Maa Kalaratri – The Worship of the Fiercest Forms of Godess Durga on 7th Navratra

-aa Kalaratri is the seventh Shakti of Maa Durga. The seventh day of Navratra Pooja is dedicated to Durga Kalratri. This is the most violent form of Goddess Durga. Kalaratri is the one of the fiercest forms of Durga and her appearance itself evokes fear. This form of Goddess is believed to be the destroyer of all demon entities.

Kalaratri means the One who is the Death of Kaal. Here Kaal is dedicated as time and death. Kalaratri is the one who destroys ignorance and removes darkness. This form primarily depicts that life also has dark side - the violent Mother Nature and creates havoc and removes all dirt. She is also known as Shubhankari.

In this form Goddess Kalratri killed Raktabeej. Raktabeej was a demon who could multiply from every drop of his blood which fell on the ground. The Goddess Kaalratri killed him by licking the blood before it could reach the ground and hence conquered him. She endows her devotees with calm

The complexion of Maa Kalaratri is like dark night and has four hands. The left two hands hold a cleaver and a torch, and the right two are in the Mudras of "giving" and "protecting".

She has necklace shining like thunder and has human skulls. She has three eyes which emanate

Flames appear through her nostrils when she inhales or exhales air. Her mount is donkey. Blue, Red. White color should be used to wear on this day.

Appearance of Maa Kalratri is very dangerous. But she always gives good fruits. So devotees

should not get afraid of her. Her worship on seventh day of Navratra has very much importance for Yogies and Sadhak. Yogis and Sadhaks penance on Shahtra Chakra on this day. For the worshipers on this day door opens of

every Siddhi in universe Just by remembering Maa ghost run away. If any negative effect is arising due to planets then by worshiping on this day bad effects vanish. Any type of fear goes away.

Subhankari Mata always give Subh good fruits. True faith, restraint and concentration is neces-

The seventh Swarup of Maa Durga is Mata Kaalratri. She is black like night. Her Hair is always shown as pitch black, long, loose and scattered.

She is also shown as being seated on a Shava (dead body).

The destroyer of darkness and ignorance, Mata Kaalratri is scourer of darkness; enemy of dark-

Mata Kaalratri's Shrine is in Calcutta, India. This four-armed swarup of Ma Durga dissipates darkness from amidst her devotees, and bestows freedom from fear and adversity.





NAVRATRA SPECIAL RECIPE

Navratri Nariyal Pag



Ingredients:

500 gm coconut

 $700~\mathrm{gm}~\mathrm{sugar}$ 20 cashews

2 tablespoon milk

 $1 \frac{1}{2}$ cup water Method:

Take the coconuts, grate them well and set them aside.

Prepare sugar syrup by heating sugar and water in a pan until it comes to a boil. Make sure to stir the syrup every 2-3 minutes. When it

reaches its boiling point, pour in milk. We need the syrup to be clear and transparent, so if you see any kind of foamy layer on the top, take it out with the help

Once the syrup is ready, it should be thick and slightly sticky. In order to check this, take out a drop and check the consis-

tency by pressing it between your thumb and forefinger. After that, take the grated coconuts and mix it into the

Now take a large dish and grease it with ghee.

Evenly spread the prepared coconut syrup. Sprinkle the chopped cashews on it.

It's time to refrigerate this mixture until it becomes hard. Once prepared, cut it into square or diamond shaped pieces. Your Navratri Nariyal Pag is ready to eat.

You can store these sweets for up to 2 months.

Nine qualities of Maa Durga to imbibe in oneself this Navratri

NAVRATRA SPECIAL

he nine-day festivities begins. Each day is dedicated to a different form of Goddess Durga, worshipping the power and qualities that each avatar represents. When we do so, we focus on her goodness and if the law of attraction is to be believed, we can imbibe those significant traits into our own personalities. Here are some special qualities of each avatar of Goddess Durga that we can learn from

1. Powerful Yet Grounded

Day one of Navratri is dedicated to the compassion and strength of Goddess Shailputri, the epitome of strength, courage, and composure. Goddess Shailputri is believed to be the daughter of the Himalayas and the better half of Lord Shiva. She, therefore, teaches us the qualities synonymous with that of a mountain — full of energy and power yet grounded.

2. Determined and Dedicated Worshipped on the second day of Navratri, Goddess Brahmacharini is all about

power, determination and devotion. Brahmacharini is believed to have undergone penance for over a thousand years to please Lord Shiva. She teaches how one can be dedicated to attaining their goals, irrespective of time and hardships. She teaches how one can endure the sufferings that life will sooner or later, make one subject to. 3. Knowledgable

Make knowledge and tranquillity your biggest weapons on the 3rd day of Navratri $\,$ from Goddess Chandraghanta. Though possession of materialistic wealth is temporary, no one can take from you perhaps your biggest wealth — knowledge. With the judicious use of knowledge, one can attain peace and happiness.

Goddess Chandraghanta is synonymous with all things peaceful and knowledgeable. Though calm and composed, when provoked she can be malevolent. This teaches that while we do need to be calm and composed when the need arises we need to

4. Healthy and Wealthy

Goddess Kushmanda, worshipped on day four of Navratri, stands for good health



and ample wealth. She teaches us to feel the abundance and fullness in our lives, and see every particle in creation alive. Kushmanda is also a carrier of light and illumination which guides those who tread on the path of darkness

5. Emotionally Intelligent

Skandamata, worshipped on day five, literally means 'mother of Skanda' or Karthikeva. God of War So when we pray to Skandamata, we are doubly blessed bowing before the goddess and lord Karthikeya, who is seated on her lap. Ma can learn from her and ignite within ourselves the qualities which make the ever so

of a mother's love. She blesses her devotees wholeheartedly, showering them with affection comparable to the maternal love she shows her son.

6. Strong and Fearless

Katyayani, also known as a Warrior Goddess, is believed to be one of the most violent forms of Maa Durga. She teaches us to be strong enough to face our sorrows, diseases and fears. She gives us the courage and protects us from evil. Goddess Katyayani is regarded as an inspiration to women as she holds the mirror to face challenges and realise the strength within.

7. Fierce and Risk-taking

Kalaratri is one of the most ferocious and destructive forms of Durga Devi. Appearing in one of her fiercest and most terrorizing forms, she destroys evil powers like negativity, cruelty and ignorance. She is also known as Shubhankari, as she ensures that the good deeds of her devotees bear fruit. She also protects them from harm and danger. She teaches us to destroy the demonic forces and wicked people, and protect those who are weak and seek our assistance.

8. Beautiful and Happy

Devi Mahagauri represents purity, beauty, calmness and wisdom. She teaches one to be at peace and composure. She also provides her devotees with knowledge and liberation. The eighth day of Navratri, Maha Ashtami or Durga Ashtami is when the eighth form of Nav Durga, Mahagauri, is worshipped. Kanya Pujan, also known as Kanjak, is the most important part of Maha Ashtami.

9. Wise and Successful

Dhatri signifies "supplier" and Siddhi signifies "thoughtful capacity". Therefore, Siddhidatri bestows abilities that help her devotees to achieve success. The ninth aspect of Maa Durga brings perfection and miracles in life. She aids her devotees to manifest the positive energies which will bear the fruit of their efforts. With these traits of Maa Durga summed up into her various avatars, here is hope that we too Skandamata Devi teaches benevolence and empathy. Her power lies in the strength graceful, gracious, powerful and wise Maa Durga.

General Knowledge Question

1. Who discovered that when a current carrying conductor is placed in a magnetic field, a mechani cal force exerted on the conductor makes it move?

- A. Hans Christian Oersted
- B. Michael Faraday C. Benjamin Franklin
- D. William Gilbert
- 2. The maximum force is exerted on a current carrying conductor when it is:
- A. Perpendicular to magnetic field
- B. Parallel to magnetic field C. Swings in backward direction
- D. All of the above
- 3. Which rule is applied to find the direction of force acting on the current-carrying conductor, if the direction of current and direction of magnetic field is known?
- A. Maxwell's right-hand thumb rule
- B. Born rule
- C. Hall Effect D. Fleming's left-hand rule
- 4. Which direction is indicated by the thumb in
- Fleming's left-hand rule?
- A. Current
- B. Magnetic field
- C. Motion of conductor
- D. None of the above
- 5. What does the forefinger represent in the Fleming's left-hand rule?

12. Because they contain free electrons

14. Veutrons

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10. Brushes

13. will not rise

- A. Magnetic field
- B. Current C. Motion of conductor
- D. None of the above
- 6. The direction of deflection of a current-carry ing conductor indicates the direction of:
- A. Electric current
- B. Force acting on it
- C. Magnetic field D. All of the above
- 7. Which device converts electrical energy into mechanical energy?
- A. Motor
- B. Generator
- C. Windmill D. Transformer
- 8. In which of the following devices is the electrical motor used?
- A. Electric fans
- B. Washing machine
- C. Refrigerator D. All of the above
- 9. In an electric motor, which device reverses the direction of current through a circuit?
- A. Carbon brush
- B. Coil C. Commutator
- D. Permanent magnet
- 10. The carbon strips used to pass electric cur-

9. Permanent magnet

8. All of the above

6. Force acting on it

5. Magnetic field

7. Motor

- rent to the coil are known:
- A. Commutator
- B. Magnet
- C. Battery D. Brushes
- 11. Which of the following is measured in Pa (Pascal)?
- A.Thrust
- B.Pressure C.Frequency
- D.Conductivity
- 12. What make the metals are good conductors of electricity?
- A.Because they contain free electrons B.Because the atoms are lightly packed
- C.Because they have high melting point D.All of the above
- 13. What will happen to the water when a thin capillary tube is replaced with another insufficient length of tube?
- A.will overflow
- B.will not rise C.depressed
- D.change its meniscus
- 14. Which of the following is not emitted by radioactive substance?
- A.Electrons
- B. Electromagnetic radiations C.Alpha particles
- D.Neutrons
- 4. Motion of conductor 3. Fleming's left-hand rule 2. Perpendicular to magnetic field 1. Michael Faraday



The Cancer quarter moon heightens emotions, dear Aries, creating a moody ambiance that may test your patience. Do your best to empathize with others without sacrificing you own need to be nurtured and understood Dreamy vibes flow later today when Neptune activates, nudging you to seek solitude while taking a break from your responsibilities and stress-inducing situations



The Cancer quarter moon dusts up issues around your personal and professional life, deal Libra, asking you to acknowledge where a balance needs restoring. If you've felt depleted due to mounting pressures at work or home, use this energy to invite grace and recalibrate. Good vibes flow when Neptune activates later this afternoon, making it easier to establish healthy structures to live your best life



Pay attention to any profound dreams or early morning epiphanies that find you, dear Taurus. as the Cancer quarter moon connects with Jupiter and Uranus. Be mindful of maintaining a positive internal dialogue as the hours pass, especially if you start reliving conversations doubting your abilities, or fixating on negative situations. Boundaries could be tested as midnight draws near and Pluto stirs.



The universe is on your side while the moor continues its journey through Cancer, deares Scorpio, activating your house of luck and expansion. However, you'll need to work hard for your dreams when the sun and moon square off this afternoon, stepping up to opportunities as they arise. Relax with a creative project later today when Neptune stirs, bringing a visionary and artistic energy your way.



Jupiter and Uranus stir in your solar twelfth house early bringing forth messages from beyond while you traverse the dream realms. Meanwhile, the quarter Cancer moon highlights issues around money and community nudging you to consider how your socia lifestyle impacts your ability to save. Connect with your spirituality tonight when Pluto stirs amongst the stars.

The quarter moon rises in your sign threate

ing to trigger challenges and obstacles. Be

mindful to maintain composure when faced



Watch out for power struggles and ego bruises as temperamental Cancer moon squares off with Venus. Put disharmony in check later when Luna aligns with Saturn and the Nodes of Fate, nurturing yourself and supportive dynamics while moving away from tension. Embrace movement as a way to shake off stress or stagblows a kiss to passionate Mars.



CANCER

with conflict, demonstrating maturity as you take the high road. The atmosphere softens later when Neptune stirs in spiritual sector of your chart, helping you see bigger picture. Use this energy to release any unrealistic expectations or stress you've taken on recently. You may feel like closing off as the Cancer quar-

ter moon rises, dear Leo, putting you in a philosophical and introspective headspace. Use this

energy as an excuse to take more time for your-



dear Capricorn, putting focus on your family life and matters of the heart. Watch your mood call out bad behavior if someone crosses a line You'll have a chance to soothe conflict when DEC 23 - JUL 20 chance to dissolve issues and strengther bonds

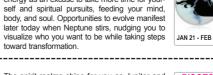
Emotionally charged dreams could lead you

toward lifestyle shifts, as the Cancer moon con-

The Cancer quarter moon ramps up emotions



The spirit realms shine for you as Jupiter and Uranus activate in your solar ninth house. Consider starting your day with a meditation session, seeking enlightenment while taking note of any significant dreams that may be coded with messages from beyond. Watch out for tension this afternoon when the sun and Cancer moon square off.



nects with Jupiter and Uranus early this morning.

Don't second guess yourself when the sun and moon square off this afternoon, being mindful to ask questions or seek assistance if needed.

Look for opportunities to pamper the mind, body, and spirit when Neptune activates later today nudging you toward wellness. Your creativity flourishes under the Cancer quarter



moon, though issues could arise if you don't stay grounded in the present. Dare to dream when it comes to following passions. Take care to build confidence and trust that payoffs will emerge over time. You'll need to get busy and outline a firm strategy once Luna enters Leo, reminding you that most good things sprout from hard work. FEB 20 - MAR 20