Sham, Rana emphasizes BJP's Inclusive Governance and Development Agenda

Urges new members to strengthen grassroots support

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JAMMU: In a significant move underscoring their commitment to Minister Narendra Modi's visionary leadership, social activists Vikram Singh Chib and Vishal Singh Chib, along with their dedicated vouth team, officially joined the Bharatiya Janata Party

This momentous occasion was graced by the presence of Former Minister and State Vice President Sham Lal Sharma, District President North Jammu Omi Khajuria, and Ex-MLA and BJP leader Devender Singh

Expressing warm welcome to the newest members of the BJP family, Sham Sharma emphasized the resolute support of the people towards reelecting Narendra Modi as the Prime Minister of India

He highlighted the growing momentum behind the BJP. as individuals from diverse



BJP senior leaders Sham Lal Sharma, Devender Singh Rana and others welcoming newly joined members

backgrounds unite to bolster the transformative initiatives of the Modi government's third term. Sharma reiterated the party's unwavering belief in the dedication of the new entrants to prioritize public welfare while upholding the ethical values of the

Echoing the BJP's steadfast commitment to serving all citizens, irrespective of regional or religious affiliations Rana extolled the BJP's unparalleled contributions in vital sectors such as

Modi govt in last 10 years, undid past

sins by previous govts: Ashok Koul Ashok Koul chairs meetings in BJP Jammu Border District

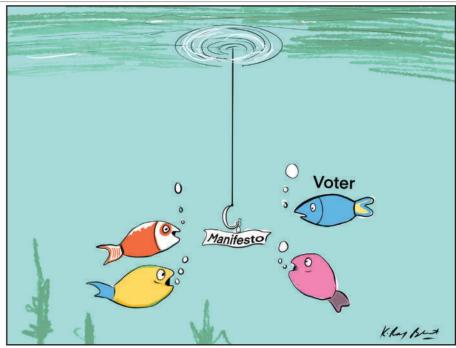
healthcare, education, infrastructure development, and socio-economic progress underscoring Prime Minister Modi's unwavering dedication to fostering national unity and progress.

Rana extended a warm welcome to the new members and urged them to work diligently to bolster the BJP's grassroots support at the booth level.

Addressing the gathering, Omi Khajuria underscored the tangible impact of the Modi government's welfare

Minister's exceptional leadership on the global stage. He emphasized the profound benefits accruing to the populace through these initiatives, showcasing India's elevated stature under Modi's

The event witnessed the presence of distinguished personalities such as Zorawar Singh Jamwal, Chairman of Team Jammu, BJYM leaders Raiat Singh Manhas and Sanjay Sharma, as well as Mandal President Rakesh Singh, among others.



Religious places ideal for dissemination of knowledge regarding hale and hearty lifestyle: Dr Sushil

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schemes at the grassroots

JAMMU: With the aim of making masses aware of the blooming pandemic of cardiac ailments and to educate them to adopt cardiac friendly lifestyle, Head Department of Cardiology GMCH Jammu in association with Charitable Trust held a day long Cardiac Awareness cum Health check up Camp at Devipura area of Akhnoor Jammu.

The Camp was inaugurated by Shri Shri 1008 Swami Vishwatamanand Ji Maharaj along with Dr Sushil Sharma amidst chanting of Vedic slo-

More than 2000 people benefitted from the health checkup camp. Free medicines were given as per advice. Important body tests viz., ECG, Lipidprofile, BMD, Blood sugar were also done

At the outset, Shri Shri 1008 Swami Vishwatamanand Ji Maharaj said that a deep understanding of differences in cultural and religious beliefs and their effect on treatment preferences improves the rela-



tionship and reduces conflict in patient care for any race or background. Supporting force for coping with the disease is the power of inner faith. Perspective, strong convictions and faith help patients not to give up and choose a proper coping method.

While interacting with the people Dr Sushil stated that this was the atmosphere of calmness and serenity which was perfect for organizing such camps with the divine blessings of Maharaj Ji and there is no doubt in the fact that these places are central hub for educating people to adopt healthy practices with aim of decreas-

NC, Congress fighting for political survival

by misleading people: Yudhvir

Says Modi Govt opened door of opportunities for J&K people

ing a sustainable and ecofriendly health practices.

Dr Sushil Sharma, while emphasizing on the role of religious places in primary prevention of cardiac and other ailments, told that mere emphasis on the physical aspect is not adequate for patients' health and welfare; contribution of other strategies including religious coping ones is required. Religion is an important aspect of health care and attention to religious needs has been increasingly emphasized by healthcare professionals. The strength and comfort obtained from one's faith in a personal relationship with God as a higher power include a sense of meaningfulness and well-being. Religious coping strategies and a sense of meaning help the patients suffering from chronic diseases to trust their strengths, accept new conditions, and cope through finding their inner selves. This makes spirituality and religion an integral component of compre-

hensive care. He added that Religious beliefs take a more prominent role as the age of the patient increases. Because most patients with chronic serious diseases are older, it is not surgious coping with chronic diseases highlights the patients' spiritual needs and reduces the barriers to coping. Also, understanding spiritual beliefs in the cultural context by health care providers is very important, He Others who were part of this Camp includes Dr Khem Raj Sharma, Dr Shyam Singh, Dr Champa Sharma, Dr Gurleen

prising that a large number are

spiritual. Understanding the

experiences of patients in reli-

Kour, Dr Poonam Jagiasi, Dr Gurleen Kour, Dr Anitipal Singh, Dr Mohit Sharma, Dr Dhaneshwar Kapoor, Dr Sharma, Yashwant Venkatesh Yellupu, Dr Sourab Gupta, Dr Munish Sharma, Dr Sachin Kudyar and Dr Dinesh Kumar Chadgal. Paramedics and volunteers

includes Kamal Sharma. Raghav Rajput, Rajkumar, Amnish Dutta, Maninder Singh, Rahul Vaid, Arun Singh, Paramveer Singh, Rohit Nayyar, Gourav Sharma, Vikas Kumar, Rahul Sharma, Nirvair Singh Bali and numerous volunteers of the Trust

BJP J&K General Secretary (Organization), Ashok Koul at party workers meeting. **STATE TIMES NEWS** Mandals theirand

Bharativa Janata Party, Jammu & Kashmir Secretary (Organization), Ashok Koul, on Sunday, held a series of organizational of District Jammu Border under its District President Sunil Dutt Shastri at Mahadev Palace, Arnia

J&K BJP Vice President & former Minister Sham Lal Choudhary, former Chandra Prakash Ganga, District Prabhari Rajinder Singh former MLAAshwani Sharma, former MLA and RS Pura DDC Ram former MLA Swarn District Prabhari S Harbhajan Swarn Singh Pammi, Singh Chibb, Narayan Dutt Sharma, Bishnah DDC member Devender Kumar, Miran Saheb DDC member Vidva Motan, district General Secretaries Chaudhary & Chandra Bhushan, all state office bearers (who live in this district), district office bearers, BDCChairman, former Committee Municipal Chairman, former councilor, Bishnah Legislative Assembly's Vistarak Surendra Singh and Suchetgarh Vistara Vidhansabha's Atul Sharma, former General Secretaries. District Convenors of all departments were present in this meeting

While addressing the meetings, Ashok Koul mentioned that under the leadership of Prime Modi, Minister strength of the new India is resonating worldwide. He said that such a development oriented government, which has worked on the ground to ensure welfare of the needy and the neglected sections has never been seen before. He stressed that in order to continue this development and strengthening member Prof. Gharu of the nation, it is essential to understand the need to support the Modi government once again in the upcoming Lok Sabha elections, realizing the slogans of "Ek Bar Phir Modi Sarkar and Abki

> Baar 400 Paar" Koul, while taking stock of the preparations related to the election management in the district, asked the party workers to concentrate on every single booth in the district. He asked them to conduct regular meetings on the local level in their vicinity involving the prominent people from across the communities and tell them the decisions of the Modi government customized for the welfare of every community. He said that the Modi government in the last 10 years, has

undid all the past sins by previous governments that neglected the communities like women, SCs, STs, OBCs, refugees, Paharis and others.

Sham Choudhary said that BJP is not going to the people only to form a government but has come to the people to give stability and a development oriented government.

Chander Prakash Ganga asked the party workers to brief the unparalleled development works by the Modi government in its previous 2 tenures that have briftted everyone.

Ashwani Sharma stressed on the importance of workers going to every nook and corner their allotted areas to establish rapport with every resident.

Gharu Ram asked the workers to connect with beneficiaries of various schemes launched by Modi

Rajinder Chib laid stress on increased Pravas by the party activists and the regular meetings.

Sunil Shastri briefed the party seniors over various election related activities being taken by the party leaders and activists in the districts.

He assured the party seniors that the party activists are working enthusiastically to ensure the landslide victory in all the booths falling under the Jammu Border dis-

Yudhvir Sethi, J&K BJP Vice President conducting

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JAMMU: Yudhvir Sethi, J&K BJP Vice President. on Sunday embarked on a comprehensive door-todoor campaign in the East Constituency, extending his unwavering support to Jugal Kishore, BJP's candidate for the Jammu Reasi Lok Sabha seat.

Arun Sethi, General Secretary East Mandal and dedicated party workers accompanied Yudhvir Sethi during the campaigning.

While interacting with East Constituency, Yudhvir Sethi said that the Modi government has done unprecedented development in the nation and especially Jammu

He said that BJP under PM Modi has opened the door of opportunities for the people. He said that in the case of Jammu & Kashmir, every community has got justice under the Modi government and enjoying the benefits of development.

The senior BJP leader further said that Jammu and Kashmir is witnessing a new era of development after the abrogation of Article 370 as it had become a tool at the hands of some political parties to loot, plunder and play with the sentiments of people.

He said that the parties like NC, Congress, and PDP are fighting for their political survival by misleading the people because

they have understood that they cannot fool the people anymore on the name of religion and region.

He said that the people have seen the rule of Congress and other parties and made up their minds to reject these parties outrightly for mis-governance and promoting dynastic politics. He said that the door-to-door campaign initiated aims to connect with every citizen, understand their concerns, and ensure that their aspirations are heard and met through the BJP's dedicated efforts. He firmly believed that together, with the support of the people, the BJP will fulfill its promise of fostering a brighter future for the region. Yudhvir Sethi fervently appealed to the ofpeople Constituency to extend their support and cast their valuable votes in favor of the BJP candidate, Jugal Kishore.

Recognizing the transformative impact that the BJP can bring to the Union Territory, Sethi implored the constituents to unite and rally behind the Party's vision for a stronger, prosperous, and harmonious Jammu and Kashmir.

In-depth talks are underway between Political parties for upcoming LS elections

NC likely to field Omar from Srinagar, Mian Altaf from Anantnag-Rajouri

MASROOR AHMAD

SRINAGAR: National Conference is likely to field Omar Abdullah from Srinagar-Budgam Lok Sabha segment and Mian Altaf from Anantnag-Rajouri seat.

Sources said that the party has almost finalized the candidature of Omar Abdullah and Mian Altaf from Srinagar and Anantnag-Rajouri segments, respectively. Whileas the party could field former minister Mir Saifullah or Choudhary Muhammad Ramzan or Aga Ruhullah from Baramulla Lok Sabha seat. National Conference vice-president and former CM Omar Abdullah has recently said that the party would announce its candidates for Lok Sabha polls after Eid. In the Srinagar segment, which includes eight seats of Srinagar district, three seats of Budgam, two seats of Ganderbal, four seats of Pulwama and one seat of Shopian. National Conference would be locked in a contest with April Party and other political parties. The Anantnag-Rajouri seat comprises seven segments of Anantnag district, three seats of Kulgam, one seat of Shopian district, four seats of Rajouri and three seats of Poonch. In Baramulla segment, the contest would be between arch-rivals National Conference and Peoples Conference. This segment is spread over seven seats of Baramulla, six of Kupwara, three of Bandipora and two of Budgam district.

Omar reiterated that the National Conference will announce its candidates as per its wish. He assertedhas the power to announce the names of candidates, possibly even on the last day of filing nominations. Stressing on adherence to party protocols, he stated that the National Conference leadership would deliberate and finalize candidates based on the prevailing political climate. In this political drama there was earlier reports that the former chief minister and president of DPAP could contest from the Anantnag seat and PDP president Mehbooba Mufti is also contemplating to contest from the segment as she has strong Political hold in some areas of South Kashmir, likeShopian and Bijbehara. On the other side DPAP,JK ApniParty and Peoples Conference are holding consultations for seat sharing. According to party sources that GN Azad is likely to contest from Anantnag- Rajouri Seat, AltafBhukhari from Srinagar and Sajad Lone form Baramulla seat. Earlier JK Apni Party spokesperson Rafi Mir had also indicated that like-minded parties may go to three seats of Kashmir division and talks are going on at party level and other sides in this regard.

One attains salvation by listening to Shiva Mahapuran Katha: Pt Ved Prakash

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Sarpanch and Panch,

JAMMU: On Sunday, the second day of Shri Shiv Mahapuran Katha running from March 30 to April 7 in Lower Gadigarh area of Jammu district, the famous Vachak. Katha Katha Vachak Pt Dr Ved Prakash Shastri said that listening to Shiv Katha brings change in a person's life and by listening to the Katha one attains salvation.

Shiva Purana is one of the 18 Puranas, in which the Leelas and stories of Lord Shiva are described.

Shiva "Recitation of Purana can be organized at auspicious time. According to religious beliefs, by reciting Shiv Purana, blessings of Lord Shiva remain on the seeker and his entire family," he said.

On the second day of Shri Shiv Mahapuran Katha going on at Gadigarh in Jammu district, the devotees danced in the Bhajans and the area echoed with the cheers of Bhagwan Shiv.

"Childless people get children by listening to the Katha of Shiva Purana. Along with this, the entire family also gets relief from serious diseases. There is also a description in Shiv Purana that the devotees who listen to Shiv Purana get a place in Shivlok. It is also believed that by listening to this story all the sins of a person are destroyed." Pt Dr

Ved Prakash Shastri said. Thousands of devotees were present on the second day of the Katha



Samiti during Shiv Mahapuran Katha programme at Gadigarh, Jammu on Sunday.

During the Katha, Pt Dr Ved Prakash Shastri not only worshiped Bhagwan Bholenath but also inspired the devotees to offer a pot of water to Lord

Shiva every day. "Whatever we have to suffer, we will have to suffer it. In Kaliyuga, only remembering the name of God can cut off our sufferings.

Kaliyuga is the era of Lord Shiva. Shiva is there in every particle. Worship of Shiva never goes in vain," Dr Ved Prakash Shastri adding,

"Don't panic when troubles come. Remember God. Get immersed in his hymns. In such a situation, pain will stop coming." He said that if we want to find God, then God reaches us only by chanting. While giving sermons on Shiva, he said that the person who takes refuge in the Lord, God himself sails his way because all the sins are washed away just by taking the name of the Lord. While giving a message to thousands of devotees sitting there, he said that salvation can be achieved only by remembering the Bhagwan Shiv and following the path shown by the Bhagwan Shiv. He said that Bhagwan Shiv has sent us to this earth only to worship the God. When we do Bhajan, Bhagwan Shiv will definitely give us salvation.

Before listening to the of Shiv Puran Katha, Dr Ved Prakash Shastri told devotees to take a pledge that they will listen to the Katha with full devotion and meditating on Bhagwan Shiva, because it is believed that if there is no faith in the mind, a person cannot achieve full desire results. While listening to the Shiv Mahapuran Katha, devotees also danced on the melodious Bhajans recited by Pt Dushyant Sharma and others and the area echoed with the cheers of

Bhagwan Shiv. On the occasion, Shiv Puran Nivhaan Yag Samiti also honoured the prominent persons, who devoted their lives for religious works and for the welfare of people. Samiti also felicitated parents of Pt Dushyant Sharma, one of the members of Shiv Puran Nivhaan Yag

Speaking on the occasion, family members of Pt Dushyant Sharma, expressed gratitude to the all who make the programme successful with their presence in a large numbers. They also asked the devotees present on the occasion to imbibe the moral and religious value among their children.

They emphasized the importance of instilling these values from a young age, as it lays the foundation for their character development and guides them towards leading a meaningful and fulfilling life. "By nurturing moral and religious values in their children, parents and guardians contribute to building a better society," they added.