

Citadel star Priyanka Chopra still awaits Bollywood like opportunity in Hollywood; 'I worked with the best in India'



Priyanka Chopra Jonas recently made headlines claiming that she was cornered in Bollywood and people stopped giving her projects. The moment she opened up about her difficult phase in the Hindi film industry, many came to her support. Kangana Ranaut who was her co-star in Fashion backlashed at Karan Johar for sidelining PC in the industry. After not receiving movies in Bollywood she didn't give up and decided to make a big jump to Hollywood and moved to work in the West. Desi Girl became a global icon after working in Hollywood for almost 10 years now. However, the actress states that she is awaiting an opportunity in Hollywood to get the kind of projects she did in Bollywood. In a recent interview, Priyanka Chopra Jonas said that she is awaiting for Bollywood like opportunity in Hollywood. Elaborating more on this she mentioned that she worked with the best in Bollywood. The variety of roles she played and the filmmakers she worked with are the best in business. PC claimed that she hasn't had the opportunity to do that in Hollywood yet. She aims to build her credibility enough as an actor to be able to work with really amazing talent, to work with really amazing filmmakers. She hopes in the next decade of her life she is able to do in Hollywood what she had been able to do here in Bollywood. She further added that in India she had the exposure to work with the best which gave her confidence to be able to work what she is doing currently in Hollywood. The actress revealed that she now wants to work with really amazing filmmakers and do a variety of roles and surprise people who are just getting to know her in the West.

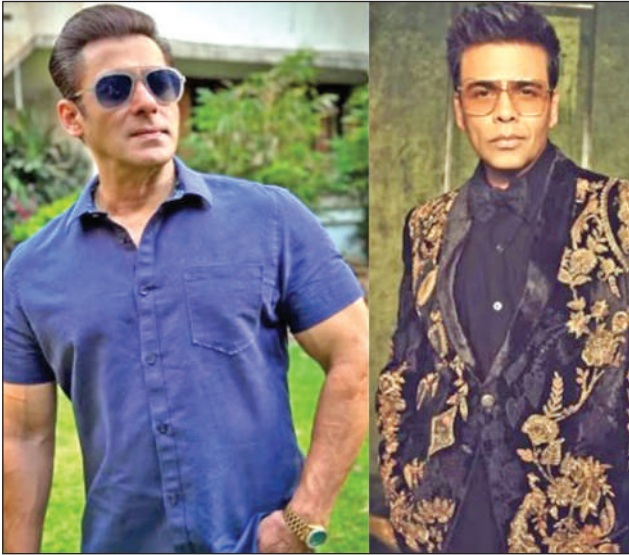
Jawan: Allu Arjun back in Shah Rukh Khan and Nayanthara starrer after rejecting it?

Say what! Now this is good news if reports are to be believed: Allu Arjun has shot a special sequence with Shah Rukh Khan for Jawan. Earlier, there was a strong buzz that Allu rejected playing a cameo in the SRK and Nayanthara starrer, which he later refused to do, but now there are fresh reports that this never happened and Allu Arjun was happily a part of Shah Rukh Khan's Jawan, which also marks Nayanthara's debut in Bollywood. As per reports, Allu Arjun will have a fight sequence with Shah Rukh Khan in Jawan, and the fans are already enthralled to witness Pushpa and Pathaan star together in the film. Allu is definitely going to bring a lot of audiences to the theatres, especially in the south. While the Pushpa star is already a hero in Bollywood now thanks to his last masala entertainer, Pushpa: The Rule. Talking about Jawan, the leaked video of Shah Rukh Khan fighting with the goons has gone viral on the internet, and it sent a frenzy among The King Khan fans as they declared it a bigger blockbuster than Pathaan.



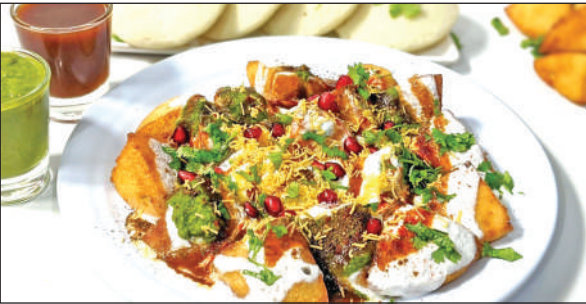
Kisi Ka Bhai Kisi Ki Jaan superstar Salman Khan to be a part of Karan Johar's Dharma Productions after 25 long years?

Salman Khan is one of the biggest draws for the desi box office. Kisi Ka Bhai Kisi Ki Jaan is coming on Eid i.e. April 21 and all eyes are on its performance. Salman Khan's movie has an ensemble cast which also includes Venkatesh, Bhumiika Chawla and a cameo by Ram Charan. The songs are also hits. Post Kisi Ka Bhai Kisi Ki Jaan, fans are waiting for the movie Tiger 3. But here is a rather interesting piece of news. It seems Salman Khan is going to tie up with Karan Johar's Dharma Productions for a movie. This is huge. Here is a look at what has been reported in the media. It seems Salman Khan will soon lock a film for Eid 2024. The festival has been synonymous with the superstar since Wanted 2009. As we know, Fighter is coming on Republic Day 2024. While Diwali 2024 might see the release of Prem Ki Shaadi, Singham Again, Hera Pheri 3 and some other biggies, Eid 2024 is a free date. The industry knows that Salman Khan will make an announcement soon. This has been reported by Bollywood Hungama. A source told the portal, "At present, he's looking for scripts and once it's locked, he'll soon take the film to floors."



Recipes

Idli Chaat



**Ingredients**  
5 idli, 1 teaspoon Kashmiri chilli powder  
salt as required, 1 cup yoghurt (curd)  
2 green chilli, 1 bunch coriander leaves  
1 teaspoon urad dal, curry leaves as required  
3 tablespoon rice powder, 1/2 teaspoon asafoetida  
1/2 cup water, 1/2 cup grated coconut  
1 inch ginger, 1/4 teaspoon mustard seeds  
2 onion  
**Method:**  
To prepare this yummy chaat recipe, cut the idlis into bite sized cubes. Next, make a thin batter by mixing together rice powder, chilli powder, asafoetida powder, salt and water. Then, heat coconut oil in a pan over medium flame. Once the oil is hot enough, dip these idli cubes in the batter and deep fry them till they are golden brown in colour. Once the idlis are done, keep them aside. Now, grind together grated coconut, green chilli, ginger, coriander leaves and salt to make smooth coconut-coriander chutney. Then, beat thick curd to get a smooth consistency. Add 2 tablespoons of coriander chutney to it and mix well. Adjust the salt as per taste at the end. Heat some coconut oil in a pan over medium flame and add mustard seeds in it along with urad dal. Saute them for a few seconds and then add small onions, ginger and green chili in it. Fry the onions till they turn golden brown in colour. Turn off the flame and add a pinch of asafoetida over the fried onions. Put the fried idlis into curd, add the fried onions, top off with chopped coriander leaves and lastly garnish with chilli powder. Your Ildi Chaat is now ready to be served.

Which is the best time to have fruits? Few myths and facts



Needless to say, fruits are super nutritious and healthy. Many of us forget adding them to the diet but do not realize that we are depriving our body of the good nutrients fruits have.As it is known that fruits are seasonal which gives us the scope to have different fruits in different seasons.Another interesting fact is that all fruits are of different colors and this means their nutrient content is also different from each other. Hence consuming seasonal fruits throughout the year provides the body with all types of nutrients.Fruits are also rich in antioxidants which slows down the aging process in the body along with several other health benefits. So, when should one eat fruit The time of the day when you should eat fruits is a debatable

topic.Many health experts say eating fruits the first thing in the morning can break down the sugar properly. Many others say having fruits in the afternoon as a mid meal snack is the best time to have it.Eating fruits during meals interferes with digestion. Since fruits are loaded with fibres it becomes difficult for our stomach to process it together with cooked food.The healthiest way to eat fruits, which is followed by many and supported by many dieticians, is to eat them between meals. These will serve as snacks and will cut down the portion of the meals.In order to have a healthy fruit diet, you need to dispel certain myths associated with this wonder food. Myth: You should never eat fruits closer to meal hours Eating fruits closer to meal hours does no major harm. It slows down the digestion a bit.Though it is ideal to eat fruits early in the morning or else in between meals keeping a good amount of gap, if you have no prior gut related issue there is no harm in including a few pieces of fruits in your meals. But make sure to cut down the portion of other carbs accordingly. Myth: Fruits and dried fruits are same? Anything that is preserved for longer use might not retain the same nutritional value as the fresh one; the same holds true for fruits as well.To meet the demands of the market, several brands promote dried fruits for usage. While these dried forms of fruits can be used occasionally it should not be considered as a substitute for fresh fruit. Myth: You should avoid eating fruits if you have diabetes We all know fruits contain natural sugar. This popular myth stems from this fact. Though fruits have sugar, their role in changing the blood sugar level is less impactful. Most of the fruits are on the lower end of the glycemic index which means they do not increase your blood sugar level sharply.

Revamp your summer hair routine with these tool hacks



Summer is here, and it's time to switch up our hair care routine. But with the heat, humidity, and sun exposure, achieving the perfect summer hairstyle can be a challenge. That's where hair styling tools come in. From hair straighteners to curling tongs, there are plenty of tools that can help you achieve your desired look and protect your hair at the same time. Here are some styling tool hacks to revamp your summer hair routine. Use a heat protectant spray Before using any heat styling tool, make sure to apply a heat protectant spray. This will help to reduce heat damage and keep your hair looking healthy and shiny. Go for multi-functional tools Investing in multi-functional tools can save you time and money. Look for hair styling tools that can straighten, curl, and add waves to your hair, all in one device. Use a diffuser attachment on your hair dryer

If you have curly hair, using a diffuser attachment on your hair dryer can help to define your curls and reduce frizz. Make sure to use a low heat setting to avoid heat damage. Create beachy waves with a flat iron You don't need a curling tong to achieve beachy waves. A flat iron can do the job just as well. Simply twist small sections of hair before running the flat iron over them. This will create natural-looking waves that are perfect for summer. Blow-dry your hair in sections When blow-drying your hair, it's important to do it in sections. This will help to ensure that every strand of hair is dry and styled properly. Use a round brush to create volume and add shape to your hair. Using hair clips for sectioning Hair clips can be a lifesaver when it comes to styling your hair. Use them to section your hair and keep it out of the way while you work on different parts. Finish with a hair oil or serum To add shine and reduce frizz, finish your summer hair-style with a hair oil or serum. Apply a small amount to the ends of your hair and work your way up. In conclusion, hair styling tools can be a great addition to your summer hair care routine. By following these styling tool hacks, you can achieve a variety of hairstyles while protecting your hair from damage. Remember to always use a heat protectant spray and to choose multi-functional tools to save time and money. With these tips, you'll be able to revamp your summer hair routine in no time.use a scented shampoo or conditioner after rinsing it out.

General Knowledge Question Answers

1. India is a federal union comprising twenty-eight states and how many union territories?

A. 6  
B. 7  
C. 8  
D. 9
2. Which of the following is the capital of Arunachal Pradesh?

A. Itanagar  
B. Dispur  
C. Imphal  
D. Panaji
3. What are the major languages spoken in Andhra Pradesh?

A. Odia and Telugu  
B. Telugu and Urdu  
C. Telugu and Kannada  
D. All of the above languages
4. What is the state flower of Haryana?

A. Lotus  
B. Rhododendron  
C. Golden Shower  
D. Not Declared
5. Which of the following states is not located in the North?

A. Jharkhand  
B. Jammu and Kashmir  
C. Himachal Pradesh
6. In which of the following state, the main language is Khasi?

A. Mizoram  
B. Nagaland  
C. Meghalaya  
D. Tripura
7. Which is the largest coffee-producing state of India?

A. Kerala  
B. Tamil Nadu  
C. Karnataka  
D. Arunachal Pradesh
8. Which state has the largest area?

A. Maharashtra  
B. Madhya Pradesh  
C. Uttar Pradesh  
D. Rajasthan
9. Which state has the largest population?

A. Uttar Pradesh  
B. Maharastra  
C. Bihar  
D. Andra Pradesh
10. In what state is Elephant Falls located?

A. Mizoram  
B. Orissa  
C. Manipur  
D. Meghalaya
11. What is the capital of France?

A. Berlin  
B. Madrid  
C. Paris  
D. London
12. What is the largest continent in the world?

A. North America  
B. Europe  
C. Asia  
D. Australia
13. Who is known as the father of the Indian Constitution?

A. Mahatma Gandhi  
B. B.R. Ambedkar  
C. Jawaharlal Nehru  
D. Sardar Vallabhbhai Patel
14. Which planet is known as the Red Planet?

A. Venus  
B. Mars  
C. Saturn  
D. Jupiter
15. Who wrote the famous novel, "To Kill a Mockingbird"?

A. Harper Lee  
B. J.K. Rowling  
C. Charles Dickens  
D. William Shakespeare

ASTRO SPEAK

ARIES

MAR 21 - APR 20

LIBRA

SEP 24 - OCT 22

TAURUS

APR 21 - MAY 20

SCORPIO

OCT 23 - NOV 22

GEMINI

MAY 21 - JUN 20

SAGITTARIUS

NOV 23 - DEC 22

CANCER

JUN 22 - JUL 23

CAPRICORN

DEC 23 - JUL 20

LEO

JUL 24 - AUG 23

AQUARIUS

JAN 21 - FEB 23

VIRGO

AUG 24 - SEP 23

PISCES

FEB 20 - MAR 20

The Gemini moon cozies up to harmonious Venus this morning, dear Aries, bringing sweetness to your mind. These vibes are perfect for exchanging kind words with your peers, so don't hold back on the compliments. Say nice things to yourself when Luna blows a kiss to Chiron midmorning, inviting in healing when you work with the power of positive thinking.

The universe will glow especially bright for you this morning, darling Libra, as the Gemini moon cozies up to Venus in the spiritual sector of your chart. If ever there were a time for manifestation work and sunrise meditations, it would be under this celestial union. Luna will act as a healing force when Luna blows a kiss to Chiron, so be sure to lead with an open heart and plenty of compassion.

Move as slowly as you'd like to this morning, darling Bull, as the Gemini moon cozies up to Venus in the sector of your chart that governs luxury. These vibes are all about embracing decadence, whether that means ordering up a fancy breakfast, or taking a moment to quietly enjoy nature. Quiet will do your spirit some good when Luna and Chiron align mid-morning, marking the perfect excuse to sort your thoughts.

Consider engaging in some early morning flirting or pillow talk today, dearest Scorpio, as the Gemini moon cozies up to romantic Venus. This celestial union will help you comfortably establish intimacy, so don't be afraid to go deep. Good vibes will continue to flow when Luna blows a kiss to the healing asteroid, Chiron, encouraging you to cut unhealthy behaviors, routines, or lifestyle choices.

The moon continues its journey through your sign, to harmonious Libra as dawn breaks. This celestial union is perfect for embracing self-care and acknowledging your needs. You may be called to support your community or a peer when Chiron becomes active midmorning, if your personal experiences may help someone else cope with a difficult situation.

The morning will be extra sweet and romantic for you, darling Archer, thanks to a cosmic alliance between the Gemini moon and Venus. These vibes are perfect for a lazy Sunday with your favorite people, so be sure to surround yourself with those who lift you up. Friendships will feel particularly powerful and healing to the soul when Luna and Chiron align, so be sure to call your siblings and besties.

The Gemini moon aligns with sweet Venus this morning, dear Cancer, ushering messages of love from beyond the veil. Try to indulge in a morning meditation before starting the day, as the universe will be eager to provide comfort and healing. Good vibes will continue to flow when Luna aligns with Chiron, encouraging you to set boundaries with both yourself and others.

Check in with your body as the Gemini moon cozies up with Venus this morning, dear Sea-Goat, nudging you to fully distress, decompress, and recharge before another work week creeps in. Meanwhile, a sweet exchange between Luna and Chiron will bring a healing energy to your home, marking the perfect excuse to lay low from the comfort of your abode.

Love will flow freely this morning, dearest Lion, thanks to a cosmic union between the Gemini moon and romantic Venus. While this celestial power couple can certainly assist with blooming relationships, you should take care to prioritize platonic dynamics as well. Consider starting up a philosophical discussion with like-minded spirits when Luna blows a kiss to Chiron midmorning, encouraging you to find companionship.

It's okay to indulge in a bit of harmless flirting if it makes you feel good, dear Aquarius, as the Gemini moon cozies up to sweet Venus this morning. The idea of romance will be more alluring than usual, though you won't have to search for a partner in order to feel loved. Consider working with a passion that challenges your mind and boost your confidence once Chiron becomes active midmorning.

Setting boundaries will feel like an act of self-love this morning, dear Virgo, as the Gemini moon cozies up to sweet Libra. However, you'll feel like socializing with your most trusted confidants by mid-morning when Luna and Chiron align, providing you to find healing through intimate exchange.

Give yourself permission to hit the snooze button this morning, dear Pisces as the Gemini moon cozies up with romantic Venus. These vibes will bring a comforting harmony to your home, so consider staying in to enjoy the sweetness. Remember to treat yourself by midmorning when Luna aligns with the healing asteroid, Chiron, asking you to embrace luxury and know your worth.