

Over 2,000 cricketers participate as Talent Hunt trials for U-19 cricketers culminates

STATE TIMES NEWS

JAMMU: Over 2000 Under-19 cricketers including men and women participated in the JKCA's historic Talent Hunt trials, which concluded at various venues across the Union Territory, on Sunday.

The Talent Hunt teams will be picking 90 probables in both men and women categories from each province of the Union Territory and Ladakh as well.

It is pertinent to mention here that a total of 1108 boys and girls from Kashmir province and 1023 boys and girls from Jammu province took part in these first of its kind Talent hunt trials on all three days of the trials.

Now, the Talent Hunt trials for Under-23 boys will be held at various selected zones



Boys participating in cricket trial at Srinagar.

from tomorrow.

The Talent Hunt teams included Vidya Bhaskar, Dhruv Mahajan, Amit Pal Singh, Sanjay Sharma, Inderjeet Singh and Harsh Nayyar (Men), Payal Choudhary, Veena Sharma and Anita Gupta (Women), GGM Science College Jammu; Jagtar Singh,

Suresh Singh, Gurupratap Singh and Pawan Sharma (Men). Pratibha Bhasin, Anju Gupta and Richa Trisal (Women) Sports Stadium Pooneh.

Ranjeet Bali, Rakesh Koul, Akshay Khajuria and Bharat Sharma (Men), Subash Dadheechi, Pooja Sharma and Madhu Bandral (Women)

SMVDSB, Katra; Vikrant Taggar, Surjeet Singh, Vivek Singh and Shafqat Malik (Men) Madhu Sharma, Rajni Sharma and Anuradha Sharma (Women) Bhaderwah.

Arshad Bhat, Fayaz Hazari, Shabir Kanth and Hilal Ahmad (Men) Masrat Ahad, Qurat-ul-ain and Saima Rashid (Women) North Zone; Irshad Hassan, Asif Jeelani, Obaid Haroon and Farooq Akhoon (Men) South Zone; Manzoor Dar, Huwaid Ronga, Inran Haroon and Zahoor Sofi (Men), Kounsar Ali, Ravinder Kour Parveen Akhtar (Women) Central Zone; Masrat Ahad, Sumaya and Elizabeth Mumtaz (South Zone).

Former First Class Cricketer Ashwani Gupta is the Talent Hunt/Tournament Incharge of Jammu Province, while Former First Class Cricketer Abdul Qayoom is Tournament/Talent Hunt Incharge of Kashmir province including Ladakh and Roopali Slathe is the Talent Hunt/ Tournament Incharge for Women in both the regions and Ladakh.

The Organising Committee for Jammu province included Sandeep Singh Singh, Veemarsh Kaw, Mohit Puri and Surekha Devi, while the Organising Committee for Kashmir province included Zahoor Sofi, Manzoor Ahmed Lone, Huwaid Ronga and Tasaduq Rashid.

3rd Ramadan Volleyball Cup concludes

STATE TIMES NEWS

Srinagar: The third edition of Ramadan Volleyball Cup organized by Hussaini Sports Club in memory of Sheikh Tulal Ahmad (Founder Member JKHS) concluded at Volleyball Court Hassanabadi Rainawari, here on Sunday.

A total of 16 teams from different districts & clubs participated in the tournament. Maloora Club lifts the title by defeating Ball Busters Srinagar by 3-0.

Major Abishek Salu was the Chief Guest, Adv. Syed Junaid (Chairman White Globe), Adv. Sheikh Saba (Chairperson White Globe), Irfan Hussain Malik (Physical Educator Physical College Ganderbal), Rauf Ahmad Khan (Physical Educator Youth Services), Shivam Sidharat (IPS SHO Rainawari, Sheikh Dawa, Ajaz Ahmad Bhat &



Dignitaries presenting trophy to winner team.

Junaid Ahmad (Area Sales Manager Livgaard Solar) & Haji Gh. Mohammad Dar were among Guests of Honour.

The chief guest said its great work done by the organizers to conduct such tournaments for the betterment of youth, other dignitaries were also appreciated

the Hussaini Sports Club.

The tournament was organized by Hussaini Sports Club, sponsored by Livgaard Solar & was supported by Bilal Provisional Store & Zawar Altaf Hussain Dar.

Hussain, Jayeed Ahmad, Ali, Ajib Hussain, Shahzad Ali, Sahil Ali.

While presenting vote of thanks Ahsan Ali (General Secretary JKHS) said we are planning to organize mass trekking events for boys & girls & kids sports meet this month.

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District Ganderbal Pencak Silat c'ship concludes



Players posing with dignitaries after receiving medals.

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GANDERBAL: Organised by District Ganderbal Pencak Silat Association, the District Ganderbal Pencak Silat Championship concluded at Indoor Hall, Sehpora in Ganderbal, here on Sunday.

Around 250 participants have participated in this championship, a handout issued by the Association informed.

Farooq Ahmad, former Legislator, was the chief guest, who gave away the prizes. Among special guests were Mohamad Iqbal, Manager; Rahul Shafi, Manager, Bilal Ahmad, Principal, Army Goodwill School; Sajad Sofi, president, District Ganderbal Pencak Silat Association; Murtaza Ahmad, secretary, District Ganderbal Pencak Silat Association; Dr Peerzada Mohammad Iqbal, coach; Ravees Ahmad, coach, J&K Police Central team and Mashooq Ahmad.

Now, the winners in different weight and age groups shall represent the district in the forthcoming 7th J&K UT Pencak Silat Championship to be held in Srinagar in July.

Indian Hawks Club brings laurels to UT, bags 19 medals in First India Skate Roller Games for J&K

Emerges as real asset for Jammu & Kashmir



Medal winner Indian Hawks Club Skaters posing for a photograph.

JAMMU: Indian Hawks Roller Skating Club (IHRSC) has yet again brought laurels to the Union Territory of Jammu and Kashmir by bagging 19 medals for J&K in First India Skate Roller Games held recently in Mohali, Punjab.

The performance of the speed skaters trained under the banner of IHRSC was stupendous as several breathtaking moments during the national open tournament stunned the people sitting in the Pavilion in Mohali.

The Indian Hawks Roller Skating Club has lately emerged as real asset for the UT as its phenomenal performance at the national arena of speed skating has helped J&K to surmount all the previous records set by veterans of the game in J&K.

The star performance of Indian Hawks- Samarjot Singh (Under 17 group quards) and Tamanna Saini (Under14 years group quards) was mind boggling as they ruled the roost throughout the competition starting from first heat till the finals.

Both these upcoming national champions ensured a clean sweep by winning three gold medals each in

their respective events earning stirring applause from one and all present at the venue of events.

Another promising skater of IHRSC Club Kartikeya Puri also emerged as the shining star in the Mohali event by fetching 2 gold medals and one silver in above 17 years quards category.

Other members of IHRSC who also showed exemplary

grit while proving their mettle in this all India level competition include (11 to 14 years group quards) Prageet Kour two silver and one bronze medal and Puneesh Puri one bronze; (14 to 17 years group quards) Uday Narayan one silver and two bronze, and in above 17 years category Surya Bhaskar one silver and two bronze medals.

Applauding the stunning performance of Skaters,

Ashok Gondota, Chief Patron IHRSC said that the Club has proved that the UT has got the talent and if the players of the region will get this kind of professional training only sky is the limit for them. He appreciated the way the Indian Hawks Club was honing the skills of the budding skaters to make them champions at national and international arenas. He expressed gratitude to

Jammu and Kashmir Roller Skating Association President G S Khurmi and J&K Roller Skating Association for extending wholehearted and timely support to the skaters of the UT of J&K besides providing a meaningful platform to youngsters to streamline their energy in the best possible manner.

Arjun Gondota, Mentor of the Indian Hawks Roller Skating Club members and the iconic skater from J&K who has earned name and fame through his dedicated efforts and flamboyant performances at national and international levels has been providing guidance to enthusiastic skaters and it was his insightful endeavours that these skaters have given stirring performance at yet another national level event.

Welcoming the champion skaters back, President of

IHRSC Dhruv Pant and General Secretary/Captain of IHRSC Tarun Gondota said that this is just the beginning as soon our Club will move the training sessions to level next to bring out hidden energy and champion content among the IHRSC members.

Club vowed to produce national champions from J&K in the coming years and also assured that soon skaters from J&K will also figure in the list of international players of repute.

Later in a ceremony, the management of IHRSC felicitated all the medal winners and gave them tips to emerge victorious in all the forthcoming events at UT and national level and Management also applauded the efforts of all parents of the skaters for their dedication and support to their kids.

Army organises Friendly Volleyball match

STATE TIMES NEWS

General Secretary Hockey J&K, Dr. Taran Singh thanked Brig Pandey for his support to encourage the budding hockey players.

Ashok Singh Jamwal Divisional Sports Officer Jammu, Satish Gupta Manager MA Stadium, Satpal Singh Manager KK Hakku Stadium were also present on this occasion.

An exhibition night match was also played between junior men team and army hockey team on the occasion.

Anajali Treasurer Hockey J&K, Rajinder Singh Kuku, Jagjit Singh coach, Priyanka Sudan, Minakshi from Pooneh, Angat Singh were also present.

It was a thrilling and exciting match till the end.

More than 32 people gathered to witness the match. The volleyball match was aimed at developing a competitive spirit amongst the youth and also to provide them a platform to showcase their talent.

The match was witnessed

with keen interest by one and all thus generated bonhomie amongst the players as well as locals.

Team members and locals expressed their heartfelt gratitude for organising the event and requested for more such sporting events in the future.

tributed prizes to both the teams.

At the end of the event both teams congratulated for the sterling performance and dis-

Army Commander Brig Pandey interacts with Women Hockey team



Army Commander Brigadier N.R Pandey along with posing with Hockey players and officials.

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JAMMU: Army Commander Brigadier N.R Pandey on Sunday interacted with the sub junior women hockey team of J&K at KK Hakku Hockey Stadium, here.

The team selected for 12th

Hockey India Sub Junior

National women Hockey Championship which is being held at Imphal in Manipur.

Brigadier Pandey was accompanied by his family said that all possible help will be provided to the promising hockey players of Jammu and Kashmir.

He said that hockey is being uplifted with missionary spirit in J&K under Hockey J&K.

Speaking on the occasion,

Rajeev Sharma, President

Hockey J&K, said that national

level coach is specially deputed by Hockey J&K for the camp and our team will defi-

nately improve its performance.

He further said that J&K Sports Council under the leadership of Nuzhat Gul extended full support to promote hockey in J&K.

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NSS unit of GGM Science College organises Yoga competition



STATE TIMES NEWS

JAMMU: A yoga competition was organized on the third day of 'yoga for well being' camp celebrating Yoga Mahotsav under the patronage of Principal Dr. Ravender Tickoo, guidance of NSS PO Dr. Deepali Mahajan, the aegis of Azadi Ka Amrit Mahotsav at GGM Science College, here.

NSS volunteers performed

Yoga Asanas and explained

their benefits.

Sanhit Sharma per-

formed Shalab Asana

and which strengthens the lower

leg muscles, back muscles, flexibility in spine, neck, shoulder, legs and hips, helps in weight loss, boost immune system, reduces stress and fatigue etc.

Vibhuti Sharma did Garudasana which improves balance, loosens the legs and hips, making them more flexible. Strengthens the calves. Rimjhim Pandita did Matsyasana which stretches the neck, chest and shoulders, resolving respiratory problems. Fish pose increases metabolic rates to lose weight, improves your digestive health, reducing menstrual cramps, helps get rid of stress.

Heimanshusharma per-

formed Chakra Asana and

Sheershaasan. It relieves

stress, increases focus,

improves blood flow to the

eyes, increases blood flow to

the head and scalp, strengthens

shoulders and arms, im-

proves digestion.

The competition was