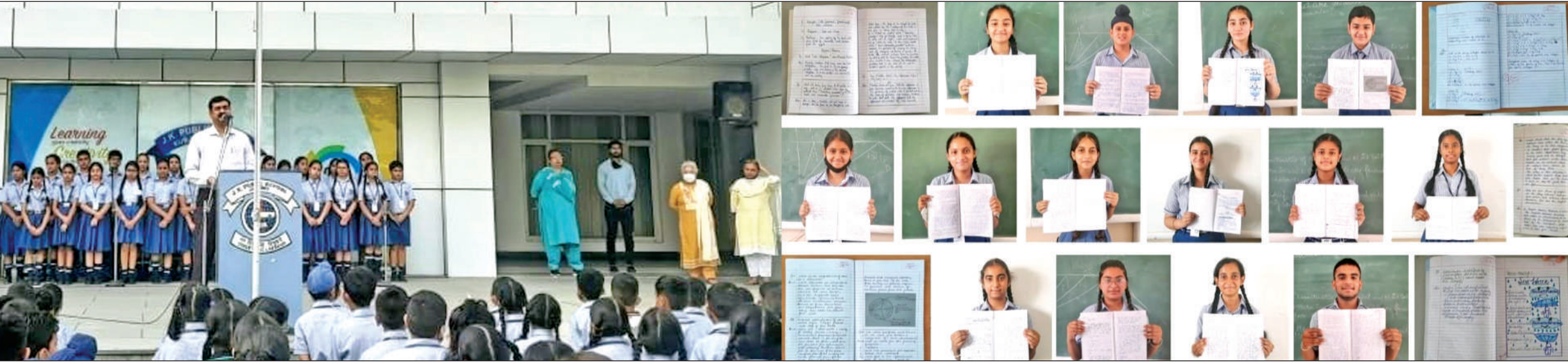


Every futuristic institution must ensure good hand writing of students: JKPS Kunjwani Principal



Principal JKPS Kunjwani, Rajesh Rathore appreciating students of Classes IX and X for their good hand-writing in morning assembly.

■ STATE TIMES NEWS

JAMMU: Principal JKPS Kunjwani, Rajesh Rathore appreciated the students of Grades IX and X for their good hand writing, neatness, presentation and well-labelled diagrams under the guidance of their teachers.

He consoled those hand-

fuls, who are still struggling to polish their hand writing. He counselled them to start afresh and make sincere efforts, while using four-line notebooks to acquire the requisite strokes and a neat presentation.

He promised them to conduct these foundation writing classes himself.

"Handwriting is the index of one's personality. The mannerism in which students frame their words on a page showcases the state of their mind. For instance, the chaotic handwriting along with an array of errors gives us an impression of someone being in the confused state of mind; whereas, on the con-

trary, 'pearls-on-paper' handwriting is a synonym of a well-groomed, systematic and a disciplined individual", reflected the Principal.

Quoting the reflections of a renowned hand writing expert, he said "even considering the scientific perspective, the importance of good handwriting stands unique.

When it comes to defining the term handwriting, we can say that the impulses from the brain, travel all the way through to the hand and the fingers, to allow the conversion of thoughts into a readable composition of words. It is a complex process involving the precise coordination of the brain and

the hand. Thus, good handwriting is an indicator of excellent mind and motor coordination".

Citing the reasons: why an individual should strive to acquire presentable hand writing, he said, "good handwriting skills lead to stronger academic performance. It boosts the confi-

dence level of an individual. It is essential in day-today life, for example, quick note-taking in the classroom, writing a birthday card/ slam book/ autograph book etc, taking down a phone message, jotting down a shopping list, completing bank/railway station/ hotel checking in/out formalities

etc etc".

"Although the scientific advancement has dramatically impacted the age-old perception of people across the globe, yet the skill of handwriting shall ever hold paramount importance in education, employment and in everyday life", he summed up.

Poonch District Boxing Body framed

■ STATE TIMES NEWS

POONCH: Poonch District Boxing body elected in a meeting attended by a large numbers of sportspersons and senior boxers at Sports Stadium Poonch.

In the meeting, Krishan Lal Sharma (ret'd) Divisional Sports Officer JKSC has been elected as President, Ravinder Singh as General Secretary and Sarvjeet Singh as Treasurer and Abdul Majid Dar as Vice President of the District Body unanimously.

Speaking on the occasion, Ravinder Singh newly elected General Secretary of the district Body congratulated all the members,



Officials posing with district Boxing body at Sports Stadium Poonch.

He thanked Rajan Sharma, General Secretary J&K Boxing Association who also represent India as a official at Olympic level for supporting Poonch District for the development of boxing.

He assured that newly executive members will work with full dedication for the development of boxing in the border District Poonch. Lastly, Jagatjeet Singh,

national boxing player said that for the last 30 years there is no district body for the development of boxing in the district but with the Support of Rajan Sharma new body was framed. He

requested the parents to send their kids to Sports Stadium Poonch for boxing practice under Khelo India Boxing Coach, Rohit Sharma and Musthaq Ahmed Boxing Coach JKSC.

Prominent others present were Gurcharan Singh veteran boxing player, Jagatjeet Singh J.T national player, Paramjeet Singh, Rohit Sharma khelo India Boxing Coach JKSC, Amrik Singh Master, Nirdosh Kumar Incharge Manager Sports Stadium Poonch, Narjeet Singh Ret'd ZPEO, Navjot Singh Khelo India Hockey Coach, Surjit Singh PEM and Rajinder Singh PEM.

Deaf & Dumb students of SKK shine in Middle exam

■ STATE TIMES NEWS

JAMMU: All the eight Deaf & Dumb students of the School Hearing Handicapped, Shaheedi Chowk, Jammu have got distinction in the Middle Class result declared by the Board of School Education.

This is for the first time that all the students passed the Middle Class examination with distinction which is a very creditable achievement of the School.

It is run by a noted NGO, J&K Samaj Kalyan Kendra, Jammu (SKK) which has on its Governing Body some of top ranking former civil ser-

vants, members of the civil society and leading businessmen of Jammu.

Sudha Choudhary topped the School by securing 185 marks out of 200 with 9.6 Cumulative Grade Point followed by Koustab Singh with 9.4 CGP and 179 marks. Sudha has been recommended for financial assistance for studies of a foreign NGO.

The President of the SKK, K B Jandial and members of Governing Body have commended the efforts of the Divyang students in excelling in the Board Exam despite being hearing and

speech handicapped.

They have also hailed the effort of the Principal, teaching staff and the parents without whose support they would not have achieved this excellence.

The NGO annually presents cash awards to the School toppers of the Board exams besides winners of the medals in national sports events. It has also created a Fund to encourage the meritorious alumni for higher studies by reimbursing 50% of their semesters. Two girls have passed BCA and another one is completing MCA.

JKFA to hold women's Football trials in J&K UT

■ STATE TIMES NEWS

JAMMU: Jammu and Kashmir Football Association (JKFA) has to depute a selected Women's Football Team of J&K UT for participation in the Women's Junior (U-17) National Football Championship 2022 scheduled to be held from 15th of June 2022 at Guwahati, Assam.

In this connection, three days trials will be held at Synthetic Turf TRC Srinagar from May 17 to 19, 2022 from 3:00 PM onwards for Kashmir Province.

Similarly trials for Jammu Province will be held from May 16 to 18, May 2022 at GGM Science College Jammu.

Players born on or after 1st January 2005 & not later than 31st Dec 2007 will be eligible to participate in the Championship.

The Players should be fully vaccinated (Both Doses). The Players are informed to bring along with them the original DOB Certificate issued by the SMC and a copy of vaccination Certificate (Covid-19).

Series of Cricket tourneys to begin with U-19 Women's Cup

Performance in these matches to be recorded for shortlisting players: Brig Gupta

■ STATE TIMES NEWS

JAMMU: The series of Cricket tournaments to be organised by the Jammu and Kashmir Cricket Association (JKCA) in twin divisions of the Union Territory, will begin with Under-19 Women's Cup on May 15, 2022 and the inaugural ceremony of the same will be held in the evening (6 pm onwards) on May 14 at GGM Science College Hostel Ground, here.

"The probabilities selected in Talent Hunt trials from all eight zones across the Union Territory have been divided into five teams each in both divisions. The performance of the players in these matches will be recorded based on which further shortlisting will be done to select J&K team for representing the UT in the tournaments to be held under the Board of Control for Cricket in India (BCCI), Performance in these matches is very important," said Brig Anil Gupta,

Member-Administration JKCA.

He said the Talent Hunt teams have done a fabulous job in tapping talent in every nook and corner of the Union Territory, adding that it is up to the selected probable now to showcase their skill in the tournaments and impress selectors to get their nod.

The Under-19 Women's Cup will be followed by the tournaments in Under-19 Men, Under-23 Men, Senior Women and Senior Men.

Meanwhile, the Talent Hunt trials of Under-19 Women, Under-19 Men, Under-23 Men and Senior Women have been completed, while the trials for Senior Men are in progress across the UT.

Around 8,000 cricketers in different age groups took part in the Talent Hunt trials, among which 650 cricketers have been shortlisted by the Talent Hunt teams, who are further being divided into six teams of men's category

in each group and five teams in women's category of each group.

Dr Jitendra Singh, Union Minister of State (Independent Charge) Science and Technology, Minister of State (Independent Charge) Earth Sciences; MoS PMO, Personnel, Public Grievances, Pensions, Atomic Energy and Space will be Chief Guest on the opening ceremony, which will be held from 6 to 7:30 pm on May 14 at GGM Science College Hostel Ground, Jammu.

The Jammu and Kashmir Cricket Association (JKCA) has invited all the ex-cricketers, cricket enthusiasts and the parents of participating players for the inaugural ceremony to grace the occasion.

The Association has also advised all participating players and officials to report at the venue on May 14 at sharp 5 pm. The Association has requested the guests to be seated by 5:30 pm.

Seven days NSS Special Camp culminates at MIER College



Students presenting dance during closing ceremony of NSS special camp.

■ STATE TIMES NEWS

JAMMU: A seven-day annual camp of NSS volunteers of MIER College on the theme 'Youth for socio-economic and cultural development' was held in its campus.

The camp was organized under the guidance of Dr Reeta Dwivedi, NSS Programme Officer of the college. Fifty volunteers from the different departments of the college participated in the camp.

The camp was formally inaugurated by Dr. Adit Gupta wherein he emphasized on instilling a sense

of community service and highlighted the importance of Shramdaan for youth of today.

Under the theme of the camp different activities were conducted like, orientation on Pradhan Mantri Kaushal Vikas Yojna, Atal Pension Yojna to the slum dwellers of Kabir Basti and a visit to

Akhnoor Fort.

An environment awareness campaign about the use of polythene bags and upkeep of Chenab River in Akhnoor was also done by the NSS volunteers. In addition, various sports and cultural activities were organised.

Dr. Adit Gupta, Director, and Principal,

MIER College of Education was the Chief Guest for the valedictory function. Rupa Gupta, Joint-Director MIER along with HoDs of different departments, deputy HoDs, IQAC team, faculty members, and students of both UG and PG departments attended the function.

The volunteers presented vibrant cultural programme which included NSS song, a skit on the theme "Women Empowerment", a video presentation of camp activities by Jigmet Tundup and a group dance. The programme was conducted by Muskan Sharma and Pallavi Mahajan. A formal vote of thanks was presented by Ritika.

J&K to become part of Bharat Pradakshina on May 22



Kreeda Bharati President, Shiv Kumar Sharma chairing a meeting.

■ STATE TIMES NEWS

JAMMU: To become part of the Nationwide programme of 'Bharat Pradakshina', celebration of Azadi Ka Amrit Mahotsav-75th anniversary of the country's independence, Kreeda Bharati Jammu and Kashmir shall organise a car rally on May 22.

This was decided in a meeting of the Kreeda Bharati held under the chairmanship of President, Shiv Kumar Sharma and attended besides others by General Secretary, R.C Vaid, Surinder Bagal, Dr Sanjogita Soodan, Rahul Sharma and Gagan. Representatives and mem-

bers from district units of Udhampur, Reasi, Samba, Kathua and Jammu attended the meeting.

It was decided that the rally would cover a distance between 50 and 100 kilometers thus spreading the message of unity, peace, love, brotherhood and healthy life style.

"To prepare for the mega event being held on the National level, efforts have been made to make it a memorable activity of the Kreeda Bharati J&K. Today's was our second meeting in this connection and it was unanimously decided to appoint international cricketer and vice

president, Surinder Singh Bagal as leader of the event," informed Shiv Kumar Sharma.

Earlier, R C Vaid briefed the members about the guidelines and event related instructions issued by the national body of the Kreeda Bharati and advised to the participants to follow them in true spirit of sports.

Krida Bharati has been working in the field of sports for the last 30 years and has been working at the All India level since 2009. Established in the year 1992 in Maharashtra, this organization has achieved special success through its continuous activities.

Inter-departmental tournaments of JU enter day 4



Winner students posing with faculty members.

■ STATE TIMES NEWS

JAMMU: Inter-departmental tournaments of the Jammu University for the session of 2021-22 organized by the Campus Sports Committee at the University of Jammu in the disciplines of Cricket(M), Badminton (W&M), & Carrom (M&W) entered day 4 on Thursday.

Cricket (M): Mathematics Department beat Physics Department by 13 runs; Botany Department beat Urdu Department by 10 wickets.

Carrom (M) Semi-final Matches: SHTM Department

beat Commerce Department by 2-1; Geography Department beat History Department by 2-0. Final: Geography Department beat SHTM Department by 2-0.

Carrom (W) Final: Commerce Department beat Hindi Department by 2-0.

Badminton (M) Semi-finals: Physical Education Department beat Law Department by 2-0; The Law School beat SHTM Department by 2-1. Final: Physical Education Department beat The Law School by 2-0.

Badminton (W) Semi-finals:

Law Department beat Physical Education Department by 2-0; Physics Department beat SHTM Department by 2-0. Final: Physics Department beat Law Department by 2-1.

The matches were officiated by Ravish Vaid, Vikas Karlopa, Gagan Kumar, Jai Bharat, Raj Kumar Bakshi, Manoj Kumar, Thair Mehmood and SaleemurRehman. The tournaments were organized under the supervision of Dr. Daud Iqbal Baba Chairman, Campus Sports Committee University of Jammu.

Inter-School Zonal level tournaments held at 'The Pathseekers' International School

■ STATE TIMES NEWS

JAMMU: Department of Youth Services & Sports Zone Rangarh on Thursday organised Inter-School Zonal level tournaments for under-14 and 17 years boys in the disciplines of kho-kho, kabaddi, volleyball & Wrestling at The Pathseekers International School Rangarh.

The tournaments were held under the supervision of Sunil Kumar, District Youth services & Sports Officer Samba and I/c Zonal Physical Education Officer Rangarh, Chander Parkash. The event was kicked off by the Director of Pathseekers School, Nimrandeep Singh along with the Principal of the School, Dr. Manpreet Kaur.

Dr. Kaur was the Chief-Guest on the occasion, who interacted with the players of different teams.

About 197 students drawn from various institutions of zone Rangarh participated in the various sports activities.

Students of the Pathseekers international School Rangarh excelled in various sports activities and got selected in various events.



Director of Pathseekers School, Nimrandeep Singh posing with winner students.