

## AIIMS Jammu achieves landmark success in Complex Surgery

### Pre-operative Transcatheter Arterial Embolization, Resection of Large Adrenal Tumor

#### STATE TIMES NEWS

JAMMU: All India Institute of Medical Sciences (AIIMS) Jammu has achieved a significant milestone in advanced cancer care with the successful management of a highly complex surgical case involving a large left adrenal tumor.

The procedure, carried out by the Department of Surgical Oncology, demonstrates the institute's growing capability in handling challenging oncological conditions through a coordinated multi-disciplinary approach.

The patient had initially been diagnosed outside the institute with non-specific symptoms and imaging findings suggesting a left adrenal tumor. After consulting multiple medical centres, the patient eventually arrived at AIIMS Jammu for further evaluation and treatment. At the institute, a series of comprehensive investigations including advanced imaging and biochemical tests were conducted. These confirmed



AIIMS Jammu doctors with patient after performing surgery.

that the tumor was functional in nature, meaning it could produce hormones that may lead to sudden spikes in blood pressure during surgery, posing serious risks to the patient's life. Considering the complexity of the case, a multidisciplinary tumor board meeting was convened to carefully plan the treatment strategy. The Department of Endocrinology played a crucial role in preparing the

patient for surgery. Under the guidance of Juhli Jamwal, Assistant Professor, the patient underwent pre-operative optimization with alpha and beta blockade therapy. This stepwise medical management helped stabilize the patient's blood pressure and heart rate, which is essential before undertaking surgery for functional adrenal tumors.

The patient was also suffering from Chronic Obstructive

Pulmonary Disease, which required careful respiratory management. Ganesh Kumar, Assistant Professor in the Department of Pulmonary Medicine, ensured that the patient's lung condition was adequately optimized to allow safe anesthesia and surgical intervention.

In a rare and highly specialized procedure at the institute, Shariq from the Department of Radio Diagnosis performed pre-operative trans-arterial tumor embolization. This advanced technique involved blocking the blood supply to the adre-

nal tumor, significantly reducing the risk of heavy bleeding during surgery and improving the chances of a successful outcome. Following this crucial step, the patient underwent a left adrenalectomy with splenectomy performed by the Surgical Oncology team led by Paras Khanna, Assistant Professor. The procedure was conducted with the support of the anaesthesia team including Shruti Sharma, Additional Professor, along with Assistant Professors Slomi Gupta and Sandeepika Dogra. Their expertise ensured patient safety throughout the operation.

The ICU nursing staff and ward teams also played a vital role by providing continuous monitoring and dedicated care during the recovery period. After a week of post-operative observation, the patient showed steady improvement and is now clinically stable and ready for discharge.

Congratulating the medical teams, D. N. Sharma highlighted the importance of multidisciplinary collaboration in managing complex oncological conditions.

## Cleanliness and Hygiene drive recognized at GMC Jammu felicitation ceremony

#### STATE TIMES NEWS

JAMMU: A felicitation programme in connection with the Inter-Ward Competition on Cleanliness, Hygiene and Sanitation was organized today at NS Pathania Hall of Government Medical College Jammu. The competition was conducted among Emergency Wards, IPD Wards, OPD areas and other hospital sections with the objective of promoting higher standards of sanitation and hygiene across the hospital.

The event was held in the presence of Ashutosh Gupta, Principal and Dean, along with R. K. Katoch, Administrator of Associated Hospitals Jammu; Virender Trisal, Medical Superintendent; Abdul Jabbar, Personnel Officer; Sonika Parihar, Administrative Officer; and Shaista Ganai. The programme was also attended by nursing staff, sanitation staff and other hospital employees who have been actively involved in maintaining cleanliness and hygiene in their respective wards and departments. Addressing the gathering, the Principal and Dean, Administrator, Medical Superintendent and Personnel



Principal GMC Jammu, Ashutosh Gupta presenting award.

Officers appreciated the sincere efforts of the nursing and sanitation staff in maintaining a clean and hygienic hospital environment.

They emphasized that sanitation and hygiene are fundamental components of healthcare institutions and play a crucial role in ensuring quality patient care as well as preventing hospital-acquired infections. The speakers also highlighted the need for sustained teamwork and dedication from all departments to maintain high standards of cleanliness within the hospital premises.

During the programme, prizes and certificates were awarded to the Best Three Nursing In-charges, Best Three Wards, Best Sanitation Supervisor and Sanitation

Workers in recognition of their outstanding dedication and contribution towards keeping the hospital environment neat, hygienic and patient-friendly. The hospital administration highly appreciated their commitment and hard work.

The gathering also acknowledged the efforts of the Deputy Medical Superintendent for successfully organizing the programme, which was described as the first initiative of its kind at the hospital. The administration encouraged the continuation of such initiatives in the future to further strengthen the culture of cleanliness, discipline and quality healthcare services.

The event concluded with a high tea for all the participants and staff members present on the occasion.

## MBSCET organizes Fresher Party



MBSCET faculty and students at fresher party.

#### STATE TIMES NEWS

JAMMU: Mahant Bachittar Singh College of Engineering and Technology (MBSCET) organized a Fresher Party to welcome the newly admitted students of the 2025 batch.

The event was arranged by the second-year students of all branches, who took the initiative to host the programme and extend a cordial welcome to their juniors.

The programme began with a welcome address by Prof. (Dr.) Amrik Singh (Incharge Principal), who highlighted the importance of fresher parties in building strong bonds between seniors and juniors. He stated that such occasions formally introduce new students to the institution's academic and social environment, helping them become a part of the college family. He also emphasized that events like these play a crucial role in boosting students' confidence, encouraging interaction, and fostering a sense of unity among the student community. In his address, Prof. Parveen Singh (Dean Academics) advised the students to maintain a balanced lifestyle by managing their time wisely between academics, personal development, and extracurricular activities. He encouraged them to make the most of the opportunities available at the institution in order to shape a success-

ful and meaningful career. The event featured a variety of engaging activities including cultural performances, music, dance, and interactive sessions that created a lively and cheerful atmosphere throughout the programme. Freshers were also given an opportunity to introduce themselves, display their talents, and interact with their seniors and faculty members. These moments made the event enjoyable and memorable for everyone present. One of the major highlights of the programme was the Mr. and Miss Fresher competition, where participants showcased their confidence, personality, and talents. Krishna Lamba and Hargun Kour were crowned Mr. Fresher and Miss Fresher respectively.

The programme was coordinated by Jasmine Kour (Asst. Prof) and Dr. Nitasha Jamwal (Asst. Prof.) along with their team members. The faculty of the APSH Department actively contributed to making the event a grand success. Sarbjot Kour (HOD APSH), coordinated the event and ensured the smooth conduct of the programme.

The entire event was gracefully anchored by Joyce Kour and Asis Kour, second-year students from the CSE Department, who kept the audience engaged with their confidence and enthusiasm throughout the programme.

#### STATE TIMES NEWS

JAMMU: The Department of Journalism and Media Studies, University of Jammu, under the supervision of Prof. Garima Gupta, Head of the Department of Journalism and Media Studies hosted a special interactive session titled "Past, Present and Future of Journalism." The interaction aligns with the vision and commitment of Vice Chancellor Umesh Rai, University of Jammu, towards the holistic development of students in shaping the future of a developed India. According to him, "student interactions with eminent figures in the industry enhances the intellectual and cultural roots of the institution."

Prof. Garima Gupta, Head, Department of Journalism and Media Studies, emphasized the importance of such interactive sessions that broaden the horizon of the media students and prepare them skillfully for the industry. "This will help the media students to explore opportunities both locally and

## JU Media students urged to stay curious, socially aware



JU faculty and students posing for a photograph.

nationally. Understand the importance of objectivity in reporting and brevity to create impactful news stories," she added.

Senior journalist Sh. Jai Prakash Pandey, Editor, Sahitya Tak/ Sahitya Aaj Tak, India Today Group, was the special guest. Media students were encouraged to embrace journalism as a tool for cultural preservation and unity. While addressing the students he emphasized, aspiring journalists must first clearly understand the topic or beat they are working on and strive to develop strong knowledge in that area. He

also highlighted the importance of language and communication skills, stating that clarity, accuracy, and effective storytelling are essential qualities for a successful journalist in today's competitive media environment. Insights were shared on the evolving landscape of Journalism, the growing responsibilities of media professionals, and the critical role of ethical reporting. He urged students to stay curious, socially aware, and proactive, emphasizing: "Journalism is one profession that demands integrity, courage, and empathy."

Drawing from their vast industry experience, the speaker inspired students to explore diverse storytelling formats, strengthen their research skills, and adapt to emerging platforms while upholding core journalistic values. The session also featured a lively Q&A round, where students discussed career paths, academic growth, and challenges for young journalists in a competitive media landscape. This interaction underscores the department's dedication to connecting students with seasoned academicians and practitioners, bridging class-

room learning with real-world practice. Prof. Dushyant Kumar Rai presented the formal vote of thanks and acknowledged the efforts of the resource person for sharing his media experience with the students that will help them shape and plan their career. He said such sessions provide practical exposure to the students and help bridge academia and industry gaps.

Other faculty members present during the workshop included Dr. Pardeep Singh Bali, Dr. Ramiyan Bhardwaj, Dr. Ravia Gupta and Dr. Kumerjit Chajgotra.

## Two-day Exhibition underway at Zone By The Park

### Priya Sethi praises Modi Govt's initiatives for women empowerment

#### STATE TIMES NEWS

JAMMU: A vibrant two-day exhibition showcasing fashion, lifestyle and other unique products is currently underway at Zone by The Park on March 14 and 15, drawing a large number of visitors, entrepreneurs and shoppers from across the city. The exhibition was inaugurated by Chief Guest, Priya Sethi, BJP J&K UT Vice President and former Minister and along with Dr. Ritu Singh along with team, whose presence has added great encouragement and support to the initiative. The event has brought together several entrepreneurs and designers who are displaying a variety of products and collections, creating a lively shopping experience for visitors. Speaking on the occasion, Priya Sethi praised the initiatives of the government led by Narendra Modi for empowering women across the country.



BJP J&K UT Vice President, Priya Sethi along with Dr. Ritu Singh after inaugurating exhibition.

She said that various schemes launched by the government have created new opportunities for women to become financially independent and contribute to the economy. Sethi specifically highlighted the benefits of the Pradhan Mantri Mudra Yojana, stating that the Mudra loan scheme has significantly helped women start their own businesses and become self-reliant.

"The Mudra loan scheme has especially benefitted women entrepreneurs. It has enabled many women to start small businesses and pursue their dreams with confidence. Such initiatives are transforming the role of women in our society and strengthening their economic participation," she said. She also appreciated the efforts of the organisers for creating a platform that promotes

local entrepreneurs, designers and small businesses. According to her, exhibitions like these not only encourage entrepreneurship but also help in showcasing the talent and creativity of local artisans and business owners.

Dr. Ritu Singh also appreciated the initiative and congratulated the organisers for bringing together entrepreneurs and visitors under one roof. She said that such exhibitions play an important role in promoting creativity, innovation and business opportunities, especially for women and young entrepreneurs. She also encouraged

participants to continue their efforts in expanding their businesses and reaching a wider audience. The exhibition features several stalls displaying fashion collections, lifestyle products and other unique items, attracting enthusiastic participation from visitors.

The event has been organised by Ruchi and Tannu, while Amar Chouhan is actively promoting and supporting the initiative. Visitors have been invited to explore the exhibition at Zone By The Park on March 14 and 15 and support local entrepreneurs and emerging brands.

#### STATE TIMES NEWS

JAMMU: Dr. S. P. Varma, a noted peace activist, highly decorated volunteer and recipient of the Padma Shri, has been appointed as the UT Level Election Icon for Jammu & Kashmir, as communicated by the Nodal Officer (SVEEP) office of the Chief Electoral Officer. The appointment aims to strengthen voter awareness, outreach and engagement across the Union Territory under the directives of the Election Commission of India.



aging citizens to participate actively in the democratic process. The position is purely honorary and non-remunerative. Expressing gratitude for the honour, Dr. Varma thanked the concerned authorities involved in the process of his appointment. He affirmed that whenever his services required, he would make himself available to contribute towards strengthening democratic participation and fulfilling his responsibilities in service of the Nation.

## DG CSIR inaugurates Flower Show-cum-Floritech Conclave 2026 at IIIM; announces continuation of Floriculture Mission

#### STATE TIMES NEWS

JAMMU: The Flower Show-cum-Floritech Conclave 2026 was inaugurated at CSIR-Indian Institute of Integrative Medicine by Nallathamby Kalaiselvi, Secretary of the Department of Scientific and Industrial Research (DSIR), Government of India and Director General of Council of Scientific and Industrial Research. The event highlighted the transformative role of floriculture, scientific innovation and farmer-oriented technologies in strengthening rural livelihoods and promoting sustainable agriculture. In her presidential address, Dr. Kalaiselvi said that the institute's tradition of organizing flower shows since 1961 reflects a strong legacy of connecting science with society. She emphasized that flowers are not only symbols of beauty but also play an important ecological



DG CSIR, Nallathamby Kalaiselvi inaugurating Flower Show-cum-Floritech Conclave 2026 at IIIM Jammu.

role by supporting pollinators such as bees, which are essential for biodiversity and agricultural productivity. She noted that floriculture and apiculture are emerging as key drivers of rural economic diversification and sustainable livelihoods. Dr. Kalaiselvi highlighted that CSIR has developed region-specific floriculture technologies considering climate, soil conditions and local traditions, enabling farmers to cultivate crops suited to their terrain and market demand. She also

announced the continuation of the CSIR Floriculture Mission, citing its positive impact on farmer incomes and strong demand from both scientists and growers. She further suggested strengthening the floriculture value chain by promoting value addition from temple flowers, which can be converted into incense sticks, essential oils and other products. Such initiatives, she said, have already generated employment opportunities for women in several parts of

the country. Dr. Kalaiselvi appreciated the achievements of Zabeer Ahmed for expanding floriculture initiatives in the region and connecting thousands of farmers with scientific interventions. She also encouraged the institute to develop indigenous varieties suited to the Himalayan region and integrate floriculture with medicinal and aromatic plant research. Speaking on the occasion, Dr. Ahmed reiterated the institute's commitment to strengthening the floriculture ecosystem in Jammu and Kashmir through research, innovation and farmer outreach programmes. He noted that Jammu's favourable agro-climatic conditions offer immense potential for floriculture expansion. Earlier, Sudesh Kumar Yadav highlighted the growing role of floriculture in creating new economic opportunities for farmers. He

explained that technologies developed under CSIR missions are helping farmers diversify into high-value crops. Dr. Yadav also emphasized the development of indigenous flower varieties to reduce import dependence and strengthen self-reliance. The event included interaction between the Director General and farmers who shared their experiences of improved incomes through CSIR initiatives.

Among those present was Abdul Rahim along with scientists, students, farmers and officials of the institute. The programme proceedings were conducted by Manveet Kaur, while the vote of thanks was presented by Dhiraj Vyas. Winners of the floral drawing and painting competition for school children and farmers associated with floriculture initiatives were also felicitated during the event.

## Amar Chand Gupta elected President of SVMHC Hospital



#### STATE TIMES NEWS

JAMMU: A meeting of the Management Committee of Swami Vivekananda Medical Mission Charitable Hospital was convened on Saturday to elect the President of the Mission. During the meeting, B. B. Gupta proposed the name of Amar Chand Gupta for the presidency of the Mission. The proposal was seconded by Romesh Chander Gupta. The proposal received unanimous support from all members present, following which Amar Chand Gupta was unanimously elected as the President of the Mission. The meeting was attended by members

of the Management Committee including Dr. Subash Gupta, B. S. Jamwal, Dr. Satya Dev Gupta, Subhash Gupta, Shanker Dutt Sharma, S. L. Suri, Neeraj Puri, Dr. Jatinder Gupta, Dr. Brij Mohan Gupta, Dharamvir Chopra, Dr. Sachin Gupta and Surinder Mohan Gupta.

On the occasion, members of the committee extended their heartfelt congratulations to Amar Chand Gupta and expressed full confidence in his leadership. Expressing gratitude, Amar Chand Gupta thanked the members of the Management Committee for reposing their trust in him. He said that it is a great honour and responsibility to serve the Mission and assured that he would work with full dedication, along with all members, to further strengthen the services of the hospital while carrying forward the noble legacy and vision of Anil Gupta.

The Mission continues to serve society with the guiding spirit of "Nar Seva Narayan Seva", believing that service to humanity is the true service to God.