

Talent Corner

Poem — Love

Love is care, Love is respect.
Love is without doubts, Love is without suspect.
Love is pure and spiritual.
Love is not likings and conceptual.

Love is fact, Love is reality.
Love is not imagination, Love is not salty.
Love is an inspiration and motivation.
Love is not compulsion and negation.

Love is truth, Love is honesty.
Love is not Ruth, Love is not lusty.
Love is understanding and trust.
Love is without spanking and suggest.

Love gives will, Love gives aim.
Love takes nill, Love takes lame.
Love is faith and strength.
Love is without laith and panth.

Love is devotion, Love is worry.
Love is without portion, Love is without sorry.
Love is life for those who live.
Love is nothing for those who dive.
Love is fair, Love is beauty.
Love is without share, Love is without sooty.

Rajat Kumar,
Bigota, Doda.

Poem — Reaching that happy space

You are away from your happy place,
Because you have to participate in the race.
It's that race,
From where even apathetic individuals can't chase.

Those who try to chase,
It creates another phase.
Just for the purpose to fill that void with the possible grace,
A grace which makes your face a happy face.

After doing struggle expelling wet sweat you need to chase,
It's interesting after achieving being nostalgic to have a quick trace.

With a hope that you will achieve those happy days,
Those days which you expect to achieve some grace.

Parties might have different ways,
All ways constrain to reach that common happy space.

- Sahaj Sabharwal

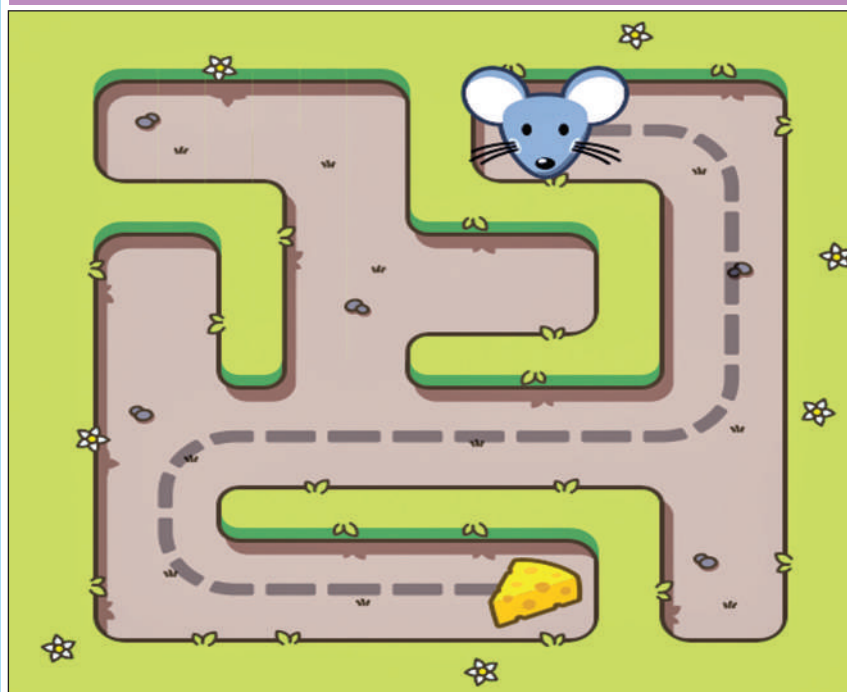
SUDOKU

			8	1	2		7	3
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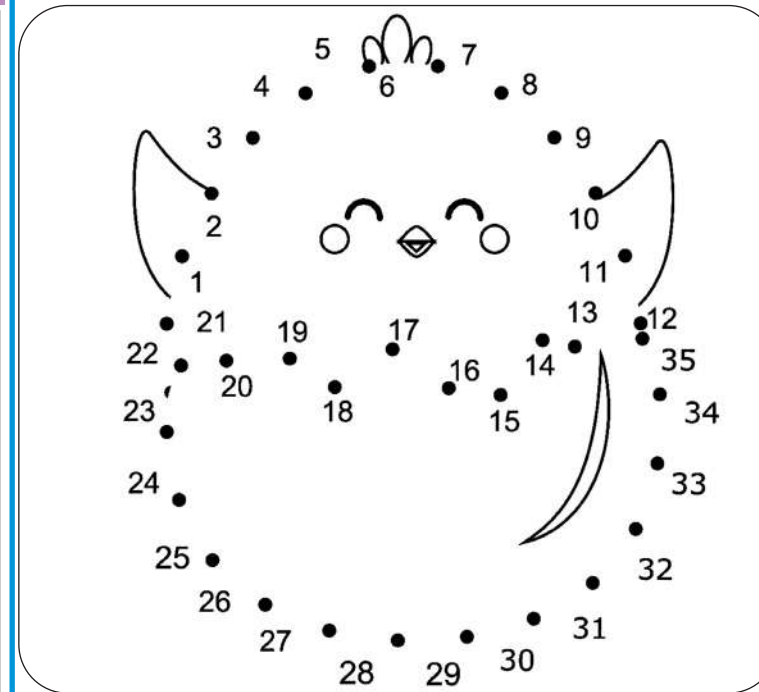
SOLUTION
OF
LAST
WEEK
SUDOKU

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5	9	1	3	7	8	2	4	6
4	7	9	5	8	1	6	3	2
8	3	2	7	6	4	1	9	5
1	6	5	9	2	3	4	7	8
7	8	3	6	9	2	5	1	4
2	1	4	8	3	5	7	6	9
9	5	6	4	1	7	8	2	3

MAZE



COMPLETE THE PICTURE



CAREER AID

Plastic Surgery

Plastic surgery is a medical specialty concerned with the correction or restoration of form and function of body parts. Plastic surgery is focused on repairing, reconstructing or replacing abnormalities in the functioning and form of the skin, muscles, skeletal system and many other areas of the body. As such a plastic surgeon, may perform two types of surgery: cosmetic surgery to improve appearance and reconstructive surgery to correct appearance after an injury or to improve bodily function. Plastic surgeons will operate on all parts of the body, from head to toe. The field of plastic surgery is so broad, that subspecialties exist within the specialty of plastic surgery, including cranio-maxillofacial surgery, microvascular reconstruction surgery, hand surgery, burn surgery and cosmetic surgery, just to name a few. A plastic surgeon can choose to specialize in one of these areas, or practice the entire scope of plastic surgery. While Cranio-maxillofacial is surgery to treat diseases, injuries and defects in the head, neck, face, jaws and the hard and soft tissues of the oral (mouth) and maxillofacial (jaws and face) region, Microvascular surgery is surgical reconstruction of jaws and mouth, throat etc which involves moving a composite piece of tissue from another part of the body to the head and neck. The specialty of plastic surgery is applicable to a wide range of conditions (including cancer and trauma) and a wide range of anatomical sites (from scalp to the toes). Some people in need of plastic surgery are effected right from birth, such as cleft lips and cleft palates. Car crashes, fires, and other terrible accidents can leave people wounded and in need of plastic and reconstructive surgery. By opting for this surgical procedure, such people are able to reconstruct their body parts. Plastic surgeons administer cosmetic procedures, such as face lifts, they may treat the bones of the face and skull; repair cleft lips or cleft palates; reattach severed fingers, toes or limbs; and treat congenital



problems.

Educational qualification

Like any other physician, plastic surgeon should be knowledgeable in the field of science, biology, anatomy and physiology. Plastic surgeons too spend many years in training, beginning with five and half years in medical college for MBBS. After completing MBBS, one must go for MS General Surgery. Candidates with MBBS degree who have registered permanently with Medical Council of India or any other State Medical Councils are eligible for this MS course. After MS they must further specialise by doing M.Ch Plastic Surgery which is of 3 years duration. Admission to M.Ch is based on merit in the entrance examination.

Colleges and Institutions:

Christian Medical College, Vellore

Ida Scudder Road , Vellore (Vellore Dist.) - 632004

Bangalore Medical College and Research Institute, Bangalore

Fort, K.R. Road , Bangalore (Bengaluru Dist.) - 560002

Karnataka

King Georges Medical University, Lucknow

Chhatrapati Shahuji Maharaj Medical University, Chowk , Lucknow (Lucknow Dist.) - 226003

Uttar Pradesh

Grant Medical College and Sir JJ Group of Hospitals, Mumbai

J J Marg, Nagpada-Mumbai Central,

Off Jijabhoy Road , Mumbai (Mumbai Dist.) - 400008

Armed Forces Medical College (AFMC), Pune

Wanowrie , Pune (Pune Dist.) - 411040

Maharashtra

All India Institute of Medical Sciences (AIIMS), New Delhi
Safdarjung Enclave, Aurobindo Marg, Ansari Nagar ,
New Delhi (Delhi) - 110029

Sawai Man Singh (SMS) Medical College, Jaipur
JLN Marg , Jaipur (Jaipur Dist.) - 302004

Rajasthan

Government Medical College, Patiala

Rajindra Hospital, Sangrur Road ,
Patiala (Patiala Dist.) - 147001

Punjab

Rajarajeswari Medical College and Hospital, Bangalore

No.202, Kambipura, Mysore Road ,
Bangalore (Bengaluru Dist.) - 560074

Vydehi Institute of Medical Sciences and Research Centre,
Bangalore

#82, Nallurahalli, Near BMTC 18th Depot,
Whitefield , Bangalore (Bengaluru Dist.) - 560066

Karnataka

Vardhman Mahavir Medical College and Safdarjung
Hospital, New Delhi

Ministry of Health & FW, Govt. of India ,
New Delhi (Delhi) - 110029

Amrita Institute of Medical Sciences (AIMS) : Schools and
Research Centers, Kochi

Amrita Health Sciences Campus, AIMS Ponakkara Post,
Elamakkara, Edappally ,
Kochi (Ernakulam Dist.) - 682041

If you have any ideas, poems, stories,
paintings that you would like to share with us,
please send it to

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or send via email to statetimes1@gmail.com