

Shaheed DYSP Manjeet Singh Memorial Cricket Tournament

Star Viper, YCC register wins in second round

■ STATE TIMES NEWS

POONCH: Star Viper and YCC registered win in on second round of the ongoing 1st edition of Shaheed DYSP Manjeet Singh Memorial Cricket Tournament at the Sports Stadium in Poonch.

The tournament, which was inaugurated by SSP Poonch Shafket Hussain on March 27, features 32 teams from District Poonch competing for the coveted title trophy.

In the first match of the second round, Star Viper secured a victory by five wickets. Dare Devil Club, batting first, managed to score 113 runs in 18.2 overs. Shoib was the top scorer with 27 runs, while Rashid Ali contributed 22 runs. Star Viper's bowling attack was led by Sakander, who took four wickets, and Asif, who claimed two wickets.

Chasing the target, Star Viper reached the required total in 16.1 overs, with Mehboob scoring 32 runs



SSP Poonch Shafket Hussain along with teams posing for photograph.

and Javed contributing 21 runs.

The second match of the day saw YCC triumph over Star Club Senior by two wickets. Winning the toss, Star Club Senior set a target of 100 runs in 17.2 overs, with Shabir and Zulafqar scoring 18 and 15 runs, respectively. YCC's bowling

duo, Naqvi and Waheed, took three wickets each. YCC successfully chased the target in 17.4 overs, thanks to Kashif's 28 runs and Aman's 18 runs. Star Club Senior's Ibrar and Mehmood managed to take two wickets each.

The day's event was graced by SSP Poonch Shafket

Hussain, who also interacted with the teams. He was accompanied by Pawan Kumar PEL, Perviaz Ahmed Malik, Mohd Yousaf, and Ramprakash. The matches were also attended by members of the local community, who contributed to the vibrant atmosphere of the tournament.

The tournament is being organized by District Police Poonch under the Civic Action Programme (CAP) to pay tribute to Shaheed DySP Manjeet Singh. It aims to provide a platform for the youth of Poonch to showcase their talent and channelize their energy in a positive direction.

Carrom competition organised under Fit India initiative at GDC RS Pura

■ STATE TIMES NEWS

JAMMU: Carrom competition organised by Department of Physical education and Sports of Govt. Degree College (GDC) RS Pura under Fit India Initiative.

Series of Activities shall be conducted every month. The movement aligns with the broader goal of making India a Fit nation by fostering long-term behavioural changes in individual.

One day carrom Competition started with enthusiasm, both men and women students of the college participated in the competition under the supervision of Dr. Roopali Slatia Physical Director, GDC R.S. Pura.

Principal Prof. (Dr.) Preetpal Kour was the Chief Guest on the occasion, while speaking with students, she highlighted the key objectives of Fit India Movement to



Promote Physical Fitness, Health Awareness, Encourage workplace Fitness and Healthy Diet and Habits.

She motivated the players to participate with enthusiasm, emphasizing the importance of maintaining the true spirit of sportsmanship throughout the event. She also awarded the Medals to the winners.

Results: In Women Category Sneha Kumari,

Shivani Virdhi were Winner and in Men's Category Sarabjeet Hira and Namanpreet Singh were winners.

Convenor Sports Committee Prof. Anupama Pandotra, Prof. Kiran Pathania, Prof. Sanjay Upadhyay, Prof. Neelam Kumari, Prof. Rakesh Choudhary, Prof. Rakesh Kalotra, Dr. Roopali Slatia and Kamaldeep Singh were present during the event.

Festival enhances spirit of hope, harmony & kindness: Rekha

■ STATE TIMES NEWS

JAMMU: Senior BJP leader Rekha Mahajan emphasized that the Holy Navratri festival embodies the spirit of hope, harmony, and kindness, fostering unity and devotion among people.

She stated this after attending a religious program in Jammu, organized in view of the ongoing Navratri celebrations.

Addressing the gathering, Rekha Mahajan highlighted the spiritual significance of Navratri, a festival dedicated to Maa Durga and her divine forms. She said that the nine-day festival symbolizes the triumph of good over evil**, inspiring people to follow the path of righteousness, devotion, and service to humanity. "Navratri is not just a religious occasion but a



Senior BJP leader Rekha Mahajan at religious programme.

celebration of our rich cultural heritage and deep-rooted traditions. It is a time for introspection, spiritual awakening, and reinforcing the values of kindness and harmony in society," she remarked.

Rekha commended the efforts of the organizers for conducting Satsangs and devotional gatherings, which serve as a

source of peace and positivity. She urged people to take inspiration from the festival and engage in acts of kindness, charity, and social service.

She also extended her heartfelt greetings to the people of Jammu and Kashmir, praying for peace, prosperity, and well-being for all. "May Maa Durga bless every

household with happiness, strength, and success. Let us celebrate this festival with devotion, purity of heart, and a commitment to communal harmony," she added.

The event witnessed a large gathering of devotees who participated in Bhajans, Kirtans, and prayers, seeking the divine blessings of Maa Durga.

Rekha interacted with the devotees, expressing her gratitude for their unwavering faith and dedication.

She reiterated that the BJP-led government remains committed to preserving and promoting the rich cultural and spiritual traditions of India, ensuring that festivals like Navratri continue to inspire and unite people across all communities.

District Level Workshop on AWAAS PLUS 2.0 held at Panchayat Bhawan



Director Rural Development Department Mohammad Mumtaz Ali along with officials during the workshop.

■ STATE TIMES NEWS

JAMMU: A one day District Level Workshop cum Awareness Programme on AWAAS PLUS 2.0 -PMAY (G) was on Thursday organized here at Panchayat Bhawan.

In his inaugural address, Director Rural Development Department Mohammad Mumtaz Ali exhorted the departmental functionaries to complete the registration process by April 30, 2025- the timeline set by the government. He lauded the efforts put in by the Officers and Officials of Rural Development Department of District

Jammu for registering 13,426 beneficiaries as on date. Earlier, Assistant Commissioner Development Dr. Vikas Sharma provided an overview of PMAY-G and the achievements with respect to District Jammu. "Since the Government has extended the deadline by one month from 31st of March 2025 to 30th of April 2025 the Block Development Officers and registered surveyors have been instructed to ensure that no eligible beneficiary was left unregistered" he added.

The Block Development Officers of R.S. Pura, Maira Mandrian and

Satwari presented the PPTs on success stories, best practices and cumulative targets achieved in District Jammu under PMAY -G from the year 2016 till date. Director Rural Development, Jammu, Dr. Vikas Sharma, Assistant Commissioner Development, Jammu, Block Development Officers and Panchayat Inspectors of District Jammu and Register surveyors under AWAAS Plus, Operators dealing with PMAY-G along with other Field functionaries have attended this One Day District Level Workshop at Panchayat Bhawan, Rail Head Complex, Jammu.

GGM Science College organises table tennis matches under Fit India 2025



Dr. Romesh Kumar Gupta, Principal GGM Science College along with players.

■ STATE TIMES NEWS

JAMMU: GGM Science College organized Table Tennis (Men & Women) matches under the Fit India, 2025 at College Auditorium Hall on Thursday.

Dr. Romesh Kumar Gupta, Principal GGM Science College was the Chief Guest during the occasion. He emphasized on the importance of sports in day to day life. He said that Sports play a vital role for a well-rounded life, promoting physical and mental health, fostering teamwork, and building character. It encourages fitness, reduce stress and teach valuable life skills, like discipline and leadership both on

and off the field.

The tournament was organised under the overall supervision of Dr. Devinder Kumar Sharma, Incharge Physical Director GGM Science College Jammu.

He said sports activities leads to a healthy and mindful living which provide feeling of wholeness and increases one's efficiency to perform daily tasks, thus leading to more productivity. He also said that a healthy mind lives in a healthy body and our College will organise such activities under Fit India in near future also.

In Women's section the match was played between Merryleen Kour and

Neelakshi Rana in which the match was won by Merryleen Kour by 4-1 Set.

In Men's Single, the 1st match was played between Navjot Singh and Karma in which Navjot won by 3-2.

In Men Double section the match was played between Navjot Singh & Ayushman Singh and Gagan Deep Singh & Aniket Rathore in which the match was won by Gagan Deep Singh & Aniket Rathore by 3-2.

Dr. Sunit Dutt, Dr. Anil Kumar, Dr. Bhikam Pal Singh, Dr. Sumit, Dr. Mohd. Maqeen and Sports Staff were among the various dignitaries present during the occasion.

■ STATE TIMES NEWS

JAMMU: A felicitation ceremony was organized at the DPL Conference Hall, Jammu, to mark the successful completion of the second batch of the two-month-long Anti-Extremist Tactics Course for the personnel of the Jammu Zone.

The event was graced by senior officers, including the Director General of Police (DGP), Nalin Prahat; Inspector General of Police (IGP) Jammu, Sh Bhim Sen Tuti; Deputy Inspector General (DIG) Training, Sarah Rizvi; AIG Training, M K Pandita; SSP Jammu, Joginder Singh; SP Operations Jammu, Kameshwar Puri; and SO to IGP Jammu, Vishal Manhas.

The specialized training program, conducted at the Greyhounds Regional Training Centre, Visakhapatnam, aimed to equip the personnel with advanced skills in coun-

tering extremist activities, preparing them for real-world challenges in combating terrorism and insurgency.

Over the course of two months, the trainees honed their skills in various tactical and operational disciplines to enhance their combat readiness and operational effectiveness.

The training module covered a wide array of critical areas, including intensive Close Quarters Combat drills to sharpen reflexes and efficiency in high-stress environments; proficiency in weapons handling and tactical manoeuvres to effectively neutralize threats; operations focusing on urban warfare and built-up area engagements; advanced cordon and search techniques; surveillance and covert operations training in intelligence gathering, protracted surveillance, and ambush tactics; rigorous obstacle training

and endurance-building exercises to enhance agility, resilience, and combat fitness; emergency first aid techniques for handling battlefield injuries and medical emergencies; and mental fortitude and tactical discipline training to ensure psychological resilience and precision in high-pressure scenarios.

During the felicitation ceremony, the DGP lauded the dedication and commitment of the personnel in completing the strenuous training.

He underscored the significance of such specialized courses in strengthening the counter-extremism capabilities of security forces in Jammu and Kashmir.

He further urged the trained personnel to apply their newly acquired skills in operational deployments to ensure the safety and security of the region.

The IGP Jammu also

Felicitation ceremony of second batch of Anti-Extremist Tactics Course held

addressed the gathering, commending the trainees for their perseverance and expressing confidence in their ability to handle critical situations with a high level of professionalism. Among those recognized for their outstanding performance was Ct. Mohd Farooq (No. ARP-237247, District Kathua) who was awarded All-Round Best. Other notable achievements

were SPO Sachen Kumar (No. 1867/SPO, District Doda), All-Round Best in PPT, Ct. Mohd Naseem (No. ARP-237571, District Poonch), All-Round Best in BOAC, and PSI Sanjay Kumar (EXJ/196630), All-Round 3rd Position in Written examination. Their remarkable performance and dedication were lauded by the dignitaries present at the event.

Levi's, diljit dosanjh bring effortless cool with 'Easy in Levi's' loose fits

■ STATE TIMES NEWS

JAMMU: The Levi's brand continues to push the boundaries of style and culture with its latest campaign, 'Easy in Levi's'. Featuring Global Brand Ambassador, music icon and fashion trailblazer, Diljit Dosanjh, the campaign brings relaxed and loose fits to the forefront, redefining effortless style with confidence and ease.

This association isn't just about style-it's a cultural moment. Few stars today shape trends like Diljit Dosanjh. From sold-out world tours to turning heads in film and fashion, his influence transcends borders. This partnership reflects the brand's ongoing commitment to blending denim heritage with contemporary style in India.

Denim trends are evolving, and relaxed & loose silhouettes are taking centre stage. The "Easy in Levi's®" campaign introduces a range of new relaxed and loose fits that deliver a fresh take on comfort and self-expression.

A timeless straight-leg fit, the 555™ Relaxed Straight comes with just the right amount of room for effortless, everyday wear. With a '90 inspired

feel, the 568™ Loose Straight is relaxed with a straight leg, that delivers easy cool vibes. The 578™ Baggy, the boldest of the bunch, features an oversized, slouchy fit with stacked ankles that revive unapologetic '90s streetwear aesthetics.

The campaign unfolds through a series of dynamic montage films that capture Diljit Dosanjh in his comfort zone-at soundcheck, effortlessly moving through his world in Levi's Loose Fits. His style is unfiltered, authentic, relaxed and Easy, perfectly embodying the campaign's message: Loose Fits aren't just about what you wear, they're about how you feel. These jeans are designed to let you move easy, chill easy, and live easy.

"With 'Easy in Levi's®', we're tapping into the growing demand for relaxed and loose silhouettes that marry comfort with style," said Amisha Jain, Managing Director and SVP, South Asia, Middle East and Africa.

"Diljit Dosanjh brings this vision to life, proving that when you feel good in what you wear, effortless style follows."

Levi's® Loose Fits are available now across Levi's® stores in India and online at www.levi.in.

City Volleyball Club wins volleyball tournament



DySP Hqrs. Udhampur Prehlad Sharma along with organisers and players.

■ STATE TIMES NEWS

UDHAMPUR: Volleyball Tournament organized by Udhampur Police in the memory of Martyr PSI Deepak Sharma under Civic Action programme culminated at DPL Udhampur which concluded here on Thursday.

DySP Hqrs. Udhampur Prehlad Sharma was the

Chief Guest of the occasion. Eight teams of different Clubs of District Udhampur participated in the Tournament witnessed by a large number of prominent citizens, locals and sportspersons.

Today the final match was played between the City Volleyball Club and

Udhampur Volleyball Club in which the City Volleyball Club won the match.

Trophies, momentous and certificates were distributed among the players. Besides DySP Hqrs. Udhampur, SHO PS Udhampur, SHO PS Chenani, SHO PS Women Udhampur, locals and huge crowd of the area

witnessed the final match.

Speaking on occasion, DySP Hqrs. praised the sportsmanship of the players. He conveyed that Sports activities are must for a healthy youth, and Jammu Kashmir Police is providing opportunities and a platform for such sports activities to the youth.