

## Self-induced discipline earnest need of hour: JKPS Kunjwani



Principal JK Public School Kunjwani, Rajesh Rathore addressing students during assembly.

### STATE TIMES NEWS

JAMMU: Self-induced discipline among youth can only elevate our nation to the rank of Super powers of the world, says Rajesh Rathore, Principal, JK Public School, Kunjwani.

Reflecting on the most critical aspects of school life, he elaborated upon the import-

tance of self-discipline in life. He said, "Discipline is important to adhere to the rules. It may be described as a student's ability to accomplish an assignment within the stipulated time frame. With the tools of discipline, students can achieve their goals easily. Discipline expedites the process, like a cata-

lyst, and resultantly, individuals achieve excellence in every aspect of their lives. Discipline should be the pole star of every child, which helps in setting the direction to reach his/her dream destination."

Reiterating on the topic, he further added, "Those individuals, who adhere to disci-

pline more closely, they are able to manage their hours more judiciously. Students with good discipline complete their tasks on time rather than making it frittered away on trifles. When students are disorganized, they spend their valuable time in performing the acts that are not rewarding."

He invoked them to be proactive, by creating a schedule and sticking to the same with determination and perseverance.

He concluded by saying that discipline must be self-induced and never imposed. Imposed discipline is ephemeral, while self-inspired discipline is eternal. Educational institutions must endeavour tirelessly to sow the seeds of self-discipline in their tiny tots, so that they grow up as the custodians of self-induced discipline.

He appealed all the teachers, parents and elders to uphold the high ideals, which we yearn to see in our children. Since every child aspires his teachers, parents and elders, so it's our moral duty to believe in the tenets of righteousness and be the role models of these children who look up to us every moment.

## Zonal level inter-school competitions begin at Akhnoor



Students posing for a photograph with dignitaries.

### STATE TIMES NEWS

AKHNOOR: The Department of Youth Services and Sports Akhnoor has started its Inter School Zonal Level Sports competitions on Tuesday at Government Boys Higher Secondary School, Narrari Bala, under the chairmanship of District Youth Services & Sports Office, Jammu. Sukhdev Raj Sharma.

The competitions in the disciplines of Kabaddi, Kho-Kho

& Volleyball for U-14 & U-17 girls and boys are being held under the overall supervision of Zonal Physical Education Officer Akhnoor, Tarsen Singh.

District Development Council member, Block-Mairia Mandrian Suresh Sharma declared the tournament open in presence of Sarpanch Nardi-Panchayat Nisha Devi, Principal HSS, Narrari Bala Dr. Gharo Devi.

The tournament is being organized as per Annual

Activity Calendar circulated by Director Youth Services and Sports Jammu and Kashmir.

Prominent among others present were Tarsen Lal, Ashok Raj, Ashok Kumar, Ramesh Chandar, Pritam Lal, Darshana Devi, Indu Bharti, Sushma Devi, Rita Sharma, Jagdev Singh, Gurmu Singh, Vikram Jamwal, Rinku Kumar, Vijay Tangra, Suram Singh, Rahul Dev Singh and Shambu Dutt.

In a letter addressed to Prof

Ashutosh, who is also vice president of the Indian Olympic Association (IOA), general secretary of the BFI, Hemanta Kumar Kalita said, "It gives me immense pleasure to inform you that, in recognition of your contributions for the sport of boxing during these years, it has been decided to incorporate you as member of the Advisory Committee."

Important to mention here

Commonwealth Games 2019, vice president of Athletics Federation of India and Gymnastics Federation of India as also senior vice president of Yoga Federation of India and general secretary of Cycling Association of India.

He remained associated with women cricket and held the posts of secretary Asian Cricket Council

(ACC).

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## Ashutosh in BFI Advisory Committee

### STATE TIMES NEWS

JAMMU: Veteran sports administrator of Jammu and Kashmir, Prof. Ashutosh Sharma has been made member of the newly formed advisory committee of the Boxing Federation of India (BFI).



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## IGNOU Regional Centre Jammu organises 35th Convocation

### STATE TIMES NEWS

JAMMU: Indira Gandhi National Open University (IGNOU) organized its 35th Convocation which was organized on 26th April, 2022 at IGNOU Maidan Garhi New Delhi Headquarters and simultaneously at thirty two Regional Centres across the Country including Regional Centre at Jammu.

As many as 2.91 lakh students have been declared qualified to receive Degrees/Diplomas in the 35th Convocation across the country.

All those students who have passed in December 2020 and June 2021 Term-End Examinations were declared eligible to receive their Degree/Diploma certificates in the 35th Convocation.

Dharmendra Pradhan, Minister of Education, Skill Development & Entrepreneurship, Government of India, was

the Chief Guest and delivered convocation address and at the New Delhi Headquarters of IGNOU.

Convocation function at Jammu was held Auditorium of Teacher Bhawan, Gandhi Nagar, here.

Prof. J.P. Sharma, Vice Chancellor, Sher-e-Kashmir University of Agricultural Sciences & Technology of Jammu, was the Chief Guest and awarded Degree Certificates to the eligible Learners.

A total of 14,159 students

from Regional Centre Jammu were declared successful and eligible to receive Diplomas and Degree Certificates in the 35th Convocation function out of which 3830 Master Degree learners, 10033 Bachelor Degree learners, 296 learners of Diploma/Post Graduate Diploma programmes.

A total of 1312 candidates had paid the fee online. A total of 194 candidates had given their consent to receive Degree/Diploma certificates

in person.

However, 81 candidates attended the Convocation ceremony who were conferred upon Degree/Diploma certificates at the Convocation function.

Prof. J.P. Sharma termed the 35th Convocation of IGNOU as an occasion of celebration of IGNOU's achievements which is referred to as the People's University accessible to all those far and wide who otherwise would have lost the opportunity to gain access to

higher education, improve upon their qualification and increase the chances of employment.

He congratulated the students on whom the university had conferred Degree Certificates and also appreciated the efforts made by the Regional Centre functionaries for the efforts to widen the spectrum of education in the region.

Prof. Sharma urged the awardees that they have to translate their educational achievements to benefit the world and that they all have a collective responsibility to work for the progress of the society and the country as a whole.

Regional Director I/C, Dr. Vikram Singh, presented the Regional Centre Report.

Dr. Sandeep Gupta and Dr. Asha Upadhyay, Assistant Regional Directors, hosted the Convocation function. S. Tejinder Pal Singh, Deputy Registrar, presented the vote of thanks.

Samkaria, owner of Kangra Fort for personally monitoring the arrangements.

Top 10 games of the event are being telecast live worldwide with the support of DGT Boards which are being used first time in J&K. Top expert K Moorthy from Tamil Nadu has been invited for Live games coverage. Chess Base India camera-

man, Aditya has also been made part of the event for World Wide coverage during the six day championship.

Chandigarh based International Arbitrator, Dr. Viplesh Bhardwaj acting as Chief Arbitrator and Deputy Chief Arbitrator, Salim Beig are being supported by 10 other Arbiters and 25 support staff.

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The event is being organised by Crown Trust under the banner of All J&K Chess Association with the support of J&K Sports Council.

Later, Atul Gupta, on behalf of the organising committee, thanked chief guest, Secretary Sports Council and Divisional Sports Officer for their cooperation and support. He also thanked Digvijay Singh

Organisers presenting memento to Secretary JKSC Nuzhat Gul.

are part of this mega event being organised by All J&K Chess Association (AJKA).

The event carries a total prize fund of Rs 5 lakh which will be distributed among top 15 players from each category with first prize being Rs. 70,000 in each category. The event is a direct selection for world, Asian and commonwealth events.

Divisional Sports Officer of the JKSC, Ashok Singh, All India Chess Federation (AICF) Vice President, Dr. Viplesh Bhardwaj, Punjab State Association President, Muneesh Thapar were among those special guests.

Other Terms and Conditions will remain the same unless notified otherwise.

**DIP/J-389-P/22**  
**Dated: 26/04/2022**

Sd/-  
Managing Director  
JKHPC Ltd

## Girls of Verinag Zone shine in Rope Skipping competition



Winner girls posing for a photograph with dignitaries.

### STATE TIMES NEWS

VERINAG: After having a rope competition for boys, Zonal Physical Education Officer Verinag organised a rope skipping competition for girls of age group of U-14 and U-17 at Government Degree College Ground, Verinag.

A total number of 58 girls of U-14 and 34 girls of U-17 participated with zeal and enthusiasm and brought laurels for the

schools of Verinag zone.

Hamidullah Bhat Senior Physical Education Master has graced the occasion who opined that there is a dire need of this kind of competitions to stay healthy in life.

He said that many athletes have already represented India in Various International competitions and brought laurels for the

country. Our responsibility is to train our wards to excel in National and International Competitions and we will do all our efforts to give them a big platform.

After the culmination of Rope skipping competition prizes were distributed among the winners in presence of teaching staff and others.

## GDC Kunjwani organises visit to Village Palli



NSS volunteers and faculty of GDC Kunjwani at a programme.

### STATE TIMES NEWS

JAMMU:

Body Building Association of Jammu and Kashmir (BBAJK) is going to conduct selection trials to pick the team for Team India for Asian and World Championship 2022 to be held at Poonta Sahib, Himachal Pradesh on May 21 to 22, 2022.

Rajesh Dutta Secretary General Body Building Association of J&K said that the body builders have been advised to report the selection trial to be held at International Gym Rehari Colony on April 30 from 9:00 to 11:00 AM.

For further information the body builders can contact organizer on Mobile number 9419124126.

About 25 NSS volunteers along with senior faculty of the college, Prof. Baljinder Kour, Dr. Arti Pandoh Gupta, Dr. Rohini Jamwal and Dr. Manjeet Singh NSS PO visited the technology exhibition. The purpose of the visit was to aware the students about some of the themes identified in the exhibition such as poverty and enhanced village livelihood, healthy village, child-friendly village, water sufficient village, clean and green village, self-sufficient infrastructure in village, engendered development in village etc.

## UNION TERRITORY OF JAMMU AND JAMMU, OFFICE OF THE CHIEF ENGINEER JAL SHAKTI DEPARTMENT (PHE) JAMMU



NOTICE INVITING TENDER

e-NIT No. 138 of 2022-23 Dated: 23-04-2022

Har Ghar Jal  
Jal Jeevan Mission

SrNo	Particulars of the work	Estimated Cost (Lacs)	Tenderfee (in Rs)	Earnest money Deposit (in Rs)	Bid Validity	Time of Completion of work (days)
1	2	3	4	5	6	7
1.	Construction, Testing and Commissioning of Rapid Sand Filtration Treatment Plants (RSFP) including Pre-Settling Tank, Flash Mixer, Clarifier, flocculator, Filter House, Clear Water Chamber, Electro-mechanical works etc. Under Jal Jeevan Mission (JJM) for Nowshera District Rajouri of Jammu Province.	Work/ache me wadde mein given in Section 11 of tender document	1000/-	50000/-	90 days	120 days

Position of funds: Approved Under Jal Jeevan Mission (Available)

The tender inviting authority is Chief Engineer, Jammu Jal Shakti (PHE) Department. The awarding authority is District Jal Jeevan Mission (DJKM).

Critical Dates:

I	Publish Date	23.04.2022
II</td		