

Global Helping Hand organises medical webinar for Sainik School cadets

■ STATE TIMES NEWS

JAMMU: A highly informative and educative webinar on the topic "How to Raise Brain Power" was organized for the cadets of Sainik School Nagrota by Jammu based voluntary organization Global Helping Hand.

The webinar began with welcome speech by Sangeeta Verma, TGT APS Nagrota. Moderator of the event, Col. G.K Raina (Retd) introduced the panel of speakers.

The speakers presented complex medical issues in an easily comprehensible manner for the young cadets of the school.

The webinar was graced by Col Anurag Naik (Retd), MS DNB Surgery, GI Surgery as a Special Invite and Capt (Indian Navy) AK Desai, Principal, Sainik School

Nagrota as the Guest of Honour.

Over 250 cadets of the school witnessed the webinar at the School Auditorium.

At the outset, J.K Raina (Reshi), President GHH started the programme with usual Vedic Rog-nashak Mantra and delivered the keynote address elaborating the mission undertaken by the organization to bring awareness about various health issues and ways to develop a healthy lifestyle.

Dr Rakesh Raina interacted with the doctors on different medical technicalities of the brain problems viz a viz Heart Strokes. Dr Ankush Sharma (Neurologist) SMVDMH spoke on "Stroke Awareness" and elaborated through a pictorial presentation on the causes of stroke, stroke indica-

tors and ways to avoid such a risky health hazard.

Dr Nipun Sapru (Neurologist) GMC Jammu gave Mantras to cadets for improving their memory and retention. Further, Dr Neeraj Gupta (Cardiologist) ASCOMS dwelt on "Ways to

maintain a Healthy Heart."

Responding to the queries raised by the audience, Col Anurag Naik (Retd) stated that exercising mind and body holds the secret to a long and healthy life.

He also advised the cadets to go through the book titled

"Lateral Thinking" by Edward De Bono and learn to exercise their brain by following novel techniques.

Capt (Indian Navy) AK Desai, Principal mentioned that physical and mental fitness is the ultimate objective of the cadets.



THE JAMMU AND KASHMIR BOARD OF SCHOOL EDUCATION, JAMMU

NOTIFICATION

It is hereby notified for the information of all the concerned that the dates for Subject Change cases (offline mode) in respect of Regular Candidates of Classes HSP-I (11th Class) & HSP-II (12th Class) for the Academic Session 2021-22 W/Z in the affiliated Academic Institutions of Winter Zone areas of Jammu Province including Leh shall be observed as under:-

01.	Dates for deposition of Subject Change Cases for Classes HSP-I (11th Class) & HSP- II (12th Class)	Dates
i.	Deposition of Subject Change Cases along with a prescribed fee of Rs 370/- (per candidate)	22-04-2022 To 06-05-2022
ii.	Late fee for first count of 10 (ten) days = Rs. 470/- per candidate i.e Rs 370/- Actual fee+ Rs 100/- (Late Fee)	07-05-2022 To 16-05-2022

NOTE:

i) in case the last date falls on Holiday, the next working day shall be considered as last date.

No.-: F(RR-BrJD/HSP-VHSP-II/WZ/JD/2021-22

Dated:- 21-04-2022

DIP/J-675/22

Dated:- 23-04-2022

Sd/-

Joint Secretary,

Registration JD



Government Medical College Rajouri

Fax No:-01962-263209 (o)

Email:- gmcahrajouri@gmail.com

Subject : Engagement of Registrar/Demonstrator in the discipline of Obs & Gynae, Govt. Medical College, Rajouri.

Reference: Advertisement Notice No: 908 of GMCRR dated: 18.03.2022

As recommended by the selection committee, sanction is hereby accorded to the engagement of the following candidates as Registrar/ Demonstrator in the discipline of Obs & Gynae, Govt Medical College Rajouri under S.O. 364 of 2020, dated: 27-11-2020 for a period of two year further extendable upto one years subject to satisfactory Work and conduct report by the concerned HOD. The engagement shall be Subject to other terms and conditions as specified in the Jammu and Kashmir Medical and Dental Education (Appointment on Academic Arrangement basis) Rules 2020.

This is without any Prejudice to any writ petition lying pending before any Hon'ble court of Law.

The Selection list/ Waiting List is hereby enclosed as **Annexure "A"**

Note:

- 1) The Selected candidate shall have to enter an agreement that he/she will not leave the department before completion of one year contract. Terminating of the agreement as the case may be will require one month's prior notice on either side failing which one month's salary shall not be paid and no experience certificate shall be given.
- 2) The Selected candidate may be given extension Subject to good performance and conduct report by the concerned HOD.
- 3) The other terms and condition are applicable as envisaged in the Jammu and Kashmir Medical and Dental education (Appointment on Academic Arrangement basis) Rules, 2020 vide SO 364, dated: 27/11/2020.
- 4) Candidate is directed to submit his/her documents in the Administrative Office and collect appointment and joining orders from the Administrative Section GMC, Rajouri.
- 5) The Candidate should join within 07 days from the date of issuance of this engagement order.
- 6) The PSC Candidate should join within 21 days from the date of issuance of this engagement order, p
- 7) Candidate must bring two sets of documents listed in the advertisement notice along with original document at the time of Joining.

No: GMCRR/2022-23/ 651-58

Date:22-04-2022

DIP/J-776/22

Dated:-23-04-2022

Sd/-

(Dr.Ghulam Ali Shah)

Principal

Govt. Medical College

Rajouri

ANNEXURE "A"

Selection List Obs & Gyane

Selection List		Total Merit Point		
S.No	Name	Parentage		
1.	Vennu Bharti	W/o Barinder Kumar	56.6	PSC

THE COURT OF PRINCIPAL DISTRICT JUDGE SAMBA

Raman Kumar S/o Late Sh. Lal Chand R/o Ward No. 8 Samba Tehsil & District Samba.

Applicant.

Verus

Monika Sharma W/o Raman Kumar R/o Ward No. 8 Samba Tehsil and District Samba.

Non-applicant

In the matter of:- Petition for grant of Succession Certificate.

NOTICE TO GENERAL PUBLIC

Whereas, the above named applicant has applied for the grant of Succession Certificate in Respect of Amount of Rs. 2,40,097/- left behind by deceased Mangat Ram S/o Late Lal Chand R/o Ward No. 8 Samba, Lying with J&K Bank Branch Main Samba vide A/C No. 1239040100002834.

Whereas through this publication the public in general is informed that if any person/persons has/have any objection in grant of Succession certificate in favour of the above mentioned applicant, he/they shall file his/their objections personally or through any authorized agency in this court on or before 06-05-2022, the next date fixed in the case, failing which appropriate orders shall be passed.

Take note that if the next date fixed is declared holiday, the case shall be taken up on the next working day.

Given under my hand and seal of this court today the 18th of April 2022 at Samba.

Sd/-
(Sonia Gupta)
Principal District Judge
Samba

OFFICE OF THE EXECUTIVE ENGINEER
JAMMU DEVELOPMENT AUTHORITY DIVISION NO.I RHC, JAMMU

FRESH NOTICE INVITING TENDER
e-NIT No. JDA-1/2022-23/e-NIT/10 Dated 21.04.2022

Executive Engineer, JDA Division No. I, Jammu on behalf of Vice Chairman, JDA, invites tenders by e-tendering on item Rate from INTERESTED PARTIES HAVING EXPERIENCE IN EXECUTING SIMILAR NATURE OF WORK for the works whose particulars are given below:-

S. No	Name of Work	Name of Division	Estimated cost	Earnest Money (in Rs.)	Cost of document (in Rs)	Contract Time	Class of Contractor
1	Maintenance of green strips in stretches around Rail Head Complex, Jammu including Bahu Plaza Shopping Complex.	JDA Div No. I	Rate to be quoted by the contractor per year	20,000/-	Rs.1000/-	One Year	EXPERIENCE IN EXECUTING SIMILAR NATURE OF WORK

1. Date of Publishing **21.04.2022.**
2. The Bidding documents can be seen and downloaded from the website <http://jktenders.gov.in> from **21.04.2022 (1800 Hrs) to 02.05.2022 (1300 Hrs.).**
3. The Bids shall be deposited in electronic format on the website <http://jktenders.gov.in> from **21.04.2022 (1800 Hrs) to 02.05.2022 (1300 Hrs.).**
 - a. The bids received will be opened on **02.05.2022 (1400 Hrs).**
 - b. The complete bidding process will be on line.
4. Bid documents can be seen at and downloaded from the website <http://jktenders.gov.in> Bid documents contain qualifying criteria for bidder, specifications, bill of quantities, conditions and other details.
5. The site for the work is available. The intending bidders are strongly advised to inspect the site of work before bidding.
6. Bids must be accompanied by cost of Tender document in form of Bank Receipt (Proforma enclosed) with other tender documents of NIT as specified payable in favour of **Vice Chairman, Jammu Development Authority, Jammu** and Bid security (EMD) will have to be in form of CDR / FDR pledged in favour of **Executive Engineer, JDA Division No. I Rail Head Complex, Jammu.**

Critical Dates:

	PublishDate	
i	14.04.2022	
ii	DocumentDownload/salestartDate	15.04.2022
iii	DateofPre-bidmeeting	20.04.2022(1:00 PM)
iv	Bidsubmissionstartdate	21.04.2022
v	Bidsubmissionenddate	02.05.2022 (04:00PM)
vi	DateandtimeofBidopening	03.05.2022 (3:30 PM onward)

1. Bid documents can be accessed and downloaded from the website www.jktenders.gov.in
2. The pre-bid meeting will be held in the office chamber of the Chief Engineer, Jal Shakti (PHE) Department Jammu, through virtual/online mode.
3. The whole bidding process shall be completed online on tender portal www.jktenders.gov.in. The intending bidders can download the bid document from the tender portal and can submit their bids by uploading them on the tender portal.
4. The valid bids received shall be opened online in the office of the Chief Engineer, Jal Shakti (PHE) Department Jammu. Bids must be accompanied by bid security declaration and cost of Tender Document as specified in column 4 & 5 of the table and shall be payable at Jammu.
 - a. Bid Security declaration will have to be uploaded as per format given in Annexure "II".
 - b. The cost of tender documents should be in form of TR/e Challan in favour of FA/CAO, Jal Shakti (PHE) Department Jammu.
5. The hard copies of cost of tender document in shape of TR/e-Challan, Earnest money in shape of CDR/FDR/BG and other relevant documents shall be obtained from the bidder who is declared as L1 after opening of financial cover.
- 6.

DIP/J-341-P/22
No: PHE/JJM/11684-95
Date: 12.04.2022

Dt. 23-04-22
Sd/-
Chief Engineer
Jal Shakti (PHE) Department
Jammu



THE J&K BOARD OF PROFESSIONAL ENTRANCE EXAMINATIONS (BOPEE)
Tele/Fax: 0194-2433590, 2437647 (Srinagar); 0191-2479371, 2470102 (Jammu)
website: <http://www.jkbopee.gov.in> email: helpdeskjakbopee@gmail.com coejakbopee@gmail.com

Subject: Conduct of Mop up (upgradation/allotment) 3rd Round of Physical Counselling for Admission to AYUSH (BAMS/BUMS/BPT) Courses- 2021.

Reference: Notification No. 035-BOPEE of 2022 dated 13-04-2022

Notification No. 037-BOPEE of 2022
Dated 22-04-2022

In pursuance of Notification No. 035-BOPEE of 2022 dated 13-04-2022, the Board has received shortfall of seats due to non-joining of candidates from the Colleges/Institutions concerned after conduct of 2nd round of physical counselling both at Jammu/Srinagar held on 11-04-2022 and 12-04-2022. The Board has accordingly decided to fill-up these vacant seats of AYUSH (BAMS/BUMS/BPT) including the seats which have remained unfilled during 2nd round of counselling by conducting of mop-up/ 3rd round of physical counselling as per the schedule given hereunder: -

Date/ Day	NEET Score	Remarks
25-04-2022 (Monday)	700 - 96	All Reserved Category candidates including EWS/CDP/J KPM/SP/STL/STK/PwD
25-04-2022 (Monday)	700 - 300	All open merit candidates including Reserved category candidates
26-04-2022 (Tuesday)	299 - 96	All open merit candidates including Reserved category candidates

The candidates who are interested to participate in this round of counselling are advised to report at J&K BOPEE office Srinagar/Jammu between 09:00 A.M. to 10:00 A.M. on their respective dates of counselling for registration.

Note: -1

- 1 Candidates who have not been allotted any seat during the 1st / 2nd round of counselling can participate in the mop-up round of counselling in terms of conditions contained in the e-Information Brochure.
- 2 Candidates who have been allotted a seat during 1st round of counselling and have joined the college but have not been upgraded during the 2nd round and those candidates who have been allotted seat during the 2nd round of counselling and have joined the college/institution and wish to participate in the mop-up round for purpose of upgradation.
- 3 Candidates who have been allotted a seat during 1st round of counselling but have not joined the College/ Institute during 1st round are also eligible to participate in mop-up round.
- 4 Any candidate who has been upgraded during the 2nd round shall under no circumstances be eligible to participate in the mopping-up round.
- 5 The Reserved Category candidate(s), who may not get a seat in his/her category shall be eligible to participate in the counselling as an OM candidate as per his/her merit position on day / date mentioned above in table.
- 6 The candidates who have already resigned against the seats allotted to them during first/second rounds of counselling shall not be eligible to participate in the mop up round of counselling.

Note: -2

1. The candidate(s) who will be allotted seat(s) during the mop-up round of counselling shall have to necessarily join the college/institution upto to the last date fixed by the Board as and when notified.
 2. As per section 9(2) of J&K Reservation Act 2004, if any reserved category seat(s) remained unfilled due to non-availability eligible reserved category candidates, these seat(s) shall be converted into OM on 25-04-2022 immediately after conclusion of the counselling of all reserved category candidates.
 3. Seat matrix shall be uploaded on BOPEE website before Counselling and candidates willing to participate in mop-up round shall go through the seat matrix before coming for counselling on 25-04-2022.
 4. As and when seats are filled during process of mop-up round of counselling, the counselling shall stop automatically.
- The other terms and conditions shall remain the same as contained in the e-information Brochure, Notifications/ Notices issued by the Board from time to time in this regards.

E & OE

No: BOPEE/Exam-26(B)/2021

Dated: 22-04-2022

DIP/J-361-P/22

Dated: 23-04-2022

Sd/-

(Dr. Sunil Gupta),

Controller of Examinations,

J&K BOPEE