

Every futuristic institution must ensure good hand writing of students: JKPS Kunjwani Principal



Principal JKPS Kunjwani, Rajesh Rathore appreciating students of Classes IX and X for their good hand-writing in morning assembly.

STATE TIMES NEWS

JAMMU: Principal JKPS Kunjwani, Rajesh Rathore appreciated the students of Grades IX and X for their good hand writing, neatness, presentation and well-labelled diagrams under the guidance of their teachers.

He consoled those hand-

fuls, who are still struggling to polish their hand writing. He counselled them to start afresh and make sincere efforts, while using four-line notebooks to acquire the requisite strokes and a neat presentation.

He promised them to conduct these foundation writing classes himself.

"Handwriting is the index of one's personality. The mannerism in which students frame their words on a page showcases the state of their mind. For instance, the chaotic handwriting along with an array of errors gives us an impression of someone being in the confused state of mind; whereas, on the con-

trary, 'pearls-on-paper' handwriting is a synonym of a well-groomed, systematic and a disciplined individual", reflected the Principal.

Quoting the reflections of a renowned hand writing expert, he said "even considering the scientific perspective, the importance of good handwriting stands unique.

When it comes to defining the term handwriting, we can say that the impulses from the brain, travel all the way through to the hand and the fingers, to allow the conversion of thoughts into a readable composition of words. It is a complex process involving the precise coordination of the brain and

the hand. Thus, good handwriting is an indicator of excellent mind and motor coordination".

Citing the reasons: why an individual should strive to acquire presentable handwriting, he said, "good handwriting skills lead to stronger academic performance. It boosts the confi-

etc etc".

"Although the scientific advancement has dramatically impacted the age-old perception of people across the globe, yet the skill of handwriting shall ever hold paramount importance in education, employment and in everyday life", he summed up.

Poonch District Boxing Body framed



Officials posing with district Boxing body at Sports Stadium Poonch.

He thanked Rajan Sharma, General Secretary J&K Boxing Association who also represent India as a official at Olympic level for supporting Poonch District for the development of box-

ing.

He assured that newly executive members will work with full dedication for the development of boxing in the district but with the Support of Rajan Sharma new body was framed. He

national boxing player said that for the last 30 years there is no district body for the development of boxing in the district but with the Support of Rajan Sharma new body was framed. He

Prominent others present were Gurcharan Singh veteran boxing player, Jagatjeet Singh J.T national player, Paramjeet Singh, Rohit Sharma khelo India Boxing Coach JKSC, Amrik Singh Master, Nirdosh Kumar Incharge Manager Sports Stadium Poonch, Narjeet Singh Retd ZPEO, Navjot Singh Khelo India Hockey Coach, Surjit Singh PEM and Rajinder Singh PEM.

vants, members of the civil society and leading businessmen of Jammu.

Sudha Choudhary topped the School by securing 185 marks out of 200 with 9.6 Cumulative Grade Point followed by Koustab Singh with 9.4 CGP and 179 marks. Sudha has been recommended for financial assistance for studies of a foreign NGO.

They have also hailed the effort of the Principal, teaching staff and the parents without whose support they would not have achieved this excellence.

The NGO annually presents cash awards to the School toppers of the Board exams besides winners of the medals in national sports events. It has also created a Fund to encourage the meritorious alumni for higher studies by reimbursing 50% of their semesters. Two girls have passed BCA and another one is completing MCA.

Series of Cricket tourneys to begin with U-19 Women's Cup

Performance in these matches to be recorded for shortlisting players: Brig Gupta

STATE TIMES NEWS

JAMMU: Jammu and Kashmir Football Association (JKFA) has to depute a selected Women's Football Team of JK UT for participation in the Women's Juniors (U-17) National Football Championship 2022 scheduled to be held from 15th of June 2022 at Guwahati, Assam.

In this connection, three days trials will be held at Synthetic Turf TRC Srinagar from May 17 to 19, 2022 from 3:00 PM onwards for Kashmir Province.

Similarly trials for Jammu Province will be held from May 16 to 18, May 2022 at GGM Science College Jammu.

Players born on or after Ist January 2005 & not later than 31st Dec 2007 will be eligible to participate in the Championship.

The Players should be fully vaccinated (Both Doses). The Players are informed to bring along with them the original DOB Certificate issued by the SMC and a copy of vaccination Certificate (Covid-19).

Inter-departmental tournaments of JU enter day 4



Winner students posing with faculty members.

JAMMU: Inter-departmental tournaments of the Jammu University for the session of 2021-22 organized by the Campus Sports Committee at the University of Jammu in the disciplines of Cricket(M), Badminton (W&M), & Carrom (M&W) entered day 4 on Thursday.

Cricket (M): Mathematics Department beat Physics Department by 13 runs; Botany Department beat Urdu Department by 10 wickets.

Carrom (M) Semi-final Matches: SHTM Department

beat Commerce Department by 2-1; Geography Department beat History Department by 2-0. Final: Geography Department beat SHTM Department by 2-0. Final: Physics Department beat Law Department by 2-1.

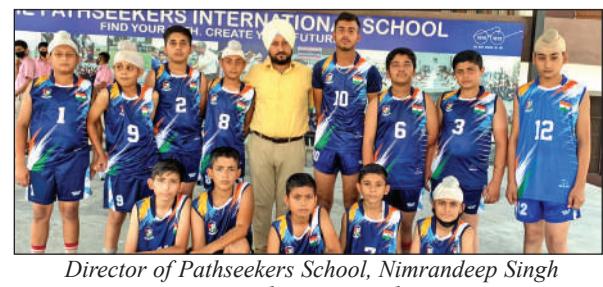
The matches were officiated by Ravish Vaid, Vikas Karolia, Gagan Kumar, Jai Bharat, Raj Kumar Bakshi, Manoj Kumar, Thair Mehmood and SaleemurRehman. The tournaments were organized under the supervision of Dr. Daud Iqbal Baba Chairman, Campus Sports Committee University of Jammu.

Law Department beat Physical Education Department by 2-0; Physics Department beat SHTM Department by 2-0. Final: Physics Department beat Law Department by 2-1.

Dr. Kaur was the Chief-Guest on the occasion, who interacted with the players of different teams.

About 197 students drawn from various institutions of zone Ramgarh participated in the various sports activities.

Students of the Pathseekers International School Ramgarh excelled in various sports activities and got selected in various events.



Director of Pathseekers School, Nimrandeep Singh posing with winner students.

Representatives and mem-

bers from district units of

Udhampur, Reasi, Samba, Kathua and Jammu attended the meeting.

It was decided that the rally would cover a distance between 50 and 100 kilometres thus spreading the message of unity, peace, love, brotherhood and healthy life style.

"To prepare for the mega event being held on the National level, efforts have been made to make it a memorable activity of the Kreed Bharati J&K. Today's was our second meeting in this connection and it was unanimously decided to appoint international cricketer and vice

president, Surinder Singh Bagal as leader of the event," informed Shiv Kumar Sharma.

Earlier, R C Vaid briefed the members about the guidelines and event related instructions issued by the national body of the Kreed Bharati and advised to the participants to follow them in true spirit of sports.

Kreed Bharati has been working in the field of sports for the last 30 years and has been working at the All India level since 2009. Established in the year 1992 in Maharashtra, this organization has achieved special success through its continuous activities.

Deaf & Dumb students of SKK shine in Middle exam

STATE TIMES NEWS

JAMMU: All the eight Deaf & Dumb students of the School Hearing Handicapped, Shaheedi Chowk, Jammu have got distinction in the Middle Class result declared by the Board of School Education.

This is for the first time that all the students passed the Middle Class examination with distinction which is a very creditable achievement of the School.

It is run by a noted NGO, J&K Samaj Kalyan Kendra, Jammu (SKK) which has on its Governing Body some of top ranking former civil ser-

vice handicapped.

They have also hailed the effort of the Principal, teaching staff and the parents without whose support they would not have achieved this excellence.

The NGO annually presents cash awards to the School toppers of the Board exams besides winners of the medals in national sports events. It has also created a Fund to encourage the meritorious alumni for higher studies by reimbursing 50% of their semesters.

The President of the SKK, K B Jandial and members of Governing Body have commended the efforts of the Divyang students in excelling in the Board Exam despite being hearing and

Seven days NSS Special Camp culminates at MIER College



Students presenting dance during closing ceremony of NSS special camp.

STATE TIMES NEWS

JAMMU: A seven-day annual camp of NSS volunteers of MIER College on the theme 'Youth for socio-economic and cultural development' was held in its campus.

The camp was organized under the guidance of Dr Reeta Dwivedi, NSS Programme Officer of the college. Fifty volunteers from the different departments of the college participated in the camp.

The camp was formally inaugurated by Dr. Adit Gupta where he emphasized on instilling a sense

of community service and highlighted the importance of Shramdaan for youth of today.

Under the theme of the camp different activities were conducted like, orientation on Pradhan Mantri Kaushal Vikas Yojna, Atal Pension Yojna to the slum dwellers of Kabir Basti and a visit to

Akhnoor Fort.

An environment awareness campaign about the use of polythene bags and upkeep of Chenab River in Akhnoor was also done by the NSS volunteers. In addition, various sports and cultural activities were organised.

Dr. Adit Gupta, Director, and Principal, MIER College of Education was the Chief Guest for the valedictory function. Rupa Gupta, Joint-Director MIER along with HoDs of different departments, deputy HoDs, IQAC team, faculty members, and students of both UG and PG departments attended the function.

The volunteers presented a vibrant cultural programme which included NSS song, a skit on the theme "Women Empowerment", a video presentation of camp activities by Jigmet Tundup and a group dance.

The programme was conducted by Muskan Sharma and Pallavi Mahajan. A formal vote of thanks was presented by Ritika.

J&K to become part of Bharat Pradakshina on May 22



Kreed Bharati President, Shiv Kumar Sharma chairing a meeting.

STATE TIMES NEWS

JAMMU: To become part of the Bharat Pradakshina, celebration of Azadi Ka Amrit Mahotsav--75th anniversary of the country's independence, Kreed Bharati J&K. Jammu and Kashmir shall organise a car rally on May 22.

This was decided in a meeting of the Kreed Bharati held under the chairmanship of President, Shiv Kumar Sharma and attended besides others by General Secretary, R.C. Vaid, Surinder Bagal, Dr Sanjogita Soodan, Rahul Sharma and Gagan.

Representatives and mem-

bers from district units of Udhampur, Reasi, Samba, Kathua and Jammu attended the meeting.

It was decided that the rally would cover a distance between 50 and 100 kilometres thus spreading the message of unity, peace, love, brotherhood and healthy life style.

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Inter-School Zonal level tournaments held at 'The Pathseekers' International School

STATE TIMES NEWS

JAMMU: Department of Youth Services & Sports Zone Ramgarh on Thursday organised Inter-School Zonal level tournaments for under-14 and 17 years boys in the disciplines of kho-kho, kabaddi, volleyball & Wrestling at The Pathseekers International School Ramgarh.

The tournaments were held under the supervision of Sunil Kumar, District Youth services & Sports Officer Samba and I/c Zonal Physical Education Officer Ramgarh, Chander Parkash. The event was kicked off by the Director of Pathseekers School, Nimrandeep Singh along with the Principal of the School, Dr. Manpreet Kaur.

Dr. Kaur was the Chief-Guest on the occasion, who interacted with the players of different teams.

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Students of the Pathseekers International School Ramgarh excelled in various sports activities and got selected in various events.



Director of Pathseekers School, Nimrandeep Singh posing with winner students.

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