

WEBSERIES REVIEW

Guilty Minds Season 1



Director: Shefali Bhushan, Jayant Digambar Somalkar
Cast: Shriya Pilgaonkar, Varun Mitra, Shefali Bhushan, Sugandha Garg, Kulbhushan Kharbanda, Satish Kaushik, Virendra Saxena

STORY: Two starkly opposite legal firms battle it out in the courts in an array of cases. While one is led by a young girl, who believes in the power of truth the other law firm is sold on ensuring their clients win at any cost. Who will finally triumph in this war for justice?

REVIEW: It's an interesting concept somewhat on the lines of 'Boston Legal' and 'Suits' but much less complicated and over-simplified. A new plotline in every episode makes for an interesting watch and director Shefali Bhushan and her team of writers try to balance it with the goings-on in the lives of their central characters. They succeed to an extent, but it slows down the pace of this show, which could have been more hard-hitting and power-packed. It also comes with the inherent problem of having just too many characters, tracks and subplots that run concurrently. But clearly, the screenplay is the strongest when the action shifts to the courtrooms. Shriya Pilgaonkar and Varun Mitra are aptly cast as young legal eagles on the two sides of their belief spectrum. They do a fine job of convincing the viewer in what they believe in.

Overall, 'Guilty Minds' is not layered and complex for the cases it tackles, but it's surely a well-made ensemble. Add to that some decent performances and engaging stories in each episode make for a binge-worthy watch.

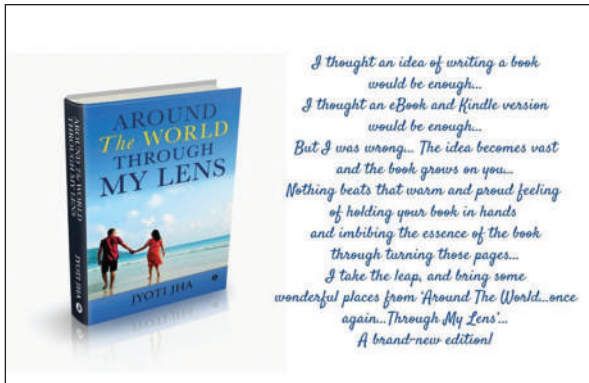
In-depth Analysis

Our overall critic's rating is not an average of the sub scores below.

Direction	██████████	██████████	3/5
Dialogues	██████████	██████████	3/5
Story	██████████	██████████	3/5
Music	██████████	██████████	3/5
Visual appeal	██████████	██████████	3/5

BOOK REVIEW

Around The World Through My Lens



Title: Around The World Through My Lens

Author: Jyoti Jha

Publisher: Notion Press

Pages: 168

Price: 710 INR

Review: Winner of TOI Write India Season 3 and Former HR professional and storyteller Jyoti Jha, in her new book 'Around The World Through My Lens', takes a dive into the memories of some amazing places across the globe from her travelogue.

As per its blurb, the book intends to give a visual delight to anyone who loves to travel and provides a glimpse of some lovely destinations from India, the USA, the UK, Europe, and Japan, and the points of interest in those places.

"Memories, footprints and the yearning to visit some known locations and a few offbeat ones, all of them are expressed through words and pictures, with a touch of personal details and the author's exceptional experiences with these destinations," the blurb adds.

Interestingly, the title of each chapter truly reflects the essence of the place. Like 'Gothic York', 'Zealous London', 'Charming France' and 'Scenic Edinburgh'. The stunning pictures that accompany each chapter make the book a complete travel memoir. Jha has also listed some interesting facts about some popular places, which gives the readers a sense of place by telling them about popular tourist attractions, things to do and what to expect, weather, food, etc.

Full of beautiful photographs and plenty of information, the book will give readers ample motivation and inspiration for traveling.

GADGET REVIEW

Vivo T1



Expected Price	Rs 19,990
Display	6.58-inch
Resolution	(1080x2408)
Processor	Qualcomm Snapdragon 695
Front Camera	16MP
Rear Camera	50MP + 2MP + 2MP
Rear autofocus	Yes
Rear flash	Yes
RAM	4GB
Storage	128GB
Battery Capacity	5000mAh
OS	Android 12
GPS	Yes
Bluetooth	Yes, v 5.10
USB OTG	Yes
USB Type-C	Yes
Number of SIMs	2
Proximity sensor	Yes
Accelerometer	Yes
Gyroscope	Yes
Colours	Rainbow Fantasy, Starlight Black

Pros

- * Descent Display.
- * Corning Gorilla Glass 5 on Front.
- * Great battery life.

Cons

- * Average Cameras.
- * No Ultra-Wide Lens.

VEHICLE REVIEW

Maruti XL6



Starting Price	Rs. 11.29 - 14.55 Lakh
ARAI Mileage	20.27 kmpl
Fuel Type	Petrol
Engine Displacement	1462 cc
No. of cylinder	4
Max Power	101.65bhp@6000rpm
Max Torque	136.8nm@4400rpm
Seating Capacity	6
Gear Box	6-Speed
Transmission Type	Automatic
Boot Space	209 L
Fuel Tank Capacity	45.0 L
Body Type	MUV
Front Suspension	Mac Pherson Strut & Coil Spring
Rear Suspension	Torsion Beam & Coil Spring
Front Brake Type	Disc
Rear Brake Type	Drum
Touch Screen size	7 Inch
Connectivity	Android Auto, Apple CarPlay
No of Speakers	4
No of Airbags	4

Pros

- * Redesigned front face packs more attitude and offers better road presence.
- * New safety and premium features.
- * Captain seats are large and comfortable.

Cons

- * No diesel or CNG option.
- * Rear window blinds and rear cup holders are missing.

Health and Lifestyle

Dry eyes syndrome: A common condition caused by wearing a mask; here is how to manage it



Eye redness
Sensation of having something in the eyes
Watery eyes
Blurred vision or eye fatigue
Swelling of the eyelid

Who is at risk?

Everyone who wears a mask for a long time is at risk of developing this condition. But according to the report published in the Scientific Reports, the risk is higher among those wearing glasses and contact lenses.

Besides, those working on the computer screen for a long time without break, spending time in the air conditioner and heated environment are also at risk. Even older adults may be troubled due to this condition. Smoking or drinking alcohol can also play a role.

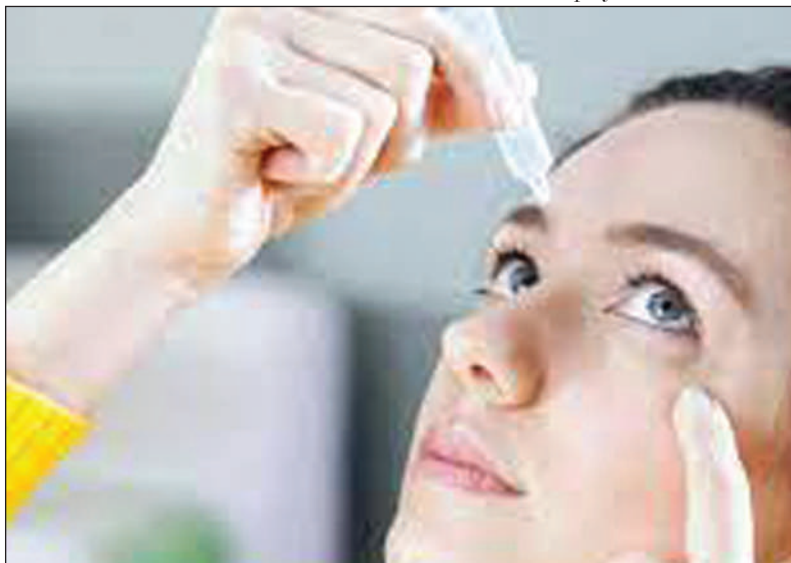
For over two years, wearing a mask before stepping out was a common feature of everyday lives. After a brief interval, the mask mandate has returned due to a rise in the COVID cases. It helps curb the spread of the virus and protect others from getting infected with it. It is indeed the best possible thing to do when it comes to limiting the spread of the virus, but it is not completely harmless. From the start of the pandemic, people have been complaining about rising dental problems caused due to excessive usage of masks and now another study has confirmed an increased risk of dry eye syndrome due to it.

Dry eye syndrome is a condition in which your tears are not able to provide enough lubrication for your eyes, making you feel uncomfortable. It may happen because your eyes are not producing adequate tears or they are producing poor quality tears that cannot lubricate the eyes. Prolonged dryness can lead to inflammation in the eyes and damage the eye's surface. The condition can make your eyes sting or burn. While it may happen due to several reasons, at present it is on the rise due to excessive use of the mask. As per research published in the journal Scientific Reports mask-wearing is associated with an increased risk of experiencing dry eye syndrome and the condition has been named as Mask-Associated Dry Eye.

Signs of dry eye syndrome

The condition can affect both the eyes at one time and you may need to visit the doctor for proper treatment. Some common signs of dry eyes include:

- Stinging, burning or scratchy sensation in the eyes
- Sensitivity to light










Treatment

Another study also revealed that eye related problems can also bother those infected with severe COVID-19. If left untreated, dry eye can become a serious issue and can seriously damage the eyes. If you witness any kind of eye related problems do not overlook it. Get yourself treated as soon as possible. Here are a few things you may do for relief:

- Avoid smoke, direct airflow, and wind
- Drink a sufficient amount of water everyday
- Use a humidifier to keep the air from drying
- Use warm compresses on the eyes
- Take a break from screens
- Position your laptop below eye level
- Use artificial tear regularly.

ASTROLOGY

WEEKLY PREDICTIONS 01ST — 07TH MAY 2022

ARIES  MAR 21 - APR 19 <p>Venus in Pisces, in your house of dreams, making a sextile to Pluto in Capricorn in your house of aspirations. Today the conduit to the source of all knowledge is open. It's time to send your wishes into the spiritual plane through meditation, visualization, or saying them out loud. This week is filled with options and opportunities.</p>	LIBRA  SEP 23 - OCT 22 <p>Mercury in Taurus, in your house of credit and debt, making a square to Saturn in Aquarius. Your faculties are firing on all cylinders. Now it's time to tackle difficult things. This week, you're getting in touch with what's important. Libra, this is a good time to express what you want to change.</p>
TAURUS  APR 20 - MAY 20 <p>Venus in Pisces, in your house of friendships, making a sextile to Pluto in Capricorn at the top of your chart. Today, you can pull people in like a magnet. Taurus, you can find friendship, business connections, or even romance. To activate this energy, socialize or post online and as you do, visualize a line of people waiting to meet you. This week, you are singled out and recognized for who you are.</p>	SCORPIO  OCT 23 - NOV 21 <p>Mercury in Taurus, in your house of relationships, making a square to Saturn in Aquarius in your house of dwellings. You and your beloved may be talking about moving the relationship forward. Scorpio, you may be exploring the idea of living together or saving up to buy a home. While you may not be ready to sign paperwork today, you will learn much about your partner's wishes.</p>
GEMINI  MAY 21 - JUN 20 <p>Venus in Pisces, in your house of career, making to Pluto in Capricorn in your house of resources. You may get extra benefits from your job, things like discounts on insurance, movie tickets, or legal assistance. Gemini, you may want to look at the employee online portal to see what investment and retirement savings are offered.</p>	SAGITTARIUS  NOV 22 - DEC 21 <p>Mercury in Taurus, in your house of work, making a square to Saturn in Aquarius in your house of emails and messages. Today, you may be cleaning out your inbox and, in the process, discovering some crucial unanswered mail. Sagittarius, after a tiny bit of procrastination, you hit the ground running. This week, others are standing by to give you support when you ask.</p>
CANCER  JUN 21 - JUL 22 <p>Mercury in Taurus, in your house of technology, making a square to Saturn in your house of resources. Today, you can find the necessary information to solve a recurring problem. Cancer, this might be an issue with your computer laptop, or you're getting some tutoring for a software platform (one you don't like but that you do need).</p>	CAPRICORN  DEC 22 - JAN 19 <p>Venus in Pisces, in your house of communication, making a sextile to Pluto in your own sign of Capricorn. An interesting (and somewhat sexy) conversation could reveal much. Whether you're talking to someone you've just met or someone you've been married to for a decade or more, you may be surprised at what is revealed. This week, you're breaking out of your shell and spreading your wings.</p>
LEO  JUL 23 - AUG 22 <p>Mercury in Taurus, in your house of career, making a square to Saturn in your house of partnerships. Today, you could get together with someone you know well and discuss a business arrangement. You might be pooling resources to do some real estate investing or to start a side business. This week, you may receive much more than you expect. This is a good day for doing difficult calculations.</p>	AQUARIUS  JAN 20 - FEB 18 <p>Venus in Pisces, in your house of money and spending, making a sextile to Pluto in Capricorn in your house of unconscious actions. Today one purchase could lead to another, and before you know it, it's a spending spree. Aquarius, if you're going to a store where there are lots of temptations, you might want to leave your credit card at home. This week, there's a big focus on finances.</p>
VIRGO  AUG 23 - SEP 22 <p>Mercury in Taurus, in your house of education, making a square to Saturn in your house of labor. Virgo, you may be working on a term paper or studying for an important exam. It's possible you are taking a test for a professional license soon, so you are creating Anki flashcards to review your notes. This week, you're attracting some interesting connections.</p>	PISCES  FEB 19 - MAR 20 <p>Venus in your own sign of Pisces making a sextile to Pluto in Capricorn in your house of friendships. You may receive a revelation today. A friend may tell you something about yourself that reframes your identity. Pisces, you could have an epiphany. Today, when you look for treasure (in the form of important insights into who you are), you can make a discovery.</p>