

## MOVIE REVIEW

### Bholaa



**Director:** Ajay Devgn  
**Cast:** Ajay Devgn, Tabu, Amala Paul, Sanjay Mishra

**STORY:** Bholaa (Ajay Devgn), who is released from prison after 10 years, is desperately waiting to meet his daughter for the first time. However, he finds himself in a precarious situation when IPS officer Diana Joseph (Tabu) leaves him with no choice but to help her in a high-pressure situation that involves the drug mafia, the common man and a truck-load of cops.

**REVIEW:** As a director, it is challenging to hold together a gritty tale that unfolds over one long night, but Ajay manages to do that to a large extent. There are several events happening at a quick pace parallelly through the night and each of them adds an element of thrill and excitement to the experience. His penchant for VFX is on full display here. That, along with Assem Bajaj's cinematography, creates interesting imagery throughout the film, which is an adaptation of the Tamil film Kaithi (2019). While the action is the hero of the film, and pretty much drives the narrative, the story also has an emotional graph that will find a connect with the audience. An able supporting cast, including Sanjay Mishra, Gajraj Rao and Vineet Kumar, aid the narrative. While the use of Aaj Phir Jeene Ki Tamanna Hai is lyrical and apt, the background score had scope for improvement.

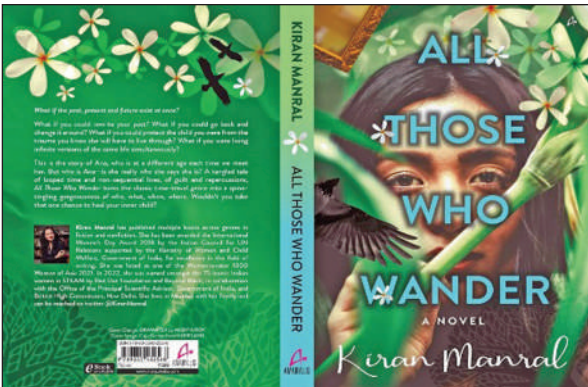
#### In-depth Analysis

Our overall critic's rating is not an average of the sub scores below.

Direction	██████████	4/5
Dialogues	██████████	4/5
Story	██████████	4/5
Music	██████████	4/5
Visual appeal	██████████	4/5

## BOOK REVIEW

### All Those Who Wander



**Title:** 'All Those Who Wander'  
**Author:** Kiran Manral  
**Genre:** Science fiction  
**Publisher:** Amaryllis  
**Pages:** 280  
**Price:** INR 282

**Review:** Kiran Manral's latest novel 'All Those Who Wander' was launched at the Times Litfest 2023 in Delhi this February. Part sci-fi, part horror-- this is a classic tale of time travel.

In 'All Those Who Wander', Manral immerses the readers in multiple stories with different protagonists-- Anna, Nayana or Sukanya. And, surprisingly, sometimes there is no protagonist in the story. However, the underlying questions that tie these stories are: What if the past, present, and future exists all at once? What if you have a chance to change your past? Or save your younger-self from trauma that would haunt you all your life? What if we are parallelly living in infinite versions of our life, all at once? The story keeps going back and forth, between the past and present as these questions are answered.

'All Those Who Wander' is a gripping story which makes the readers wonder, and wander in thoughts, of what will happen next. There are many themes addressed through the story, including: mother-daughter relationship, a love story, childhood trauma, emotional healing, and paranormal activities. Manral takes you through multiple gripping stories, that compel the reader to turn the pages to know what happens in the end.

The book can be compared to the Oscar 2023 winning film 'Everything Everywhere All At Once'; and those who loved the movie would enjoy reading this book too. Meanwhile, readers who would like to experiment with reading this genre should certainly try reading this book.

## GADGET REVIEW

### Samsung Galaxy F14 5G



<b>Expected Price</b>	15,000
Display	6.60-inch
Refresh Rate	90 Hz
Protection type	Gorilla Glass 5
Processor	Samsung Exynos 1330
Front Camera	13MP
Rear Camera	50MP + 2MP
RAM	4GB, 6GB
Storage	128GB
Battery Capacity	6000mAh
OS	Android 13
Skin	OneUI 5.0
Wi-Fi	Yes
GPS	Yes
Bluetooth	Yes
USB Type-C	Yes
Fingerprint sensor	Yes
Proximity sensor	Yes
Accelerometer	Yes
Colours	O.M.G. Black, G.O.A.T. Green, B.A.E. Purple

#### Pros

- \* Excellent display.
- \* Fully 5G network support.
- \* Long battery life.
- \* Using latest Bluetooth technology.
- \* NFC feature.

#### Cons

- \* Using low quality body material.

## VEHICLE REVIEW

### Kia Carens



<b>Starting Price</b>	<b>Rs. 10.45 - 18.95 Lakh*</b>
Fuel Type	Diesel
Engine Displacement	1493 cc
No. of cylinder	4
Max Power	114.41bhp@4000rpm
Max Torque	250nm@1500-2750rpm
Seating Capacity	6, 7
Transmission Type	Automatic
Fuel Tank Capacity	45.0
Body Type	MUV
Front Suspension	McPherson Strut with coil spring
Rear Suspension	Coupled Torsion Beam
	Axle with Coil Spring
Steering Type	Power
Steering Column	Tilt & Telescopic
Front Brake Type	Disc
Rear Brake Type	Disc
No of Airbags	6
Touch Screen size	10.25 Inch
Connectivity	Android Auto, Apple CarPlay
No of Speakers	8

#### Pros

- \* Looks unique, in a good way.
- \* Turbo-petrol and diesel engine options.
- \* Automatic transmission option with both engines.

#### Cons

- \* Missing some premium features.

# Health and Lifestyle

## Unusual symptoms of diabetes that can help you identify the condition early



Our knowledge about diabetes is very much limited and to some extent misled too. Diabetes, a blood sugar disease, is linked to signs like frequency of urination, poor healing and exhaustion. Unfortunately, many people ignore these signs as well and allow the disease to progress. Here are a few unusual signs of diabetes which seem to be remotely related to the disease. Identifying these signs can help you spot the disease early.

#### Darker skin on neck

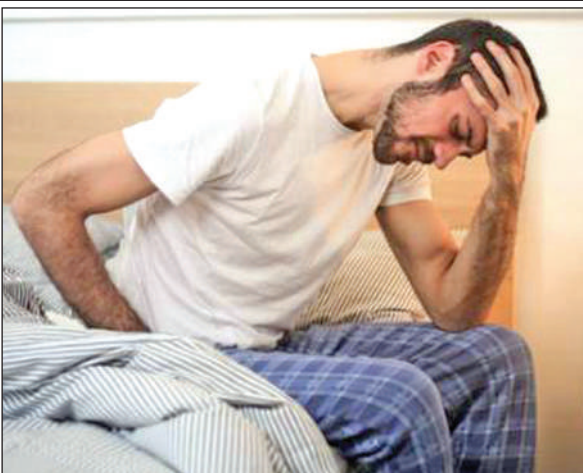
Thick and dark patchy skin on the neck is a sign of diabetes. This skin feels velvety and even sometimes coarse. Known as acanthosis nigricans, this condition is seen in the groin and armpits too.

#### Funny smelling breath

A subsequent complication of diabetes is fruity smelling breath which is medically known as diabetic ketoacidosis. When the body is unable to use insulin it breaks down fats for energy and in this process ketones are released. Due to excess ketones in the blood the breath smells like acetone or has a fruity smell.

#### Dry mouth

Remotely connected to the general idea we all have about diabetes, dry mouth is an unusual indicator of diabetes. High blood sugar reduces the secretion of saliva and hence makes



the mouth dry. There is a downside to this, too little saliva in the mouth puts the tooth and gum at risk.

#### Nausea

Nausea and vomiting, a common reaction of the body to complications, is also an indicator of diabetes. Diabetes affects the digestive ability of a body. High blood sugar causes gastroparesis, which is a condition in which the way you digest your food is affected.

#### Unbearable pain in legs

Pain in the legs or feet is an indication that one may be having high blood sugar levels. Nerve damage, or diabetic neuropathy, caused due to diabetes leads to pain or even numbness in limbs. Many people experience burning sensation in the limbs.

#### Sexual dysfunction

Erectile dysfunction is a warning sign of diabetes in men. Due to high blood sugar the blood vessels and nerves that carry blood to penis get damaged making it difficult to achieve an erection.

#### Repeated episodes of infections

Diabetes compromises the body's immune system to fight back against pathogens and puts the body at risk of infection. High blood sugar levels make the body more susceptible to illnesses. The types of infections you can be prone to are vaginal infections, yeast infections, bladder infections and skin infections.

# ASTROLOGY

## WEEKLY PREDICTIONS 02<sup>ND</sup> — 08<sup>TH</sup> APRIL 2023

#### ARIES



This week, you could be the chosen one. Now you stand out from the crowd. You could be chosen for something exciting and important. Aries, it's likely you are the first to raise your hand to volunteer. This is a time to look at what you want to accomplish and pick some aspect of it to work on today. The momentum alone will carry you forward.

#### TAURUS



This week, you receive the information you've been looking for. The information you've been looking for is now coming through. Taurus, this might be related to questions you've been asking for the last few weeks, especially around how to get unstuck or reach a goal. And now a sound in your ear or touch on your shoulder signals that the message is coming through. Watch for answers arriving soon.

#### GEMINI



This week, you're making great connections. Gemini, your circle of friends could widen considerably when you join a special group. You could gather with like-minded film editors, political activists, or environmentalists. You might get together with other motorcycle enthusiasts or people who have been to Burning Man more than once. You're finding your tribe.

#### CANCER



This week, others are cheering you on. Today, you could receive a really positive message that gives your career a boost. This might be a testimonial from a client or patient. Cancer, this could be some recognition from your supervisor or even upper management. What you've been doing is starting to bring you positive notice. If you're looking for a new job, you could get a call today to schedule an interview.

#### LEO



This week, you're finding your way. Leo, you might be on the road today, exploring a new town or getting on a plane. If you're confined to your town because of your schedule, you might take a trip to a neighborhood you don't often visit. You could try a new restaurant or take a new route to work. When you're out walking, you could take a new route just to see something different. This is a good day to make some travel plans.

#### VIRGO



This week, the right way forward is revealed. Today, you might gain a boatload of information about a new type of investment that you're interested in or a more traditional investment that you're learning about. It's possible you're guided by someone who has made a fortune through similar investments. Someone you knew in school might contact you.

#### LIBRA



Libra, this is an excellent day to look for love. You might want to update your profile or post pictures on a dating app. You could engage a matchmaker or let your friends know that they can fix you up on blind dates. If you're already in a love relationship, your ability to communicate and connect with each other is quite strong today.

#### SCORPIO



This week, you're ready to move forward. Today, you could be bitten by the exercise bug. Perhaps a new piece of equipment has arrived and you set it up. Soon, you're pedaling with others via a remote connection. Or perhaps you joined a gym and scheduled a session with a personal trainer. Scorpio, it's possible you've decided to train for a marathon and you're trying on new running shoes.

#### SAGITTARIUS



This week, an adventure awaits. Sagittarius, you and your dating partner could plan a real adventure together. Some hopes and wishes might come out, and now that you know that you're interested in similar things, you might be ready to try something new. And while for some this might be hang gliding, for others, it could involve a couples massage and some warm almond oil.

#### CAPRICORN



This week, you're getting things together. You could be feeling quite responsible as you gather together all of your receipts and paperwork to prepare your taxes. You might hire an accountant to look over your company's books. Capricorn, you might update your passport and then consider putting all your important documents in a fireproof bag to keep them safe.

#### AQUARIUS



This week, a financial opportunity is in front of you. Aquarius, a money opportunity could be available to you. It's a small step outside your comfort zone. Energy like this allows you to skip it if you wish, but if making more money is your goal, this is a real opportunity that you should consider. You might get an invitation to visit siblings who live in a nearby town.

#### PISCES



This week, there are many opportunities around you. Pisces, you might wake up with more energy. You could go to the gym and lift more weight than usual. You might go for a run in the morning. You might be highly productive today and then get home and clean the house. It isn't every day you feel like this, but today you're like the Energizer Bunny.