

Global Helping Hand organises medical webinar for Sainik School cadets

STATE TIMES NEWS

JAMMU: A highly informative and educative webinar on the topic "How to Raise Brain Power" was organized for the cadets of Sainik School Nagrota by Jammu based voluntary organization Global Helping Hand.

The webinar began with welcome speech by Sangeeta Verma, TGT APS Nagrota.

Moderator of the event, Col. G.K Raina (Retd) introduced the panel of speakers.

The speakers presented complex medical issues in an easily comprehensible manner for the young cadets of the school.

The webinar was graced by Col Anurag Naik (Retd), MS DNB Surgery, GI Surgery as a Special Invite and Capt (Indian Navy) AK Desai, Principal, Sainik School

ASCOMS dwelt on "Ways to maintain a Healthy Heart."

Responding to the queries raised by the audience, Col Anurag Naik (Retd) stated that exercising mind and body holds the secret to a long and healthy life.

He also advised the cadets to go through the book titled

tors and ways to avoid such a risky health hazard.

Over 250 cadets of the school witnessed the webinar at the School Auditorium.

At the outset, J.K Raina (Reshi), President GHII started the programme with usual Vedic Rog-nashak Mantra and delivered the keynote address elaborating the mission undertaken by the organization to bring awareness about various health issues and ways to develop a healthy lifestyle.

Dr Rakesh Raina interacted with the doctors on different medical technicalities of the brain problems viz a viz Heart Strokes. Dr Ankush Sharma (Neurologist) SMVDMH spoke on "Stroke Awareness" and elaborated through a pictorial presentation on the causes of stroke, stroke indica-

tion and ways to avoid such a risky health hazard.

Dr Nipun Saproo (Neurologist) GMC Jammu gave Mantras to cadets for improving their memory and retention. Further, Dr Neeraj Gupta (Cardiologist)

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THE JAMMU AND KASHMIR BOARD OF SCHOOL EDUCATION, JAMMU

NOTIFICATION

It is hereby notified for the information of all the concerned that the dates for Subject Change cases (offline mode) in respect of Regular Candidates of Classes HSP-I (11th Class) & HSP-II (12th Class) for the Academic Session 2021-22 W/Z in the affiliated Academic Institutions of Winter Zone areas of Jammu Province including Leh shall be observed as under:-

01. Dates for deposition of Subject Change Cases for Classes HSP-I (11th Class) & HSP-II (12th Class)	Dates
i. Deposition of Subject Change Cases along with a prescribed fee of Rs 370/- (per candidate)	22-04-2022 To 06-05-2022
ii. Late fee for first count of 10 (ten) days = Rs. 470/- per candidate i.e Rs 370/- Actual fee+ Rs 100/- (Late Fee)	07-05-2022 To 16-05-2022

NOTE:

i) in case the last date falls on Holiday, the next working day shall be considered as last date.

No.: F(RR-BrJD/HSP-VHSP-II/WZ/JD/2021-22

Dated:- 21-04-2022

DIP/J-675/22

Dated:- 23-04-2022

Sd/-
Joint Secretary,
Registration JD

Government Medical College Rajouri

Fax No: 01962-263209 (o)

Email:- gmcrajkot@gmail.com

Subject: - Engagement of Registrar/Demonstrator in the discipline of Obs & Gynae, Govt. Medical College, Rajouri.

Reference: Advertisement Notice No: 908 of GMCR dated: 18.03.2022

As recommended by the selection committee, sanction is hereby accorded to the engagement of the following candidates as Registrar/ Demonstrator in the discipline of Obs & Gynae, Govt Medical College Rajouri under S.O. 364 of 2020, dated: 27-11-2020 for a period of two year further extendable upto one year subject to satisfactory Work and conduct report by the concerned HOD. The engagement shall be Subject to other terms and conditions as specified in the Jammu and Kashmir Medical and Dental Education (Appointment on Academic Arrangement basis) Rules 2020.

This is without any Prejudice to any writ petition lying pending before any Hon'ble court of Law.

The Selection list/ Waiting List is hereby enclosed as Annexure "A"

Note:

1. The Selected candidate shall have to enter an agreement that he/she will not leave the department before completion of one year contract. Terminating of the agreement as the case may be will require one month's prior notice on either side failing which one month's salary shall not be paid and no experience certificate shall be given.
2. The Selected candidate may be given extension Subject to good performance and conduct report by the concerned HOD.
3. The other terms and condition are applicable as envisaged in the Jammu and Kashmir Medical and Dental education (Appointment on Academic Arrangement basis) Rules, 2020 vide SO 364, dated: 27/11/2020.
4. Candidate is directed to submit his/her documents in the Administrative Office and collect appointment and joining orders from the Administrative Section GMC, Rajouri.
5. The Candidate should join within 07 days from the date of issuance of this engagement order.
6. The PSC Candidate should join within 21 days from the date of issuance of this engagement order, p
7. Candidate must bring two sets of documents listed in the advertisement notice along with original document at the time of Joining.

No: GMCR/2022-23/ 651-58

Date:22-04-2022

DIP/J-776/22

Dated:-23-04-2022

Sd/-
(Dr.Ghulam Ali Shah)
Principal
Govt. Medical College
Rajouri

ANNEXURE "A"

Selection List Obs & Gyane

Selection List

S.No	Name	Parentage	Total Merit Point
1.	Venu Bharti	W/o Barinder Kumar	56.6 PSC

Sd/-
(Sonia Gupta)
Principal District Judge
Samba

Versus
Monika Sharma W/o Raman Kumar R/o Ward No. 8 Samba Tehsil and District Samba. Non-applicant

In the matter of:- Petition for grant of Succession Certificate.

NOTICE TO GENERAL PUBLIC

Whereas, the above named applicant has applied for the grant of Succession Certificate in respect of amount of Rs. 2,40,097/- left behind by deceased Mangat Ram S/o Late Lal Chand R/o Ward No. 8 Samba, lying with J&K Bank Branch Main Samba vide A/C No. 1239040100002834.

Whereas through this publication the public in general is informed that if any person/persons has/have any objection in grant of Succession certificate in favour of the above mentioned applicant, he/she shall file his/her objections personally or through any authorized agency in this court on or before 06-05-2022, the next date fixed in the case, failing which appropriate orders shall be passed.

Take note that if the next date fixed is declared holiday, the case shall be taken up on the next working day.

Given under my hand and seal of this court today the 18th of April 2022 at Samba.

Sd/-
(Sonia Gupta)
Principal District Judge
Samba

Raman Kumar S/o Late Sh. Lal Chand R/o Ward No. 8 Samba Tehsil & District Samba.

Applicant.

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