

JKians outshine in Karate & Judo competitions



JK Public School Kunjwani faculty felicitating winners of Inter-District Level Karate Competition Under-17 and Under-14 age groups (Boys and Girls).



STATE TIMES NEWS
JAMMU: The students of JK Public School, Kunjwani participated in the Inter-District Level Karate Competition under -17 and under-14 age groups (Boys and Girls).

The competition was organized by District Youth and Sports Services, Jammu at Khet Gaon Nagrota.

In Under -17 Boys, Samaksh Sambyal won Gold, Arvind Singh won Silver and Krishna Mahajan won Bronze Medal. In under-14 Boys, Akshat Kumar won Silver, Dilraj Singh won Bronze and Shreyansh won Bronze Medal.

In under-17 Girls, Jasleen Kour won Gold, Ritika won Gold and Navjot Kour won Bronze Medal each. The

Bronze Medal.

In Under-14 Girls, Sehajdeep Kour silver, Bhavya Vikas silver and Buvu Dogra Bronze Medal.

Adding another feather to the cap of JKPS family, in the Inter-school Judo Championship, Suhana Wani won Silver medal, Tanya Thapa and Ridhima won Bronze Medal each. The

championship was held at Youth Hostel Nagrota.

In the Morning Assembly, Director JK Education Society, Shashi Choudhary and Principal Rajesh Rathore lauded the efforts of the students and Karate Coach Mr Gopal Dass and Judo Coach Rajesh Kumar Verma.

Principal Rajesh Rathore

motivated the champs to adopt the principles of determination & perseverance to conquer all the hurdles ahead.

He inspired the winners to keep the momentum high. He asked them never to rest on their laurels. "Hard work and dedication are the success mantras for life. Hard work helps us to achieve our goals. This gives us the req-

uisite impetus to scale the ladder of success. Betterment and accomplishments are the byproducts of hard work. It transforms our dreams into reality. Keep learning how to push yourselves forward beyond your elastic limits because only then you may escalate on the path of success", he concluded.

JKCA U-19 Women's Cup in full swing

Bhagyalakshmi, Aanvi, Bhawandeep blossom in Jammu

Alisa, Kayinat, Nusrat, Aabroo sparkle in Kashmir



Teams posing alongwith officials at Country Cricket Stadium Gharota.

STATE TIMES NEWS

JAMMU/SRINAGAR: Promising Bhagyalakshmi, gutsy Aanvi Singh and stylish Bhawandeep Kour blossomed to guide their sides to big wins over their rivals at Jammu, while Alisa, Kayinat Bakshi, Nusrat and Aabroo displayed brilliance to help their sides register victories in Kashmir, on Tuesday.

A total of four matches were played today, with 2 in each province.

In Kashmir, the matches were played at Sher-e-Kashmir Stadium ground A and B, while in Jammu the matches were played at GGM Science College Hostel Ground Jammu and Country Cricket Stadium Gharota.

At GGM Science College Hostel Ground Jammu, JKCA team A1 got the better of team A5 by 3 wickets.

Earlier, winning the toss and batting first, A5 scored 145 runs in the stipulated overs. Consistent Neemami scored 25 runs, while Vishakha contributed 17 runs to the total. For A1, Bhagyalakshmi and Himani bagged 3 wickets each, while Aanvi Singh claimed 2 wickets.

In reply, team A2 chased the target by losing 7 wickets, thus won the match by 3 wickets. Aanvi Singh top scored with 57 runs off 64 balls,

while Bhagyalakshmi scored power-packed 40 off just 28 balls. For JKCA team A5, Neemami took 3 wickets, while Monika claimed 2 wickets.

At Country Stadium Gharota, JKCA team A4 thrashed A3 by big margin of 64 runs. Batting first, A4 scored a big total of 205 runs. Bhawandeep top scored with brilliant 63 runs off 54 balls, while Shamu contributed sedate 21 runs off 39 balls.

From team A3, Muskan and Rashu took 3 wickets each.

In reply, JKCA team A3 managed to score 137 runs to lose the match

by 69 runs. Muskan top scored with 50 runs off 119 balls. For team A4, Bhawandeep took 3 wickets each, while Sheetal and Ishika claimed 2 wickets each.

Meanwhile, at Sher-e-Kashmir Stadium Ground-A, JKCA team B1 defeated B4 in any easy contest by a big margin of 93 runs.

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Meanwhile, at Sher-e-Kashmir Stadium Ground-A, JKCA team B1 defeated B4 in any easy contest by a big margin of 93 runs.

Winning the toss and batting first, B1 scored a mammoth total of 246 runs losing 8 wickets in the process.

Alisa Jan was at her murderous best, scoring magnificent 77 runs, while Nusrat Irshad contributed 52 runs to the total. Nusrat Banoo was the pick of the bowlers for B4 team, who

took 4 wickets, while Fozia Jan bagged 2 wickets.

In reply, B4 bundled out for 153 runs, thus lost the match by a big margin of 93 runs. Haleema top scored with 29 runs, while Fozia Jan contributed 21 runs to the total. For JKCA B1, Khushboo, Mahrof and Haseena bagged 3 wickets each.

At Sher-e-Kashmir Stadium Ground-B, put into bat, JKCA B5 scored a modest total of 96 runs in 26.2 overs. Kayinat top scored with 21 runs, while Aabroo contributed 11 runs to the total. For JKCA B3, Storskit Dolma and Ruqaya Jan took 3 wickets each.

In reply, JKCA team B3 bundled out for a paltry total of 38 runs thus lost the match by 58 runs. For B5, Kayinat and Aabroo took 4 wickets each.

CAC Members Abdul Qayoom and Roopal Slatia alongwith Chief Senior Selector Rehmatullah Dadheechi and Selectors Pratibha, Payal, Madhu and Mrasrat supervised the matches in twin divisions.

The Organising Committee for Jammu province included Sandeep Singh Sunny, Veemash Kaw, Mohit Puri and Surekha Devi, while the Organising Committee for Kashmir province included Zahoor Sofi, Manzoor Ahmed Lone, Huwaid Ronqa and Tasaduq Rashid.

of Science through Dogri.

Prof. Sanjeev Jain Vice Chancellor Central University of Jammu (CUJ). Science & Technology Communication Popularization & its Extension (SCoPE) is an important part of the many initiatives of the Department of Science & Technology, Govt. of India & Central University of Jammu (CUJ) Jammu on Science Communication Popularization & its Extension (SCoPE)-in Dogri was also signed.

A memorandum of understanding (MoU) between Vigyan Prasar (VP) Department of Science & Technology, Govt. of India & Central University of Jammu (CUJ) Jammu on Science Communication Popularization & its Extension (SCoPE)-in Dogri was also signed.

The main activities to be undertaken will be publishing science magazine, science books, translation of already published books in Dogri,

producing short popular science films in Dogri, organising Sci-comm training workshops, organising Science Poster cum - Model Competition in Dogri for School Students, National level Science Quiz Competition in Dogri for School Students.

Core-Committee members present in the meeting were Prof. Sanjeev Jain, VC-CUJ, Dr. Nakul Parashar, Director Vigyan Prasar, Prof. Shiv Narmohi, Prof. Shiv Dev Singh Manhas, Dr. Swarkar Sharma, Dr. B K Tyagi, Dr. T V Venkateswaran, Shri Nimesh Kapoor, Dr. Anuj, Dr. Kuldeep Raina, Prof. Rasal Singh, Dr. Bachha Babu and Dr. Suram Singh.

Under this program Vigyan Prasar contemplates to carry on all the activities of SCoPE in Dogri language and also bring out a science magazine in Dogri, with multiple editions.

Dr. Nakul Parashar, Director Vigyan Prasar briefed about the activities to be undertaken for the promo-

tion of Science through Dogri.

Speaking on the occasion, the General Officer said that in keeping with the spirit of "Azadi Ka Amrit Mahotsav" and the "Fit India Campaign", the sports calendar will provide an opportunity to the promising sportsperson, especially those from the remote areas of the region, to get recognition and achieve greater laurels for the UT.

He also stated that the Indian Army has always promoted sports and would continue to do so in future

as well.

He exhorted the youth to participate in the White Knight Cricket Premier League being held under the aegis of the White Knight Corps and showcase their immense talent.

The event also coincided with the finals of the Pir Panjal Kabaddi League 2022, which was played between 14 teams from various districts and won by the team from Mendhar.

The winners and the runners-up teams were awarded with prizes and trophies.

DPS Jammu students shine in 3rd Masters Cup Soft Tennis C'ship 2022

STATE TIMES NEWS

JAMMU: Sidhani Singh (X) and Madhavendra Singh (VIII-A) brought laurels to the school and their parents by shining in 3rd Masters Cup Soft Tennis Championship 2022 organized by Amateur Soft Tennis Association held at Delhi from April 30 to May 1, 2022.

Principal, DPS Jammu, Ruchi Chabra congratulated both the students for their outstanding skills.

President-RCT, Ajatshatru Singh, PVC, Ritu Singh and Director, S.S. Sodhi extended their best wishes to both the students and their parents.



Winner DPS Jammu students posing with officials.

CUJ, Vigyan Prasar signs MoU for promotion of science through Dogri



STATE TIMES NEWS

JAMMU: A meeting of core committee members of SCoPE through Dogri was held in Central University of Jammu (CUJ). Science & Technology Communication Popularization & its Extension (SCoPE) is an important part of the many initiatives of the Department of Science & Technology, Govt. of India & Central University of Jammu (CUJ) Jammu on Science Communication Popularization & its Extension (SCoPE)-in Dogri was also signed.

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The main activities to be undertaken will be publishing science magazine, science books, translation of already published books in Dogri,

MS Ismailpur bags 4 medals in Judo



GMS Ismailpur student and officials posing for a photograph.

STATE TIMES NEWS

JAMMU: Government Middle School Ismailpur bagged four medals in the just concluded inter-school Judo tournament of district Jammu under the banner of Department of Youth Services and Sports (DYSS) at Youth Hostel, here.

These Judokas represented Zone Bishnahi of district Jammu.

The competition held in all three age groups of under-14, under-17 and under-19 and the medal winners

Inter-school tournament for Boys, Girls begins in Kishtwar District

STATE TIMES NEWS

KISHTWAR: Inter-school tournaments for U 14 and U 17 boys and Girls in the disciplines of Speed ball, Table Tennis, Kabaddi, Kho-kho, badminton, volleyball and Yoga began today across different Educational zones of district Kishtwar.

The sports events being held under the supervision of District Youth Services & Sports officer Kharati Lal Sharma were kick-started at Inderwal, Nagsen, Drabshala and Kishtwar zones. Speedball and table tennis matches were held at Al-Hilal educational institute Kishtwar under the guidance of Javed Kripak (Convener). At zone Inderwal, Volleyball and Kabaddi matches were held at Higher Secondary School Mughal Maidan by Rakesh Dogra, the Principal of the host school in presence of incharge ZPEO Sanjay Sharma and senior most Physical education Master Ram Suroop Bandari. Yoga competition was held at HSS Boys in presence of chief guest Krishan Lal Sharma, Vice Principal and Ravi Kumar in charge ZPEO Kishtwar.

Army inculcating sportsmanship, communal harmony through Kabaddi league

STATE TIMES NEWS

REASI: In connection with Fit India Movement and to promote communal harmony, sportsmanship and provide youth a platform to showcase their talent, Indian Army organised Pir Panjal Kabaddi League 2022 here at Zorawar Sports Stadium, here.

Around 15 teams from different districts of J&K participated in the event. Final match was played between the teams of Mendhar and Doda in which the team of Mendhar emerged as the champion of the tournament. The players were felicitated by the Army with cash prize, medals, trophy and certificates by J&K Sports Council.

Several dignitaries of Army and civil administration including General Officer Commanding (GOC) White Knight Corps and GOC Counter Insurgency Force, Romeo, Nuzhat Gul;

and Farman (32 kg, Gold); Mohd Altaf (35 kg Gold), Shaambi (44 kg Silver) and Farman (73 kg, Gold).

The team from Zone Bishnahi was trained by Rohit Sadotra (Rabhera E Khel).

Lt Gen Manjinder encourages J&K youth towards sports, unveils annual sports calendar



Lt Gen Manjinder Singh, GOC, White Knight Corps and other dignitaries unveiling Sports Calendar for year 2022-2023

& Presidents of Kabaddi, Wrestling, Athletics & Hockey Associations among other military and civilian

dignitaries.

Speaking on the occasion, the General Officer said that in keeping with the spirit of "Azadi Ka Amrit Mahotsav" and the "Fit India Campaign", the sports calendar will provide an opportunity to the promising sportsperson, especially those from the remote areas of the region, to get recognition and achieve greater laurels for the UT.

He also stated that the Indian Army has always

promoted sports and would continue to do so in future

Inter-school Zonal Level Tournament begins at GHSS Bhadarwah

STATE TIMES NEWS

BAHADERWAH: Inter-school zonal level tournament for Under 14 and 17 boys and girls in the disciplines of Chess, Carrom, Athletics, Wrestling, Kabaddi, Badminton and Volleyball began here on Tuesday at Govt. Higher Secondary School Bhaderwah under the patronage of District Youth Service and Sports Officer (DYSSO) Doda Jaffar Haider Sheikh and under the overall supervision of ZEPO Bhaderwah.

The Principal of GHSS Boys Dr. Anis declared the tournament open in the presence of field staff of Zone Bhaderwah and sports persons.

The AJKCA distributed e-books among the participants for self improvement of game and also assured support in becoming a chess player. At the end of the seminar, those winners of the events will be presented cash prizes worth Rs 23,000.

He advised the student players to play the game for the sake of game & maintain discipline.

The technical committees officiated the competi-



Students attending Chess seminar.

held during the activity sessions. Being held under the guidance of Brig Kapil Rana and the Chess for border youth initiative taken by Colonel Ravi Kumar in close association with president of the AJKCA, Atul Kumar Gupta. Former J&K Champion, Atul also acts as the resource person for this two-day event being held at Army Auditorium of Brigade Headquarters. Major Vineet Kumar and Zonal Physical Education

Officer (ZPEO) of the Department of Youth Services and Sports (DYSS), Bikram Jeet Choudhary act as Coordinators.

Accompanied by senior vice president of the AJKCA, Baldev Raj, Atul delivered awareness lecture thus guided the young students about the basics of the game of Chess.