19 Embracing healthy life style helps **II** in managing stress: Justice Tashi

Regd. No. L-29/JK-346/22-24

Team Ambedkar has provided checks & balances on elected leadership going against basic structure of COI

Website: www.statetimes.in, Email: statetimes1@gmail.com

JK Public School Kunjwani celebrates World Heritage Day

India has power to take action against terrorism even across border: Rajnath



STATE TIMES NEWS

MAVELIKKARA: Defence Minister Rajnath Singh on Thursday said that India possesses the capability to counter terror activities by taking action across the border, if required.

"If anyone tries to encourage terrorist activities in India, we have the power to deal with it here and, if required, take action even on the other side of the border," the minister said.

Singh made the statement here while criticising the CPI(M)-led LDF and the

Congress-led UDF for having sought proof of the cross-border airstrike in 2019 carried out by Indian defence forces on terror camps across the border.

Addressing a poll rally organised by the BJP-led NDA in the Mavelikkara Lok Sabha constituency, he dubbed the questions of the Congress and the Left as "anti-national in nature", and said the people in the country are aware of that. Senior Congress leader Kodikkunnil Suresh is the

Modi made India secure by conducting surgical, air strikes inside Pakistan: Amit Shah

AHMEDABAD: Union Home Minister Amit Shah on Thursday said Prime Minister Narendra Modi made India secure by carrying out surgical and air strikes inside Pakistan after

terror attacks. Modi also took the country's economy from the 11th to the fifth spot in ten years, and will take it to the third spot in the world in his third term, he said, speaking at a campaign rally in Vejalpur area of the city. Shah is contesting the Lok Sabha elections from Gandhinagar constituency.

"Narendra Modi worked to secure the country. In the Sonia (Gandhi)-Manmohan (Singh) government, anybody would enter from Pakistan and conduct bomb explosions here everyday," he said.

The BJP won all 26 Lok Sabha seats in Gujarat (in 2014) and Modi became the country's prime Terrorists subsequently struck in Uri (in 2016)

and Pulwama (in 2019), but they did not know that "now Manmohan Singh is not the prime minister but Narendra Modi is," the BJP leader said.

"Within a few days, we went inside Pakistan and conducted surgical and air strikes. Narendra Bhai secured the country," Shah said.

Mavelikkara, where CPI's C A Arun Kumar is contesting as the LDF candidate, and the NDA is represented by Baiju Kalashala of the Bharath Dharma

Jana Sena (BJDS), BJP's

airstrike involved Indian warplanes conducting a bombing raid on February

26, 2019, in Balakot, Pakistan.

The alleged target was a training camp belonging to the terrorist group Jaish-e-

Everything cannot be suspected' tells SC to petitioners doubting EVM machines

Air surcharge 50 paisa for Leh

Underscoring the importance of voter satisfaction and trust in the electoral system, the Supreme Court on Thursday told petitioners

who sought its direction to go back to using ballot papers not to suspect the efficacy of Electronic Voting Machines (EVM) and appreif ciate Election Commission does good work.

A bench Justices Sanjiv Khanna and Dipankar Datta, which reserved its verdict on a batch of pleas seeking complete cross-verification of votes cast using EVMs with Voter Verifiable Paper Audit Trail (VVPAT), said over suspicion of everything is a

The VVPAT is an inde-

pendent vote verification system which enables electors to see whether their votes have been cast correctly.

The bench made the remarks when advocate Prashant Bhushan, appear-

ing for petitioner NGO 'Association for Democratic Reforms' (ADR), sought reversal of the poll panel's 2017 decision to replace the $transparent \ glass \ on \ VVPAT$ machines with an opaque glass through which a voter can see the slip only when the light is on for seven seconds.

■ CONTD ON PAGE 9

IGP Kashmir seeks intensified anti-terrorist

operations after migrant labourer's killing

SRINAGAR: A day after the

killing of a migrant worker

in Jammu and Kashmir,

Inspector General of Police, Kashmir, V K Birdi on

Thursday directed security

forces in the valley to intensi-

fy anti-terrorist operations

to neutralise the "remaining

Birdi chaired a meeting at

the police control room here

to review the security in the

wake of Wednesday's inci-

terror threats".

dent.

STATE TIMES NEWS

"Mr. Bhushan, now you are going too far. This is too much. Whether it's transparent or translucent glass on a VVPAT machine or the glowing of a bulb, ultimately it is the voter's satisfaction and trust (that matters). The bulb only helps you see better, that's all," the bench

which glows for seven sec-

onds should be allowed to

glow continuously after the

button is pressed in the

The bench, which interact-

understand

functioning

satisfaction

EVMs.

process.

ed for nearly an

hour with senior

deputy election com-

missioner Nitesh

Kumar Vyas to

Bhushan that voter

trust are at the core

of the electoral

EVM," Bhushan pleaded.

Mian Altaf, Mehbooba Mufti file nomination from Anantnag-Rajouri LS seat

STATE TIMES NEWS

ANANTNAG : National Conference leader Mian Altaf Ahmad on Thursday filed nomination papers for the Anantnag-Rajouri Lok Sabha seat as the candidate of the opposition INDIA

Accompanied by NC vice president Omar Abdullah and Congress General Secretary Ghulam Ahmad Mir, Ahmad filed the nomination papers before Deputy Commissioner Anantnag, Syed Fakhruddin, who is the returning officer of the con-

Talking to reporters after

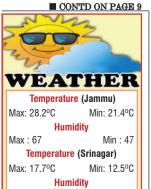
RO Srinagar Parliamentary Constituency issues **Election Notification** STATE TIMES NEWS

Returning SRINAGAR: Officer (RO), 02-Srinagar Parliamentary Constituency, Dr. Bilal Mohi-Ud-Din Bhat on Thursday issued Election Notification for the upcoming Parliamentary Elections-2024 in the Srinagar Constituency comprising 18 Assembly segments of Ganderbal. Srinagar, Pulwama, Budgam and Shopian Districts.

Over 17 Lakh electorate eligible to exercise franchise

The Nomination papers can be filed by contesting candidates or their proposers before Returning Officer (Deputy Commissioner) or Assistant Returning Officer (Additional Deputy Commissioner-M) at Deputy Commissioner's Office. Srinagar between 11:00 AM to 03:00 PM on any day (other than public holiday) not later than April 25, 2024 (Thursday).

The Scrutiny of the Nomination papers filed



Sunset: 19:02 Hours

Sunrise: 05:57 Hours

Min: 72

Max: 84



Anantnag-Rajouri Lok Sabha seat on Thursday.

filing nomination papers, Abdullah said he was hopeful that Ahmad, the influential Gujjar leader from Kangan in central Kashmir, will

"On behalf of the INDIA bloc, National Conference candidate Mian Altaf Ahmad has submitted his nomination papers to

LG calls for promotion of Start Ups in J&K **Discusses investment proposals**

STATE TIMES NEWS

JAMMU: Calling up for promotion of Start Ups in Jammu and Kashmir, Lieutenant Governor Manoj Sinha on Thursday issued directions for impact assessment of various initiatives like GI Tagging and QR code based labeling and scanning.

Chairing a review meeting of Department of Industries & Commerce and Department of Geology & Mining, the Lt Governor also reviewed districtwise availability, requirement of minor minerals and the issues related to timebound operationalization of minor mineral blocks.

The meeting was attended by Atal Dulloo, Chief Secretary; Santosh D Vaidya, Principal Secretary, Finance Department; Dr Mandeep Kumar



Commerce and Department of Geology & Mining.

Bhandari, Principal Secretary to Lt Singh, Governor: Vikramjit Commissioner Secretary, Department of I&C and Mining Department; Bhupinder Kumar, Secretary, Public Works (R&B); HoDs and senior offi-

Detailed discussion took place on investment proposals, implementation existing

of projects and schemes of the Department of Industries & Commerce. The Lt Governor directed the senior officials to hold regular meetings with Investors and Industry bodies to address the crucial issues.

The chair was briefed on the steps taken for proper utilization of Land in CONTD ON PAGE 9

Raja Shah, a resident of Banka district in Bihar, was

shot dead by terrorists ■ CONTD ON PAGE 9

16.23 lakh voters eligible to vote in **Udhampur PC today**

23637 PwDs, 403 centenarians among electors

Among the districts, Kathua

has 25 polling stations along

the international border. In

total, more than 11000

brate the centenary year of

the Rashtriya Swayamsevak

Sangh. The Sangh is not

doing it to boost the ego of

the organisation. The Sangh

is not here to celebrate the

completion of 100 years of an

organisation and indulge in

chest-thumping and take

credit for some achieve-

The RSS wants to trans-

form society and believes

that victory of society must

■ CONTD ON PAGE 9

not be judged on wealth

ments."

No need for chest-thumping, RSS will not

celebrate centenary year, says Bhagwat

STATE TIMES NEWS

JAMMU: The 4-Udhampur Parliamentary Constituency is all set to go to polls in the first phase of Lok Sabha elections, being held tomorrow April 19, with a total of 16.23 lakh voters including 8.45 lakh male and 7.77 lakh female electorates eligible to vote and participate in the electoral process.

"The total electorates included around 23637 persons with disability besides 403 persons above 100 years of age who have been enrolled to participate in the electoral

STATE TIMES NEWS

NAGPUR: The Rashtriya

Swayamsevak Sangh will not

celebrate its centenary year

in 2025 since it doesn't

intend to indulge in chest-

thumping over its achieve-

ments, the organisation's

chief Mohan Bhagwat said

Speaking at a book launch,

Bhagwat also said there was

need for society to under-

stand its identity and the

link that binds all, which is

He said functionaries faced

stiff opposition, lack of

resources and difficulty con-

necting people when the RSS

was formed in 1925 in

Nagpur, adding that mem-

bers must keep doing their

work irrespective of the situ-

"There is no need to cele-

on Thursday.

According to a communicareserve will be deployed on received here on The communication read Thursday by the office of Chief Electoral Officer, J&K, that the polling will be held

from 7.00 am to 6.00 pm around 2,637 polling stations are completely ready before which there will be for first phase of the general mock poll in presence of the polling agents. The voting elections being held across five districts of Kathua, will continue even after 6.00 Udhampur, Kishtwar, Doda pm, in case there will be the and Ramban. Out of these, voters still waiting for their 136 polling stations are P-2 turn in the polling station premises while 31 polling stations belong to P-7 to P-3 category. Every polling station will be

provided with Assured Minimum Facilities (AMF) besides wheel chairs will also be provided to the needy. CONTD ON PAGE 9

Govt employee placed under suspension for violating MCC ■ STATE TIMES NEWS

SRINAGAR: Acting tough against the violation of Model Code of Conduct (MCC) guidelines, an employee was on Thursday placed under suspension by

the authorities in Srinagar. The order issued in this regard reads that "one Government employee namely Javid Ahmad Sofi working in SKICC has been found violating the MCC guidelines by participating and facilitating the political party meetings".

The order further reads that "the said employee has been placed under

■ CONTD ON PAGE 9

Cong maligning constitutional office of ECI by spreading canard about EVMs: Chugh

CHANDIGARH: BJPNational General Secretary Tarun Chugh on

Thursday said the Opposition, particularly the Congress, deliberately spreading a disinformation campaign against the EVM to mislead and hoodwink the people of the coun-

In a statement, Chugh said since the Congress and the other Opposition parties are facing an overwhelming defeat in the coming Lok Sabha election

they are trying to digress the mind of the people to



Chugh said the opposition parties are not only trying to fool people but are also trying to insult the constitutional office of the Election Commission of

India. He said it was a blatant effort of the Congress to malign the office of the ECI without realising

> that same EVMs have won the Congress win Karnataka Telangana, Himachal Pradesh and other states, besides AAP winning in Delhi and Punjab. The promises and

achievements highlighted in the "Sankalp

Patra" released by Prime Minister Narendra Modi have rattled them and now they are floating jittery

Overstaying in Govt accommodations: J&K Admin moves HC to defer action against occupants

■ STATE TIMES NEWS

JAMMU: Citing the Model Code of Conduct, Jammu and Kashmir estates department on Thursday sought permission from the high court to defer action till June 4 against politicians overstaying in government

Senior Additional Advocate former

The show-cause notices

ing occupants, who also included J&K BJP chief Ravinder Raina and several former ministers and ex-legislators, in response to the recent directions of the division bench of the high court in a Public Interest Litigation (PIL), seeking eviction of overstaying politicians from government bungalows.

According to the showcause notices issued on April 8, the concerned politicians were asked to appear before the director (estates) in the twin capital cities of Srinagar and Jammu in person or through virtual mode for giving the written response along with the documentary evidence, if any, in support of continua-

■ CONTD ON PAGE 9

Union Ministry official visits Directorate of Avush, Govt Ayurvedic Hospital; interacts with patients

STATE TIMES NEWS JAMMU: Padma Shri

Vaidya Rajesh Kotecha, Union Secretary Ministry of Ayush, Govt. of India visited Directorate of Ayush, Jammu and took detailed round of Govt. Ayurvedic Hospital, Jammu along with Dr. Mohan Singh Director Ayush J&K. He visited OPD Block,

IPD Blocks and various Procedure Sections of the Govt. Ayurvedic Hospital Jammu, wherein he interacted with the patients and their attendants He also interacted with

doctors and Paramedical staff & enquired about services being provided to the He appreciated and compli-

Medical mented



Superintendent Dr. Vandana Dogra and Deputy Medical Superintendent Dr. Aruna Govt. Ayurvedic Hospital Jammu for providing various Specialty Services in the aforesaid Standalone Tertiary Care Ayurvedic Hospital like Panchkarma, Ksharsutra, Leech Therapy, Para- surgical procedures, etc. He also visited the other

service areas like Laboratory, Pharmacy etc. He also appreciated that Govt. Ayurvedic Hospital Jammu is providing Diagnostic services like Radio diagnosis and Pathological services to the patients at very affordable user charges. He advised officers and

> officials of Govt. Ayurvedic Hospital Jammu to ■ CONTD ON PAGE 9

were served to the overstay-

accommodations.

General S S Nanda filed the application in the High Court of Jammu and Kashmir and Ladakh, days after the estates department served showcause notices to chief minister Ghulam Nabi Azad, and exdeputy chief ministers Kavinder Gupta and Muzaffar Hussain Beigh for overstaying in government accommodations in Jammu and Srinagar.

tion of accommodations