# VAJK releases sports calendar for 2025-26

JAMMU: The office bearers of Volleyball Association of J&K in a meeting held under the chairmanship of its President, Sidharth Daluja on Thursday have released sports calendar activities for the year 2025-26 at Lemon Tree Hotel Jammu.

While releasing the calendar, the President disclosed as many as 20 district volleyball championships all across J&K UT besides two J&K Level volleyball Championships for juniors and seniors in men and women groups shall be organized at Jammu and Srinagar as per dates given in the calendar.

The salient features of the calendar shall be holding of 4th South Kashmir (Men & Women) championship at Pulwama and first Tribal Boys and Girls Volleyball championship at Baramulla during the calendar year.

The Association also proposes to organize 8 Summer District Coaching Camps in J&K during 2025-26.

All these events shall be organized in coordination



activities at Jammu on Thursday.

with J&K Sports council. Unveiling the concept of holding volleyball league in memory of Late Daswandi Ram Daluja, the President said from the current year in the month of August 2025, this league championship will be held at M A Stadium,

Special attractions of cash prizes to the tune of Rs 1 lakh, Rs 75,000 and Rs besides

Jammu under flood lit

trophies/mementoes shall be given away to the best adjudged three teams of the league, he said adding that in this championship a team comprising of 12 players including two outsiders are

eligible to contest.

The President congratulated players/coaches/office bearers for their excellent performance in Senior Volleyball Championship held at Jaipur recently & qualified in Pre quarter finals for the

The cash prizes worth Rs 90,000 were given away to

40,000.

as cash prize.

players for this achieve-

"Sports play a powerful role in shaping healthy, disciplined, and focused individuals. They offer a natural outlet for energy, stress, and emotions, helping people-especially youth-stay away from harmful habits like drug use," Sidharth Daluja said adding that engaging in sports builds teamwork, self-confidence, and resilience.

"It creates a sense of purpose and belonging, reduc-

ing the chances of turning to drugs as an escape," he said.

"Drugs destroy lives, families, and futures. In contrast, sports uplift and inspire. Whether it's any sports including volleyball teach commitment, goal-setting, and perseverance-qualities that build a strong foundation for success in life," Sidharth Daluja said.

"By supporting sports, we're not just building athletes-we're building healthier, stronger, and more focused generations. Let's encourage sports and say no to drugs-for a brighter, drug-free future. Choose the game, not the substance,' Sidharth Daluja urged vouth of the UT.

The meeting was attended by Kuldeep Magotra, Chief Executive Officer, H.S Gill Executive Vice-President, Vijay Kumar Magotra General Secretary, Romesh Sharma Treasurer of Volleyball Association of J&K. The office bearers reiterated their dedication for selfless services for grooming of volleyball players in J&K UT.

# MBS College celebrates Baisakhi Festival



MBSCET Jammu faculty and students during Baisakhi celebration setting the tone for a day

### ■ STATE TIMES NEWS

JAMMU: The campus MBS College of Engineering and Technology, Jammu, was imbued with vibrant colors and iovous energy as students, faculty, and staff came celebrate Baisakhi-a festival that symbolizes not just the spirit of harvest and prosperity, but also serves as a powerful reminder of our rich cultural heritage, the valor of Sri Guru Gobind Singh, the resilience of our farmers, and the sacrifices made by freedom fighters.

The celebration commenced with a warm and enthusiastic welcome address by Nitika Kashyap (6th CSE) and Joicepreet Kour (2nd CSE),

filled with cultural pride and collective joy. Prof. Parveen Singh, Dean Academics, addressed the gathering, emphasizing the importance of religious and cultural festivals in fostering unity and preserving our Heritage. Dr. Amrik Singh Incharge Principal was the guest of The festivities featured an

impressive lineup of performances, including energetic Bhangra, graceful Giddha, soulful singing, expressive poetry, and engaging skits that showcased the rich cultural tapestry of Punjab and the spirit of togetherness.

A special highlight of the event was a storytelling segment where students shared personal reflections and stories on the significance of Baisakhi. These narratives touched on themes of gratitude, community bonding, and cultural identity, resonating deeply with the audience.

The event was thoughtfully organized by Saravjeet Kaur and Amarjiot Kour, Assistant Department.

The celebration concluded with a heartfelt vote of thanks delivered by Harpreet Kour (6th IT), who expressed gratitude to Hond TV for covering the event and to all the dignitaries, performers, and participants for their enthusiastic involvement and

# Seminar on Career Counselling for B.Sc Biotechnology students by Rapture Biotech

### **STATE TIMES NEWS**

JAMMU: Department of Biotechnology, GGM Science College, under the patronage of Dr. Romesh Kumar Gupta, Principal GGM Science College organized a seminar on Thursday. The seminar was organized in collaboration with Rapture Biotech Group to create awareness regarding the mandatory summer internship and various short term training program options available for the students. The event aimed to guide students through the wide array of career paths available after graduation in biotechnology, and was met with an enthusiastic response from the students. About 100<br/>students from  $\,$ Sem 2nd and Sem 4th Biotechnology (Major) participated in the seminar. The event began with a welcome address by Dr. Neha Mahajan, Assistant Professor Biotechnology who highlighted the importance of early career planning in a dynamic field like biotechnology. Prof. KiranBala, Head, Department of Biotechnology appreciated the students and resource persons for their active participation. The

session was led by expert speakers from Rapture Biotech, Dr. Ambika and Er. Mayank Bhardwaj. The resource persons shared their knowledge and experience about current industry trends, higher education options, research opportunities, and emerging sectors such as bioinformatics, clinical research, and pharmaceutical sciences. One of the key highlights of the seminar was an interactive Q&A session, where students engaged directly with the experts, seeking clarity on career paths, required skillsets, and internship opportunities.

The seminar concluded with a vote of thanks by Prof. Gourav Gupta, Assistant Professor Biotechnology who appreciated Rapture Biotech for sharing their valuable time and expert-

Dr. Nancy Gupta, Dr. Richa Sharma, Prof Kirti Sharma and Dr. ArtiHeer also graced the occasion with their presence. Overall, the session proved to be highly informative, motivating, and well-received by attendees.

# Chess trials organised in Doda by BCADD

JAMMU: Launching an Doda, the Bhaderkashi Association District Doda (BCADD) on Thursday organised trials at Bhartiya Vidhya Mandir Bhaderwah in subjunior age groups of Under-seven. Under-nine. Under-11, Under-13 and

Under-15. In total, 95 players took part in this special talent hunt excercise. Principal of Bhartiya Vidhya Mandir Bhaderwah declared the event open while Rajesh Kotwal was observer from Manhas in under-nine; Kotwal Yashika Kotwal in under-11: Aakriti Goswami, Sanchi Sharma. Viranagana Singh and Ojaswi Choudhary inunder-13 and Izma Fatima Butt and Tapasiya Sharma

in under-15. Boys leaders at the end of round-two: Yudhveer Kotwal in under-seven; Yudhveer Kotwal and Zafir Ahmad in under-nine: Yudhveer Kotwal, Ansh Kotwal and Kavish Mehta

J&K Sports Council. in under-11; Muneef Leaders after two rounds Ahamad, Ranveer Singh, ambitious programme to in Girls section: Vanika Anshuman develop interest among the Sharma and Jivika Charak Suryavansh, Zial Ul Haq youngsters for the mind in Under-seven; Aanaya and Yudhveer Kotwal in ame of Chess in district. Sharma and Yashahyi under-13 and Sayam Kotwal, Shiva Thakur and Neeraj Kotwal in under-15. The selection competition

> is being conducted by experienced Anil Kotwal FIDE (Arbiter). Meanwhile, president of

the BCADD, Anil Kotwal informed that similar event in senior categories of Under-17, Under-19 and Open shall be conducted in the month of June. For further queries, chess enthusiasts may feel free contact Kotwal (7006471020).

## Punjab wrestler Sherra wins Salora Kesari Dangal STATE TIMES NEWS JAMMU: Sherra of Punjab lifted the 44th annual Salora Kesari Dangal title defeating Ishaq Ahmed of J&K Police in the main bout that took place at Salora in district Reasi. Winner Sherra awarded with a cash prize of Rs. 60,000 while runners up Ishaq Ahmed (Lallu) given away cash prize of Rs.

Winner wrestler posing with dignitaries.

of Punjab to draw. Both the wresters shared Rs one lakh

In this day-long dangal, 66 bouts took place. The organisers spent over Rs seven lakh to make the dangal memorable.

Swarn Singh, prominent wrestling promoters was the chief guest, who made a contribution of Rs one lakh to the organising team. Shiv Kumar Sharma, president

Association presided over. Tara Chand, Contractor and Devyani Rana also contributed Rs one lakh each. The BJP Jammu district

J&K Indian Style Wrestling

president and senior leader, Nand Kishore Sharma, BJP Reasi district president, Rohit Dubey, Karnail Singh, Rajan Singh, Vinod Kundal, DySP Nagrota were the guests of honour.

Members of Salora Dangal Rajinder Kumar Ramotra (president), Arun Sharma, Ashok Kumar, Nek Ram, Abdul Karim, Sham lal, Ahmed Din, Shanker Singh (Sonu), Sandeep Sharma, Ajeeta Thappa, Ballo, Bindu Seth, Baju, Deepak Kumar (Deepa), Vijay Kumar, Gopal Krishan and Jagdish Kumar. The technical penal for the

event included Naresh Kumar (Pappu Lakri), Krishan Singh and Prabhat Singh while proceedings conducted by Kulbir Kohinoor of Chandigarh and Farooq Ali. Other Bouts: Lucky of Kohali (Punjab) Nadeem of Doda; Rashid of Domana Akhara Jammu beat Sunny of Punjab; Irfan of Basantgarh beat Chandan of Kohali; Sainf Ali of Phagwara beat Babba of Kot Bhalwal; Munner of Nagrota beat Sachin Cheema of Punjab; bout between Bablu

of Basantgarh and Ankit of

Punjab ended in a draw.

# IGNOU extends last date for online submission of Examination Forms for June 2025 TEE

# ■ STATE TIMES NEWS

In another main bout,

Parveen of Delhi defeated

Benia Min of J&K Police to

be awarded a cash prize of Rs

60,000. Benia got Rs 40,000

In another interesting bout,

Abhinayak of Uttar Pradesh

held equally good Shanbeen

JAMMU: IGNOU has extended the last date for submission of online examination forms to appear in the June 2025 Term-End Examination (TEE) till 28th April, 2025 without any Late Fee.

The Examination fee is INR 200 per course for theory component and INR 300 per course for practical component. Students can fill out the IGNOU Exam Form for June 2025 online by visiting the official portal of the university https://exam. ignou.ac.in/ followed by SAMARTH https://ignou. samarth.ac.in/exam.php. The examinations are likely to commence from 2nd

June 2025. "The Examination Centre will be allotted on the first come first serve basis and in case the sitting capacity at the chosen exam centre is full, the learners may opt for the nearest/alter-

nate exam centre", said Dr. Sandeep Gupta, Regional Director.

The University reserves right reschedule/cancel examinations/papers at any Examination Centre across the Country or in particular Examination State due to any exigency

or any other reasons. The University has extended the last date for submission of assignments till 30th April, 2025 for the June Term End exam 2025 for programmes. University accepts assignments for all programmes such as BSc, BCom, BBA, MBA, MCom, MA, MCA, and more to appear in the June TEE 2025. The assignments form an important component in the courses of programme completion as they carry 30% weightage of the total marks/grades.

# JMC felicitates wrestlers participated in Swachh Dangal on Baisakhi held at Suryaputri Tawi River Front



JMC officers with wrestlers at felicitation ceremony.

# **STATE TIMES NEWS**

JAMMU: In celebration of the vibrant festival of Baisakhi, a wrestling competition was held at the scenic Suryaputri Tawi River Front. The event witnessed enthusiastic participation fromwrestlers representing Jammu & Kashmir Police, and other districts including Jammu, Udhampur, Reasi, and Samba.

The event highlighted the spirit of sportsmanship and community celebra-

tion, making the Baisakhi festival even more special for the people of Jammu.

To recognize their outstanding performances and sportsmanship, the participating wrestlers were felicitated by the officials of Jammu Municipal Corporation. Medals and trophies were presented to the winners, and runnerup players. Coaches, technical officers, and other officials associated with the event were also honored for their contributions to the successful organization of the competition.

Among others, Joint Commissioner (Administration), Krishan Lal, Joint Commissioner (R&E) Rakesh Gupta. Joint Commissioner (H&S), Abdul Star, Deputy Commissioner (South), Lal Chand, , Chief Accounts Officer. Sandeep Singh, VAS, Dr. Priyanka, besides other senior officers and officials were present on the occasion.

## JU organises one-day Manuscript Exhib tion-cum-Workshop

# **STATE TIMES NEWS**

JAMMU: The Department of Urdu, University of Jammu (JU) and the Manuscript Conservation Centre. Shashvat Art Gallary and Museum, Jammu regional and Research Centre of National Mission for Manuscript, Ministry of Culture, Government of India, New Delhi jointly celebrated "World Heritage Day " today on the theme "Conservation of Manuscripts.'

The event featured exhibition and one-day workshop led by expert conservators from the Manuscript Conservation Centre, operating under Mission for National Manuscripts, the Ministry of Culture, Government of India,

New Delhi. The event included the exhibition-cum-workshop which was inaugurated by Nasir Aslam Wani, Advisor to Chief Minister of Union Territory of Jammu and Kashmir while Prof. Umesh Rai, Vice Chancellor, JU presided over

The presidium was also

by Prof. Shohab Inayat Malik, Head, Department of Urdu, JU and Dr. Suresh Abrol, Coordinator the Manuscript Conservation Centre under, National Mission Manuscripts, Regional and Research Centre Jammu, Ministry of Culture. Nasir Aslam Wani empha-

sized the pivotal role of the National Education Policy (NEP) 2020 in redefining the educational landscape by placing language, culture, and the arts at the core of learning.

He urged students and scholars to recognize the immense value of Indian languages like Urdu, Hindi, Punjabi, and Sanskrit.

"These are not just mediums of communication-they are carriers of our history, our emotions, and our identity," he said. Stressing the importance of linguistic pride, he added, "One should never be apologetic about speaking their mother tongue. Language is a

source of dignity, not division." The Chief Guest also laid strong emphasis on the



Nasir Aslam Wani, Advisor to CM of J&K UT with Prof. Umesh Rai, VC JU visiting an exhibition.

preservation of manuscripts, describing them as the "living soul of our heritage.

He pointed out that these ancient texts encapsulate centuries of wisdom, philosophy, literature, and cultural memory, and their conservation is vital to understanding who we are as a civilization.

"Preserving manuscripts is not just an academic exerciseit is an emotional and cultural responsibility. They are a testimony to our pluralistic past

and must be safeguarded with urgency and care," he assert-

He called for greater institutional support and public awareness to ensure that this legacy is passed on to future generations with pride and purpose. Presiding over the event, Prof. Umesh Rai, delivered an insightful address that called for a fundamental reimagining of how language education is approached in the modern era. Expressing concern over the declining interest in traditional languages Urdu, Dogri, and Punjabi, Prof. Rai urged academic departments to think beyond the conventional blackboard model and focus on making languages relevant, practical, and employmentoriented.

"We must ask ourselves-how many teachers or researchers can we realistically produce in these fields? Where will our students go if we do not link

language studies with opportunities formeaningful careers?" he said.

In a thought-provoking remark, Prof. Rai questioned whether artificial intelligence could be leveraged to restore incomplete manuscripts. "Can we create software, particularly in Urdu, that could help recover missing portions of historical texts? Can AI assist us in manuscript reconstruction and preservation?" he

Encouraging interdisciplinary innovation, he urged language departments to explore such possibilities in collaboration with IT and heritage studies. He further reiterated the University's commitment to digitizing manuscripts and extending support for their preservation. "This is not merely an exhibition; it's a mission. Unless we adopt a missionoriented approach, the true impact of such initiatives will remain unrealized," affirmed. Highlighting the broader context of heritage conservation, Prof. Rai connected the preservation of manuscripts to the larger ecosystem of cultural heritage, which includes language, literature, arts, and indigenous knowledge sys-

"Our heritage is a mirror to our identity and evolution as a society. It holds immense potential in fostering social cohesion, economic empowerment. and environmental sustainability," he said.

Concluding his address, the Vice Chancellor called for embracing the four Cs-Culture. Creativity, Commerce,

Collaboration-as guiding pillars in safeguarding India's rich and diverse cultural legacy. He congratulated the Department of Urdu and the associated departments for their commendable efforts in organizing the manuscript exhibition, held in observance of World Heritage Day.

Dr. Suresh Abrol emphasized the significance of manuscript conservation. The resource persons, including Coordinator Dr. Suresh

Abrol, Senior Conservator Kailash Kumar and Junior Conservator Kewal Krishan Kotwal and Romesh Chander Advisor of the above said Museum conducted training sessions on the fundamentals of manuscript conservation.

Earlier, Prof. Shohab Inayat Malik provided insights into the Centre's initiatives and rationale behind selecting the workshop theme, aligning with the International Council of Museums' (ICOM) overarching theme for World Heritage Day 2025, "Museums for Education and Research."

Dr. Abdul Rashid Manhas, Assistant Professor at the Department of Urdu conducted the proceeding of the program while vote of thanks was presented by Dr. Chaman Lal, Assistant Professor at the Department of Urdu. A large number of students, scholars, college and University faculty memincluding Kishtwari, Khalid Hussain. Sohil Kazmi and Dr Shehnawaz Parveen.