on the day when the

CoronaVirus pandemic ends from the world"

hoped Anwar Raza,

Khalid Hussain, Lab

Pharmacist with a smile.

Technician said that this

tough time is taking the

test of our patience and we

all should come together to

fight with this invisible

enemy of mankind and

make serious efforts to mitigate the pandemic in the district." "Working to

save the precious human

lives from the deadly

Coronavirus gives me an

immense feeling of joy and

contentment", expressed

Nazir Hossain, MMPHW.

Rubia Kouser another

health worker echoed simi-

Don't return the hand to

the needy, the hand is giv-

ing you, so we should all

join together to help the

needy as much as we can

and mitigate the pandemic

in the district by following

the COVID appropriate

lar views when she said,

DC Kathua reviews COVID containment measures in Billawar



DC Kathua Rahul Yadav during visit to Billawar sub -division.

GDC Nowshera celebrates

'International Day of Families'

On the

■ STATE TIMES NEWS BILLAWAR: Commissioner Kathua Rahul Yaday on Sunday reviewed COVID Containment and manage-

ment measures in Billawar

sub -division, here at a meet-

BDC Chairpersons, DDC members, ADC Billawar, Engineers of PDD, Jal Shakti, PWD, Tehsildar, BMO, TSO and the officers of Billawar MC were also

At the outset, the Deputy Commissioner took first

■ STATE TIMES NEWS

International day of families,

GDC Nowshera organised an essay writing competition at

UT level. The event was

organized by Department of

Botany in collaboration with

Environmental Science under

the supervision of Dr.

Surinder Kumar, Principal of

the college. Students from dif-

ferent institutions across the

UT of Jammu and Kashmir

An overwhelming participa-

tion was witnessed by some

institutions i.e. GGM Science

College, Jammu; GDC Reasi;

Kathua;

Nowshera; GDC Poonch and

Jammu. Dr. Anu Sharma,

Asstt. Prof. Botany, GDC

University of

participated in the contest.

NOWSHERA:

Department

hand appraisal from PRI representatives regarding COVID containment efforts of the administration. He also called upon the elected members to suggest measures for effective containment of COVID -19 spread.

The DC reviewed testing,

Vaccination, enforcement of COVID-19 SOP's besides containment efforts in general, drinking water and power supply scenario in the sub-district. He passed directions to the engineers to ensure smooth delivery of essential services including

Bhagat, Asstt. Prof. Botany,

GDC Kathua were the jury

members for the event. Anjli

Devi of GDC Kathua and

Palak Verma of GDC

Nowshera shared 1st position

while the Second position was

shared by Sonia Choudhary

and Mansee Choudhary, the

students of GDC Nowshera.

The 3rd rank was also shared

between Isha Bharti of GDC

Kathua and Manisha of GDC

Nowshera. These students

standing at top 3 ranks were

rewarded with the e-certifi-

cates of Excellence. Dr.

Surinder Kumar, Principal,

appreciated the faculty mem-

bers for conducting an inter-

active event that helped the

students to get acknowledged

with the role and importance

of families and how families

directly or indirectly help to

supply of drinking water and electricity in the sub divi-

Commissioner visited Sub District Hospital Billawar and inspected the arrangements put in place for treatment of COVID patients.

He directed the BMO to pace up the vaccination drive to inoculate all persons in the 45+ age group. He called upon the health authorities to keep track of the COVID patients traced during the door to door mopping drive and provide all medical assistance to them.

The Deputy Commissioner also inspected the newly designated 46 bedded COVID Care Centre, GDC Billawar.

While discussing the scope

for enhancing the numbers of Oxygen Supported Beds, the DC assured that Oxygen Cylinders, Oxygen Concentators and other Health care needs will be augmented in COVID Care Centres at the earliest.

STATE TIMES NEWS

JINDRAH: The NSS unit of

Government Degree College

(GDC) Jindrah under its

Azaadi ka Amrit Mahotsav

conducted sanitization drive

and distributed face masks

at public places in and

around Jindrah village with

the help of NSS volunteers of

GDC Jindrah and locals. An

intense sanitization drive was

conducted at all the public

places of village Jindrah and

awareness regarding this

deadly disease was spread to

break the chain of Covid-19.

The masks were also distrib-

uted and importance of time-

ly and early testing of covid

was also recommended to

save the precious lives of

people. People were also

made aware of social distanc-

ing, importance of frequent

Technicians work 24x7 at entry points to ramp-up testing in Poonch **■ STATE TIMES NEWS** POONCH: An effective COVIDcontainment mechanism put in place by administration coupled with a dedicated team of health workers has greatly helped to avert the spread of the infection in

Poonch district. The District is bounded by the Line of Control on three sides and there are only three entry points to the district including BG, Deragali and Mughal road. District Administration

strengthened all three entry points and ensured that no one enters the district without getting tested for COVID19 to prevent the infection from the influx entering the district. As of now, as many as

19789 samples have been

collected for RAT testing,

while 30509 in BG from April to date, of which as many as 302 have tested positive, which presents a better picture.

GDC Jindrah conducts sanitisation drive,

masks distribution at public places

NSS volunteers of college distributing masks among children.



COVID sampling in progress at Poonch.

Administration has also ensured the assured supply of the essentials in the district to mitigate the sufferings of the common masses amid the pandemic.

The credit for the fewer cases in the district goes to the team of the officials/

officers of the District Administration particularly those deployed at the entry points as they are working selflessly and tirelessly at the forefront in the fight against this outbreak and

serving mankind.

These people are working

social workers namely Ajay

Sharma and Raman Kumar

actively contributed and par-

ticipated for the noble cause.

The NSS volunteers of GDC

Aatmnirbhar Bharat initia-

tive not only prepared face

masks themselves but also

distributed these hand made

face masks to the people of

Jindrah village at almost all

the public places like banks,

markets, shops etc. People

were also told not to roam

around unnecessary and

always wear face masks for

important works outside.

NSS volunteers also provide

food to labours working in

Brick kiln of Jindrah.

During the campaign people

also responded positively and

promised to follow covid

guidelines to avoid the fatal

Jindrah

under

COVID survivors offer ray of hope amid gloom of deadly 2nd wave

■ STATE TIMES NEWS

KISHTWAR: The COVID-19 survivors are offering a ray of hope amid the gloom of deadly 2nd wave in this mountainous district.

24*7 for the welfare of mankind and could not cel-

ebrate Eid and other festi-

vals with their families due

to their duties in the con-

tainment and management

of COVID19 in the district.

Ramadan is to act selfless-

ly for the larger public

interest and it is a matter

of great pride for me to

serve to save the people's

lives amid pandemic",

said Mohammad Aiyaz

Khan, a pharmacist

deployed at 24*7 check-

points BimberGali. "If the

little contribution of serv-

ice in this pandemic can

save someone's life, the

purpose of my own life

gets fulfilled as there is no

bigger service than

humanity", said Afraz

Rashid, another Lab tech-

"Although I couldn't cele-

brate Eid with my family

due to my duty in COVID

management, I am still

very happy that I could do

something for the welfare

of mankind and I will cele-

"The real purpose of

The surge of cases witnessed during the second wave here or elsewhere in the country is creating anxiety among the population. But the recovered patients, like Dr. Arif Rashid (Physician) at District Hospital Kishtwar, are greatly helping in restoring people's faith in the healthcare system.

Dr. Arif had contracted the COVID infection two weeks back and resumed his duty today after full recov-

Sharing his experience, Dr. Arif Rashid said, "After testing positive, I kept a close tab on my oxygen satuand strictly followed the COVID treatment protocol in home isolation." Besides taking recommended medication, taking a healthy diet and following SOPs also helped me recover fast, he added. He advised patients to take plenty of water, eat simple and healthy-diet as these play a vital role in

"If you develop COVID-19 symptoms or test positive don't panic. Isolate yourself and keep in touch with your healthcare provider during the course of your illness" he suggested. He strictly advised against taking any over-the-counter medication. "Only in case of severe symptoms like breathlessness, lowering of oxygen saturation level one needs to

hand washing and proper Ramban Admn releases Rs 1.65 crore in favour of 16,568 registered construction workers



Officials releasing financial assistance for workers.

Rajouri Police holds meetings with Panchayat

members for spreading awareness about

COVID-appropriate behaviour

STATE TIMES NEWS RAMBAN: District Administration, Ramban has released Rs.1.65 crore in favour of 16568 construction workers regis-

tered with Jammu and Kashmir Building and Construction Welfare Board Workers (JKBOCWWB).

■ STATE TIMES NEWS

RAJOURI: On account of

increasing cases of COVID 19

in District Rajouri and exten-

sion of lockdown, various

Police Stations and Police Posts across the District held

meetings with members of sev-

eral Panchayats today on May

16, 2021. The meetings were

held with proper social dis-

tancing and as per existing

Police Station Manjakote

held meetings with Panchayat

members in areas of Derhi

Dahra, Kalali, Dabrote and

DISCLAIMER

"STATE TIMES"

does not take responsibility for the

(Display/Classified)

carried in this

newspaper. The paper does not

endorse the same. Readers are

requested to verify the contents on

their own before acting there upon.

contents of the advertisements

COVID protocol.

According to Assistant Labour Angrez Singh, financial assistance of Rs 1000 each for the month of May is being transferred through DBT mode in the bank accounts of 16,568 beneficiaries registered under Jammu and Kashmir Building and

Gambir Muglan. In Police

Station Thanamandi, meet-

ings was held with prominent

citizens of Rajdhani and pan-

chayat members of Khablan Ward No 1. In Police Station

Kandi, meeting was held with

Panchayat members of

Jaglanu, Kotranka and Swari.

In the area of PS

Dharamsal, meeting was held

with Panchayat members of

Similar meetings were also

held in Ward 9 and 11 of PP

City, Treru Moghla and

Sarooti of PP Treyath,

Lamberi, Peeri, Bhawani and

The members of Panchayats

and other respectable citizens

were briefed about the status

of cases in the District. They

were advised to convey this

message to the public that the

best way to contain the spread

of this infection is to minimise

They were also briefed

about the extension in

COVID Curfew and their

cooperation was solicited in

ensuring that COVID SOPs

and protocols are conveyed to

each and every household for

better compliance.

movement and socialising.

Siot Lower and Upper.

Khambah.

Commissioner. Taking financial assistance to provide succor to the construc-

tion workers.

Workers ${\bf Board}$ (JKBOCWWB) scheme in the district as COVID relief. Pertinent to mention here that, the Government has announced financial assistance for a period of two months, May and June to mitigate the sufferings of the construction workers who have been unable to earn bread and butter for families due to COVID containment lock down imposed amid second prompt Deputy Commissioner, Mussarat Islam mobilized the Labour Department for starting the process of release of

■ STATE TIMES NEWS tance besides taking RAMBAN: Continuing at their nearest CVC. District Immunization

Implementation of COVID-19 SoPs:

Rs 15,900 fine recovered from violators

the drive to implement COVID protocol across the district Ramban, the Enforcement teams today fined scores of violators for roaming without wearing face masks and not maintaining physical distance.

way of wearing masks to

avoid Corona disease during

the campaign. They were

also made aware about the

deadly second variant of

Corona which requires more

precautions and hygiene to

cease the further spread.

Covid guidelines were also

discussed with the people.

Magistrate, District Ramban, the enforcement teams, during the inspection in their respective jurisdictions, recovered a fine of Rs 15,900 taking the total amount fined since April 1, 2021 to Rs. 7, 48,900.

The Enforcement officers urged the people to wear face masks and maintain physical disCOVID vaccination doses

The drive was conceptual-

ized and conducted by Dr.

Sunil Sharma, Programme

Officer, NSS of GDC

Jindrah under the supervi-

sion and guidance of Prof.

Raishree Dhar, the Principal

During the drive, the NSS

wing of the college, locals and

of GDC Jindrah.

Officer, Ramban, Dr. Suresh informed that as many as 928 persons were administered first and second COVID vaccine doses across Ramban district on Sunday.

As per daily bulletin issued by the Chief Medical Officer, Ramban, Dr. Mohammad Fareed Health Bhat. $_{
m the}$ Department has collected 889 samples including 243 RT-PCR and $64\overline{6}$ RAT samples besides administering COVID vaccine to 928 persons at dedicated Vaccination Centres in the district.

RAJOURI: Apni Party, Vice

President, Choudhary Zulfikar Ali on Sunday said that the Goyt. has taken the decision to open Mughal Road half-heartedly. In his statement to the press,

Zulfikar Ali said that the Mughal road should be opened fully for the movement of vehicular traffic from both sides of Jammu and Kashmir. "We welcome the decision of the Govt and appreciate it. However, the decision seems to have been taken half-heartedly without considering the difficulties of the people faced in Pir Panjal because of the closing of the highway and opening it with certain conditions," said Zulfikar

He said that most of the

ered in the decision," the Former Minister said. He, however, said that the

Decision to open Mughal Road taken

half-heartedly: Zulfikar

■ STATE TIMES NEWS

movement of nomads towards parts of Kashmir is allowed and it is an encouraging step by the Govt. since the nomads were worried about their seasonal movement towards the upper reaches of Kashmir and Ladakh. Similarly, trucks loaded with fruits have also been allowed.

"It was unfortunate that the patients and other public were not allowed to move on the Mughal Road. The Govt should have opened it for the general public so that the needy can travel," Ch. Zulfikar Ali, the Former Minister and Vice President of Appi Party said.

He expressed his concern over the failure of the authorities managing Mughal Road that they were not able to make it made an all weather road. It is an important road to Kashmir via Poonch District's Bafliaz area, he added. The Former Minister Ch. Zulfikar Ali said that the

operational throughout the year.

"The Mughal Road should be

right to movements is a fundamental right and it cannot be denied to the people of Pir Panjal Region, when all the means of communication roads, air and rail connecting interstate, interdivision, inter-district are opened, there is no reason to keep this road closed causing inconvenience to the commuters. The Former Minister said "Moreover, the Government must fix the responsibility of the officers who failed to ensure the clearance of the road till now, when all other such roads viz

Srinagar, Ladakh, Gurez,

Sinthan top are already opened.

RSS volunteers on toes in service of mankind during pandemic



RSS volunteers distributing ration among attendants.

■ STATE TIMES NEWS SAMBA: RSS Volunteers from Samba are contributing their part in the service of Mankind in this time of pandemic. A team of RSS Volunteers from Samba and adjoining villages are on their toes 24 hours in the service of COVID positive patients and their attendants in COVID hos-Samba. pital Volunteers are doing sanitization of various areas to make the area infection free and have made a 24 hour helpdesk team and thus arranging everything required by the COVID

positive patients. Three

times meal and 2 times

immune booster Kaadha is also being provided to the attendants by these volunteers. Volunteers leaving no

stone unturned in serving

the humanity in this diffi-

cult time and they say that as an Indian and whatever they have learnt in the RSS, they are contributing their part in the service of their fellow countrymen. Its the selfless service

towards the humanity which is of utmost importance and it is the duty of everyone to play their part in serving the sociry in this present scenario of pandemic. People are full of praise for these volunteers.

Army holds COVID-19 awareness campaigns



Army officials imparting awareness among locals at Saujiyan.

STATE TIMES NEWS POONCH: To mitigate the

spread of second wave in areas, Saujiyan District Poonch initiated an awareness campaign drive. Sanitation drive due to

heavy influx of civilians in Health Centre, Police Station and J&K Bank Branch a fully fledged sanitation drive was conducted by Battalion Housekeeping Det.

Assistance provided by distributed hand sanitizer and mask to elderly people. Door to Door campaigning and Interaction with ESM (Army/CAPF) was also carried out and they were exhorted to ensure COVID for protocols

Interaction with PHC staff was organised to enhance vaccination state in over 45 yr category. Essential Med Kits were also distributed

19 vaccination camp for ex servicemen, Veer Naris and Army's frontline workers (local porters) wherein attendees were administered first dose of COVID vaccine. Camp is followed by one week long COVID-

Medical assistance being provided to locals at Balnoi

Battalion also carried out vehicle based awareness drive and urged people for vaccination and to follow COVID protocols to avoid further spread.

Meanwhile, Battalion deployed along line of control at Balnoi Sector in district Poonch (J&K) organised COVID-

19 Awareness drive.

patients from Pripanjal prefer treatment at Srinagar's Hospitals. "They are not consid-

UDHAMPUR: Citizens' Club (Registered)

the 'Mantra' to keep the coronavirus away.

SCCU holds condolence meeting on virtual mode **■ STATE TIMES NEWS**

Udhampur' (SCCU) held a virtual meeting to condole the demise of its member Nanak Singh on 15 May 2021 resident of Raghunath Pura Udhampur. He was also a member of the 'welfare committee' constituted by the Club to look after the welfare of "Specially -Abled Persons'. On the occasion Club also extended sympathies with its members Vijay Singh Bandral and Kirpal Singh Rathore, on the demise of their better halves. The Club exhibited its solidarity with the aggrieved families. The Zoom meeting was conducted by Club President Mahadeep Singh Jamwal and was joined by the Executive body Advisory Board of the Club. A general message was extended by the Club on the occasion to take extra precautionary measures during the ongoing corona pandemic that has reached to an SOS signal level. "Stay Safe - Stay Home" is