

Healthy India Stronger India celebrates Eid with religious fervour

■ STATE TIMES NEWS
JAMMU: Healthy India Stronger India, an NGO, established under the leadership of Hira Lal Abrol celebrated Eid in a very impressive way at its free Skills Development Centre at Raghunath Pura branch, here.

During the Eid celebration, students from all the sections of the society irrespective of region and religion offered prayers in a very humble and religious way.

Hira Lal Abrol, Chairman Healthy India Stronger India, also distributed ladies suits to all the female students and also distributed sweets to them in the end.

speaking on the occasion, Hira Lal Abrol said that Healthy India Stronger India always celebrate all religious festivals without any caste and creed to inculcate the feeling of nationalism and brotherhood among



HISI Chairman H.L Abrol distributing suits among female students and celebrating Eid with them.

the students.

He said Healthy India Stronger India, an NGO, established with the sole aim of training the youth in various skills so that they can earn a decent livelihood, live a respectable life and become responsible citizens of the nation.

"HISI has dedicated resources and skills in reaching out to the youngsters, women, children and the families in need, irrespective of their religion, caste, creed and status," said Hira Lal Abrol, who through this

NGO has launched a large number of welfare schemes that are aimed at uplifting the needy people by empowering them with various skills to live a life of prosperity.

In addition to training in skill development, Hira Lal Abrol said, HISI equips its students with moral values and life skills.

The students are motivated to live a healthy life and to stay away from tobacco and drugs, he added.

"HISI looks to facilitate the people into becoming productive assets, and generate the

groundwork for nation building," he said adding that some of the programs run by Healthy India, Stronger India are Skill Development and Training Centre, health awareness campaigns and free medical check-ups, donation of study materials, distribution of relief materials during natural disasters.

"This NGO does not take any financial support or money donations from any government department or private agency or any individual, in any form," he added.

Dogri Sanstha Jammu releases book 'Chhandmukt Dogri Kavita: Shilpte Shaile'

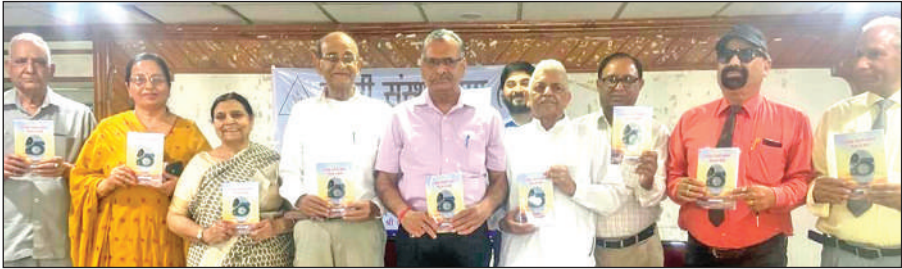
■ STATE TIMES NEWS
JAMMU: Dogri Sanstha Jammu, on Sunday released a Dogri book "Chhandmukt Dogri Kavita: Shilpte Shaile" written by Col. Raz Manavari (Subhash Chandra Bali) in K.L Sehgal Hall, here.

The book is a critical Analysis of the Free verse and bank verse poetry written in Dogri, keeping in view the craft and style of poetry writing.

The function was presided over by Prof. Lalit Magotra, President of Dogri Sanstha Jammu in which Veteran Dogri Poet Prakash Premi was the Chief Guest and Prof. Veena Gupta, former Head of Dogri Department, University of Jammu was the special Guest on this occasion.

Prof. Lalit Magotra in his presidential remarks rated the released book as one the high quality books in Dogri Literature.

He said this book has made



Dogri Sanstha Jammu members releasing a Dogri book.

a significant and path breaking contribution to Dogri, as it is a unique book of its kind.

He further said that Manavari has done a scholarly study and analysis of the book and has brought out many latent qualities of Dogri Poetry which apparently remain dormant.

He said that the book will act as a bench mark for the critical study of Dogri poetry in Future. Prakash Premi, a well known scholar himself, said that the approach adopted by the author in analysing the free verse and blank verse poetry is highly academic, impartial and full of insight.

He said that this is the first book of its kind and a valuable addition to the high quality Dogri literature.

Prof. Veena Gupta, said that the book provides a fresh look at Dogri Poetry and prompts the reader to appreciate Style and Craft of Dogri poetry from a new angle. She complemented Manavari for the hard work that he has put in this endeavour and also wished that, all Dogri Scholars will study this work seriously.

Col. Manavari also shared his experiences. while writing

this book and narrated how he got inspired to write it. He said that there is a lot of Modern Dogri poetry being written in free verse & blank verse, therefore this needs to be properly evaluated and this book is a humble contribution from him in this direction.

The proceedings were conducted by Raj Kumar Behrupia, a well known name in the field of anchoring.

In the end, Dr. Chanchal Bhasin, Secretary Dogri Sanstha Jammu, presented the vote of thanks.

SIBA organises Multispecialty Health Check-up Camp



SIBA team members during a camp at Jammu on Sunday.

■ STATE TIMES NEWS
JAMMU: SIBA organized free general health checkup camp and medicines distribution at Chandi Mata Temple, Dhammi Nagrota, near here on Sunday.

The camp was supported by JKDCUL Chairman Vikrant Dogra, Ranjit Kour (KAS), President Chandi Mata Temple Sanjay Gandotra and Bhawani Printers Gaurav Bhasin.

Camp was organized with the cooperation of renowned cardiologist Dr. Sushil Sharma, Amandeep Hospital Vivek, Medanta Hospital Dr. Arvind Sharma (SMO) and Sandeep,

Shankus Medicity Cancer Hospital Sumet Sodhi, Dr Nazra Malik, Sharp Site Hospital Aashish, Prime Healthcare Sahil Gupta, Executive Director Prabhjot Singh, Rahul Singh, Rohit Chalotra Area Sales Managers Prime Healthcare, Trikuta Nagar, Jammu.

Free medicines distributed in the camp. BP, Sugar, LFT, Eye test were also done at the camp.

For the success of the camp, team of SIBA including Sidharth Verma and Baljeet Singh along with team members Ramneek Kour, Meenakshi Verma, Sumit

Verma, Jasmeet Kour, Vishwas, Sumit, Amarjeet Singh, Manmeet Singh, Akash Singh, Ankush along with JKDCUL team Nitu Dhar, Nidhi Pathania, Sahil did their job well. Bikram Singh of Sahkar Bharti Jammu organisation also extend their blessings and support for the camp.

Over 1000 peoples got benefited from the camp.

At the end SIBA team extended thanks to Sarv Shakti Chandi Mata temple President Sanjay Gandotra and all the team members Gaurav Bhasin and team of doctors from various hospitals.

MPSAT distributes Rs 3.67 lakh among needy persons

■ STATE TIMES NEWS
JAMMU: Mochi Phali Seat Athrot Trust (MPSAT) Jammu organized Annual General Body meeting of subscribers, special donors here at Muthi under the chairmanship of Veer Ji Bhat.

The meeting was called to review its functioning, progress and presentation of income and expenditure for the year 2022-23.

Dr. Ravinder Raina was the Guest of Honour on the occasion. Veer Ji Bhat, while welcoming the guests, informed about the policies and programmes of the trust related



MPSAT members during a general body meeting at Jammu on Sunday.

Security forces will eliminate all terror mongers responsible for Poonch attack: Sham Langer

■ STATE TIMES NEWS
JAMMU: Sham Lal Langer, Convener Trade Cell, BJP, J&K, condemned the inhuman and barbaric acts of terrorism, committed by Pakistan in Poonch district, martyring five Army Jawans. Langer said that the executors of Pakistan's sinister plan will not go unpunished as they have committed a heinous crime against humanity.

He said that whosoever has carried out this horrendous act will have to pay a big price as the government will track them down and ensure that they get a befitting punishment under law of the land. Sham Langer said that the terrorists, after facing the heat of an enhanced security grid in the Kashmir Valley have now turned towards Jammu province and the Poonch terror attack is the evidence of this fact. He said that the Modi Government will not allow their mechanizations to disrupt peace in Jammu region as the security forces are already on job to identify and eliminate the terror mongers who have carried out this barbaric attack on innocent people.

The senior BJP leader also conveyed heartfelt condolences to the bereaved families of brave-hearts and prayed for peace to their souls.

to the needy persons of the community.

He stressed to conduct the area-wise meetings to mobilize our activity and programme.

It is pertinent to mention that MPSAT is working from 1997 for the welfare and betterment of the society. It has been observed that the number of needy and deserving people is increasing day by day and are in dire need of help.

Roshan Lal Bhat, while presenting the Income &

Expenditure statement for the year 2022-23, expressed his satisfaction that the number of quality members is increasing and we have been able to cover the needy families who approached us for the help.

He informed that an amount of Rs. 3.67 lakh has been distributed among the patients and other needy persons in the year 2022-23.

Dr. Ravinder Raina expressed that the sincerity, transparency and impartiality

is our motive and people appreciate our work. A.K Matoo from Dogra Nagar was inducted as executive member in the trust meeting on the basis of his social spirit. R.L Koul presented the vote of thanks.

Others who participated in the meeting include S.K Razdan, C.L Bhat, Manoj Kumar, S.L Koul, Sunil Raina, Vinod Zutshi, Venu Ji Bhat, Jeeta Koul, Basanti Bhat and Princy Bhat.

BRO organises bike rally to foster unity

■ STATE TIMES NEWS
SRINAGAR: A bike rally was flagged off by the Border Roads Organisation to promote unity and pay tributes to its slain personnel. The rally was flagged off from Rangreth, near Old Airfield here and will culminate at the south portal of Jawahar Tunnel on the Srinagar-Jammu national highway, a senior official of the BRO said. The aim of the rally is to foster a sense of unity and pay tributes to the sacrifices of BRO personnel, Brigadier Saket Singh, Chief Engineer BRO, told reporters here. "We have collected water and plant varieties from the places where BRO operates and these will be taken to Pune where the 64th raising day of BRO will be celebrated next month," he said.

After reaching the Jawahar tunnel on bikes, these saplings will be transported to Pune, where a memorial is being set up, Singh added.

Natrang presents Urdu play 'Kissa Badal Gaya'



Natrang artists performing in Urdu play 'Kissa Badal Gaya' at Jammu.

■ STATE TIMES NEWS
JAMMU: Natrang presented an Urdu play 'Kissa Badal Gaya' which has been written by Showkat Thanvi and ably directed by Neeraj Kant in its weekly theatre series 'Sunday Theatre' at its Studio Theatre.

The play 'Kissa Badal Gaya' presents story of a household where the owner of the house 'Zafar' and his wife 'Jameela' are shown scolding their servants 'Rahim' and 'Naseeban' over an issue of breaking crockery and also for not rendering their services properly. In the course of discussion, it was also disclosed that both of them imi-

tate their masters and buy similar commodities like shoes, clothes and make-up etc. One day, 'Zafar' purchases an expensive lottery ticket, 'Rahim' also purchased the same by selling his wife's earnings. 'Zafar' gets furious to know this but the story takes a turn when 'Rahim' wins the lottery and becomes a millionaire and thus the servants turned masters and masters became servants. But for 'Rahim' and 'Naseeban', it was very difficult to get out of their mentality. They can't resist their previous habits. Even 'Zafar' and 'Jameela' tell them that now

when they are millionaires they have to maintain a status. But giving a deaf ear to their suggestions, they start blaming the couple for one reason or the other as they both used to do when they were masters. Getting the taste of their own medicine, masters turned servants, 'Zafar' and 'Jameela' decided to leave the couple at the mercy of God, but both of them started begging before them to not leave them as they could not survive without them. On this, they decided to live happily together, giving due respect to each other.

The artists who acted in the play included Mihir Gujral, Kushal Bhat, Kananpreet Kaur, Palshin Dutta, Naina Rakwal and Aadesh Dhar. The lights of the play were executed by Neeraj Kant whereas the sound was rendered by Aadesh Dhar. The show was coordinated by Mahikshit Singh.

Only Congress can provide succour to people of Punjab: Mula Ram, Hari Singh

■ STATE TIMES NEWS
JALANDHAR: Mula Ram, senior Congress leader and former Minister along with Hari Singh President District Congress Committee (DCC) Jammu Rural have urged the people to vote for Congress in the Jalandhar Lok Sabha seat as only the Congress can provide succour to them.

They stated this while campaigning for Congress candidate Karamjit Kour Choudhary for Jalandhar Lok Sabha seat who was accompanying them during a series of meetings at Mohallah Shaheed Udhham Singh Nagar, Jalandhar today seeking votes for the Congress candidates.

While addressing various meetings, Mula Ram accused the Punjab Government and BJP Government at the Centre of having failed to provide any succour to the common people who are bearing the brunt of skyrocketing prices

of essential commodities including fuel prices. Moreover, the people feel crushed under the spine breaking inflation.

He held the hollow policies of the BJP led government at the Centre responsible for economic slowdown, unemployment and unbridled inflation.

Mula Ram said the woes and miseries of the common man today are attributed to the wrong policies of the BJP Government at the Centre.

Petrol and diesel prices are at all-time high having made history; LPG prices have doubled as compared to their prices before 2014 while the prices of vegetables, fruits, edible oils, pulses, eggs and other essentials are out of reach of the common man, he lamented.

Hari Singh Chib, President District Congress Committee (DCC) Jammu Rural, in his address, appealed to the people to



Senior JKPC leader, Mula Ram during a meeting at Jalandhar.

cast their vote in favour of Congress to ensure her victory. He said that Congress is the oldest political party and shall continue its fight against 'divisive and exploitive' forces, which are hell bent to destroy communal harmony.

Hari Singh Chib urged the people of the area to cast their votes in favour of Congress to teach a lesson of life to the present government of Punjab and BJP Government at the

Centre. He also asked the party activists to reach out to every voter and explain the programmes and policies of the Congress Party.

Prominent among those who were present include Kamaljeet Chawla, Member PPCC; Paramjit Singh, Secretary PPCC; Ankit Katyal, Chairman Jan Kalyan Cell, PPCC; Manish Pahwa, Advisor Telephone GOI and Ajay Kundia, Secretary District Congress Jalandhar.

Brahma Kumaris holds medical camp



Brahma Kumaris and RERF team at a medical camp.

■ STATE TIMES NEWS
JAMMU: Brahma Kumaris and Medical wing of RERF organised a free medical camp & Nasha Mukti Abhiyan at Om Shanti Meditation Center, 248/ A, Brahma Kumaris road, Jammu where in a number of renowned doctors from Jammu rendered their services. The doctors, who participated in the camp and examined patients included Dr Harsh Sharma, Dr Ajay Kotwal, Dr Vikrant Thakur, Dr Nishu Gupta, Dr Kailash Thakur, Dr Monika Khajuria, Dr Neeru Khajuria, Dr Payal Gupta, Dr Sabhyata Khajuria, Dr Rekha Parihar, Dr Rashmi Sharma and Dr Meena Sharma. The team of doctors also listened to the problems of patients and prescribed necessary solutions besides distributing free medicines among needy patients. This camp started at 10 AM and lasted upto 1:30 PM.

■ STATE TIMES NEWS
NEW DELHI: Union Minister Dr Jitendra Singh on Sunday held an online feedback session with PRI representatives from his Lok Sabha constituency of Udhampur-Kathua-Doda as well as some prominent party office bearers of BJP from there.

The Panchayati Raj Institution representatives comprising of DDC members, BDC members, Panches, Sarpanches and Municipal councillors, who were connected online, were mostly those who represent far flung, peripheral and difficult regions in the upper reaches of Bani, Basohli, Billawar etc. in Kathua district and other Pahadi areas. In addition, PRI representatives comprising mainly Sarpanches and Panches from other districts including Kathua were also connected online.

Dr Jitendra interacted indi-

vidually with each of the PRI representatives and party members in two groups in two separate sessions respectively lasting one and half hour each for a total period of over three hours. This is part of the recent cycle initiated by him wherein as an MP, he physically visits one district of his constituency every week and tries to connect online with the other district where he is not physically visiting that particular week.

To begin with, the Union Minister provided them with an update about some of the latest information regarding the constituency and the new development works approved recently.

Dr Singh advised the PRI representatives to listen to the 100th edition of Mann Ki Baat broadcast by Prime Minister Narendra Modi on 30th April. He said, the programme could be given the format of a community listening where a large



Union Minister Dr Jitendra Singh holding online feedback session with PRI representatives from his Lok Sabha constituency of Udhampur-Kathua-Doda.

number of people sit together and observe the occasion as a festival. He said the 100th edition of Mann Ki Baat also deserves celebration because it has been totally a non-political broadcast by the Head of the government and is dedicated to development works in different parts of the country and welfare schemes reaching different sections of society. Also this is for the first time and a record in itself that any Head of

Government has consistently every month, without fail, interacted with his audience without a single interruption, he added.

As far as the developmental works are concerned, Dr Jitendra Singh informed the representatives that the vital Chattergalla Tunnel has been approved for construction under Bharatmala scheme and is awaiting final approval. He said, once the tunnel is ready, it

will provide an all-weather new National highway from Lakhnampur on the Punjab border upto Doda district of Jammu and Kashmir via Basohli-Bani. This will be a game changer by generating revenue and employment facilities besides attracting tourists, he said.

The PRI representatives also gave inputs regarding the PMGSY roads to be included in the coming year.

Dr Jitendra Singh told them that instructions have been issued that the preference regarding which road is to be constructed under PMGSY scheme will be given to Panches, Sarpanches, DDC members and other local body representatives without any interference from the MP's side and therefore they should furnish the list of their preferred roads to the concerned authorities at the earliest.

The issue of delay in the work

of Juthana village in Kathua also came up for discussion. Dr Jitendra Singh informed that he had already taken up the issue with the UT authorities and Principal Secretary Shailendra Kumar Singh was personally following up the matter to resolve some of the pending issues at the earliest in order to resume the construction work and complete it on a fast track.

About the proposed Kendriya Vidyalaya in Billawar, the Minister, on the spot, fixed a meeting of the public representatives with the Deputy Commissioner Kathua for tomorrow so that the process could be expedited.

There were issues related to ration cards etc. for which the Minister advised Divisional Commissioner Jammu, Ramesh Kumar to hold a meeting tomorrow itself with the local body representatives and provide an update.