

Abhijeet makes new records in J&K Athletics

■ STATE TIMES NEWS

JAMMU: Young Abhijeet Singh today made two meet records in under-20 boys group on the concluding day of the 20th J&K Athletics Championship which was organised by the J&K Amateur Athletics Association (JKAAA) at BSF Stadium, here.

Abhijeet has established a new 100 meters sprint record with a timing of 10.73 seconds. He later set new J&K record in 200 meters race with a timing of 22.33 seconds.

The last day of the event, veteran sports administrator and president of the J&K Athletics Association (JKOA), Dr Ashutosh Sharma, who witnessed the track events. "This year saw an overall improved performance in all the events, resulting into more athletes qualifying for the Nationals. The participation by around 1000 athletes n across different field and track events was something encouraging for sports in J&K," said Dr Ashutosh Sharma.

In the meantime, the Association felicitated Ritik Sharma for winning gold medal in 56th National Cross Country Championship held at Kohima in Nagaland.

Among others present were Suneel Mahajan, Sharat Chander Singh, Ravinder Singh, Sarwant Singh Gill,



Medal winners posing for a photograph with dignitaries.

Vinod Bhatia and Varinder Kour. The technical penal comprised Nirmal Singh and Gureharan Singh, Sarabjeet Singh, Sanjeev Kumar, Harvinder Singh, Pawandeep Kour, Mandeep Kour, Parveen Kour, Sweety Joshi, Reyaz Ahmed, Aman Sambyal, Rakesh Singh Charak, Parveen Singh and Kiran Kumari.

BOYS: Under-20 5000 mtrs: Aran Chandel (Udhampur), 1st, Karan Chandel (Udhampur), 2nd and Roshan Khanna (Jammu), 3rd. 200

mtrs: Abhijeet Singh (Jammu), 1st, Sandeep Kumar (Jammu), 2nd and Nikhil Kumar (Jammu), 3rd. 800

mtrs: Ankush Magotra (Jammu), 1st, Tarun Nagrotra (Reasi), 2nd and Sat Paul Sharma, 3rd. Under-18 3000 mtrs: Ritik Sharma (Kathua), 1st, Bhubnesh Sharma (Rajouri), 2nd and Lovejeet Singh (Jammu), 3rd. 100 mtrs: Akhil Singh (Jammu), 1st, Sahil Kumar (Jammu), 2nd and Ishtiaq Ahmed (Jammu), 3rd. 200 mtrs: Tinku Kumar (Samba), 1st, Mantta Sharma (Kathua), 2nd and Ishtiaq Hussain (Jammu), 3rd. 800 mtrs: Rahul Sharma (Udhampur), 1st, Ankush Kumar (Kathua), 2nd and Dhreej Billowria (Kathua), 3rd.

Under-16 800 mtrs: Ajay Kumar (Reasi), 1st, Zaidin Mushtaq (Anantnag), 2nd and Sameer Choudhary (Jammu) 3rd.

GIRLS Under-20 800 mtrs: Kanchan Devi (Kathua), 1st, Palvi Thakur (Kathua), 2nd and Kajal Devi (Udhampur), 3rd. Under-18 800 mtrs: Sara (Srinagar), 1st, Mehak Mushtaq (Baramulla), 2nd and Ashika Mehra (Jammu), 3rd. Under-16 800 mtrs: Shakshi Thakur (Reasi), 1st, Pavitra Balaji (Jammu), 2nd and Anjali Rajput (Reasi), 3rd.

MEN Open 5000 mtrs: Ravi Dass (Udhampur), 1st, Abhishek (Udhampur), 2nd and Munesh Choudhary (Kathua) 3rd. 200 mtrs: Danish Yousaf (JKP), 1st, Vasu Sapolia (Reasi), 2nd and Ankit Sharma (JKP), 3rd. 800 mtrs: Ashwani Kant (Jammu), 1st, Barkat Ali (JKP), 2nd and Mukesh Kumar (JKP), 3rd. Discus Throw: Manpreet (JKP), 1st, Jasif Ahmed (JKP), 2nd and Mohd Azam (Jammu), 3rd.

WOMEN Open 3000 mtrs: Shamshad Bano (reasi), 1st, Mantta Sharma (Kathua), 2nd and Anjali (Reasi), 3rd. 800 mtrs: Mantta Sharma (Kathua), 1st, Priya Sharma (Jammu), 2nd and Shivalli Choudhary (Kathua), 3rd.

Director Sports inaugurates Men's Volleyball YSS Cup

Eight teams emerge winners on day-1

■ STATE TIMES NEWS

JAMMU: Director Youth Services and Sports, Gazanfar Ali inaugurated Men's Volleyball YSS Cup in an impressive and well attended function at Khel Gaon, Nagrota, near here on Friday.

The Director Sports was the Chief Guest on the occasion, while Joint Director (K) Youth Services and Sports, Bashir Ahmed and Deputy Director Youth Services and Sports, Jitender Mishra were the Guests of Honour.

Around 200 players from all 20 districts of the Union Territory are taking part in this event which is being held under the supervision of District Youth Services and Sports Officer, Jammu, Sukhdev Raj Sharma.

On the inaugural day, eight district teams got the better of their rivals and emerged winners.

In today's matches,



Director YSS, Gazanfar Ali interacting with players.

District Jammu outplayed District Udhampur by 2-0 (25-14; 25-14); District Kulgam prevailed over District Reasi by 2-0 (25-12; 25-22); District Rajouri trounced District Ramban by 2-0 (25-17; 25-21); District Samba defeated District Kupwara by 2-0 (25-22; 25-18); District Doda got the better of District Bandipora by 2-0 (25-16; 25-10); District Anantnag beat District

Baramulla by 2-0 (25-18; 25-15); District Poonch drubbed District Kulgam by 2-0 (25-23; 25-11) and District Ramban overpowered District Kishtwar by 2-0 (25-09; 25-22).

Earlier, the Chief Guest interacted with the players and motivated them to do better in the future events. He also praised the organisers for providing all kinds of facilities to the participants.

Painting of Prathamansh of DPS Jammu wins Special Mention in international competition

■ STATE TIMES NEWS

JAMMU: Prathamansh Sharma, a student of Class X of Delhi Public School (DPS) Jammu, brought laurels to the school and his parents by winning a Special Mention for his painting in ICS International P a i n t i n g Competition 2021 organized by Institute of Career Studies Lucknow.

P r a t h a m a n s h also received a Certificate of Commendation as his painting has been included in the ICS Calendar 2022.

Earlier, Prathamansh had also made a graphite pencil portrait of General Bipin Rawat, Chief of Defense Staff of the Indian Armed Forces on the occasion of Army Day 2022 to pay him tribute.

In addition to this, Shipra Pathania, School Arts Faculty has also received a Certificate of Appreciation for participating as the School Coordinator in the said competition. Her painting has also been selected for inclusion in the ICS Calendar.

Principal DPS Jammu, Ruchi Chabra congratulated Prathamansh and Shipra Pathania, School Arts Faculty.

President RCT, Ajatshatru Singh, Pro Vice Chairperson, Ritu Singh and Director, S S Sodhi extended their best wishes to Prathamansh, his parents and School Arts Faculty.



DPS Jammu Principal felicitating Prathamansh Sharma.

Pundir misses ton as J&K suffers innings defeat

■ STATE TIMES NEWS

JAMMU: J&K skipper Shubham Singh Pundir missed century by a whisker and Musafir Ajaz contributed magnificent 65 runs but their effort was not enough to save Jammu and Kashmir from an innings defeat against Punjab at Arun Jaitley Cricket Stadium, New Delhi. J&K lost the match by an innings and 27 runs.

As per report reaching here, earlier resuming from an overnight score of 85/2, Henan Nazir and Shubham Pundir took the score to 152 runs in 43.1 overs before Henan was dismissed at his individual score of 74 runs off 91 balls, studded with 14 boundaries. Pundir was in sublime touch and after the early dismissal of Kanhaiya Wadhawan for just 5 runs, was joined by Musafir Ajaz in the middle and the duo took the score to 255 in 79.5 overs before Pundir was dismissed on 99. He faced 171 balls and hit 15 delectable boundaries.

Musafir made 65 off 116 balls, studded with 7 fours and one six. Sahil Lotra (27*) and Aqub Nabi (16) guided the team to score 343 runs in 100.5 overs, thus lost the match by an innings and 27 runs.

For Punjab Aryaman Dhalwal was the pick of the bowlers, who took 5 wickets, while Vishwa Pratap Singh bagged 3 wickets.

BRIEF SCORES: J&K 1st innings 320 runs; Musafir Ajaz 112, Sahil Lotra 62, Gurnoor Brar 3/73, Aryaman Dhalwal 3/68. Punjab 1st innings: 690/5 dl; Sanvir Singh 233, Pukhray Mann 182, Dhir 102; Lone Nasir Muzaffar 2/55, Taizeem Tak 2/201. J&K 2nd innings: 343 runs Shubham Singh Pundir 99, Musafir Ajaz 65, Aryaman Dhalwal 5/92, Vishwa Pratap Singh 3/26.

Srinagar team lifts UT Level Inter-Distt YSS Kabaddi Cup- 2021 title

■ STATE TIMES NEWS

BUDGAM: The team Srinagar on Friday lifted the title of UT level Inter District Kabaddi Boys Open YSS Cup- 2021.

The tournament was organized by Jammu and Kashmir Youth Services and Sports, in which as many as 20 teams participated. Srinagar won against the Jammu team with almost 18 points lead in the final of the tournament held at Shaheed Aga Syed Mehdi Sports Stadium, Budgam.

Speaking on the occasion as



Winner Srinagar team receiving trophy.

Chief Guest, the Deputy Commissioner Budgam,

Khelo India Youth Games in June

■ STATE TIMES NEWS

JAMMU: Rescheduled because of the Covid-19 pandemic, the Khelo India Youth Games (KIYG) Haryana 2021 shall now be held from June 4 to June 13. As per a notification, issued by chairperson of the KIYG, Amar Jyoti, the games were supposed to take place from February 15 to February 14 this year; but had to be postponed in view of pandemic threat.

Farooq of JKP selected as Race Official for upcoming 19th Asian Games 2022 in China

Proud moment for J&K Police: DGP

■ STATE TIMES NEWS

JAMMU: Director General of Police J&K, Dilbag Singh has congratulated SGT Farooq Ahmad Bhat for being selected as International Technical Officer (ITO, Race Official) in Dragon Boat Sports event for the upcoming 19th Asian Games 2022 Hangzhou China. The DGP in his message has congratulated Farooq for remarkable feat and said that it will inspire other sportspersons in Jammu and Kashmir Police to work hard for achieving big goals. The DGP said that the selection of the

official is a proud moment for J&K Police Parivar and hoped that he will continue to work with more dedication in future also. The DGP wished him good luck for the assignment. Farooq Ahmad Bhat who is presently Assistant Coach Water Sports Team of J&K Police is International Dragon Boat Federation Grade-1 Race official and has represented India as Race official during World Championship Kunming China in 2017 and also as coach in World championship Pataya Thailand 2019.

Shahbaz Ahmed Mirza congratulated both winner and runner-up teams for their exemplary performance throughout the tournament. The DC also felicitated various sports persons for their exemplary performance in different sports activities on the occasion. Among others, District YSS Officer Masrat Jan, Dy. SP Headquarter Naeem Ahmad and other officers and officials were also present on the occasion.

J&K Judo Championship concludes



Medal winners posing for a photograph with dignitaries.

Gupta, Jugal Kishore and Rameshwar Singh. Manish Chatwal was Organising Secretary of the event.

Prominent among those present were Vikas Gupta (Vice President JFI), Suraj Sharma (General Secretary), Shiv Kumar (Vice President JAJK), Ranjodh Singh, Natash Kumar and Anil Wadhwa.

Today's result MEN 60 Kg: Virbadra Singh (Jammu), gold,

Suhail Rehman (Kupwara), silver and Nitin (Reasi) and Vikram (Udhampur), joint bronze. 66 Kg: Akshay Sharma (Jammu), gold, Lucky Baghat (Reasi SMVDSB), silver and Mohd Nisar (Srinagar) and Amir Shaban (Palwama), joint bronze. 73 Kg: Vishwas Jamwal (Reasi SMVDSB), gold, Hairsh Bhagat (Samba), silver and Mehshedd Mohd

(Srinagar) and Laksh Talwar (Ramban), joint bronze. 81 Kg: Varun Sharma (Jammu), gold, Tajamol (Srinagar), silver and Umar Jan (Shopian) and Shagun Saini (Kathua), joint bronze. 90 Kg: Danish Sharma (SMVDSB), gold, Farhat Gulzar (Srinagar), silver and Tarun Sharma (Kathua), bronze. 100 Kg: Ujjwal Khajuria (Jammu), gold and Basit Rafiq

(Srinagar), silver.

GIRLS 48 Kg: Vanshika Manhas (Jammu), gold, Jimmo Devi (Kathua), silver and Sabha Parvej (Udhampur) and Iritika Tariq (Srinagar), joint bronze. 52 Kg: Tamleek Shah (Jammu), gold, Upasana Singh (Srinagar), silver and Shivani (Reasi SMVDSB) and Kamal Sharma (Kathua), joint bronze. 57 Kg: Sakshi (Jammu), gold, Menwish Latif (Srinagar)m silver and Depasha Choudhary (Kathua) and Neha Sharma (Udhampur), joint bronze. 63 Kg: Tazeem (Srinagar), gold, Maithili (Jammu), silver and Ishika Devi (Reasi) and Rekha Devi (Udhampur), joint bronze. 70 Kg: Niral Singh, gold. 78 Kg: Palak (Kathua)m gold and Suhani Kiran (Jammu), silver. Plus 78 Kg: Anmol Devi (Kathua)m gold.



J&K team posing for a photograph.

■ STATE TIMES NEWS

JAMMU: Jammu and Kashmir excelled in the recently held 16th National Aerobic Gymnastics Championship at Bangaluru winning four medals, including two silver and as many bronze medals thus brought laurels to the Union Territory (UT). In team event of Senior Aerobic event, J&K bagged Silver medal. The medal winning team comprised Manvinder Singh, Jaskaran, Kamal Chib, Mayank Jain, Honey Mehra, Parul Mehra and Inderdeep. In this event,

gold went to Maharashtra while West Bengal finished third.

In individual events, Laksh Mahajan shined with a Silver and a Bronze medal in the Junior boys' group. In the Mixed pair of senior category, Gourav Chettri and Yaadavi Mahajan secured Bronze. J&K won the second Bronze in Trio event comprising of Vikas Gupta, Suryansh Sharma and Laksh Mahajan. Meanwhile, president of Gymnastics Association of J&K, Kiran Wattal complimented the gymnasts for the performance.

JK Public School Kunjwani participates in live session of 'Pariksha Pe Charcha 2022'



JK Public School faculty and students listening to Prime Minister, Narendra Modi during 'Pariksha Pe Charcha 2022' programme.

■ STATE TIMES NEWS

JAMMU: The fifth edition of "Pariksha Pe Charcha 2022" organized by the Department of School Education and Literacy, Ministry of Education is a platform where students, parents and teachers interact with the Prime Minister, Narendra Modi to

discuss their concerns ahead of coming exam session.

The programme commenced with the exhibition of various art forms by the students. Modi appreciated the efforts of the students. The programme had special significance in the wake of country coming out of the COVID-19

pandemic and exams shifting back to offline mode.

Pariksha Pe Charcha aims to create a stress free exam atmosphere so that students can celebrate this festival of exams.

PM Modi emphasised on the fact that each student has a different aptitude and inter-

est. We should respect their individuality and help them in their overall development. While addressing the students, he said that there is no pill for self confidence, we have to build it everyday.

He assured the students to answer all their queries and the rest of the queries will be

addressed through NAMO App. He said that there is no vast difference between online and offline education as medium is not a problem but the willingness to learn is a problem. He compared the present era with the Gurukuls where there was no printed media. Students have all the

resources available as per their interest. In his session, he also familiarized the students with the National Education Policy which has been framed for the betterment of the students.

Sports has been given a due importance as it will help the students to acquire skills like

team spirit and leadership. He advised parents and teachers not to put pressure on the students. They should try to avoid imposing their own expectations. He motivated the students to live the present moment and make efforts to ensure a bright future.