

The Queen of 64 Squares – Tania Sachdev



was sponsored by Hughes Software Systems initially. Tania Sachdev won her first International Title when she was just Eight Years old. She won multiple titles at junior level. Tania's father Pamm Sachdev is a businessman (Furniture Business) while her mother is a former badminton player. Tania has two siblings, an elder brother and elder sister Amrita Sachdev. Coming to her Education, She has completed her Schooling from Modern school in Vasant Vihar. She completed her graduation from Sri Venkateswara College under the Delhi University with English Literature, Psychology and Political Science as majors.

After winning her first junior level title at the age of 8 years, she never looked back. She won the Commonwealth chess title at Dundee in 1993. In 1994 she bagged five British titles. She won under 12 Indian Championship in 1998, Asian under 14 Girl's championships in 2000, also won the Bronze Medal at 1998 World Under 12 Girls Championship. In 2002, she won the Asian Junior Girls Championship held in Marwila. She also won Gold medal in under 14 Commonwealth games. She is an ardent fan of Grand Master Viswanathan Anand.

In 2005 she became the eighth Indian player to be awarded the Women Grandmaster Title, joining the elite list which is full of South Indian Players. She won the India's National Women's Premier Championship in 2006 and 2007. It was during this time that she decided to choose Chess as her permanent Profession. In 2007 she also won the Women's Asian championship with 6 and a half points out of nine rounds in Tehran.

She became an International Master in the year 2008. She has conferred the Arjuna Award (Highest honour given for the sports achievements) for her contribution to sports in India, in 2009. She won a bronze medal on board 3 in the Istanbul chess Olympiad 2012 in Turkey. In 2016 Tania Sachdev won the best Woman's prize at Reykjavik Open and also won the Commonwealth Women's champion title in Kalutara. In 2017 she won a Bronze medal at the Asian Indoor Games in the Rapid team Chess Competition at Ashgabat, Turkmenistan. Later at the Commonwealth Chess Championship in Delhi, she won a Bronze medal.

Tania Sachdev Achievements In Team Events

She has played for the Indian National Team in the Women's Chess Olympiads since 2008, the women's World Team Chess Championship in 2009 and 2011, the Women's Asian Team Chess Championship since 2003, the 2006 Asian Games and

the 2009 Asian Indoor games. Tania Sachdev won the bronze medal at Women's Chess Olympiad, Four Team Silver Medals in 2008, 2009, 2012, 2014 and four individual ones three silver and one bronze at the Women's Asian Team Championship. Currently, she is being sponsored by Redbull.

Apart from being a prolific Chess player, she is also a Chess Presenter and Commentator. She has presented Fritztrainer strategy DVD for Chessbase and was a member of the official Commentary team for the 2013 World Championship Match between Magnus Carlsen and Viswanathan Anand held in Chennai.

Famous Tournaments Honoured In

Women's Chess Olympiads: Tania has remained a regular for the Women's Chess Olympiads team since 2008, and has remained one of the best players on the team.

2009 Asian Indoor Games: Again, Tania proved herself to be one of the very best chess players in India when she participated in the 2009 Asian Indoor Games. This was a quite important tournament for her, as she was quite honored in this tournament.

2006 Asian Games: When she invited to participate in the 2006 Asian Games, quite a lot of hopes were riding on her, as she has proven herself to be one of the very best chess players in the entirety of India. True to her skill, she proved to be one of the best players there and outperformed quite a lot of players.

Honours And Medals Of Tania Sachdev

Grandmaster: In 2008, she won the title of Woman Grandmaster for chess, and this proved her to be one of the very best players in the entirety of India, as the title of Grandmaster is quite rare and is only given to the finest players. She is the eighth Indian player to have been awarded this title.

National Women's Premier Chess Championship: These tournaments are the ones where Tania really has outperformed herself, and surpassed her limits to become the very best player present at them. She won this tournament for 2006, 2007 and 2008, a string of victories that remains uncontested and unmatched, and signifies her to be one of the very best players in the entire world, as very few players have won this tournament for three consecutive seasons.

Arjuna Award: Tania Sachdev was given the Arjuna Award for her immense efforts for India in chess, back in 2009. This remains one of her proudest achievements, as the Arjuna Award is a quite prestigious award.

THE FACT CORNER

The moon is moving away from us by 3.78 cm (1.48 in) a year.



The longest cat ever measured 48.5 inches (1.23 m) when fully stretched out.



Some women can have a genetic mutation which causes them to see millions of more colors.



One Puffer Fish contains enough poison to kill 30 people.



BRAIN TEASERS

1 Q. Three coins are tossed in the air and two of the coins land with heads face upwards. What are the chances on the next toss of the coins that at least two of the coins will land with heads face upwards again?

2 Q. Add three consecutive letters of the alpha bet to the group of letters below, without splitting the consecutive letters of the alphabet, to form another word.

GERE

3 Q. In a right-angled triangle what is the length of the hypotenuse if the two shortest sides are 10 and 24 cm respectively?

4. 115.
5. 40 minutes.
6. 40 days.

4 Q. In eight years time the combined age of me and my two sons will be 124. What will it be in five years time?

5 Q. In a game of eight players lasting for 70 minutes, six substitutes alternate with each player. This means that all players, including the substitutes, are on the pitch for the same length of time. For how long?

6 Q. If five men can build a house in 16 days, how long will it take just two men to build the same house, assuming all men work at the same rate?

SOLUTION:
1. 50 percent
2. GESTURE.
3. 26

English Proverbs and Meanings

* **You are never too old to learn.**
You can always learn something new, no matter how old you are.

* **You can lead a horse to water but you can't make it drink.**
You can offer somebody an opportunity to do something but you can't force them to do it.

* **You can't teach an old dog new tricks.**
A person who is used to doing things a certain way cannot change.

* **Young idler, an old beggar.**
If you don't work, you won't

have any money when you're old.

* **What the eye doesn't see, the heart doesn't grieve over.**
If a person doesn't know about something, it cannot hurt them.

* **Who makes himself a sheep will be eaten by the wolves.**
Possible interpretation: an easily influenced person can be misled.

* **Two wrongs don't make a right.**
It is wrong to harm someone because they have harmed you.

Cinnamon Shortbread Bars



Ingredients:
3/4 cup butter, at room temperature
3/4 cup powdered sugar
1 1/2 cup flour, 1 tsp cinnamon powder

Nutella or peanut butter
Method
In a food processor or mixie add butter and sugar. Cream them together till the butter is light.
Note: It is essential for the butter to be at room temperature. Add the cinnamon and give it a whiz. Now add the flour gradually and keep mixing it at intervals. Do not add all the flour at once. Once the dough is ready, scrape it all out in a plate with your hands press it together to make the dough compact.
In a baking dish lay a butter paper and grease it with a drop of oil. Place the dough and spread it with a wooden spatula, equally on all sides. Level the dough with a flat instrument.
Now cut the dough with a knife: 3 times vertically. With a fork make marks on the bars twice or thrice. Bake at 170-180 degrees C for 20 minutes or till the short bread is golden brown. Take out of the oven, let it cool completely. Cut the shortbread over the lines again, separate to make individual bars.
Spread some nutella or peanut butter if you want. You can eat the shortbread without this too.

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Oat Bran Muffins



Ingredients:
1/2 cup dark brown sugar
1 1/2 cups oat bran
1 1/2 cups all-purpose flour
2 teaspoons baking powder
2 teaspoons baking soda,
1/2 teaspoon salt
1 cup chilled applesauce, 4 tablespoons vegetable oil

Method
Preheat oven to 400 degrees F (205 degrees C). Line or grease 12 muffin cups.

Blend together brown sugar, oat bran, flour, baking powder, soda, and salt. Add chilled applesauce, and vegetable oil.

Mix until well-blended. Spoon batter into muffin cups.
Let stand 10 minutes.
Bake at 400 degrees F (205 degrees C) for 15 minutes or until golden brown.

TIP: Add 1 cup plumped raisins, with a little bit of raisin water (approximately 2 tablespoons). Or, before baking, sprinkle mixture of sugar and cinnamon over the tops of the muffins.