Scheme (NSS) volunteers, who took part in the Republic Day Camp 2025 at New Delhi.

The NSS Volunteers, accompanied by Coordinator, Dr Hema Gandotra, University of Jammu and Dr Amit Pal, Cluster University, Jammu, shared their experience at the Republic Day camp.

The Lieutenant Governor congratulated the NSS

Volunteers for their participation in the Republic Day celebrations. He asked them to continue their engagement in social welfare programs, with a focus on contributing to the development of the local community and the nation as a whole.

# Mixed Martial Arts & Self-Defense Training Program conducted for girls at GGPS Ambaran



Organisers along with girl trainees during the programme.

**STATE TIMES NEWS**

AKHNOOR: In a commendable initiative under Op Sadbhavana, the Indian Army has launched a 30-day Mixed Martial Arts (MMA) & Self-Defense Training Program at the Government Girls Primary School, Ambaran, Akhnoor. This specially designed program aims to empower young school girls with vital self-defense skills, enhance their fitness, and instil unshakable confidence.

Focused on the principles of Women Empowerment and safety, the program covers various martial arts disciplines, including Karate, Jiu-Jitsu, Boxing, and other self-defense techniques.

Under the guidance of professional trainers and with the full support of the Indian Army, the participating students are receiving hands-on, practical training to prepare

them for real-world scenarios.

The initiative not only equips the girls with physical skills but also fosters mental resilience, discipline, and teamwork.

This program reflects the Indian Army's continuous commitment to community welfare and the holistic development of the region's youth, especially in empowering young girls to face challenges with courage.

Speaking on the occasion, Indian Army officials emphasized, "Empowering our young girls with self-defense skills is crucial in today's world. Through Op Sadbhavana, we are proud to contribute to their safety, self-reliance, and overall well-being."

The Indian Army remains dedicated to such progressive community programs, reinforcing peace, development, and empowerment in the region.

# Fitness Walk held at CU Jammu as part of Women's Day Celebration

**STATE TIMES NEWS**

JAMMU: Women's day which is celebrated globally to educate society on the remarkable women's rights movement while celebrating the cultural, political, and socio-economic achievements of women and girls was observed in the university campus of Central University of Jammu by organising a Fitness Rally on 7 March, 2025.

Organised under the aegis of Directorate of Physical Education, the rally witnessed overwhelming participation of women faculty, staff, students and researchers to observe the clarion call of Hon'ble Prime Minister Sh. Narendra Modi ji to



VC Prof. Sanjeev Jain flagging off rally.

fight obesity and to have balanced physical activity, fitness regime to build a healthy nation.

The Vice Chancellor, Prof. Sanjeev Jain flagged off the rally in the presence of Registrar, Prof. Yashwant Singh, Deans of various schools and heads. Speaking on

the occasion, Prof. Vandana Sharma, Director, underscored how CU Jammu campus exemplifies gender parity and women-led development under the visionary leadership of Prof. Jain. The Vice Chancellor congratulated the participants of the fitness rally

and said that as a staunch votary of accelerating gender parity he ensures gender equality and gender equity. The enthusiastic participants of the fitness rally deliberated over the history of women's day and discussed how women's role in nation building has been exemplary. This day marked a call to action for highlighting the ongoing efforts for continued advocacy and action worldwide. Registrar, Prof. Yashwant Singh, the Assistant Director, Dr. Sudhakar, Dr. Kiran and team from Sports Authority of India, Touseef Ahmed and Pardeep Kumar also participated in the event.