

JK Public School Kunjwani, Pioneers Golf in Schools Program for JKILANS



JK Public School, known for its innovative educational initiatives, taking a significant step in promoting sports by introducing the Golf in Schools program on Wednesday.

STATE TIMES NEWS
JAMMU: J.K. Public School, known for its innovative educational initiatives, has taken a significant step in promoting sports and holistic development by introducing the Golf in Schools program to

JKILANS. This pioneering program, developed in collaboration with sports professionals, aims to introduce students of all skill levels to the game of golf while emphasizing its mental and physical health

benefits. The Golf in Schools program at J.K. Public School features a comprehensive curriculum meticulously designed to foster a love for golf among students. The curriculum employs a whole-

part teaching approach, starting with demonstrating the entire skill of golf followed by breaking it down into manageable parts. This method ensures that students not only understand the game but also develop the necessary

skills to play it proficiently. Suresh, the coach of Golf at JKPS, gave a glimpse of Golf Course wherein students expressed enthusiasm about this initiative. "Our aim is to provide students with a well-rounded

education that includes exposure to diverse sports and activities", he added. Director JK Educational Society Shashi Chaudhary said, "We are thrilled to have golf as part of our sports curriculum. Golf is not just a

sport; it's a lifelong activity that promotes wellness, enhances motor skills, and encourages physical fitness." Reflecting on the curriculum of Golf in School's program, Rajesh Rathore, Principal JKPS Kunjwani

stated, "It covers various aspects essential for students' overall development, including wellness education, integrated skills training, motor skill development, and fitness activities tailored for golf".

UP wrestler Abhi Nayak lifts 40th Salora Dangal title

STATE TIMES NEWS
KATRA: Wrestler Abhi Nayak of Uttar Pradesh lifted 40th annual Salora Dangal Title 2024 by defeating wrestler Pamma of Dera Baba Nanak in Punjab.

Winner of main bout Abhi Nayak was awarded with cash prize of Rs. 41,000 while runner-up wrestler Pamma was given cash prize of Rs. 30,000. In the another main bout fought between wrestler Kirti of Ludhiana in Punjab and Ishaq Ahmed (Lallu) of J&K Police of Jammu. This bout ended in a draw that lasted for 20 minutes, both the wrestlers were jointly given Rs. 70,000.

In the second bout wrestler Karan of Navy of Khanna in Punjab beat wrestler Rashid of Domana Akhara Jammu. The winner wrestler Karan was awarded with cash prize of Rs. 31,000 while runner-up wrestler Rashid was given cash prize of Rs. 20,000.

Third bout was won by Choota Jassa of Ludhiana by defeating Mam Hussain of



Senior BJP leader Nand Kishore Sharma and former Jt Secy JKSSC, Shiv Kumar Sharma with wrestlers of main bout.

Domel. The winner wrestler Choota Jassa was awarded with cash prize of Rs. 20,000 while runner-up wrestler Mam Hussain was given cash prize of Rs. 15,000. Fourth bout was won by Sunny of Punjab who defeated Surjit Singh of J&K Police of Reasi. The winner Sunny was given Rs. 15,000 while loser Surjit got Rs. 10,000.

In this "Kanta Kushti" vishal dangal 54 bouts were played

and organizers spending around Rs. 6,70,000 on the day-long event. Kisan Morcha BJP J&K U.T Parbhari and senior leader Nand Kishore Sharma was the Chief Guest while Shiv Kumar Sharma, former Joint Secretary J&K State Sports Council and President J&K Indian Style Wrestling Association presided over the function. Contractor Social Activist

and prominent wrestling promoter Karnail Singh, Sub Inspector Tikari Sahil Chib, Retired SP Prithvi Raj Sharma and Naresh Kumar (Pappu Lakri) were the Guests of Honour. Dangal was organized by Salora Dangal Committee in association with J&K Indian Style Wrestling Association under the overall supervision of Rajinder Kumar alias Pithi, Arun Sharma alias Punny and

contractor Tara Chand. Members of Salora Dangal Committee who helped for smooth conduct of historic famous and Vishal dangal included Rajinder Kumar Ramotra (Pithi), Arun Sharma (Punny), Ashok Kumar, Nek Ram, Abudal Karim, Sham Lal, Ahmed Din, Shamsheer Singh (Soni), Sandeep Sharma, Ajeta Thappa, Bullo, Bindu Seth and Baju. Shiv Kumar Sharma lauded the participating wrestlers from Punjab, U.P, Delhi, Harayana, Himachal Pradesh and J&K U.T and congratulated the winners for their excellent performance, hoping they will be a source of inspiration for scores of budding wrestlers and Jammu and its peripheries. He also complimented the organizers, Salora Dangal Committee, especially Rajinder Kumar alias Pithi and the other members for holding annual wrestling event on a regular basis to promote rural sports in the area.

The bouts were officiated by Krishan Singh, NIS, Wrestling Coach of J&K Police, Raj Singh and Ashok Kumar. Proceedings were conducted by Kulbir and Farooq Ali.

Sarbat Da Bhalla Hockey Tournament Bandu Rakh Club, Srinagar Hockey Club and SGPC Amritsar register wins



Chief Guest interacting with hockey players at KK Haku Stadium, Jammu.

STATE TIMES NEWS
JAMMU: Bandu Rakh Club, Srinagar Hockey Club and SGPC Amritsar registered wins in the ongoing Sarbat Da Bhalla Hockey Tournament, organized by Sikh Progressive Front at K.K Haku Stadium, here on Wednesday.

In first match Bandu Rakh thrashed Kashmir Wanderer Hockey Club by 10-4 goals. Amritpal Singh was adjudged Player of the Match for his excellent play and inception. Manjeet Singh, General Secretary Sikhs 4 All was

the Chief Guest while Jagjit Singh (Crystal) was the Guest of Honour in the first match.

In second match, Srinagar Hockey Club thrashed Khalsa Club by 11-2 goals. Nitin of Srinagar was declared Player of the Match.

In third match, SGPC Amritsar defeated Sahara Club by 12-0 goals. Karandeep Singh of SGPC Team was declared as Player of the Match for his great techniques and great skills. P.N Razdan, Retd Session Judge was the Chief Guest and Surjit

Singh General Secretary DGPC was the Guest of Honour in the third match.

The tournament is supervised by high level technical delegation of Hockey India and assistance of Anjali Thakur, Jagjit Singh, Baljit Kour and Sonia all coaches of State Sports Council JK UT.

Prominent persons and volunteers of Sikh Progressive Front present were Tejinder Singh Raju, Jaswinder Singh, Iqbal Singh, Harjeet Singh, Kuldeep Singh, Satinder Singh Kuka and Beyant Singh.

Delhi Capitals humble GT by six wickets as bowlers come to the party finally

STATE TIMES NEWS
AHMEDABAD: Delhi Capitals notched up a six-wicket win over Gujarat Titans in a low-scoring game after Rishabh Pant's bowlers stood up for their ilk and restored a modicum of sanity and equilibrium in the Indian Premier League here on Wednesday.

Opting to field first, the Capitals rolled over Gujarat Titans for 89 in 17.3 overs, the bowlers finally having a say after being blasted all over the park in the last few matches of the lucrative league.

Mukesh Kumar was the most successful bowler for DC with figures of 3/14, while there were two wickets apiece for Ishant Sharma (2/8) and Tristan Stubbs (2/11). As far as GT batting is concerned, only Rashid Khan put up a semblance of resistance with a 24-ball 31. Chasing 90, DC completed the formality in just 8.5 overs to register their third win and give their run rate a boost.

What also stood out on the day was Pant's leadership and his work behind the stumps. The flamboyant keeper-batter was sharp and agile while wearing the big gloves and performed a quick stumping besides pulling off an incredible catch diving full stretch. With the T20 World Cup around the corner, Pant's dexterity behind the stumps is a very good sign for Indian cricket.

Pant (16 off 11 balls) was also in the middle when the winning runs were hit. Invited to bat first, skipper Shubman Gill (8) timed to per-



fection an overpitched Khaleel Ahmed delivery for GT's first scoring shot of the innings.

Ishant Sharma served up a freebie to Gill, and the ball got the treatment it deserved as the opener found the gap on the off-side. Ishant, the seasoned campaigner, struck in the very next ball though with Gill chipping a fuller-length ball straight to Prithvi Shaw at cover on a pitch that is being used for the first time this season and has been described as a "100 percent black-soil" surface. Sai Sudharsan (12) walked in early and got into the groove with back-to-back fours, including an exquisite boundary through extra cover. DC captain Rishabh Pant then introduced Mukesh Kumar in place of Ishant, and the bowler responded in the fifth ball of his first over as Wriddhiman Saha (2) got a thick inside edge and the middle and off stumps were disturbed. Playing the match in place of the injured David Warner, Sumit Kumar then produced a brilliant piece of fielding and ran out Sudharsan with a direct throw at the non-striker's end, a diving effort

from the batter failing to save him as the ball hit the base of the stumps.

The Capitals were on song, and their skipper led by example as he dived to pull off an excellent catch off Ishant to send back the dangerous David

Miller (2), leaving the home team reeling at 30/4 in five overs.

Ishant opened up Miller with one that angled into the left-hander, but the umpires didn't seem interested despite a loud appeal. However, Pant decided to review after being persuaded by Ishant and Fraser-McGurk at slip. It was the right call, as UltraEdge showed Miller got a clear edge.

More trouble awaited the Titans as Pant pulled off a fine stumping off Tristan Stubbs to bring about Abhinav Manohar's downfall, forcing the home team to send super sub Shubrukh Khan into the middle.

DC Poonch starts Shaheed DySP Manjit Singh Memorial Volleyball League



Organizers presenting memento to DC Poonch Yaseen Mohd Choudhary.

STATE TIMES NEWS
POONCH: Deputy Commissioner Poonch, Yaseen Mohd Choudhary on Wednesday kick-started the Shaheed DySP Manjit Singh Memorial Volleyball League, organized under the aegis of Volleyball Association of Jammu and Kashmir at Degree College Ground, here.

A total of eight teams are participating and four league matches were played today. Deputy Commissioner Poonch Yaseen Mohd Choudhary, who was the Chief Guest, appreciated the efforts of Mohd Tariq, Chairman Shaheed DySP Manjit Singh Memorial Volleyball Club Poonch

towards the youth of the society. He also asked the players to follow the footsteps of Saqlain Tariq, a volleyball icon of the Poonch district, and show their talent at national and international levels. Yungal Manhas SSP Poonch was the Guest of Honour. He also lauded the efforts of the organizers/association for promoting sports in general and volleyball in particular to shun the menace of drug abuse.

On the occasion, international spikers Kartik Sharma, Mahir Wani and volleyball promoter of Jammu and Kashmir Puran Singh were also honoured by organising committee.

Today's Results League Matches: Pool A: Budgam beat Chandak Badgam by 3-1 (25-23, 25-21, 24-26, 25-18); Gazi Anantnagar beat Poonch Thander by 3-0 (25-17, 25-17, 25-16); Lambert beat Makhdoomi by 3-0 (25-20, 25-17, 27-25); and Poonch Haveli beat Spiker Qazigund by 3-1 (25-20, 25-20, 18-25, 25-20) Today's matches were officiated with integrity and professionalism by technical panel comprising Intizar Husain, Shabir Ahmed, Shafiq Hussain Shah, Akhlaq Ahmed, Nareej Sharma, Waseem Choudhary and D.K Sharma.

Insha Majeed qualifies Ph.D

STATE TIMES NEWS
KATRA: Insha Majeed, Daughter of Mukhtar Ahmad Wani, has been declared qualified for the award of Degree of Doctor of Philosophy (Ph.D) in the school of Computer Science and Engineering by Shri Mata Vaishno Devi University (SMVDU).

The candidate has worked on the topic entitled "Detection of Osteoporosis in X-Ray images using Intelligent vision-based models" under the supervision of Dr. Sakshi Arora, Assistant Professor; School of Computer science and Engineering, SMVDU.

Insha Majeed has published various research papers in SCI/SCIE-indexed journals, presented her research papers at international and national conferences and published various book chapters. The scholar expresses her gratitude to her parents, and supervisor for guidance, and to the school of Computer Science and Engineering, SMVDU University, for providing all necessary facilities and support during her research. Prof. (Dr.) Pragati Kumar, Vice-Chancellor; SMVDU, and other committee members congratulated Insha Majeed and wished her a bright future.

SCOREBOARD	
Gujarat Titans	
Wriddhiman Saha † b Mukesh Kumar	02
Shubman Gill (c) c Shaw b Sharma	08
Sai Sudharsan run out (Sumit Kumar)	12
David Miller c †Pant b Sharma	02
Abhinav Manohar st †Pant b Stubbs	08
Rahul Tewatia lbw b Patel	10
M Shubrukh Khan st †Pant b Stubbs	00
Rashid Khan c †Pant b Mukesh Kumar	31
Mohit Sharma c Sumit Kumar b Ahmed	02
Noor Ahmad b Mukesh Kumar	01
Spencer Johnson not out	01
Extras	12
Total	89/10
Delhi Capitals	
Prithvi Shaw c Johnson b Sandeep Warrier	07
Jake Fraser-McGurk c Manohar b Johnson	20
Abhishek Porel b Sandeep Warrier	15
Shai Hope c Sharma b Rashid Khan	19
Rishabh Pant (c)† not out	16
Sumit Kumar not out	09
Extras	06
Total	92/4