

Teachers conduct welcome assembly at JKPS Kunjwani

■ STATE TIMES NEWS

JAMMU: Extending a very warm welcome to students on the re-opening day of the school, Vice Principal Roopinder Kaur welcomed the students and advised them to be responsible for their actions.

She emphasized that students must groom themselves holistically under the guidance of their teachers and perform their best to bring laurels to themselves, their School and their teachers. It is the conduct of its students which makes every Institution contribute to the nation building process and strengthen the society. The assembly commenced with the school prayer by teachers with a perfect rhythm and intonation, which enthralled the audience with its high standard of credentials. It was followed by thought for the day by Kamna Sharma and History of the Day by Harneet Kour.

To enhance the knowledge of the students and teachers, a few interesting Science facts were shared by Gurjeet Kour. Vocabulary of the Day in Hindi and English was introduced by Ruchi Sharma



Principal Rajesh Rathore and faculty members speaking at a morning assembly at JK Public School Kunjwani.

and Tina Narula respectively. Meaning, synonyms, antonyms and usages of the word, both in Hindi and English, made the audience spell bound and filled the audience with admiration

and pride for the teachers.

Order and discipline are an integral part of our daily lives and form an essential ingredient in the recipe for success. With this objective in mind, Arti Tikoo

acquainted students with Do's and Don'ts. To inculcate the value of responsibility among students, the pledge ceremony was conducted by the School Coordinator Inderjeet Kour.

The audience took the pledge with a sense of responsibility and accountability.

While addressing the assembly Principal, Rajesh Rathore congratulated all

the students on passing their previous class with flying colours.

He appealed all the students to utilize their time very judiciously, as 2 years of COVID-19 impacted their

learning process adversely and they must slog to fill up the learning gaps in all the subjects.

He inspired them to improve their hand writing, polish their writing as well

as verbal skills, strengthen their knowledge base and continuously evolve their better versions with every passing day.

He encouraged the students by reiterating the importance of holistic grooming during their school life.

He said, "Great Institutions are those, which produce an enlightened citizenry. Students of a progressive school understand the value of "balanced personality" and respond very positively to the system evolved by the Institution over the period of time.

Develop an empathetic approach and evolve a throbbing heart for the poor and downtrodden. Pass out from the portals of this great Institution as a competent, compassionate, creative and responsible global citizenry".

Be positive, disciplined and dedicated was the happy refrain.

"The morning assembly reached its culmination point with the soulful recitation of the national anthem, followed by the loud chanting of "Bharat Mata ki Jai" thrice.

DNR School Red wins Poonch Volleyball ties



Principal DNR School, Anjuman Shaheen presenting trophy to winner team.

■ STATE TIMES NEWS

POONCH: In connection with 'women month', Shaheed DySP Manjit Singh Memorial Volleyball Club organised Volleyball match, here.

In this match, the Red team of the DNR Girls

Higher Secondary School defeated the Yellow team of the same school in straight but close sets of 25-21, 25-18, 25-22.

Payal Sharma was declared best player of the match for her superb game throughout three sets.

Principal of the DNR School, Anjuman Shaheen was the Chief Guest, who encouraged the participating girls.

She was all praise for chairman Shaheed DySP Manjit Singh Club, Mohd Tariq for his contributions towards development sports in district Poonch. Among others present were Rajinder Kumar, Rajinder Singh, Sabar Hussain, Ravinder Kour, Bopinder Singh and Taranjit Kour.

The match was conducted by the technical panel including Ayaz Ahmad Madni, Harshit Raina, Faizan Khan, Bilal Ahmed and Rehan Khan.

Spic Macay appoints Yaseen as J&K Media Coordinator

■ STATE TIMES NEWS

JAMMU: Mohd Yaseen-National Scholarship and Fellowship Holder from Ministry of Culture, Government of India, has been appointed as J&K Media Coordinator of the Union Territory of Jammu and Kashmir by Spic Macay.

As per the letter from State Coordinator Dr. Bharat Bhushan, Yaseen has been appointed for the period of two years.

The Society for the Promotion of Indian Classical Music And Culture Amongst Youth (SPIC MACAY) is a voluntary youth movement which promotes intangible aspects of Indian cultural heritage by promoting Indian



classical music, classical dance, folk music, yoga, meditation, crafts and other aspects of Indian culture; it is a movement with chapters in over 300 towns all over the world. SPIC MACAY was established by Dr. Kiran Seth in 1977 at IIT Delhi.

As per the handout, Mohd Yaseen is a promising theatre

artist who stepped into theatre as a child artist at Natrang's Children camp in the year 2001 and acted in more than 70 plays with 400 performances till date staged at State, Zonal and National/International theatre festivals.

A National Scholarship holder for 2 years (2011-2013) from the Ministry of Culture Government of India for folk/traditional and indigenous arts in which he learnt the nuances of this great living tradition of theatre called Bhand Pather.

He has also participated in more than 40 National Theatre Festivals and have the privilege to had been a salient part of 15 member group of

artists who participated in Jammu and Kashmir Festival held at London in the year 2016. He had also been a privileged coordinator/technician as well as an eminent volunteer in great festivals like, "Natya Samagama" organised by Sangeet Natak Akademi at Jammu. In the year 2020, he got an opportunity to coordinate International Theatre Talk Show which featured 51 theatre personalities all over the globe followed by National Theatre Talk Show featuring 50 young theatre practitioners of India in the year 2021.

A proud participant of 16 Days Online Acting Workshop for Jammu and Kashmir & Ladakh resident's organised by National School of Drama

New Delhi, Yaseen has also directed four plays viz. Mulaqaat written by Vaelev Havel, Aadhi Raat Ke Baad written by Shanker Shesh, Peele Scooter Wala Aadmi written by Manav Kaul and Les Justis written by Albert Camus with the name 'Jayaz Hathyaare'.

Yaseen is very ambitious in pursuing theatre as his career and reviving folk culture in theatre grounds. He also writes as an art critic for dailies.

A proud participant of Eight Theatre Olympics, 2018, Yaseen Presently working with Natrang as Head of Media (Electronic & Print) from the last 8 years besides freelancer with The Times of India.

Wrestling trials on April 10

■ STATE TIMES NEWS

JAMMU: Wrestling Association of Jammu and Kashmir shall hold selection trials to pick up team for the upcoming Under-17 Boys Free Style, Greco Roman Style and Women's National Championship to be held at Nandini Nagar, Gonda in Uttar Pradesh from April 16 to 18.

The selection process shall take place at Wrestling training facility of University of Jammu on April 10 from 9.30 AM onwards, a handout issued by the Association here on Friday mentioned.

For more queries and details, players can contact Jai Bharat (8899790423), Om Parkash (9797596082) and Ravinder Kumar (9149826972).

Sports Council reaches out to senior citizens in Kashmir Div

■ STATE TIMES NEWS

KASHMIR: Age is just a number and living true to this adage many senior citizens both men and women assembled in Pologround Sports Complex Srinagar and K. K Hakhu Astro Turf Jammu under the 'Sports for All', initiative of J&K Sports Council to celebrate the spirit of "golden age".

Appreciating the motivation and enthusiasm of the participants towards the sports event organized by J&K Sports Council for elderly, Sarmad Hafeez, Secretary Department of Youth Services and Sports on Friday said that the response of veterans is very praiseworthy and that sport has no age barrier and a little spark and motivation is enough to keep the passion going.

Nuzhat Gul, Secretary J&K Sports Council said that the

events like these are a great stress buster and she was sure that each participant after going back to their respective homes will be all fresh and rejuvenated.

She also said that the Sports Council in its pursuit to encourage healthy lifestyle shall follow with more such events in future. The event is being held under the government's special initiative for senior citizens and in future similar events under "Har Din Khel, Har Ek Ke Liye Khel" vertical shall be held across J&K, she added.

Bashir Ahmad Bhat Joint Secretary J&K Sports Council presided over the function in Kashmir as chief guest and interacted with participants including people from all walks of life besides employees of Sports Council, YSS and some prominent businessmen.

Speaking on the occasion, Bashir Ahmad appreciated the role played by both divisional sports offices for putting up a decent yet grand show for veterans of the society.

In the events held in Kashmir division Farooq Ahmad, Abdul Majeed Bhat and Abdul Rasheed bagged first three positions in 400 Meter race for above 50 years while as in similar race in 600 Meter Mohammad Iqbal, Mushtaq Ahmad Zargar and Mohammad Altaf Chopan clinched first three positions respectively.

In the Tug of War category for women team Red led by Nuzhat Farooq triumphed over team Blue and similarly in men category team Blue prevailed over team Red.

The chief attraction of the event in Srinagar was the tradi-

tional Hopscotch-Saz Loung which was very nostalgic as expressed by many participants especially females and they demanded that Hopscotch events all exclusive for senior citizens should be organized sooner than later.

Among others present on the occasion in Kashmir included Nusrat Gazala Divisional Sports Officer (C), Executive Engineer CDK Abdul Rasheed, Divisional Sports Officer (K), Officers from Youth Services and Sports, Prof. Bashir Ahmad former member Sports Council and employees of Sports Council and YSS.

Heena Qualifies Ph.D

■ STATE TIMES NEWS

KATRA: Heena Shoket, a research scholar in the School of Biotechnology at Shri Mata Vaishno Devi University,

Katra has been declared qualified for the award Degree of Doctor of Philosophy (Ph.D.).

The candidate has worked on the topic "Investigation into the Genetic interactions of F-box Motif Encoding gene YDR131C with Certain Replication Fork Associated Factors in Saccharomyces cerevisiae" under the supervision of Dr. Narendra K Bairwa, Assistant Professor, and co-supervision of Prof. V. Verna, Former Professor, School of Biotechnology, SMVDU.

Heena Shoket presented her research work at International Conferences and published her research findings in the SCIE Journals.

The candidate expressed her gratitude to the School of Biotechnology and SMVD University for providing all facilities and necessary support for carrying out the research work and support from DBT, DST GOI funding agency. Vice-Chancellor, SMVDU Prof. R.K. Sinha, and committee members congratulated the candidate and wished her a bright future ahead.

DYSS Refresher Course concludes at Jourian



Resource person speaking at refresher course.

■ STATE TIMES NEWS

JAMMU: A five-day long refresher course for Physical Education Masters (PEMs), Physical Education Teachers (PETs), ReKs and NYCs of Zone Jourian and Khour, organised by the Department of Youth Services and Sports (DYSS) at Government Girls High School, Jourian, concluded on Friday.

The refresher course took

place under the chairmanship of District Youth Services and Sports Officer, Jammu, Sukhdev Raj Sharma and conducted under the supervision of Zonal Physical Education Officers of Zone Jourian, Kumari Ranji and Zone Khour, Usha Fotedar.

Headmaster, GGHS Jourian, Madan Lal was the Chief Guest, who felicitated the participants in the disci-

plines of Athletics, Kabaddi, Kho-Kho, Volleyball and Softball.

The course was organised for the field staff so as to increase their efficiency and enable them to learn new skills, techniques, rules of the games.

Over 70 participants attended the course under the guidance of panel of experts and resource persons from the department.

DIS student shines in National Aerobics Gymnastics Championship

■ STATE TIMES NEWS

JAMMU: Ruddraksh Khanna of Doon International School (DIS), Jammu participated in Aerobics Gymnastics National Championship 2022-2023 held at Bangalore and bagged bronze medal in Individual Men's category in Under 14 age group.

In addition to this, he also bagged two gold medals in UT Aerobic Gymnastics



DIS faculty felicitating a winner student Ruddraksh Khanna.

Championship held at Jammu MA Stadium and got first position in individual Men's category and first position in Mixed Pair category under 14 Age group. He displayed his talent with full ardour and exuberance.

The Chairman G.N. Tantray, Principal Dr. Vikesh Kaur and Vice Principal Dr. Sarita Moza Kaul congratulated him and appreciated his enthusiastic efforts.

Hockey match held on Sports Day

■ STATE TIMES NEWS

POONCH: Khelo India Centre Poonch organised an exhibition match to celebrate the International Day of Sport for Development and Peace at Sports Stadium, here.

The match played between Khelo India Hockey Centre Poonch and Stadium XI which was won by Khelo India Centre 2-1.

Important to mention here that with the setting up of Khelo India Centre by the Sports Authority of



India (SAI) through J&K Sports Council and development of state of the art AstroTurf, the standard of

the game has really improved in the district.

In today's match, manager sports stadium,

Nirdosh Kumar Sharma was Special Guest, who interacted with the teams and appreciated the working of Khelo India Hockey coach, Navjot Singh.

Among others present were Mushtaq Ahmed, Narjeet Singh, Mukesh Kumar, Rajender Singh, Narender Singh, Neeraj Kumar, Sorab Sharma, Rohit Sharma, Jatinder Kumar and Pervaiz Malik Afridi.

The match was officiated by Harmik Singh. Meenakshi Sharma and Mridhu Sharma.

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Experienced pacer Bhuvneshwar Kumar conceded 13 runs in the first over of LSG's run chase, giving away five wides and Rahul hitting a four.

Rahul found the boundaries against Washington Sundar and Aiden Makram but lost his opening partner Kyle Mayers (13) in the fourth

over bowled by Fazalhaq Farooqi who came in as SRH's impact player in place of Rahul Tripathi.

Bhuvneshwar made amends of his expensive first over, scalping the wicket of Deepak Hooda (7), caught and bowled, in the last power-play delivery to reduce LSG to 45 for 2.