

Amitabh Bachchan's granddaughter Navya Naveli Nanda admits getting work due to privilege; says 'People often try to brush it under the carpet'



Amitabh Bachchan and Jaya Bachchan's granddaughter Navya Naveli Nanda is quite popular in Bollywood despite not being in show business. Unlike popular belief that she would enter Bollywood as her maternal side of the family is quite into the world of entertainment, Navya surprised everyone by entering the business world at the age of 21. A couple of months ago, she began a podcast and a vodcast called What The Hell Navya with Jaya Bachchan and Shweta Bachchan. Navya has now opened up about having a privileged background, her vodcast and also shared her thoughts on being a celebrity and career in Bollywood.

Navya Naveli Nanda was asked about her statement about getting a lot of opportunities owing to her privileged background. Well, Navya is the granddaughter of Amitabh Bachchan and Jaya Bachchan. She is the niece of Abhishek Bachchan and Aishwarya Rai Bachchan and her father Nikhil Nanda has his own business and her mom, Shweta Bachchan, is a former model and is an Indian columnist and author. The young entrepreneur says that one has to acknowledge it and respect it. She feels people often tend to brush it under the carpet. She says it is important to acknowledge the privilege because it allows them to do certain things in life. She is grateful for the same and expresses that it motivates her to make the most of everything as not everyone has that opportunity. She adds that she is not just using the privilege for herself but for others too.

Shweta's daughter was asked difficulties about staying real in a world where people, especially celebrities project a certain image on social media. She says that she is not a celebrity and has to do a lot to achieve that tag.

Pushpa 2 takes cue from Animal, Jawan 'luck factor' for the box office success of the movie?

Today, the makers of Pushpa 2 showed fans a new poster ahead of the teaser release on April 8, 2024. Allu Arjun is back as Pushpa in the film based around smuggling of red sandalwood in the forests of Andhra Pradesh. In the new poster, we can see Allu Arjun in a look that is symbolic of Lord Shiva. Allu Arjun inspires awe in that powerful avatar in a poster that looks splashed in a deep hue of vermilion red. This is the second one in a deep shade of red after yesterday's poster where we could see his feet with ghungroos. Even that poster had a red palette.

The colour red is associated with ambition, passion and resilience. It denotes domination, action and expertise. Well, there have quite a few films that have had posters dominated in hues of red. Let us take a look at their box office performance in a quick glance.

Ajay Devgn, R Madhavan and Jyothika's Shaitaan has made Rs 200 crores worldwide gross. It is a clean hit. Shaitaan was made on a budget of Rs 65 crores. The first poster was on a red and black hue where the red voodoo doll stood out. In India, where millions believe in Kaala Jaadu,



it made the right impact in all states.

Eijaz Khan shares Jawan success did not help him get work; says 'Mujhe laga tha bhai ab toh...'

Eijaz Khan is a popular name in the industry. He has worked in films and TV shows and has also been exploring himself as an actor in the OTT space. Last year, Eijaz Khan was seen in one of the biggest blockbusters of the Hindi film industry, Jawan starring Shah Rukh Khan, Nayanthara, Vijay Sethupathi and Deepika Padukone. Jawan minted more than Rs 1100 crore at the box office worldwide, the highest ever even for Shah Rukh Khan. The Bigg Boss 14 actor reveals that it did not help him land the kind of work he wanted.

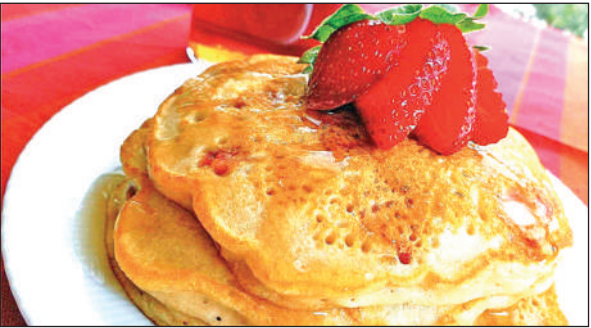
Eijaz Khan talks about getting love and appreciation for his role in Shah Rukh Khan starrer movie, Jawan. The actor says he tries to be as grounded as he can amidst the swirling compliments. Eijaz talked about how his small role made a strong impact in the movie. He also gushed about getting to work with SRK, Atlee and Vijay Sethupathi. He admits that he thought amazing work would come his way after Jawan. But that did not happen. Eijaz shares that he doesn't know what people think. The popular Film and



Television actor reveals he did get a call he was expecting and felt that now he would be flooded with calls and such.

Recipes

Strawberry Pancake



**Ingredients**  
2 cup wholemeal flour  
60 pieces strawberry  
2 tablespoon caster sugar  
2 egg  
2 tablespoon butter  
5 drops vanilla essence  
2 teaspoon baking powder  
4 tablespoon honey  
1 cup yoghurt (curd)  
**Method:**  
To start with, crush half of the strawberries in a bowl and chop the remaining strawberries into half.  
Toss the chopped strawberries in a bowl with caster sugar and refrigerate.  
In another bowl, add whole-meal flour, baking powder and mix them.  
Stir in yogurt and mix well.  
Combine crushed strawberries, vanilla essence, eggs, honey into the mixture and whisk to form a smooth batter.  
Over medium flame, place a pan and melt butter in it.  
Once the butter melts, with the help of a ladle, pour 1/4th batter for one pancake. Spread the batter evenly.  
Cook for 2-3 minutes from both the sides until golden brown in color.  
Likewise, make all the other pancakes.  
Place them in serving plates and top with sugary strawberries if you want.  
Enjoy !

Easy home remedies to get relief from acidity



Acidity and gastric discomfort are common digestive issues that many people experience due to various factors such as dietary habits, stress, and lifestyle choices. While medications are available to alleviate symptoms, several easy home remedies can provide relief from acidity and gastric discomfort.

Here are seven such remedies:

**Fennel seeds:** Fennel seeds have carminative properties that help reduce gas and bloating, thereby providing relief from gastric discomfort. Chew a teaspoon of fennel seeds after meals or brew fennel seed tea by steeping a teaspoon of crushed fennel seeds in hot water for 10-15 minutes. Strain and drink this herbal tea to ease digestion and reduce acidity.

**Cold milk:** Cold milk is an effective home remedy for acidity as it helps neutralize stomach acid and provides relief from burning sensations.

Drink a glass of cold milk slowly to soothe the stomach lining and alleviate acidity. You can also add a teaspoon of honey to enhance its effectiveness.

**Chamomile tea:** Chamomile tea has calming properties that can help reduce inflammation in the stomach lining and alleviate gastric discomfort.

Brew a cup of chamomile tea by steeping a chamomile tea bag in hot water for 5-10 minutes. Drink this soothing tea after meals or whenever you experience acidity or bloating.

**Apple cider vinegar:** Despite its acidic nature, apple cider vinegar can help balance stomach acid levels and alleviate acidity. Mix one to two tablespoons of raw, unfiltered apple cider vinegar in a glass of water.

Drink this solution before meals to prevent acidity or during a gastric episode to ease discomfort. However, it's essential to dilute apple cider vinegar properly to avoid irritation. This remedy has worked for many people, but it is better to ask your doctor before trying this.

**Ginger tea:** Ginger has natural anti-inflammatory properties that can help reduce acidity and soothe the digestive system. To make ginger tea, simmer a few slices of fresh ginger in hot water for about 10 minutes. Strain the liquid and add a little honey or lemon juice for flavor. Drink this ginger tea 2-3 times a day to ease acidity and gastric discomfort.

**Bananas:** Bananas are rich in potassium, which helps neutralize stomach acid and reduce irritation. Additionally, bananas contain natural antacids that can provide quick relief from acidity. Eat a ripe banana whenever you feel symptoms of acidity or gastric discomfort. You can also blend a banana with a cup of yogurt to make a soothing smoothie.

**Coconut water:** Coconut water is alkaline in nature and helps neutralize stomach acid, making it an excellent remedy for acidity and gastric discomfort.

Drink fresh coconut water regularly to maintain hydration and alleviate acidity symptoms. It also provides essential electrolytes that aid digestion and promote overall digestive health.

When to use face wash: First thing in the morning or last thing in the night?



Determining the ideal time to use face wash depends on various factors, including personal preferences, skin type, and lifestyle habits. However, incorporating face wash into both morning and nighttime skincare routines can yield optimal results in maintaining healthy, radiant skin.

First thing in the morning, using a face wash can help refresh and awaken the skin, removing any impurities or excess oils that may have accumulated overnight. Cleansing the face in the morning not only helps to prepare the skin for the application of skincare products but also creates a clean canvas for makeup application if desired.

Additionally, washing the face in the morning can help to remove any residue from nighttime skincare products, allowing the skin to breathe and function optimally throughout the day.

On the other hand, using face wash as the last step in the

nighttime skincare routine is essential for effectively removing makeup, dirt, and pollutants accumulated throughout the day. Cleansing the face before bedtime helps to unclog pores, prevent breakouts, and promote skin renewal during the overnight hours.

Removing makeup and thoroughly cleansing the skin before sleep also allows nighttime skincare products, such as serums and moisturizers, to penetrate more deeply into the skin, maximizing their effectiveness.

For individuals with oily or acne-prone skin, washing the face both in the morning and at night may be beneficial in controlling excess oil production and preventing breakouts.

However, those with dry or sensitive skin may find that washing the face only once a day, preferably at night, is sufficient to maintain skin cleanliness without stripping away essential moisture.

It's important to choose a gentle, pH-balanced face wash suitable for your skin type and concerns. Avoid using harsh or overly drying cleansers, as they can disrupt the skin's natural barrier and lead to irritation or dehydration.

Instead, opt for a mild cleanser that effectively removes impurities without causing undue stress to the skin.

Incorporating face wash into both morning and nighttime skincare routines can help to keep the skin clean, balanced, and healthy. Washing the face in the morning prepares the skin for the day ahead, while cleansing at night removes makeup and impurities, allowing the skin to rejuvenate overnight. By establishing a consistent skincare regimen that includes face wash at the appropriate times, you can promote a clear, glowing complexion and maintain optimal skin health.

General Knowledge Question Answers

1. For which among the following is not a true fruit?
- A. Apple  
B. Date  
C. Grape  
D. Plum
2. Which of the following is least infectious ?
- A. leprosy  
B. hepatitis  
C. tuberculosis  
D. conjunctivitis
3. Which of the following is not a mosquito borne disease?
- A. Dengue fever  
B. Malaria  
C. Sleeping sickness  
D. Filariasis
4. In certain amino acids, which one of the following elements is found in addition to carbon , hydrogen, nitrogen and oxygen?
- A. Phosphorus  
B. Zinc  
C. Calcium  
D. Sulphur
5. Among the following elements, which one is essential for the transmission of impulses in the nerve fibre?
- A. Calcium  
B. Iron

- C. Sodium  
D. Zinc
6. The vitamin which is very liable and easily destroyed during cooking as well as storage is
- A. Vitamin A  
B. Vitaminb6  
C. Vitamin C  
D. Vitamin K
7. The compound used in anti-malarial drug is
- A. Aspirin  
B. Neoprene  
C. Isoprene  
D. Chloroquin
8. Which of the following is a skin disease?
- A. Anaemia  
B. Pellagra  
C. Osteomalacia  
D. Rickets
9. The richest source of vitamin D is
- A. Cod liver oil  
B. Spinach  
C. Milk  
D. Cheese
10. Which of the following tests helps in diagnosis of cancer?
- A. X-ray  
B. Urine test  
C. Blood test

- D. Biopsy test
11. Which one of the following is an enzyme?
- A. Glucagon  
B. Insulin  
C. Somatotropin  
D. Trypsin
12. Which vitamin is provided by sunlight to the body?
- A. Vitamin A  
B. Vitamin B  
C. Vitamin C  
D. Vitamin D
13. The deficiency of which of the following leads to dental caries?
- A. Iron  
B. Copper  
C. Fluorine  
D. Zinc
14. Healing of wounds is hastened by vitamin
- A. A  
B. E  
C. C  
D. K
15. Which of the following diseases is caused by the bite of a mad dog?
- A. Hydrocele  
B. Hydrophobia  
C. Hydrocephatus  
D. Hydroperitoneum

ASTRO SPEAK

**ARIES**

MAR 21 - APR 20

The actions of other people could be very unpredictable today, so you need to be prepared for anything. And while this day may test your flexibility and patience, it will still be quite enjoyable. You like it when things are interesting, and unpredictability is part of the price you pay for "interesting." One of your friends might have an intriguing opportunity for you, but you need to have them explain things in more detail before you say yes.

**LIBRA**

SEP 24 - OCT 22

You could feel a magnetic pull toward a person you've never met before. Resist the urge to cyber-stalk this person, but do keep an eye on them. There is a reason that they interest you, and if you can't figure out what it is, you need to get more information in order to do so. You've been waiting for someone to show you a better way of being with people.

**TAURUS**

APR 21 - MAY 20

You could be on a somewhat solid financial footing right now, although it wouldn't hurt to have a few more coins in your coffers. Put a little more effort into conserving more of your funds. The easiest way to do that is to cut out any luxury treats. Drink tea instead some fancy coffee. And don't leave your credit cards near your computer. You'll be less likely to succumb to that must-have item you see online.

**SCORPIO**

OCT 23 - NOV 22

There's no sense in hurrying to get things done today. It will only result in you wasting your energy. Sometimes it's easy to confuse being busy with getting things accomplished, but you need to keep your focus on what needs to happen today, not on what you would like to have happen tomorrow. Let that take care of itself. Try to work on the social aspect of your life a little bit more intensely. There are goals that you haven't met yet.

**GEMINI**

MAY 21 - JUN 20

You know some pretty fascinating people, but you may not have seen them in a while. Why not try to figure out a way to get together online? Enjoy a virtual happy hour or meal, sing some tunes, or engage in an impromptu workout and encourage one another. There are lots of ways to stay connected if you use that creative brain of yours!

**SAGITTARIUS**

NOV 23 - DEC 22

Fire up your laptop and start a spreadsheet, because you need to stay on top of all the details that will be flying at you today! You can't afford to let any numbers, names, or dates fall through the cracks. Take nothing for granted. Avoid the gray areas and the maybes. Make people commit to yes or no. Your life needs to be all about black-and-white facts right now. This will enable you to get more focused and reduce the drama in your life.

**CANCER**

JUN 22 - JUL 23

No one sees things quite like you do, and more and more people are starting to enjoy your take on the world. Some of your ideas might leak out in an unconscious act on your part, and it might make you nervous. But even if you aren't quite ready for people to know about them, you could be pleasantly surprised by the fact that these people really dig your ideas! Get used to getting more attention.

**CAPRICORN**

DEC 23 - JUL 20

Even if you don't have a sweetheart right now, this day could be full of romance for you! If you're not going to be falling in love with another person all over again, you'll be falling in love with yourself all over again, which might feel ten times as sweet. You're a wonderful person, and even if there's no one in your life right now to remind you of that fact, you can remind yourself. It's a nice, powerful feeling to tell yourself how special you are.

**LEO**

JUL 24 - AUG 23

It's time to get social! You put lots of effort into your professional life, and now you need to start putting just as much effort into your personal life, too. Your mission is to accept any and all invitations you get without hesitation, no matter how unexciting they might sound. You are definitely one of the celebrities in your social circle right now, so you need to take advantage of the spotlight while you have it.

**AQUARIUS**

JAN 21 - FEB 23

Try to put yourself in a situation where you could be rejected, or at least come out with less than you put in. You shouldn't do anything too silly, like spend your life savings on lottery tickets, but you should do something a little daring. Maybe it's time to call that certain someone, try out a trendy new fashion look, or try your hand at fixing a complicated gourmet dinner.

**VIRGO**

AUG 24 - SEP 23

Are you looking forward to being able to traveling again? You should be! Stay optimistic about the current situation and don't worry about all the details yet. You'll be exposed to a lot of new things that will amuse you, shock you, and most of all, educate you! So you'll want to take notes and lots of pictures. You'll want to remember your trip for a long time, so start planning it!

**PISCES**

FEB 20 - MAR 20

Try to use a form of communication that is a little out of the ordinary today. Telephone calls, letters, even e-mails are just so old school! You'll get your message across—whatever it is—a lot more effectively if you use some creativity, especially if you're trying to get your feelings across to a potential new sweetheart. Use beautiful words in a poetic sense to let them see into your heart.

