

CSIR-IIIM Incubator conducts ‘awareness campaign for Startups’ at Udhampur Campus

■ **STATE TIMES NEWS**
UDHAMPUR: In an effort to raise awareness of innovation, startups, incubation, and hackathons among students of Udhampur Campus and villagers, a programme was organised in the small village of Garnai Lotta in Udhampur District of Jammu by the CSIR-IIIM-Technology Business Incubator, in collaboration with the Udhampur Campus, University of Jammu. The awareness campaigning was conducted in-line with the upcoming Regional Startup Conclave at Udhampur. The road show was successfully hosted by Udhampur Campus, University of Jammu. During the inaugural session, Prof. Yash Pal Sharma, Rector Udhampur Campus, University of Jammu warmly welcomed the resource persons from CSIR-IIIM, Jammu. While interacting with the students of Udhampur campus and locals, Prof. Yash Pal Sharma, informed that for a variety of reasons, new ideas



Organisers along with students during the programme at Udhampur.

and innovations are crucial for companies. They can use it to develop new goods and services, expand into new markets, and become more competitive. The main speakers of the programme were Dr. Saurabh Saran, Principal Scientist, CSIR-IIIM & PI, IIIM-TBI, Jammu, and Er. Ankush Varma, Coordinator, IIIM-TBI, CSIR-IIIM, Jammu. They clarified that the purpose of the awareness programme is to sensitize and educate the public about start-ups, self-employment and the startup ecosystem. They also emphasized the value of advanced skill devel-

opment training necessary to increase their chances of landing a job in the current competitive business industry. The University of Jammu's Udhampur Campus students and village people of Garnai Lotta participated in the interactive Road Show sessions that highlighted the important elements of science and technology-based business and manpower training programmes. During the event, IIIM-TBI startups, Mokhshak Kotru from M/s Vela Nutrition and Jayaprakash Behera from M/s JP life science, showcased their herbal

products. The villagers that have new startup ideas joined this road show and displayed their creations, which included soft toys, kaleera, and the greatest startup made from waste. Binla Devi and Group and Mohan Singh and Group from the village Garnai display their startups of soft toys, Kaleera making and Crafts from waste in this roadshow. Dr. Saran highlighted that under the leadership of Dr. Zabeer Ahmed, Director, CSIR-Indian Institute of Integrative Medicine, Jammu is committed to proactively pro-

mote and create awareness about the importance of entrepreneurship among the local community of Jammu & Kashmir. In this direction, after successfully conducting Road shows at Kathua, Samba, Jammu, IIIM-TBI Road show has reached Udhampur city where students, faculty members & startups/entrepreneurs of the region will be sensitized. The first leg of the Road Show was held today at Udhampur Campus Jammu University. On 20th April, 2023, the TBI Road show will reach GDC (Boys), Udhampur & Govt College for Women, Udhampur. Earlier, the proceedings of the event were ably conducted by Dr. Ritika Sambyal. While a vote of thanks was proposed by Dr. Monika Sharma who expressed her gratitude to the resource persons, senior faculty members, students and self help groups from the nearby villages for attending the programme.

If there were no saints, then world would have died: Paramhans

■ **STATE TIMES NEWS**
SAMBHA: The 74th birthday of His Holiness Saint Satguru Madhu Paramhans Sahib Ji of Sahib Bandgi Spiritual Institute is being celebrated with great enthusiasm at Sahib Bandgi Sant Ashram, Ranjdi (Jammu), in which not only from all over India but also from every corner of the world Devotees are gathering in large numbers. This three-day satsang ceremony is being celebrated from 17th April to 19th April. Satguru Madhu Paramhans Sahib Ji was born on 18 April 1950 in Sehore, Madhya Pradesh. At a young age, Sahib ji chose the Indian Army as his workplace and adopted the path of spirituality while living there. At a very young age, his Guru Swami Girdharanand Paramhans ji appointed him as his successor. After retiring from the post of Junior Commissioned Officer in the Indian Army for 24 years, Sahibji got fully involved in charitable works. Sahib ji made Jammu and Kashmir a small village of Ranjdi a center of devotion, along with establish-



ing about 425 ashrams all over India connected more than 1.5 million people with spirituality and gave world-class recognition to Sahib Bandgi Sanstha. Sahib ji gave the world the secret of devotion to a Supreme Person, following which the soul crosses this world forever and attains immortal status. Today during the satsang, Sahib ji said that whatever action you do, do it after thinking. Don't get carried away by the waves of the mind. Don't let the waves of the mind arise. The mind has only one goal. And the mind has no goal. You don't have to concentrate. Concentration is the only easy way for self-knowledge. What remains after the control of the mind is the soul. Vasudev told

Arjuna that truth and love alone are not enough for life. Interview the soul by concentrating attention in the middle of your forehead. The first rule in war is to know the enemy. After that knowing the enemy how much power he has. It comes in the scriptures that it is the work of fools to get excited for war with someone more powerful than themselves. When you know that he has more power than you then why are you bothering. Please don't. So it is necessary to understand the powerful mind. What a mind Try to know this. Concentrate it. You have no enemy except the mind. If you concentrate on it, then only the knowledge of the soul will be there.

Shab-e-Qadr observed across Chenab region, people offer special prayers

■ **STATE TIMES NEWS**
BHADARWAH: Hundreds of Muslim devotees converged in different mosques of Chenab Valley to offer special prayers on the eve of Shab-e-Qadr also known as Lyla-Tul-Qadr (Night of power). The holy night when people pray to the Almighty Allah seeking his forgiveness, is observed on 27th night of Ramadhan and according to muslim faith, this is one of the holiest and most blessed night when the believers seek forgiveness of Allah and His Mercy. It is notable that this year there is confusion on the date of Shab-e-Qadr as majority of people started fasting on 23rd of March but some started on 24th March in Union Territory of Jammu and Kashmir. Now some people, who started their fasting on 24th March will observe Shab-e-Qadar tonight. Shab-e-Qadr, the night



People offering prayers at Bhadarwah.

which is considered to be better than praying for 1000 nights, was observed last night with religious fervor in Bhadarwah Valley. On the occasion, religious Scholars throw light on the significance of the night. The people offered collective prayers to seek Allah's forgiveness throughout the night till Sehri. The Muslims assembled at Jamia Masjid Bhadarwah where hundreds of people prayed together throughout the

night. Other mosques of Bhadarwah also witnessed large gathering of people to participate in the congregation. A majority of people assembled in mosques to pray throughout the night, as the holy month of Ramadan reached near to its end. The night is revered as the most auspicious for prayers. Similar night long programme was also organized at Kotli Masjid where Naat Khawani and

Tilawat-E-Quraan followed by special prayers were held. On the occasion Fruits, juices and Dates were served among the participants. Special Dua(prayer) was held for Brotherhood, Communal Harmony, oneness, Peace and prosperity in the state as well as world at end of this auspicious programme. The prayer was offered by Kh.Jamal Din Dar. Meanwhile, the people of Doda, Kishtwar, Batote, Ramban, Banihal, Drabshalla, Gandoh also offered special prayers in their respective Mosques to take Blessings of Almighty Allah on this auspicious night, where Ulemaas and religious scholars in their sermons highlighted the teachings of Islam and various aspects of the life of the Holy Prophet (SAW) and urged Muslims to follow the same.

SMVDU celebrates World Heritage Day

■ **STATE TIMES NEWS**
KATRA: Department of Archives, Archaeology and Museums in collaboration with Shri Mata Vaishno Devi University (SMVDU), Jammu & Kashmir Academy of Art, Culture and Languages and Indian National Trust for Art and Cultural Heritage (Jammu Chapter) celebrated World Heritage Day at Matrika Auditorium in SMVDU today. Prof R K Sinha, Vice Chancellor SMVDU was the chief guest on the occasion. The event was thronged by academicians, heritage enthusiasts, archaeologists, architects, story tellers, writers and art lovers. Prof R K Sinha emphasized the need for appreciating the heritage of India and exhorted the students to develop keen interest in the rich heritage and culture of India. He appreciated the efforts of the Archives Department for involving students of the University in the preservation and promotion of the heritage. "Interestingly, Jammu region has antiquities from Harappan civilisation, Kushan to the present Dogra rulers," he added. Dr. Lalit Gupta, a distinguished culture and art historian, described the Jammu region as mini-India and stressed the need for involving youth in spreading awareness about heritage.



University faculty along with dignitaries and students.

Dr. Gupta explained the nuances of sculptures carved on the walls of the Charai Muttal Bawlis .He also talked about the legend surrounding the construction of Bawlis. "The richly carved walls around the Bawlis and aqueducts have footprints of Rajasthani art" he said. Arvind Kotwal coordinator Heritage Tourism INTACH was also present on the occasion. He elaborated on the built heritage of Jammu and need for its documentation and perseverance. Dr Sangeeta Sharma, Assistant Director Archives apprised the gathering about the rich heritage of Jammu region. Charai Muttal Bowl represents the zenith of Bawli architecture in Jammu region "she said. Nagendra Singh Jamwal, Registrar SMVDU, also laid emphasis on the propagation of information about culture and heritage, and their conservation. The scintillating folk performance

by Ram Ditta & party and Kudd performance by Khem Raj & Party in the Matrika Auditorium of the SMVDU inspired the audience with a new zeal and love for their intangible cultural heritage. Students from SMVDU recited Hindi and Dogri songs on the occasion. Students of SMVDU also participated in the ramp walk organised to celebrate India's ethnic wear and cultural ethos. Scintillating Lavani folk dance performance by students of Dance Club was the highlight of the event. Dr. Rakesh Kumar and Dr. Kamini of Board of Cultural Activities SMVDU coordinated the event. The students and faculty of SMVDU later visited "Charai Muttal Bowl site. World Heritage Day aims to raise awareness about the significance of heritage and encourage preservation and promotion of both tangible and intangible heritage of the country.

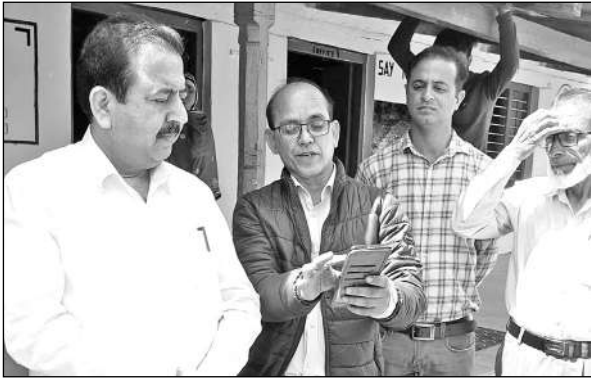
KVK Reasi organises Field Day on oilseed crop

■ **STATE TIMES NEWS**
REASI: Krishi Vigyan Kendra (KVK), Reasi under the aegis of Sher-e-Kashmir University of Agricultural Sciences and Technology of Jammu(SKUAST-J) organized field day on Gobhi Sarson crop here at Jadh village of Pouni block in Reasi district of J&K which was attended by a number of farmers of the area. The major objective of the programme was to promote oilseed crops cultivation and showcase the success of Gobhi Sarson cultivation in the area so as to popularize the latest technologies in oilseed crop. KVK, Reasi laid Cluster Front Line Demonstrations (CFLDs) on Gobhi Sarson of variety RSPN-25 at farmers fields in the area. The programme was organised under the able guidance of Director Extension of SKUAST-Jammu, Prof.SK Gupta. The programme was initiated by Dr. Banarsi Lal, Sr. Scientist &Head of KVK, Reasi with the warm welcome of the farmers. He started the programme with the brief introduction of Rabi oilseed crops and said that Gobhi Sarson is one of the leading oilseed crops in the region and farmers can enhance their farm income by growing it in a scientific

way. He educated the farmers on the importance of oilseeds crops and encouraged them to grow the recommended varieties of oilseed crops for more returns. He guided farmers on the scientific farming of oilseed crops and urged them to adopt the latest technologies of oilseeds so that they can enhance their crops productivity. He stressed on the organic techniques for oilseed crops production so as to produce safe, healthy and nutritive oil. He emphasized on improved varieties and timely weeding/hoeing in G.Sarson crop for its good yield. During the interaction session farmers gave their feedback on Gobhi Sarson variety RSPN-25 demonstrated by KVK, Reasi and expressed satisfaction for the implementation of the technologies in the area. Later on a field visit was also arranged during the programme. The programme was concluded by Mohd.Altaf, progressive farmer of the area with the formal vote of thanks.

DSEJ assesses functioning of schools in Lohai - Malhar area

■ **STATE TIMES NEWS**
KATHUA: Director School Education Jammu, Dr Ravi Shankar Sharma conducted an extensive tour of the Lohai -Malhar region of Kathua district to assess the problems being faced by students of Government High School Lohai Malhar; in particular and the area in general. Kamal Kumar, BDC Chairman; Parkash Lal Thappa, Chief Education Officer, Kathua; Dy CEO, Kathua and ZEO, Malhar also accompanied him. He inspected the ongoing works in Government High School, Lohai which included three Additional Classrooms, Arts and Crafts room, Computer Room, Library, CWSN toilet, etc. at a cost of more than Rupees One Crores. While interacting with students, BDC member, sarpanch, retired educationists and locals people he also informed that immediate instructions have been passed on to concerned for completion of the incomplete building and redressal of issues in terms of academic



Director School Education Jammu, Dr Ravi Shankar Sharma interacting with officials during tour to Lohai -Malhar region.

and infrastructural gaps in the schools falling in this far flung area. He disclosed that projects which are under various stages of completion in the school once completed will give impetus to the education in this far flung area bringing in new heights of accomplishment for students and public in general.It was also disclosed that some works including tiling of old block, whitewash and upgrading of toilets have been completed. He also assured that the Government is well aware of education needs of such far

flung areas and have taken up several projects in the area for providing the best education to the students of the area and reducing the dropout rate, especially that of female students. It was informed that a 50 bedded residential school for girls, Kasturba Gandhi Balika Vidyalaya (KGBV) has been made functional at Bajoi. Similarly, a 100 bedded Girls Hostel, with an investment of about Rs 3 crore is coming up at Machedi. The progress in distribution of free textbooks, uniforms,

scholarships and mid day meals was also reviewed. He exhorted that all the students, including those living in such far flung areas, should take full advantage of facilities being provided by the Government. . It may be mentioned that recently a video of a girl child of Government High School, Lohai, requesting the Prime Minister to improve the infrastructure of the school has gone viral on social media. Later, Director School Education also visited the Government Higher Secondary School, Machedi, where a 100 bedded hostel for girls is under construction by the Samagra Shiksha. He interacted with the staff, students and PRI members of the area and conveyed that all their concerns regarding infrastructure and staff shall be resolved within shortest possible time.He directed the concerned Dy CEO and ZEO to make frequent visits in the area to assess the progress of the facilities being extended by Government to the students.

District Administration Reasi celebrates ‘World Heritage Day’

■ **STATE TIMES NEWS**
REASI: To mark the World Heritage Day, District Administration Reasi, under the guidance of District Development Commissioner, Babila Rakwal, conducted cleanliness Drives at various ancient heritage sites and water bodies on Tuesday. The cleanliness drive was conducted at Ancient temple Bhumika, Katra; Bhingarh Fort, Reasi and heritage Bowlies in different Panchayats of District Reasi. In Morning hours, a cleanliness drive was conducted at

Bhim Garh Fort, Reasi by the NCC Cadets of Government Higher Secondary School (Boys). Similarly a cleanliness drive and Heritage walk also organized at Bhumika temple, Katra, ancient Bowl at Chania near Shiv Mandir W.No: 3 Garan, Katra; step well at Chapano, Kanjli; ancient Aghar Jitto Temple; Dev Sthaan Gari & Jamia Masjid Nakka Block (Jij Bagli) and Shiv Temple Kakryal, Panchayat Sirah Kotla. A large number of locals and PRIs participated in the programme.

Sarveshwar Smiles Foundation launches satellite stitching & tailoring training centre



Foundation members along with participant women.

■ **STATE TIMES NEWS**
UDHAMPUR: Sarveshwar Smile Foundation, a J&K based Section 8 Company engaged in social activities, started a women stitching & tailoring training program at village Chulna Pancheri Suman Panchayat, District Udhampur Jammu . The program was inaugurated by Pooja Gupta chairperson of Sarveshwar Smiles Foundation, a Leading entrepreneur, business woman, & social worker. She informed the local women about various activities which a household women can take up to enhance family income. Pooja Gupta conveyed that Sarveshwar Smiles Foundation is committed to bring smile on the faces of women community at large & gave her commitment for free of cost one month training on Embroidery , cutting & tailoring , at their doorstep followed with marketing of finished products. Pooja Gupta also informed that we are going to organize six such Income generating training camps at various places preferably at border area with follow up to ensure income generation activity at doorstep of trainee. Sarveshwar Smile Foundation also propagate all its development ventures this through its satellite facilitation center located presently at Uddeyvala, Palloura, Pallanwala, Jhiri, R S Pura and Pargwal. Three more such centers are going to be opened at field level. Dr Rakesh Gupta Project Director of Sarveshwar Smiles Foundation of in his address informed how this NGO which was created by two thoughtful ladies Pooja Gupta & Nidhi Sharma and this foundation is quite active across the UT of J&K in spreading awareness about empowerment of women for their better livelihood along financial literacy. Dr. Rakesh Gupta Project Director from Sarveshwar smile Foundation, informed the Participants about benefits of such skill trainings which not only empowers them but also gives an opportunity to rural women to support their family in income generation. The programme was also addressed by local Sarpanch Kaijalsh Dutt Chulna Panchayat who also assured full support to of Sarveshwar Smiles Foundation in such ventures. The program was coordinated by Surat Singh , Aman Gupta, Radhey & attended by more than 25 local women entrepreneurs of Chulna Pancheri village of Suman Panchayat Udhampur District Jammu & Kashmir. The program was attended by adjoining sarpanchas of area along local residents.

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