

Days of Congress are numbered, will be wiped out soon: Jugal

STATE TIMES NEWS

JAMMU: Stating that the graph of BJP has touched all-time high and it will come out to be more stronger in 2024 general elections, Jugal Kishore Sharma, party candidate from Jammu-Reasi constituency, said that the days of Congress are numbered and it will be completely wiped out soon in coming days.

Addressing public meetings and interacting with the people during day-long road shows in Chowadi, Janipur, Sainik Colony, Purmandal Morh, Nai Basti, Ajit Nagar, Raipur Satwari, Roi Morh, Miran Sahib, Simbal and R.S.Pura, Jugal blamed Congress for discriminating with different sections of the society in Jammu and Kashmir and toying line of the votaries of autonomy and self-rule.

He said that while Congress was in power at the centre for more than six decades and here in JK too, it headed state governments for decades but unfortunate-



BJP candidate from Jammu-Reasi constituency, Jugal Kishore Sharma addressing public meeting at Jammu on Sunday.

ly, it had different yardsticks for different sections and never treated all equally.

He was accompanied by BJP vice president Surjeet Singh Salathia, former minister Chander Prakash Ganga, former MLC Ch Vikram Randhawa, DDC Vice-Chairperson Suraj Singh, constituency incharge Balwant Singh Mankotia, former Deputy Mayor Baldev Billawaria, District Prabhari Ayodhya Gupta, District President Rekha Mahajan, OBC Morcha

National secretary Rashpal Verma, Advocate Ravinder Gupta, Ex corporator Sunita Gupta, Pawan Singh.

Jugal said that gone are the days when Congress could garner public support on false and misleading slogans. The people repeatedly voted for Congress with high hopes, which never came true.

He said that the people have now developed faith in the working of the BJP-led NDA government under PM Narendra Modi, as, during

the last ten years, broad changes have been witnessed in different sectors.

"The refugees from West Pakistan had been agitating for grant of citizenship rights but no one cared, rights of the daughters of the soil were snatched on marrying outside the state", Jugal said and added that the affected and aggrieved sections got justice from Modi government.

The BJP candidate further said that zero tolerance towards terrorism, and reser-

vation to STs, OBCs, and Economically Weaker Sections, have proved that the Modi government is concerned for peace, normalcy, and welfare of every section and cannot discriminate or appease anyone for vote bank politics. Jugal said that today's Jammu and Kashmir is fast moving on the path of development, progress and prosperity as the Modi government has showered this UT with numerous mega and prestigious projects of infrastructure development as well as dozens of welfare schemes which, socially and economically, empowered the poor, needy and marginalized class.

The credit for the restoration of peace, putting normal life on track, and massive development, goes to the Modi government and the people should come forward to express their gratitude to the PM by voting in favour of the BJP candidate and teach Congress a lesson by rejecting it in upcoming polls, he said.

Chardikala Diwas of Dera Nangali Sahib Poonch celebrated

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JAMMU: The Chardikala Diwas of Dera Nangali Sahib Poonch was joyously celebrated at Gurudwara Digiana Ashram Jammu by the organizing committee.

Mahant Manjit Singh of Shriomani Dera Nangali Sahib Poonch oversaw the religious function, which saw the participation of thousands of Sikh Sangat and Sikh organizations from Jammu & Kashmir. Participants prayed for the continued prosperity of Dera Nangali Sahib.

Various Ragis and religious figures took part in the event, highlighting the accomplishments of Dera Nangali Sahib and commending its contributions to religious and educational realms, as well as its efforts in promoting love and unity among different sections of society.

Sudershan Singh Wazir, Chairman of the Sikh United Front J&K, lauded Mahant Manjit Singh Ji's efforts in propagating Sikhism both



Mahant Manjit Singh of Shriomani Dera Nangali Sahib Poonch and others at a programme.

within and outside India. He emphasized the significant contributions of Dera Nangali Sahib to the state and beyond.

In his address, Mahant Manjit Singh Ji expressed gratitude to the attendees from various districts of Jammu province.

He also made an important announcement regarding the Sikh Coordination Committee, stating that due to its failure to address genuine issues and instead focusing on personal interests, he had dissolved the committee with immediate effect.

He forbade the use of his name in any governmental or administrative matters.

The event was attended by several notable personalities, including Prof. Narinder Singh, Prof. Hardayal Singh, Dr. Netar Singh, Rajinder Singh, Karan Singh Bali, Avtar Singh, Mohinder Singh, Darbinder Singh, Dr. Surjeet Singh, Ravinder Singh, Gagan Singh, and Kulwant Singh Khajuria, among others. These individuals spoke at the event and presented honors to Mahant Manjit Singh.

People craving for change: Uday



National General Secretary IYC Uday Bhanu Chib and others at a meeting.

STATE TIMES NEWS

JAMMU: Uday Bhanu Chib, National General Secretary of Indian Youth Congress, on Sunday said that people of Jammu and Kashmir and elsewhere are fed-up with policies of BJP.

Addressing the meeting organized by Karan Sharma, President Youth Congress at Ward No 36 in Jammu North Assembly segment, the senior Congress leader said that not only J&K but other States across the country are also yearning for the change as BJP has done nothing on ground except crafting new 'Jumlas' on all the issues which concern common man. He emphasized that Congress being a party of principles is all set to shine in the upcoming Lok Sabha polls and will form Government at the Centre. Among

those who were present include Harjeet Singh Bagi, Vice President DCC Jammu Urban, Surinder Kumar Vice Chairman SC Cell JKPC, Deepanshu IYC National Spokesperson, Rusnu President Ward 37, Madan Singh Chib, Tarun Vaid and others. Karan Sharma, recently appointed President of Ward 36, expressed heartfelt gratitude to senior Youth Congress leaders Jagdev Gaga, Uday Bhanu Chib, Amit Pathania, Akash Bharat, Vankul Jamba, Harjeet Singh Bagi, and Surinder for entrusting him with the responsibility to serve.

He acknowledged their confidence in him and pledged to fulfill his duties with dedication and integrity, striving to make positive contributions to the community.

Sadhguru Madhuparamhans delivers religious sermons

STATE TIMES NEWS

JAMMU: Sadhguru Shri Madhuparamhans Ji Maharaj of Sahib Bandgi shared profound insights during his discourse at Satwari Chowk, captivating devotees from all corners of the country with the essence of his teachings. He expounded on the nature of consciousness, illustrating how it diminishes during dreams and deep sleep but expands exponentially during the Turiya state, granting the power of creation. In this state, the soul experiences the radiance of sixteen suns upon returning to its original form.

Reflecting on his own experiences of transcending physical needs, Sadhguru emphasized the automatic fulfillment of tasks when one operates from a state of heightened consciousness. He elucidated the cosmic dynamics between Niranjana and Sahib, high-



Sadhguru Shri Madhuparamhans Ji Maharaj delivering religious sermons at Jammu on Sunday.

lighting the choice individuals have in navigating spiritual paths. Despite possessing the ability to liberate all souls instantly, the Supreme Person refrains from doing so to honor divine commitments.

Drawing on the analogy of the mind's influence, Sadhguru encouraged listeners to remain centered amidst

opposing forces, recognizing the transformative power of genuine spiritual guidance.

He cautioned against falling prey to false gurus and emphasized the importance of aligning with a truthful teacher for spiritual progress.

Sadhguru conveyed that he has imparted all that is necessary, urging disciples to now cultivate a Gurumukh mindset and seek strength through Satsang, or spiritual discourse.

In essence, Sadhguru's

teachings underscored the journey towards spiritual awakening, navigating the interplay of opposing forces, and the significance of authentic guidance on the path to truth and enlightenment.

Over 324 cases of crime against women; 450 kidnapping, rape cases registered in Srinagar since 2019

STATE TIMES NEWS

SRINAGAR: In the past more than five years, at least 324 cases of crime against women have been registered in district Srinagar.

Under the Crime against Women (CAW) head, at least 324 cases have been registered in the district from 2019 to January 31, 2024. These include one dowry case registered in 2022.

This information was given by the Public Information Officer (PIO) in a reply to Right to Information (RTI) application filed by an activist M.M Shuja.

According to the official figures, in the past more than five years, the highest

number of cases registered under the Crime Against Women (CAW) head in Srinagar was in the year 2023 wherein at least 113 such cases have been registered. Similarly, the lowest numbers of such cases in the region were registered in the year 2021.

The official figures reveal that in the year 2019, at least 48 cases of crime against women were registered in Srinagar, followed by 47 cases in 2020. In the year 2021, at least 41 such cases registered in the region followed by 70 cases in 2022 and 113 in 2023.

It further reveals that in the first month of 2024; at least five cases of crime against women were registered in Srinagar.

In the past more than five years, Srinagar district has witnessed at least 455 kidnapping and rape cases besides 63 murder cases. Official data revealed that J&K police in Srinagar have registered at least 455 kidnapping and rape cases from 2019 to January 31-2024.

The official also said that during this period, the police authorities in the region have recorded at least 63 cases under crime head murder and 170 suicidal cases under crime head attempt to suicide.

According to the official figures, police in 2019 have registered at least 15 suicidal cases under crime head attempt to suicide in Srinagar followed by 26

cases in 2020.

In the year 2021, it also recorded at least 51 such cases, 41 cases in 2022 and 34 suicidal cases in 2023. The official figures further reveal that in 2024 till the month end of January, a total of three suicidal cases were registered in Srinagar district.

About the cases of kidnapping and rape, the PIO has informed that the district police Srinagar in year 2019 has registered at least 98 such cases followed by 21 cases in the year 2020.

It also said that the Srinagar district in 2021 has registered at least 100 cases of kidnapping and rape under crime head and has also witnessed 128

such cases in 2022 and hundred cases in 2023 respectively.

The official figures states that that in 2024 till the month end of January, a total of eight kidnapping and rape cases were registered in Srinagar district.

Likewise, the PIO has mentioned that in the year 2019, police in Srinagar district have registered at least six murder cases followed by 13 cases in 2020, at least 24 murder cases in 2021, thirteen cases in 2022 and six cases in 2023.

The PIO has further revealed that in January 2024, police authorities in the district have registered only one such case under crime head murder.

My focus development, others only exploit people: Azad

STATE TIMES NEWS

SRINAGAR: Chairman Democratic Progressive Azad Party (DPAP), Ghulam Nabi Azad on Sunday reaffirmed his commitment to addressing the pressing issues facing the people, saying he stands for transparent governance, inclusive development and empowering every citizen to thrive.

"My record speaks for itself", Azad said while launching his election campaign for the Anantnag-Rajouri-Poonch seat from his ancestral village Nagam, Kokernag.

Reflecting on the importance of roots, Azad emphasized the significance of never forgetting where we come from. He expressed happiness over visiting Nagam, noting that many years ago, most of the people who now reside in the Chenab Valley migrated from South Kashmir. Despite the distance, they have retained a strong connection to their roots, he added.

He highlighted the resilience of the shared culture, where love and affec-



Chairman DPAP, Ghulam Nabi Azad addressing public meeting at Kokernag.

tion continue to thrive despite the geographical divide.

Azad pledged that, once elected Chief Minister, he would prioritize constructing a tunnel to bridge the gap and improve connectivity between the Chenab Valley and South Kashmir, ensuring easier access for both the regions.

He said, "People of our Chenab Valley maintain a strong bond with South Kashmir, as many migrated from there. However, our roots remain firmly planted here. We are committed to developing both regions and

fostering connectivity between them."

Azad slammed the National Conference and the PDP for perpetuating division and exploiting the people with empty slogans. He emphasized the urgent need to shift the political discourse towards tangible progress and unity.

"Enough is enough," declared Azad, saying, "We cannot allow ourselves to be divided and deceived any longer. Both parties have prioritized their own agendas over the needs of the people, manipulating sentiments for personal gain."

South Kashmir while failing to deliver tangible benefits to the people. He questioned their track record of governance and highlighted his own efforts in the region, including the establishment of a medical college, construction of roads, schools, and hospitals.

"It's time to hold our leaders accountable," asserted Azad, adding, "Many are vying for votes in South Kashmir, but what have they truly accomplished for the people? I've personally invested in this region, establishing vital infrastructure and institutions that directly benefit the people."

"Actions speak louder than words. While some leaders merely exploit voters with empty promises, I've delivered concrete results that improve the quality of life for residents in South Kashmir", he added.

Among others present on the occasion included, Gen Secretary Ch Haroon Khatana, Spokesperson Adv Saleem Parray and Salman Nizami Chief Spokesperson.

Election training for micro observers held

STATE TIMES NEWS

BANDIPORA: The District Election Office Bandipora on Sunday organised a day-long election training for micro observers at Conference Hall Mini Secretariat, Bandipora.

The training sessions was aimed to equip micro observers with the necessary skills and knowledge to ensure the integrity and transparency of the electoral process.

Participants received comprehensive instruction on their roles and responsibilities, including monitoring voting procedures, observing polling stations, and reporting any irregularities.

The training was provided by District Level Master Trainer, M. Iqbal Samoon. Coordinator Manpower and Trainings, Irfan Maqbool, ALMTs and other concerned were also present on the occasion.

RMMC to hold free Gastroenterology & Oncology Health Camp on April 24

STATE TIMES NEWS

JAMMU: Ramakrishna Mission Medical Centre (RMMC), Udheywala, Jammu is organizing a free health camp focused on gastroenterology and oncology on April 24. The health camp is scheduled to start at 9AM and continue until 2PM.

The camp will be headed by Dr. Vishav Dev Singh, MBBS, MD Medicine, DNB Gastroenterology and Hepatologist from Narayana Hospital and Dr. Arjun Singh Chib, MBBS, MD Medicine, DNB Oncology from BEE Enn Hospital.

Apart from the gastroenterology and oncology camps, the participants will also be provided free consultations in Physician (Allopathy), Physician (Ayurvedic), ENT, Dental Surgeon, Orthopaedics, Eye Specialists, Gynaecologist and Physiotherapist.

In addition to these spe-

cialized services, the health camp will offer free consultations in various other medical disciplines, including Allopathic and Ayurvedic Physicians, ENT specialists, Dental Surgeons, Orthopedic Surgeons, Ophthalmologists, Gynecologists, and Physiotherapists.

Furthermore, attendees will have access to a range of complimentary medical tests, including free fibroscan (Liver Test), free hepatitis B and Hepatitis C Tests, free blood sugar, HBA1C, and BP Tests. Additionally, a full-body checkup consisting of 65 parameters will be available at a nominal fee of only Rs 700.

The Ramakrishna Mission Medical Centre invites all members of the community to take advantage of this opportunity for quality healthcare services, with the assurance of expert medical guidance and support.