

JK Public School Kunjwani empowers girls through transformative counseling session



Renowned psychologist Dr. Chand Trehan addressing students at transformative counseling session being hosted at JK Public School, Kunjwani on Friday.

STATE TIMES NEWS
JAMMU: JK Public School, Kunjwani hosted a transformative counseling session on Friday, led by renowned psychologist Dr. Chand Trehan, aimed at empowering girls

from classes VII to XII. The session, centered on fostering confidence and self-importance, delved into topics such as inner peace, effective communication, and personal growth.

Dr. Trehan engaged students in captivating activities, including a reflective exercise with a toffee, to illustrate the importance of positivity and self-awareness. Students were enlightened

on the physical, emotional, and social changes they experience during adolescence, with practical advice on navigating these transitions. Dr. Trehan recommended watching the film "My Fair Lady"

as a learning tool for etiquette and personal development. Throughout the session, emphasis was placed on cultivating manners, pursuing passions, and embracing

individuality. An inspiring story of an eagle's perseverance resonated with students, highlighting the importance of resilience and overcoming challenges. Shashi Chaudhary, Director,

JK Educational Society, encouraged students to integrate the session's teachings into their lives, empowering them to face the challenges of life with optimism and uniqueness.

The session at JKPS Kunjwani stands as a testament to the school's commitment to holistic education, empowering girls to embark on a journey of self-discovery and empowerment.

Shoolini University holds 2-days Principal's Conclave-2024

Reinventing Education through Research & Innovation forte of University: Chancellor

STATE TIMES NEWS
SOLAN: Shoolini University, India's No. 1 Private University based in Kasauli Hills, Himachal Pradesh organized two-day school Principal's Conclave inside the University campus on 13th & 14th April, 2024 where in around 33 Principals of the leading institutions of J&K and Pathankot participated.



Principals of the leading institutions of J&K and Pathankot at a conclave.

The Principals attended the conclave were Ritesh Kapoor, Director A.S.N.Hr.Sec.School, Channi Himmat; Mammet Kour, Vice Principal APS Jammu Cantt; Girish Kumar, Principal Jodhamal Public School Jammu; Akash Pradhan, Principal Heritage School, Jammu; Amarendra Mishra, Principal K C Public School; Rajesh Rathore, Principal JK Public School, Kunjwani Jammu; Maria Swati, Principal Carmel Convent School, Jammu; Vivek Arora, Principal DPS Kathua; Vikram Handa, Director Tiny Tots Hr Sec School, Sainik Colony, Jammu; Rajesh Sharma, Principal Sun Shine Public School, R S Pura; K D Khajuria, Principal NP Brilliant School, Bishnah; Raj Kumar Verma, Principal DPS Nagbani; Naresh Kumar, Principal Learning Temple School Kathua; G R Mehta, Principal Kailash Shiksha Academy; Ankur Arora, Principal Vir Savarkar Hr Sec School; Vikrant Sharma, Principal Shastri Public School; Riti Prakash Singh,

Principal Nav Adarsh Hr Sec School, Kathua; Madan Mohan Sharma, Principal Nav Jagriti Niketan Hr Sec School, Kathua; Pooja Rajput, Vice Principal Blooming Dale Public School, Jammu; G N Var, President Private Schools Association Kashmir; Anju Jain, Principal JK Public Hr Sec School, Udhampur; Seema Sambyal, Vice Principal Holy Presentation Convent School, Kathua; Meenakshi Janwal, Principal DAC Collegiate Sr Sec School, Kathua; Arun Sharma, Principal Shivalik Heights Public School; Mahi Paul Sharma, Principal Minerva Public School; Sheetal Sharma, Minerva Public School; Rajesh Sharma, Principal JK Police Public School; Neeraj Mohan Puri, Principal Modern Sandeepani School; Romila Chand, St Thomas Sr Sec School; Vinita Mahajan, JK International School; Preety, Air Force School; Adamiya, JK Kids;

Anuragahika, JK Public Hr Sec School. The two-day Certification programme for Director/School Principals was inaugurated by the Vice-Chancellor Prof. Atul Khosla highlighting the research based education introduced in the University. Khosla appreciated the active participation of the Principals of the reputed institutions in coming forward to understand the conceptual based research programmes introduced for various courses available in the university. He drives new initiatives at Shoolini - initiating partnerships with industry and top global universities, starting new innovative academic programmes, transforming a traditional system to new methodologies of pedagogy, initiating a skills-based curriculum and building one of India's most dynamic and cutting-edge education technology platforms. Prof. PK Khosla, Chancellor

made the context for the 2-day certification programme for making the learning of various session interactive. She added that Shoolini University is a young university set up in 2009. Since then, we have become a well-recognised name in research, student output and innovation. The university has UGC recognition with NAAC accreditation. Several courses are recognised by the National Board of Accreditation. Such accreditations are recognition of our high-acumen faculty, innovative pedagogy and sprawling campus. With 250+ crore investments in research and innovation and high patent output, the university outperforms India's leading technical and science universities for its quality of research. Various session conducted for the two-day certification programme are: Innovative teaching and learning by Prof Munish Sehrawat; Summit Research program on biotechnology by Dr Saurabh Kulshrestha. The programme included a visit of the campus, RC Oswal Nano lab, Food testing lab, Patent wall, Multi-floor Library made on European concept, Temple, Tree plantation inside the campus by the Principals followed by Gala dinner. The two day certification programme ended with presentation of Certificates to all the Principals followed by Vote of thanks presented by Shikha Sood, Head of outreach.

VC JU releases newsletter of Poonch Campus



VC JU Prof. Umesh Rai and others releasing Newsletter of JU's Poonch Campus.

STATE TIMES NEWS
JAMMU: The Vice Chancellor (VC) University of Jammu (JU) Prof. Umesh Rai today released the Newsletter of JU's Poonch Campus. In a momentous event highlighting the academic prowess and community engagement of the JU'S Poonch Campus, Professor Umesh Rai, the Vice Chancellor, University of Jammu commended the efforts of Director Poonch Campus, Professor Rakesh Vaid, for the release of the Newsletter of Poonch Campus. The Newsletter serves as a comprehensive showcase of the remarkable achievements and initiatives undertaken by the Poonch Campus. Prof Umesh Rai lauded the dedication and hard work of the entire team at Poonch Campus, particularly acknowledging the contributions of Dr. Rubia Bukhari in ensuring the productivity and informativeness of the Newsletter.

He expressed his sincere congratulations to the team for their commitment to excellence and service to the community. During the event, Director Poonch Campus, Professor Rakesh Vaid, highlighted the significant achievements and ongoing initiatives at the Poonch Campus. He highlighted the various awareness programs being organized, specifically tailored to benefit the local community, with a particular focus on the agricultural sector and the welfare of farmers in the area. On this special occasion, Prof Rahul Gupta, Registrar, Prof. Meena Sharma, Dean of Planning and Development, Prof. Seema Langer, Head of the Department of Zoology, Prof Dipankar Sengupta, Dr. Ranjeet Kalra, Teaching faculty MMTC, Irfan Goni Campus Development Officer, Miss Gurmeet Kour Assistant Poonch Campus.

Present on the occasion Prof. Rahul Gupta Registrar, Prof. Meena Sharma, Dean Planning and Development, Prof. Seema Langer Head of the Department of Zoology, Prof. Dipankar Sengupta, Dr. Ranjeet Kalra, Teaching faculty MMTC, Irfan Goni Campus Development Officer, Miss Gurmeet Kour Assistant Poonch Campus. They spoke warmly, extending their congratulations to the director of Poonch Campus and the entire team involved in finalizing the Newsletter. Their words of appreciation echoed the collective effort and dedication put forth by the team, underscoring the significance of their accomplishment. Dr. Rubia Bukhari, Campus Officer said the release of the Newsletter marks a pivotal moment in the journey of the Poonch Campus, reflecting its dedication to academic excellence, community empowerment, and societal development.

BJP reviews election preparation in Jammu Parliamentary constituency



General Secretary (organization) J&K BJP, Ashok Koul chairing a meeting.

STATE TIMES NEWS
JAMMU: J&K BJP held a meeting of its former MLAs from the Jammu Parliamentary Constituency to review the ongoing election preparations. Ashok Koul, General Secretary (organization) chaired the meeting. He was accompanied by Kavinder Gupta, former Deputy Chief Minister, and Dr. Devinder Kumar Manyal, General Secretary & State Convenor, Parliament election management committee. BJP senior leaders Sat Sharma, Sham Lal Sharma, Surjit Singh Salathia, Chander Prakash Ganga, Sukhmandan Choudhary, Priya Sethi, Ajay Nanda, Baldev Sharma, Ch Vikram Randhawa, Rajeev Sharma, Prof Gharu Ram, Dr Krishan, Girdhari Lal Raina, and Swarn Lata, participated in the meeting. Ashok Koul stressed on the

ever-increasing enthusiasm of voters in the support of BJP. He appreciated the dedicated work of the party leaders and especially the ground-level workers, who have been working incessantly taking the party's achievements to the public to seek their paramount support for the party's MP candidates in the Parliamentary election. Ashok Koul added that the people have now witnessed the 10 years of the Modi government which is characterized by unprecedented development, multi-faceted infrastructure built-up, enormous investments, and improvement in medical, educational, water, electricity, homes, and other facilities to the general public, especially the needy and the neglected population, which had earlier received step-motherly treatment by the previous governments led by Congress, NC, and PDP. Koul asked the senior lead-

ers to go through all the voter lists themselves roping in the local leaders from the districts, and mandals up to the booth level. He asked them to discuss the proper arrangements at the booth levels to ensure the maximum voter turnout on the polling day in the Jammu-Parliamentary Constituency. Asking the party leaders to focus on the Booth Vijay Abhiyan, Koul said that the concentration should be on the Booth to win the election with a margin greater than that of the 2019 Parliamentary elections. He especially asked them to make an extra effort on the booths, in which the party managed less than expected votes in the last elections, stressing on the call of "Booth Jeeta, Chumav Jeeta". Kavinder Gupta asked the senior leaders to counter the deceptive campaigns of opposition parties. He said that these people deliberately left Jammu and Kashmir abandoned and bleeding, when the people needed their help the most. Dr. Manyal coordinated the meeting and presented the election-related reporting. He said that the party leaders are already giving their best at the ground level and BJP is set to secure a good margin in the election.

NSG Trust organizes cloth distribution camps in slum areas



NSG Trust members distributing cloths among slum dwellers.

STATE TIMES NEWS
JAMMU: The National Social Group (NSG) Trust on Friday organized cloth distribution camps in slums, orphanages, and old age homes with a commitment to alleviating the suffering of the destitute. The organization's belief that no individual should endure the lack of basic necessities like clothing. By conducting these camps regularly and extending assistance to those in need, NSG Trust exemplifies its dedication to the welfare of society. The camps in the slums of Channi Himmat near Railway Phatak highlighted the organization's ongoing efforts to reach marginalized communities. "NSG Trust's broader spectrum of welfare pro-

grams, including book donations and drug awareness camps, demonstrates a holistic approach to addressing societal needs. The distribution of clothes is not merely a material provision but an act of restoring dignity and self-respect to the underprivileged," Abhishek Padha (Founder and chairman) said. The seasonal requirements, such as providing woollens in winter and cotton in summer, ensures that beneficiaries receive appropriate assistance throughout the year, Abhishek said. The presence of dedicated members like Ashish Sharma, Abhinandan Sharma, and Anop Malhotra further strengthens NSG Trust's mission to serve the community.

Yogi expresses gratitude to UT Administration J&K

STATE TIMES NEWS
JAMMU: Kashmiri migrants living in forceful exile for last more than thirty two years have been facing a lot of problems on day to day basis and have pinned great hopes in present regime in addressing their all woes and worries in times to come for their overall honourable living. One such issue which worried this displaced community the most for last few days was issuance of ration coupon slips on monthly basis instead of yearly basis which was being previously adopted by the concerned department for last more than two decades. In a statement issued today by senior KP leader M.K.Yogi has expressed his heartfelt gratitude to the Chief Secretary J&K Atul Dulloo, Secretary Revenue and Relief and Rehabilitation Commissioner Migrants J&K who have over all acceded the genuine demands of migrants to issue one time ration slip coupon book for one year as per past

practice. This issue was raised by almost all the social and Political organisations of the community at all levels and sought immediate restoration of old system that is in place for more than two decades for over all convenience and comfort of the community. Yogi has also whole heartedly expressed his gratitude to all such community leaders belonging to various socio political fabrics for raising this important issue vigorously with the Chief Secretary J&K and Relief Commissioner Migrants J&K and succeeded in getting big a solace and relief for the community by a new order yesterday. Yogi has also appealed to all social and Political leaders of the community to come forward voluntarily under one umbrella for serving the community by rising above their party affiliations for the cause of this hapless community in order to mitigate its sufferings.

Secretary JKRDS, Surjeet Singh Sassan, Dr. Vikas Sharma, K.L Abrol Chairman JKRDS Province Jammu, Ashok Koul Chairman Minority Cell, Satpal Chairman Udhampur, Shamlal Chairman Kathua, Hem Raj Sr. Vice Chairman Province Jammu, Rajinder Chanyal secretary JKRDS, Shabir Ahmed Secretary Doda, Surjeet Singh Secretary JKRDS, Brahmndatt Chairman JKRDS Distt Jammu, Devi Ditta Bhagat, Mool Raj, Om Parkash, Som Dutt, Satpal Sabotra, Surjit Kumar and Vijay Kumar.

JKRDS appeals people to vote, support INDIA Blocs candidates

STATE TIMES NEWS
JAMMU: Babu Rampal, the Former Minister and Senior Vice-Chairman of JKRDS, urged the people of Jammu and Kashmir, including Ladakh, to actively participate in the democratic process by voting and supporting candidates aligned with the INDIA Blocs, particularly Congress and JKNC candidates in the upcoming Lok Sabha elections. Rampal emphasized the importance of various segments of society, including women, farmers, the economically disadvantaged, and the youth, in shaping the electoral

outcome. He highlighted the challenges faced by the region, such as unemployment and inflation, and underscores the need to elect representatives who can address these issues effectively. Moreover, Rampal urged voters to reject divisive forces and uphold democratic principles. He calls for a collective effort to ensure the restoration of statehood, preserve cultural heritage, and promote peace and communal harmony in the region. In the meeting the various prominent members present were Qazi Jallaluddin

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