

SENSEX

72,943.68 points down
by 456.10 points

NIFTY

22,147.90 points down
by 124.60 points

GOLD:

Rs 72,400 per 10 gram

SILVER:

Rs 90,000 per 1 Kg
down by 500

HAPPY BIRTHDAY



Angelina Chandel

Class:- 5th 'A'

D.O.B:- 18-04-2014

JKPS Panjtirthi

HAPPY BIRTHDAY



Harshika Tak

Class:- 6th 'A'

D.O.B:- 18-04-2013

JKPS Panjtirthi

DIRECT ADMISSION

D-PHARMA

Recognised by PCI & GoK, Valid for Drug Licences & Govt. Jobs. Eligibility : 10+2 PCM / PCB

GNM

Eligibility: 10+2 Arts/Commerce or Science Contact for Direct Admissions

7889842254

Few Seats Available No NEET NO BOPEE

NOTICE

I, Mohd Shafi S/o Roshan Deen R/o Budhan Karamkatha, Distt: Reasi Pin 182313 have lost my Driving Licence bearing Registration No. JK2020200001008 and Voter Card bearing No. HNMO293381. Now I am applying for duplicate of the same. Objection if any may be conveyed to concerned authority within seven days.

NOTICE

I, Bheemavaram Neeraja is legally wedded spouse of service No .15418118K Rank Hav (Amb Asst) Name Yarrannagari Gopaludu of 426 Fd Hospital C/o 56 APO state that my name has been wrongly written as Y Neeraja instead of correct name is Bheemavaram Neeraja in my husband's Army record. Now I am applying for the correction of same. Objection if any may be conveyed to concerned authority within seven days.

FARGATI

I, Young Bahadur S/o Late Om Parkash R/o Ward No. 1, Jawahar Nagar Kathua Tehsil and District Kathua denounces/disinherited my son namely Akshay Jandial and his wife Uma Kapahi D/o Sh. Parveen Kapahi and disinherit them from all moveable and immoveable properties through the Hon'ble Court at Sub Registrar, Kathua vide document No.2024/15/4/192 and Receipt No. 2024/15/635 Dated 03-04-2024. Any person having any dealing with them will do so on their own risk and responsibility, we have no concern or any type of liability towards them.

'Debate Competition' Promotes Ban on Single Use of Plastic

■ STATE TIMES NEWS

AKINOR: Army organised a debate competition on Government's ban on single use of plastic at Jawahar Navodaya Vidyalaya, Nardi Bala, Akhnor. The event saw students passionately participating by debating on the topic, offering insightful perspective and engaging in constructive dialogue. With environmental sustainability at the forefront of global discussions, the debate provided a platform for young minds to critically examine the implications of such a significant policy measure. Students showcased their research, analytical skills and oratory prowess as they articulated arguments for and against the ban, highlighting it's potential benefits and challenges. The students were awarded with participation prizes, thereby aiming to empower them to become agents of positive change in the community.

Koul asks people to vote massively in favour of BJP candidate

Wrestler Sakshi Malik listed among 100 most influential people by Time magazine

■ STATE TIMES NEWS

UDHAMPUR: BJP Udhampur took out an impressive road show, which was led by senior leaders of party. The road show consisting of thousands of workers, including a large number of women activists started from Sailan Talab matador stand and passed through Chabutra Bazar, Gol Market, Mukherjee Bazar to Salathia Chowk via Sailan Talab on the last day of the election campaign.

Ashok Koul, General Secretary (Organization), J&K BJP, Dr. Devinder Kumar Manyal, General Secretary and State Election Incharge, Pawan Khajuria, BJP Vice President and State Lok Sabha election co-



Ashok Koul, General Secretary (Organization), J&K BJP leading road show in Udhampur.

Incharge, Arun Gupta, District President, Balwant Singh Mankotia, former MLA, Pawan Kumar Gupta, former MLA, Ranveer Singh Pathania, former MLA, Sunil Sethi, Udhampur Doda Lok Sabha election incharge, and other senior leaders of party participated in the roadshow.

During the roadshow, party leaders also met with the business community and appealed to them to cast their precious vote in favour of BJP's Doda-Udhampur MP candidate Dr Jitendra Singh.

Ashok Koul, on the occa-

sion, asked the residents of the Udhampur-Doda-Kathua Parliament seat to cast their vote on 19th April in favour of the BJP. He appealed to the people to first cast their votes on the polling day and then carry on other routine activities to strengthen the democracy.

"The people of Jammu & Kashmir have suffered and waited for their rights and their dreams for decades together. Now the Modi government has ensured that the call of the poor and the oppressed is heard and the remedial action taken. Now, this is the time to give more strength to the Modi government by voting in favour of the BJP on 19 April for the greater good of our genera-

tions", said Ashok Koul.

Dr. Devinder Kumar Manyal mentioned that under the leadership of Prime Minister Modi, the strength of the new India is resonating worldwide. Such a government has never been seen before, and it is essential to understand this and support the Modi government once again in the upcoming Lok Sabha elections.

Pawan Khajuria said that the Modi government has worked for the needy and the neglected with a pure heart and won the hearts of people not only in Bharat but also around the globe. He asked the people to reject the corrupt parties and vote in favour of Modi Sarkar.

■ STATE TIMES NEWS

NEW DELHI: Olympic medallist Indian wrestler Sakshi Malik has been listed among the 100 most influential people of 2024 by Time magazine.

Sakshi, India's only female Olympic medallist in wrestling, has been honoured for her relentless fight against alleged sexual harassment of female wrestlers by former Wrestling Federation of India president Brij Bhushan Sharan Singh.

Sakshi along with two-time World Championships bronze medallist Vinesh Phogat and Tokyo Olympics bronze winner Bajrang Punia spearheaded the protest against



Singh at the Jantar Mantar here, demanding his arrest for intimidating and allegedly sexually harassing female grapplers of the country.

The protest, which began in January last year, became a year-long battle against Singh drawing support and attention both in India and abroad.

A charge sheet was filed

against Singh but he continues to deny the allegations.

"This fight is no longer only for India's female wrestlers," said Sakshi of the movement she helped spark.

"It is for the daughters of India whose voices have been silenced time and again."

Shortly after Singh relinquished his post, his close aide and business partner, Sanjay Singh, was elected as WFI president.

Sakshi decided to quit the sport the day Sanjay Singh took charge of WFI.

Other Indians to feature in the list include actress Alia Bhatt, Indo-British actor Dev Patel and Microsoft CEO Satya Nadella.

Every practice, drill will count from now on: says Harmanpreet on 100 days countdown of Paris Games

■ STATE TIMES NEWS

NEW DELHI: Indian men's hockey team captain Harmanpreet Singh on Wednesday said with 100 days left for the Paris Olympics, every day, every practice and every drill will count towards building momentum to shine at the biggest sporting stage.

Last edition's bronze medallist India are currently placed sixth in the world, but Harmanpreet said they are hungry to improve upon their Tokyo result in Paris.

The star drag-flicker's comments came following India's dismal show in the recent tour of Australia, where they were white-washed 0-5 by the hosts.

"We just returned from the intense Australia tour. After a short break, we will hit the grind again. With only 100 days to go until the Paris Olympics, the excitement in the team is growing," Harmanpreet said in a Hockey India release.

"The unity of our team continues to grow, fuelled by our shared goal to clinch the gold medal. Craig Fulton, our chief coach, keeps us on track with the Olympics countdown in our weekly schedule. "Every day counts, every practice, every drill -- it's all about building towards that moment on the Olympic stage. All in all, we're hungry, we're focused, and we're



ready to shine," he added.

India qualified for the Paris Olympics by winning gold medal in last year's Hangzhou Asian Games.

India vice-captain Hardik Singh said the need of the hour is to iron out the grey areas before the Paris Games.

"The Australia Tests highlighted the areas that we need to improve, and upon our return to camp, we aim to make sure that we iron out any remaining issues well in time for the Paris 2024 Olympics," he said.

"We will give our best on each of the 100 remaining days to make sure that our pursuit for the gold medal at the Olympics is successful," he added.

In Paris Olympics, India are clubbed alongside defending champions Belgium, Australia, Argentina, New Zealand and Ireland in Pool B.

India will play their opener against New Zealand on July 27.

Shikhar is undergoing rehab: PBKS spin-bowling coach Sunil Joshi

■ STATE TIMES NEWS

MULLANPUR: Punjab Kings' influential skipper Shikhar Dhawan is currently undergoing rehabilitation after suffering a shoulder injury, the team's spin-bowling coach Sunil Joshi said on Wednesday.

Sam Curran stood in as Punjab Kings captain in Dhawan's absence in their match against Rajasthan Royals.

While he is set to miss Thursday's match against Mumbai Indians here, Dhawan also remains doubtful for the April 21 game against Gujarat Titans.

"Regarding Shikhar, the medical team will update. As for now, he is under rehab," Joshi said at the pre-match press conference.

Dhawan hasn't had a great time with the bat in IPL 2024, but is still Kings' highest run-getter currently with 152 runs from five innings, scoring at a strike rate of 125.61.

Joshi also said it's high time the top-order batters



find their groove and lift the team that is struggling at the seventh place with just two wins and four losses.

The only bright spot for PBKS this season has been resolute displays from their unsung Indian players Shashank Singh and Ashutosh Sharma, who both bat lower in the order and have had to make up for the shortcomings at the top more than once.

"See it's always like bowlers win tournaments, batsmen win matches. And our bowling unit is definitely doing well consistently in all the areas. It's time our batters take responsibility," Joshi

Prabhsimran Singh (119 runs in six innings) and Jitesh Sharma (106 runs in six innings) have struggled for consistency and impact also.

With selection for the World Cup squad on the horizon, Jitesh, who is averaging 17.66, would be under the pump.

"In T20s, when you go through the first half of the tournament, you will understand what sort of an approach you need to look at. "At the same time you need to look at the target and whether you can approach it in a different way to approach that target because we have done well in the middle and we have had a great finish.

"Two new boys -- Shashank and Ashutosh -- have chipped in. It's time for the top-order to get into the groove and do a good job for us."

PBKS will have to find more support for their overseas bowling duo of Curran (126 runs and 8 wickets) and Kagiso Rabada (9). The

Indian pair of Arshdeep Singh (9) and Harshal Patel (7) have both been easy targets for batters.

"In T20 anything can happen, even the last over what you saw yesterday (between KKR and RR), but nevertheless, they will all come back stronger.

"They know the conditions better, especially (Harpreet) Brar, because he has played and he plays domestic cricket in the same ground. He understands, and hopefully, he will come back stronger," Joshi said.

He added, "Each and every game is important and always our thought process is that we should strive to do well. If we look at the our last three games, they lasted till the last over, fifth ball of last over. So, it can be anybody's match, especially in this format.

"Our endeavour is to always take the match deep. Definitely, we have not done well in batting in power play, and we have addressed that issue."

Hostile crowd behaviour will only motivate Hardik: Shreyas Gopal

BJP conducts door-to-door campaign in Ward 44 for Jugal Kishore

■ STATE TIMES NEWS

MULLANPUR: With Mumbai Indians skipper Hardik Pandya continuing to receive hostile treatment from fans in the ongoing Indian Premier League, his teammate Shreyas Gopal felt on Wednesday it will only strengthen his resolve to come back stronger with some good performances.

Pandya was announced as MI captain for the IPL 2024 season, replacing fan-favourite Rohit Sharma, who led the franchise to five titles.

The change of guard hasn't gone down well with the fans, who have expressed their displeasure by booing Pandya across venues.

Recalling his friendship with Pandya, Gopal said the MI skipper is mentally very strong to get unnerved by the behaviour of the crowd.

"I have known Hardik for a decade, and nothing much has changed. He is a really tough guy, and something like this is only going to motivate him," said Gopal during a press conference ahead of the clash against Punjab Kings.

"The way he has taken it so far is very inspiring for a lot of us. Although it's



not easy to take it daily, he is strong and kudos to him.

"He has not let it affect him personally. But, it will probably be there in his head."

Under Pandya's leadership, MI have won just two of their six games so far and are placed eighth in the 10-team table.

Gopal, however, said the dressing room atmosphere remains positive and the team will bounce back.

"The team atmosphere is great. Unfortunately, we couldn't cross the line on the winning side in the last match, but every team goes through ups and

downs. When you start hitting a purple patch, you start clicking as a team," he said.

"We did see a couple of good games when we came together as a group. We must put all aspects (batting, bowling and fielding) together in one match. We have been playing some really good cricket.

"History says that (we get off to poor starts). But, when we come together, the character is shown. This team always has that X-factor that stands up and wants to prove to themselves that they are good enough to win championships."



BJP Karyakarta of Ward 44, Nanak Nagar conducting door to door campaign in favour of Jugal Kishore Sharma.

■ STATE TIMES NEWS

JAMMU: BJP Karyakarta of Ward 44, Nanak Nagar on Tuesday organised door to door campaign in sector 14 in and called upon the members to strengthen the hands of PM Modi by voting in favour of the BJP candidate

Jugal Kishore Sharma from the constituency.

The campaign was led by Charanjit Singh Khalsa while Pushpinder Singh, Vinay, Surjit Singh, Jagjit Singh Chopra, Surjit Singh, Indu Puri, lovish Gupta, Daljit Singh and others were

also present.

Interacting with families, they said that people must support BJP as it is the only party which thinks about their welfare and has restored their honour.

They said that BJP believes in equal participation of Sikhs and other minorities in nation's progress and prosperity.

The BJP leaders called upon all community members to vote in favour of Jugal Kishore Sharma and ensure his victory from the constituency with a huge margin.

Meanwhile, all BJP leaders extending Ram Navami greeting to all.

Manika, Sreeja make group stage exits from ITTF World Cup

Palak, Surbhi in list of 10m air pistol shooters for Olympic trials



■ STATE TIMES NEWS

NEW DELHI: Star Indian table tennis player Manika Batra and her compatriot Sreeja Akula exited in the second-round group stage after losing against China's Wang Manyu and defending champion Chen Meng respectively at the ITTF World Cup in Galaxy Arena in Macau on Wednesday.

World no. 39 Sreeja lost 1-3 (4-11 4-11 15-13 2-11) to reigning Olympic champion

and world no. 4 Meng of China and finished second in Group 4.

Manika also made an exit finishing second after losing 0-4 (6-11 4-11 9-11 4-11) against world no. 2 Manyu of China.

Both the Indian players had earlier won their respective first-round group stage matches on Tuesday.

There are sixteen groups in each of the men's and women's singles competition. Group stage matches consists of four games, with the ratio of wins and losses determining the final rankings that will further help them to book a berth for the knockout rounds.


■ STATE TIMES NEWS

NEW DELHI: Teen shooter Palak Gulia was rewarded for her Paris quota-winning performance in Rio de Janeiro as she secured a spot among the five women 10m air pistol shooters for the Olympic trials, scheduled to commence at the Karni Singh Ranges here on Thursday.

The National Rifle Association of India (NRAI) had announced in March the list of competitors for pistol and rifle trials to select the team for the Paris Olympics, but had withheld the names in the women's 10m air pistol category as the Final

Qualification Championship (Rifle and Pistol) in Rio was scheduled in mid-April.

After Palak secured the 20th Olympic quota for the country in Rio with a bronze-medal finish, she along with Asian Games medallist Esha Singh, Olympian Manu Bhaker, 2023 World Championships gold-medallist in 25m sports pistol Rhythm Sangwan and Surbhi Rao will now compete for Paris berths in a series of four trials to be held here and in Bhopal. The best three scores from the four trials (April 18-27 in New Delhi and May 10-19 in Bhopal)



GOVERNMENT OF JAMMU & KASHMIR
OFFICE OF THE DISTRICT MAGISTRATE RAMBAN
E-mail: dcramban@nic.in Fax/Pn: 0198-266908, 2667956

Subject:- Restriction under Section 144 CrPC in view of the General Election-2024.

ORDER

Whereas, Polling for General Election to the Lok Sabha-2024 for 05-Udhampur Parliamentary Constituency in District Ramban will take place on 19th of April 2024, and

Whereas, for smooth, free, fair and transparent conduct of Lok Sabha Election besides maintenance of peace and tranquillity, law and order it is imperative to impose restrictions.

Therefore, I Baseer-UI-Haq Chaudhary, IAS, District Magistrate Ramban, in exercise of powers conferred upon me under section 144 Cr.PC do hereby impose restrictions on assemble of five or more persons except polling stations during poll hours. However, this does not restrict house-to-house visits during 48 hours in connection with door-to-door campaigning in the territorial jurisdiction of District Ramban with effect from 17th of April 2024 05:00 PM till 20th of April 2024 upto 05:00 PM.

Senior Superintendent of Police, Ramban shall ensure the implementation of this Order in letter and spirit.

Issued today, the 16th of April, 2024 under my seal and signatures.

No:DMR/ 25-33
Dated: 16-04-2024

DIP/J-155/24
Dt. 17-04-24

Sd/-
Baseer-UI-Haq Chaudhary, IAS
District Magistrate
Ramban