

# GCET Jammu starts awareness programme on ‘Drug Abuse and De-addiction’



GCET faculty and students taking pledge for making the campus and surroundings Nasha Mukta.

■ STATE TIMES NEWS

JAMMU: The NSS Unit of Government College of Engineering & Technology (GCET) Jammu in collaboration with Ek Bharat Shreshtha Bharat Club on Thursday started series of awareness programmes on the theme "Drug Abuse and De-addiction" as a part of Nasha Mukta Bharat Abhiyan under the aegis of Azadi Ka Amrit Mahotsav.

These programmes initiated under the patronage of Principal Prof. (Dr.) Sameru Sharma. In her message, she told the students that Nasha Mukta Bharat Abhiyan is a campaign to make our society free from all kind of harmful addictions like alcohol, tobacco, drugs etc. She also said that this Abhiyan is prime nation building initiative because it

focuses on the healthy and disciplined youth. The awareness programme started from the college campus in which the students from all the branches of engineering participated and took pledge for making the campus and its surrounding Nasha Mukta. A small rally in which the students displayed posters, self-made slogans and play cards based on the theme of

the event was also organised. Dr. Heera Saini, Convenor Ek Bharat Shreshtha Bharat, in his interactive session with the students asked them to spread the awareness among common masses and also abstain themselves from drug addiction. Dr. Raman Gupta, NSS Programme Officer also told them that addiction is when

you can't stop and when it puts your health in danger. Under this Abhiyan you have to make not only your community, family, friends but also yourselves drug free. The event was organised by student coordinators Jaanvi Sharma, Gazanfar, Rakshant Balotra, Sunidhi, Sanjeev, and Satvik Thakur. Other staff members present during the event were Prof. Shammie Kumar, Dr. Rajinder Singh, Balbir Singh, Soma Kumar, Er. Surjeet Ranyal, Er. Sewa Singh, Er. Aftit Sharma and Sudershan Sharma. The principal of the college applauded the efforts of the teams of both the clubs for organizing such kind of awareness programmes.

# Open Gym inaugurated at MV International School



Chief Guest inaugurating Open Gym at MVIS.

■ STATE TIMES NEWS

SAMBA: MV International School inaugurated an open gym for students, staff & parents in the school premises, here on Thursday. Renowned mountaineer and motivational speaker Col. Ranveer Singh Janwal, inaugurated the gym in presence Hira Lal Abrol Chairman, Principal KL Dogra, staff and students. Speaking on the occasion, Janwal lauded the school management for this unique initiative and congratulated the students and staff for being fortunate enough to study in this school, that has a futuristic approach to education. Open gym is intended to help the students to improve their physical well-being and enhance scope for learning,

the students can utilise their spare time in physical exercises, during the day long schooling in the institute, he added. Chairman Hira Lal Abrol, while interacting with the students and the staff, emphasised that they should concord in achieving the highest place in every field, be it any profession or any kind of sport. Janwal also gave motiva-

tional talk on 'Careers & Life' to the students from classes 10th, 11th and 12th. He emphasised on the importance of dedication, determination and motivation to reach the goals of success in life. Vote of thanks was presented by Cultural Coordinator Navneet Kour; she appreciated his ideas and elegance of explanation.

# GDC Kunjwani organises career counseling seminar on ‘Linguistics & Literature’ under G-20 Presidency



GDC Kunjwani faculty and students during a seminar on Thursday.

■ STATE TIMES NEWS

JAMMU: Psychological-cum-Career Counselling and Placement Cell of GDC Kunjwani in collaboration with School of Humanities & Liberal Arts, Cluster University of Jammu, on Thursday organized a career counseling seminar on

Linguistics & Literature under the aegis of India's G-20 presidency. The programme was carried out under the guidance of Dr. Arti Pandoh Gupta, Principal of the college and Dr. Bhavana Sharma, Convener of the Cell. Dr. Reena Salaria (HOD) and Akanksha Sharma

(Faculty), Department of Linguistics & Literature, Cluster University of Jammu were the resource persons. They briefed the students about the various employment opportunities in the field of Linguistics & Literature in the field of both Government & Corporate Sector.

■ STATE TIMES NEWS

JAMMU: Pegasus Football Club and Sports Academy, a unit of Batra Group, successfully hosted Jammu's first ever football awards function held at KC Emporia Banquet. Various awards were given to the winning teams and players those who participated in three tournaments which were organised by the Pegasus Football Club and Sports Academy. The players who got selected for J&K men's 'Santosh trophy' were honoured along with the players who got selected for J&K women's national



Chief Guest, Ranjeet Kalra with other dignitaries with players during prize distribution ceremony.

team. The Players from Jammu district who have excelled in the field of football and the players who are currently playing in the prestigious tournament like Indian Soccer

League, I League and 2nd Division were also given recognition and were regarded with awards. Present at the occasion were Chief Guest, Ranjeet Kalra, Guest of Honour, Arun Malhotra and

Kuldeep Handoo who praised the initiative and extended their support to players. Bhisham Batra, Director Batra Group said "It is very important to acknowledge the efforts

and the hard work these young footballers put on the field. And such Initiatives are much needed as they boost the morale and the sportsmen aspire for a greater platform."

# NCC cadets of GCW Parade carry-out cleanliness drive under Puneet Sagar Abhiyan

■ STATE TIMES NEWS

JAMMU: NCC cadets of 2 J&K Girls battalion from Government College for Women (GCW) Parade Ground, Jammu organized a cleanliness drive under the "PUNEET SAGAR ABHIYAN" in which the cadets took out the collection of plastic wastes along the bank side of river Tawi at Har-ki-pauri Jammu. The Puneet Sagar Abhiyan was launched by NCC, in a bid to clean Sea Shores or Beaches and other water bodies including rivers & lakes, by removing plastic & other waste. It was launched on 1st December



NCC cadets of 2nd J&K Girls Bn from GCW Parade during cleanliness drive.

2021. The campaign seeks to increase awareness amongst local population about importance of keeping beaches and river fronts clean. It also seeks to educate locals and sensitise

them about 'Swachh Bharat' 100 NCC Cadets volunteered in this drive. Their main focus was to engage the youth in cleaning water bodies. Cadets also installed dustbins in the nearby area. They also interacted with

the general public, and local shopkeepers/ vendors through a 'nukkad natak' to spread awareness on the ill effects of littering the water bodies and its adverse harmful impact to the environment.

NCC cadets also conduct rally to aware the tourists and also interacted with the them. A painting competition was also organised under the theme 'Invest In Our Planet,' wherein the cadets participated enthusiastically. The mission by cleaning the river banks and areas adjacent to Water bodies is marking the very quintessence of the aim of "Puneet Sagar Abhiyan". The event was held under the supervision and guidance of our worthy principal Dr. S.P Saraswat and ANO Lt. Suman Lata.

■ STATE TIMES NEWS

JAMMU: Having the honour of being the topper of manual scorers exam held by the Board of Control for Cricket in India (BCCI) in the year 2012, J&K's ace Cricket Scorer Ashwani Kumar passed the BCCI's online scorers exam conducted by the Board on March 29, 2023 at Motera Cricket Stadium, Ahmedabad in Gujarat, the result of which was declared at BCCI Headquarters on April 19, 2023. The online course was held for three days from March 26 to 28, 2023. Out of a total of 36 candidates across the country drawn from various affiliate units of the BCCI, who attended the course and appeared in the examination, 30 including Ashwani have been declared qualified.



Utpal Kant of Bihar Cricket Association has topped the merit list with 90 marks, while Ashwani Kumar has secured 81 marks. It is pertinent to mention here that Ashwani Kumar has been serving the Jammu and Kashmir Cricket Association (JKCA) from over two decades as a manual scorer. With the qualification of the online scorers exam, Ashwani has added another feather to his already colourful cap. It has been observed that Jammu and Kashmir Cricket Association is leaving no stone unturned in providing former cricketers and other aspirants opportunities to attend various courses with regard to coaching, training and scoring etc in order to run the Association in a most professional way.

# Govt SPMR College of Commerce celebrates Earth Day 2023



Principal, Dr. Surinder Kumar, faculty members and students during Earth Day celebration.

■ STATE TIMES NEWS

JAMMU: Department of Environmental Sciences and Eco Club of Government SPMR College of Commerce, Jammu, under the aegis of G20 and Mission LiFE, on Thursday celebrated Earth Day 2023 by launching "Ek Ped Desh ke Naam" campaign. To mark the day, a nursery of fruit trees was inaugurated on the College Campus. For this purpose, discarded plastic bottles were used as a measure of

plastic waste management. Seeds of fruit trees were sown with the help of gardeners of the college. Tarsem Lal and Amit Mansotra. On the occasion, composting of dry leaves collected from the college was also initiated using cow dung and microbial solution as a part of biodegradable waste management. Principal, Dr. Surinder Kumar, the Chief Guest on the occasion, apprised the students about the theme

of Earth Day 2023 that is, 'Invest in Our Planet'. Dr. Nazia Rasool, HOD Environmental Sciences, addressed the students and stressed upon the significance of trees in maintaining life on the Earth. Dr. Deepak Pathania, Convener, Eco Club, also spoke on the occasion and urged the students to collect seeds and start nurseries in their homes also. Faculty who attended the programme included Dr. Monika Malhotra, Prof. Monika Mahajan, Prof. Savita Jamwal, Prof. Apfan Ali, Prof. Rajni Bala, Dr. Rita Sharma, Dr. Vaishali, Dr. Ramandeep Kour and others. The event was coordinated and managed by Dr. Nazia Rasool, Dr. Deepak Pathania, Dr. Jagmeet Kaur, Dr. Fayza and Dr. Sarabjeet Kour Sudan.

# DLL JU organises interaction on ‘Constitutional & Legal Provisions for Women in India’

■ STATE TIMES NEWS

JAMMU: An interaction was held with the first and fourth-semester students of the Master in Rural Studies (MRS) Department of Lifelong Learning (DLL), University of Jammu on the theme "Constitutional & Legal Provisions for Women in India" on Thursday. The resource person was Dr. Bindu Sangra (Assistant Professor, The Law School), who discussed in detail about the women-related legislation for protecting their rights. She emphasized upon the empowerment of women for the development of an egalitarian society. Dr. Jeevan Jyoti, Director, DLL welcomed the guest and Dr. Priyanka Sharma conducted the programme. Others present were Dr. Vivek Sharma, Dr. Pallavi Sachdeva and Dr. Sandeep Singh.



Resource person Dr. Bindu Sangra (Assistant Professor, The Law School) speaking at a programme.

programme, the SDRF personnel gave demonstrations on First Aid, CPR, Medical First Responder, Earthquake, Mountaineering Rescue Techniques (MRTs), Various Rescue operation Techniques of Disaster management were conducted by the SDRF instructors among the students and staff members. A successful mock exercise, demonstration on Disaster Management as well as the Rescue Techniques were conducted by the SDRF Team.

# DIPR organises cultural programme at GPS Pacca Talab

■ STATE TIMES NEWS

JAMMU: A cultural program was on Thursday organised by the Cultural Unit of the Department of Information and Public Relations on the theme Nasha Mukta Bharat at Government Primary School Pacca Talab Bahu Fort Jammu. Artists of Cultural Wing Information Department Jammu, Vijay Anand, Surjeet Singh, Balbir Singh, Bunty Kumar, Kamal Kumar and Mukesh Kumar participated in the event and presented Folk songs, patriotic songs and theme based songs. Students of the school and teachers also presented a colourful cultural program,



DIPR artists presenting cultural programme at GPS Pacca Talab.

While speaking on the occasion Incharge Headmaster of the school Subhash Chander shared his views on the topic and also lauded Cultural Unit of Department of Information and Public Relations for organizing the program to aware the future of the nation.

Among others, staff members of the school, officials of the Information Department and a large number of audience witnessed the program. The program was conducted under the supervision of Cultural Officer, Mukesh Kumar Sharma.

# SDRF organises Mock Drill on Disaster Management at GCoE

■ STATE TIMES NEWS

JAMMU: Awareness cum demonstration event on Disaster Management was on Thursday conducted by SDRF 2nd Bn. Jammu here in Government College of Education Canal Road. The event was held under the supervision of Atul Sharma, SSP Commandant SDRF 2nd Bn. Jammu. Aekta Gupta, Principal Government College of Education along with Prof. Anju Bala (DSW) inaugurated the programme and highlighted



SDRF 2nd Bn officials posing with faculty and students.

the role of Disaster Management and need of these techniques. Arvinder Kotwal, Dy. SP SDRF 2nd Bn. Jammu, and

Stnil Sharma, Inspector were the overall incharge of the Mock Drill Exercise/demonstration. They also briefed the students on the occasion. During the