

Salman Khan strongly slams award shows; says there is no originality left; fans hail the Tiger 3 star



Salman Khan doesn't beat around the bushes and speak his heart out. The actor is known for his straightforward attitude and personality. Recently Bhaijaan exposed the Indian awards at the launch event of the 68th Filmfare Awards 2023. The actor who has been ruling the cinema for three decades now knows the insight into the industry. Starting his career being an actor in 1988 he is now one of the most successful and powerful producers in Bollywood. At the age of 57 years, he is still killing on silver screens and enjoys a crazy fanbase.

Salman Khan who has lived in the Hindi film industry for so many years has slammed the awards shows. The Tiger 3 star was present at the 68th Filmfare Awards 2023 press conference where he spoke of various topics surrounding the industry. He didn't shy to castigate awards at an award show event. Bhaijaan mirrored the reality stating awards are given to the ones who are present or whosoever performed. He said there is no originality left, the genuineness of an award has vanished. He further added that if someone is close to the host then that particular person is receiving back-to-back awards.

The video of him criticizing the awards show is going viral on social media. A fan page of Salman Khan posted the video on Twitter. As the video spread like fire on the internet fans are hailing the Tiger Zinda Hai star. A Twitter user said "Only Bhaijaan can do this", while another said Bhai on Fire. Netizens hailed him for denouncing the originality of awards at an awards press conference.

Alia Bhatt to join Hrithik Roshan and Jr NTR in War 2? This is what we know

Alia Bhatt is reportedly being approached by the makers to play the leading lady in War 2 along with Hrithik Roshan and Jr. NTR. Now we wonder if Alia will play the leading lady to Hrithik or Jr. NTR, for she will have a significant role. As per reports in TOI, the makers might have Alia and Sarvari Wagh in War 2 as they are planning to make it bigger and better this time. While War 2 is set in a YRF spy universe and there is a connection between Pathaan and Rubai meeting Kabir in the film, it will be interesting to see Alia in an action queen avatar when she meets Rubai.

Well, Alia's name has been reportedly making headlines due to Ayan Mukerji's directing. Ayan has replaced Sidharth Anand to direct War 2, and having Alia in the film speaks about the camaraderie that both the director and actor duo share. It is also speculated that Hrithik will be a part of Brahmastra 2, and even the Fighter star has hinted at being in the film. Overall, having Ayan Mukerji as the director of the film is understood, as they both have their comfort zones with each other.



Kushal Tandon to make his comeback with Ekta Kapoor's new show after Bekaaboo did not materialise

Kushal Tandon might do selective projects but his every show managed to leave an impression. He was supposed to be the main lead on Bekaaboo, but things did not materialise. Now, news has come that Kushal Tandon has been finalised to be the main male lead on another TV show produced by Ekta Kapoor for another channel. The actor has not done any TV show after Beyhadh. The show was a cult thriller and fans went gaga over Jennifer Winget and his chemistry. Kushal Tandon was supposed to romance Eisha Singh on the show Bekaaboo but it ultimately went to Shalin Bhanot.

Kushal Tandon will play the lead in a male-oriented show. This has been reported by ETimes TV. It seems it is a love story and Kushal is the perfect choice. The producers are now on the hunt for a leading lady. The show is expected to go on floors in the coming month. If this is indeed true, then there is good news for all fans of the handsome hunk. As we know, Kushal Tandon has been busy with his restaurant in between. Now, it looks like he might make that comeback.



Recipes

Dahi Kebab



Ingredients
300 gm hung curd
10 gm garam masala powder
2 gm white pepper powder
10 gm marmalade
salt as required
100 gm grated paneer
50 gm chickpeas flour
5 gm powdered green cardamom
ghee as required

Method:
Take hung yogurt in a bowl, add chickpea flour, garam masala, white pepper powder, cardamom powder, marmalade and salt. Give a very good mix.

Divide the mixture into equal portions. Now, stuff each portion with paneer.

Wet your hands using water, your hands, take a portion and roll lightly in the shape of a kebab (one centimeter thick round).

Prepare the other kebabs in the same way.

Add some ghee to a pan and let it heat. Place the kebabs in it and pan-roast the kebabs for sometime. Cook from both sides till golden in colour.

Serve the kebabs while hot with mint chutney or sauce.

Tips
To make extra texture to the kebabs, you can stuff them with roasted-crushed peanuts.

Diabetic Kidney: 5 signs in your body that signal towards the risk



Diabetes patients are at risk for developing diabetic nephropathy, commonly known as diabetic kidney disease. It typically happens as a result of persistently high blood sugar levels and medication use for diabetes. Diabetic kidneys affect the kidneys' ability to carry out their typical role of removing waste products from your body. If unattended, it can result in renal failure, dialysis or a kidney transplant. People with diabetes should be aware of these warning symptoms of diabetic kidney disease:

Swelling of the hands, ankles, or feet (Edema): Usually, the kidneys' failure to eliminate extra fluid from the body results in swelling in the body parts. It typically affects the hands, feet, or ankles, giving them a puffy, swollen appearance. Moreover, as the body stores more fluid than necessary, it might result in weight gain.

Dry skin and itchiness: Dry, itchy skin is another symptom of kidney illness and is a sign that toxins and waste products have accu-



mulated in the bloodstream. On the skin, this may result in a rash, redness, and dry spots.

Urine has protein traces (Proteinuria): Albumin, a type of protein, is typically present in the urine during the early stages of diabetic kidney disease. A urine test can identify this. Any protein in the urine is a warning sign for renal disease because the kidneys normally prevent the protein from passing through.

Change in appetite: Another warning symptom of diabetic kidney disease is a rapid change in hunger or a decrease in appetite. This results in nausea, vomiting, loss of appetite, and weight loss because of the accumulation of waste materials in the blood.

Weakness and fatigue: Fatigue or excessive exhaustion is a common complaint among individuals with diabetic renal disease. This is typically brought on by anaemia, a condition in which the kidneys cease to produce erythropoietin, a hormone that aids in stimulating the creation of red blood cells in the bone marrow.

Benefits of using facial oil on skin

Facial oils have become increasingly popular in recent years, and for good reason. Facial oils provide a variety of benefits for the skin, from hydrating and nourishing to anti-aging and soothing. Here are some of the key benefits of incorporating facial oil into your skincare routine.

Hydration:
Facial oils are rich in fatty acids and other nourishing ingredients that help to hydrate the skin. They provide a barrier to lock in moisture, making them particularly beneficial for those with dry or dehydrated skin.

Anti-aging:
Many facial oils are rich in antioxidants, which help to fight free radicals and protect the skin from damage caused by environmental stressors. This can help to reduce the appearance of fine lines, wrinkles, and other signs of aging.

Good primer:
Facial oils can work as a primer which gives a good effect



to the skin before beginning of the make up and makes skin friendly for the regular make-up routine.

Improving skin texture:
Facial oils can also help to improve the texture and overall appearance of the skin. They can help to smooth out rough patches and improve the look of dull, tired skin.

Absorption of other skincare products:
When applied before other skincare products, facial oils can help to improve the absorption of those products. This is because the oil helps to create a barrier on the skin that prevents moisture loss, allowing other products to penetrate more deeply and work more effectively.

In conclusion, facial oils offer a variety of benefits for the skin. Whether you're looking to hydrate, fight aging, soothe irritation, improve texture, or enhance the effectiveness of other skincare products, incorporating a facial oil into your routine can be a great way to achieve healthier, more radiant skin.

General Knowledge Question Answers

- Q.1 Which Indian state has its maximum area under the forest cover?**

(A) Maharashtra
(B) Madhya Pradesh
(C) Arunachal Pradesh
(D) Kerala
- Q.2 Currently who is the Prime minister of Pakistan?**

(A) Inraan Khan
(B) Benjeer Bhutto
(C) Nawab Khan
(D) Altaaph Hussain
- Q.3 What is the full form of ISI Pakistan and when it was established?**

(A) Inter-Services Intelligence (Established in 1948)
(B) Inter Solution Intelligence
(C) Inter Surgical Improvement
(D) International Survey
- Q.4 When was Earth Day observed worldwide in 2017?**

(A) April 22, 2017
(B) April 24, 2018
(C) April 25, 2018
(D) April 21, 2017
- Q.5 India's which state became the first state to set up the district family welfare?**

(A) Tripura
(B) Madhya Pradesh
- (C) Rajasthan
(D) Andhra Pradesh
- Q.6 When Indian Cricket Team won the second world cup?**

(A) 2011
(B) 2012
(C) 2013
(D) 2010
- Q.7 When 'Pradhan Mantri Awas Yojana' was launched in India?**

(A) 20th November 2016
(B) April 24, 2018
(C) April 25, 2018
(D) April 21, 2017
- Q.8 'Pradhan Mantri Yuva Yojana' (PM), launched in India by whom?**

(A) Ministry of Skill Development and Entrepreneurship
(B) Human resources department
(C) PM Office
(D) Parliament
- Q.9 What is 'Pradhan Mantri Surakshit Matritva Abhiyan' (PMSMA) in India?**

(A) A Free Health Checkup for Pregnant Women
(B) Medical care of the girl
(C) Medical care of women of rural areas
(D) Free health checkup for senior citizen.
- Q.10 'Pradhan Mantri Surakshit Sadak Yojana' was launched by whom?**

(A) Ministry of Road Transport and Highways
(B) Human resources department
(C) PM Office
(D) Parliament
- (A) Ministry of Road Transport and Highways
(B) Human resources department
(C) PM Office
(D) Parliament
- Q.11 Who became the Vice-President of India in 2017?**

(A) Shri Venkaiah Naidu
(B) Shri Vivekanand Sharma
(C) Shri N.N. Giri
(D) Shri Mahadevi Verma
- Q.12 Which mobile network company planned to install 2000 towers to increase connectivity in North East India?**

(A) Airtel
(B) Aircel
(C) Idea
(D) Vodafone
- Q.13 Topographical map of India is approved by....**

(A) Archaeological Survey of India
(B) Geographical Survey of India
(C) Surveyor General of India
(D) None of these
- Q.14 This country is known as the 'Sugar Bowl of the World', Identify it from the given options.**

(A) Brazil
(B) Cuba
(C) Mexico
(D) Algeria

ASTRO SPEAK

- ARIES**

You can make huge strides forward today if you let your ambition take over. It can lead you to a success you've deserved for a long time, but you're going to have to swallow your pride in order to follow it. When you show you can be a team player and work for the greater good, those in power take notice, and they will be impressed by your selflessness. Don't be surprised if they ask you to take on responsibility.
- LIBRA**

Coming up with great ideas will be your forte today. You can generate solutions to many of the problems that have been plaguing you. Your unique way of looking at things is your best asset. While other people waste time scratching their heads trying to come up with an idea, you simply find a new approach. This ability will make you very popular and very busy. You're going to be a superhero to some super frustrated people.
- TAURUS**

Today, a bright spotlight could be aimed right at you, so it's important that you take your time and plan all of your actions thoroughly. You should definitely not rush ahead and just blurt out whatever you're thinking. And don't push forward with any big plans just because you're in a hurry to see results. The people around you are very open to helping you, but they won't be able to keep up if you press to go further faster.
- SCORPIO**

It doesn't really matter whether you get what you want when you see so many others who don't have anything at all. You have a strong urge to be of service today, and there should be no shortage of candidates for your goodwill. You can be a positive force in people's lives, even the people who don't know you. Jssust donating some money to a worthy cause, you can make a difference.
- GEMINI**

Your creativity is stronger than most people's right now, so take the initiative when and if new projects need to get started. It shouldn't be too hard for you to take the steering wheel, because folks know a powerhouse of ideas when they see one! They would rather step back and see what you come up with than compete for power. It's time to celebrate your ability to contribute fresh, innovative.
- SAGITTARIUS**

You can't keep a good secret right now. Your quiet little romance is going to get a lot of attention very soon. Are you ready for the scrutiny? Suddenly everyone wants to know what's going on between the two of you, what's next, and where this thing is going, and you might not even know the answers! Feel free to take a step back and protect your privacy. Your life is no one's business but your own.
- CANCER**

Just because you have a vivid idea of what you want in life doesn't mean that you're going to get it any sooner than if you were totally clueless. If you're wondering when the rest of your life is going to begin, relax! You need to see that every moment is your life, so stop focusing so much on what you want and savor what you have. Sssst! making a list of all those things. Be happy.
- CAPRICORN**

You've been promising yourself some downtime for a while now, a few days or even hours when you cut back on your workload and give yourself a chance to relax. So exactly when are you going to come through on that promise? You can start today. Cancel or postpone whatever you can and give yourself a block of empty time. Remind yourself what it feels like to have nothing to do! You won't be bored.
- LEO**

If you can, try to surround yourself with people who are down-to-earth and grounded. These people have the kind of focus you need right now. They can teach you something new about how to appreciate the smaller things in life and have a good time doing it. These mellow types may not have the flashiest toys or the most stylish clothes, but they are contented in their life, and you could learn a lot from them.
- AQUARIUS**

Tantalizing social invitations seem to hold the promise of a new love connection, but don't get sucked in by illusions. Be skeptical of any new people on the scene, because they aren't what they appear. A quiet night in by yourself could actually yield a much more rewarding experience. There is a certain undeniable freedom in creating a sense of mystery about yourself, and you can do that effectively now.
- VIRGO**

It's not an ideal day for you to work with others. You could be feeling especially combative, with little if any patience for people who aren't as on the ball as you. This is a much better day for you to make progress on a solo project, whether at home or work. Doing something that doesn't require input or cooperation from others will help you feel productive.
- PISCES**

On days like today, you should only feel comfortable counting on yourself for support. It's not that getting other people's encouragement will be impossible; it's just that they're awfully busy working on their own stuff. You're not likely to find anyone willing to stop what they're doing to lend you a hand. But no worries. You can continue on this path alone and reach your goals.