

Field trips help broadening perception of students: Principal JKPS Kunjwani



Students of JK Public School Kunjwani along with faculty during visit to Manda Zoo in Jammu.

STATE TIMES NEWS

JAMMU: Students at JK Public School Kunjwani Jammu are exposed to a variety of field trips to enhance their hands-on learning experience.

"With an objective of sensitizing students about the ani-

mal kingdom and various existent species, Primary wing students of class 5 of JKPS Kunjwani were taken for a field trip to Manda zoo", shared Roopinder Kour, Associate VP, JKPS.

"Jumping with excitement, students witnessed numerous

animals which they had only seen virtually. From Hyenas to Jackals, Rabbits, Tortoise, Alligators, Crocodiles, Deers, etc. students got a chance to closely observe each one of these animals present over there", added Roopinder.

"Catching glimpse of leop-

ards, children got super-thrilled to witness the fastest moving creature on the land. They even had enclosures of Elephants, Bears, Leopards, Cobras, Neel-gai and foxes. The little ones beamed with joy as monkeys jumped from one branch of the tree to

another", reflected one of the escort teachers.

"Not only animals, students even encountered some never seen before birds, like emu, pelicans, big owls, water birds like swans and cranes etc. They all became so fond of their surroundings that none

of them wanted to leave the place. To make learning fun & last forever, teachers provided students an opportunity to participate in an activity, namely 'Differentiate & group the animals as oviparous and viviparous'. Students enjoyed doing it, enhancing their knowledge during their return bus journey to school. They shared their observations taken during the field trip", further added AVP.

Principal Rajesh Rathore appreciated students for putting up a great show and teachers for organizing it so efficiently. "Children, who are exposed to holistic education during their foundational years, they grow up to become global citizens. Giving equal weightage to both indoor as well as outdoor activities make them confront the real life challenges confidently.

Fortunately enough, JKPS tends to treat field trips as a necessity rather than a novelty. In true sense, this visit to Manda zoo helped students correlate the concepts learnt in the classrooms and treasure the real life experiences gathered at the zoo", concluded the Principal.

audience spellbound.

The Secretary Sports Council while interacting with participants asked for suggestions to further strengthen the training and coaching at the grassroots level, Srinagar.

Meanwhile, she also assured the school of her support in all the sports endeavours in future.

Secretary J&K Sports Council was flanked by Neelofar Manto, Administrator, DMPS, S.N. Geelani, Founder Delhi Modern Public school, Principal DMPS and Mohammed Iqbal, Manager Pologround sports complex Council and other guests.

The function culminated with the Pencak Silat demonstration and "say no drugs" oath by all the participants.

Annual Sports Day function held at Pologround Sports Complex



Secretary JKSC, Nuzhat Gul presenting medal to a winner.

STATE TIMES NEWS

SRINAGAR: J&K Sports Council in collaboration with Delhi Modern Public School, Pampore on Saturday organized Annual Sports day 2022 at Pologround playfield, Srinagar.

More than 1200 School students and parents were present besides staff members of the school and officials of the J&K Sports Council.

Secretary J&K Sports Council, Nuzhat Gul presided over the function as the chief guest and felicitated the participants of the event, prominent among them being the medalists of the recent 5th Pencak Silat Federation Cup 2021-22.

School children presented many drills and Sports Skills on the occasion which left the

audience spellbound.

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NSS Unit of GGM Science College organises 100 days countdown of Yoga Day



NSS volunteers posing for a photograph.

STATE TIMES NEWS

JAMMU: NSS unit of GGM Science College organized Yoga programme 100 days Countdown of Yoga Day (IDY) 2022 under the patronage of Principal Dr. Ravender Tickoo and guidance of NSS PO Dr. Deepali Mahajan under the aegis of Yoga Mahotsav.

NSS volunteers performed various yoga Asanas and gave talk on adopting Yoga as lifestyle.

Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature. The volunteers also emphasized on the need of healthy lifestyle and stress management through meditation, boosting immunity and laughter yoga. Various styles of yoga combine physical postures, breathing techniques, and meditation or relaxation. NSS volunteer Anchal Singh coordinated the whole event.

Sunil Sethi inaugurates 'Cricket for Peace' tournament

STATE TIMES NEWS

JAMMU: Senior Advocate, Jammu, Kashmir and Ladakh High Court, Chief Spokesperson Bharatiya Janata Party and Member Legal Affairs JKCA, Sunil Sethi declared open the 'Cricket for Peace' Tournament Talent Hunt 2022 being organised by Jammu and Kashmir Cricket Association (JKCA), in an impressive, colourful and well attended function at GGM Science College Hostel Ground, here on Saturday.

Sethi was the Chief Guest on the occasion, while former First Class Cricketers Ashok Singh and Randhir Singh Jamwal for their outstanding contribution in the field of Cricket.

A colourful cultural programme was presented by the artists of Talent World Dance House led by Baniqet, which mesmerized the audience. This cultural programme was followed by a beautiful pipe and drum display presentation by 17 Garhwali Rifles. A marvelous presentation of



Dignitaries releasing a handbook on JKCA activities and achievements in Jammu on Saturday.

his cricketing skills.

Earlier, the chief guest honoured two former First Class Cricketers namely Ashok Singh and Randhir Singh Jamwal for their outstanding contribution in the field of Cricket.

On the occasion, a handbook of cricket events and achievements of JKCA, prepared by Roopali Slathia, Member Cricket Advisory Committee JKCA, under the guidance of Sub Committee

Sarswati Vandana by 6-year old Vanshika Kaw was really a delight to watch.

The chief guest also honoured JKCA Under-19 women team members including Support Staff with certificates and also honoured JKCA Under-16 men's team and Support Staff with Kit Bags.

On the occasion, a handbook of cricket events and achievements of JKCA, prepared by Roopali Slathia, Member Cricket Advisory Committee JKCA, under the guidance of Sub Committee

Members, was also released by the dignitaries on the occasion.

Earlier, while briefing about the Talent Hunt 2022 and Tournament details, the hosts of the programme informed that it is the first of its kind tournament ever being held by JKCA which will spread for a period of three months from May 14 to August 14, 2022.

They said that it is the series of seven tournaments including U-19 women, U-19 men, U-23 men, senior women and senior men.

Speaking on the occasion, Sethi while terming the event historic, said that the sportspersons are the messengers of peace, harmony and prosperity.

He said it was really a great initiative of the Association which involved around 8,000 cricketers across the Union Territory. Out of a total of 150 cricketers taking part in Under-19 Women's tournament, around 90 are from far flung areas," added Brig Gupta.

The proceedings of the opening ceremony were conducted by the famous anchors Rajesh Dhar and Surabhi Dadheechi.

It is pertinent to mention here that Ashwani Gupta, former First Class cricketer was the Talent Hunt Incharge of Jammu Province, while Former First Class Cricketer Abdul Qayoom was the Talent Hunt Incharge of Kashmiri province including Ladakh and Roopali Slathia was the Talent Incharge for Women in both the regions and Ladakh.

Hockey team leaves for Tamil Nadu

STATE TIMES NEWS

JAMMU: The J&K hockey team today left for participation in the 12th Hockey India Junior Men National Hockey Championship to be held at Kovilpatti in Tamil Nadu from May 18 to 29.

The 18-member team was selected by the technical committee led by Rajinder Singh Kuku, vice president of Hockey J&K. Thereafter, a 21 days training camp held under the guidance of Dharampal Singh, Hockey India accredited coach. The whole activity, including the coaching camp and travel expenses as also the playing kits provided by the J&K Sports



Hockey team posing with dignitaries before leaving for Nationals.

Council (JKCA).

Earlier, the screening for the team done by the officials of the JKSC led by Satish Gupta (Manager) in the presence of Rajeev Sharma (president Hockey J&K), Rajinder Singh

Kuku, Tejinder Singh, Gurpreet Singh and Dr. Taran Singh (general secretary Hockey J&K).

The team is accompanied by Dharampal Singh as coach and Gagan Singh as manager.

SGHMS School felicitates Samarjot for excelling in first India Skate Roller games

STATE TIMES NEWS

JAMMU: Shri Guru Harkrishan Memorial Secondary (SGHMS) School, Simbal Morth on Saturday felicitated Samarjot Singh, tenth class student of the school, for winning three gold medals in First India Skate Roller Games-2022, which were held recently in Mohali Punjab.

While giving away the special trophy to Samarjot Singh for his brilliant performance at the national skating arena, Principal of SGHMS School, Balbir Singh applauded the budding player's confidence and dexterousness for achieving this 'insurmountable' feat in such a young age.

He congratulated the star skater for bringing laurels to UT, School and his proud parents.

It is pertinent to mention that Samarjot has already proved mettle in various national skating



events held across the nation in the previous years.

He had bagged a bronze medal in School Games Federation of India (SGFI) nationals in Belagavi, Karnataka in the year 2019 and a Silver medal in nationals organised by Roller Skating Federation of India (RSFI) in Rohini, New Delhi in the year 2021.

Speaking on the occasion, the outstanding player gave credit of his success to his mentor and coach Arjun Gondota for always being supportive and helpful in all his endeavours to attain excellence in game.

He said that his coach has changed the course of his life by giving meaning to his efforts by channelizing his energy which earlier was being drained due to lack of guidance.

JK Public School Panjtirthi celebrates Red Cross Day



Glimpses of Red Cross Day celebrations at JK Public School Panjtirthi.

STATE TIMES NEWS

JAMMU: Red Cross Day was celebrated at JK Public School Panjtirthi. The celebration highlighted the fundamental principles of Red Cross Society

like humanity, impartiality, neutrality, independence, volunteer service, unity and universality.

Jakians made beautiful banners and embellished them

whole heartedly.

Jakians exhibited a skit to explain the value of Providing first aid assistance at the right time.

Jakians briefed and gave

the tips and ideas to the audience about different ways to protect and save the sufferers from emergency and natural disasters.

The skit Presented by

Jakians explained the working of Red cross organisations.

Suman Bala, the Incharge of the celebration, described that Red cross is a voluntary organisation that provides

ample opportunities to serve people in need and distress and Red cross volunteers worldwide are known for their dedication and commitment.

The Principal of JKPS

Panjirthi, Suman Banbaha conveyed, "It is the duty of every human being to serve humanity and must always do so to extend our contribution to the Red Cross. This day reminds

us all to never step back when it is our turn to show a gesture of kindness." The Principal conducted a quiz pertaining to the celebration and the winners were also awarded.