

World Earth Day celebrated at JK Public School Panjtirthi



Glimpses of World Earth Day celebration at JK Public School Panjtirthi.

■ STATE TIMES NEWS

JAMMU: World Earth Day was celebrated at JK Public School (JKPS) Panjtirthi in a befitting manner to sensitize the children to become the crusaders for environmental

conservation.

Meenu shared her views about the importance of saving Earth and the measures that can be adopted to save our planet. A hand-out was given to the students

based on the significance of our planet and the steps to keep our environment clean and green.

The children were made aware that 'Every day is an Earth Day' and the pur-

pose of celebrating Earth Day is to keep our grass green and our skies blue with more trees and less pollution.

A role play was performed by Jakians about various environmental issues and

how all of us can make a difference by making small adjustments in our daily rituals and habits. The Principal of JKPS Panjtirthi, Suman Banbha encouraged the students and motivated them to think glob-

ally and act locally to heal Planet Earth. A mass quiz on Earth day was organised by the quiz master; the Principal herself. The winners of the quiz were rewarded by the Principal.

Directorate of Ayush organises free medical camp at KCPS



Doctors distributing Ayush medicines to faculty of KCPS.

■ STATE TIMES NEWS

JAMMU: A free medical health check-up camp for the employees of KC Public School was organised on the school campus by Directorate of Ayush Jammu.

A team of health professionals under the leadership of Dr. Mohan Singh, Director of Ayush, and the supervision of Dr. Vandana Dogra, attended to the teaching, office and support staff and distributed free medicines as required.

They were ably assisted by Dr. Kamini, Dr. Vaishali, Roma, Yoga Instructor, and

multipurpose health worker Satish.

A demonstration of yogic exercises was also conducted to deal with various ailments.

The main health issues the team dealt with were blood pressure, diabetes and immunity related problems people generally face. They also provided fitness tips to ensure healthy body and mind.

Principal Amarendra Kumar Mishra expressed his gratitude towards Ayush for organising a highly useful free medical camp for the employees of the school.

JU organises cultural and short film festival for deaf children

■ STATE TIMES NEWS

JAMMU: A day-long cultural event and short film festival for the deaf was organized by The Association of Deaf and Aphasic in collaboration with the Disability Initiatives Unit and Department of Students Welfare, University of Jammu supported by Red Cross Jammu.

More than 150 deaf children and youth from different parts of India including Delhi, Hyderabad, Bengaluru, Kerala, Punjab, West Bengal participated in this cultural fiesta held at Brigadier Rajinder Singh Auditorium of the University.

Folk dance, magic show, quiz session, fashion show, short drama and short documentary screening were held under this festival.

The welcome address was delivered by Prof. Sarika Manhas, Coordinator, Disability Initiatives, University of Jammu and the event was hosted and interpreted by Sukanya Bhan daughter of the founders of the Association of deaf and apha-



Senior Journalist and J&K Bureau Head, Times Now, Pardeep Dutta and other dignitaries at a programme.

sic, Jammu- Kamal Nain Bhan (general secretary) and Madhu Bhan (President).

The Bhan couple (deaf themselves) founded this association in 2019 and got it registered under the societies act. In a span of three years, they have hosted over 10 events and high-light events have been in collabora-tion with UNESCO, Red Cross Jammu District, Social Welfare Department, etc

The vision behind opening this association has been to empower the deaf community and create an inclusive society for persons with disabilities. Around 60-70 people are a part of this association.

Arun Manhas, Managing Director, J&K Agro Industries Development Corporation was the chief guest for the festival. He remarked that empathy towards the divyang community is much needed, if we have to truly embrace them.

He further mentioned that there is provision in NEP for creating inclusive classrooms and schools for the benefit of the differently abled children. He emphasized on the need to involve the disabled community to realize the goal of national development.

He also lauded the efforts of the University in highlighting the cause of the disabled by

hosting a unique cultural festival.

Pardeep Dutta, Senior Journalist and J&K Bureau Head, Times Now was the guest of honor. He shared personal anecdotes to highlight that disability has to be dealt with a positive mindset. He also emphasized that it is the so-called normal individuals who have failed to keep pace with the needs of the differently abled and that they as a community are far more progressive than us.

Deepak Gupta, President

Yuva Mandal holds Nasha Mukh Bharat Abhiyan rally at MAM College



NCC and NSS volunteers with faculty members during Nasha Mukh Bharat Abhiyan rally.

■ STATE TIMES NEWS

JAMMU: The Yuva Mandal of Maulana Azad Memorial (MAM) College, Jammu under the patronage of College Principal, Dr. G.S Rakwal, on Sunday organized an awareness rally promoting the fight against the drug problem prevalent nowadays. Yuva Mandal is a group of NSS and NCC volunteers of the college, which is entirely dedicat-

ed to creating a safe and drug-free environment in the campus and the society in general. It aims to drive out all the negative and nefarious elements that contribute to the growth of drug addiction in today's world. The rally was organized under the supervision of NCC ANO Major Dr. Karan Singh, NSS Programme Officer Dr. Koushal Kiran Thakur and NCC ANO Dr. Anil Singh.

Vikram Mehta elected Skating President

■ STATE TIMES NEWS

JAMMU: Amateur Roller Skating Association of Jammu and Kashmir (ARSAJK) on Sunday named new body in an election meeting which held under the chairmanship of former President, H S Chib, here. Rajinder Kumar has been elected to the post of general secretary by the members. The election meeting took place under the guidance of observer from J&K Olympic Association (JKOA), Vikas Gupta.

Other office bearers: Vivek Magotra (senior vice president); Amit Chib (joint secretary, Jammu); Mohd Shafi (joint secretary, Kashmir); Prateek Mahajan (treasurer). Executive Members: H S Chib, Madan Khajuria, Dr. Arun Arora, Saniya Malik; Dr. Sarika Gupta and Ananya Khajuria. The new body resolved to revive the game of Roller Skating in the Union Territory of J&K, which has suffered a lot during all these years.



Newly elected ARSAJK office bearers.

Suchetgarh tour for special delegates of deaf short film festival organised

■ STATE TIMES NEWS

JAMMU: Under the aegis of Department of Tourism, J&K, Directorate of Tourism, Jammu on Sunday organised a 1 day trip to Suchetgarh Border for delegates attending maiden 'Deaf short film festival' held in Jammu University in collaboration with M/s The Association of the Deaf and Aphasic Jammu UT, J&K.

The day-long trip was planned with the objective of providing a recreational activity and providing persons with disabilities with the opportunity and platform to step forward and be a part of an inclusive society. Around 100 spectators, aged and children were taken to Suchetgarh aboard special buses arranged by Directorate of Tourism Jammu to witness an electrifying parade by BSE. The boisterous audience before the ceremony visited the Octroi Post to witness the International Border. Later, the delegates

danced their hearts out to some foot taping patriotic songs. When approached by the media, Director Tourism Jammu Vivekanand Rai, said that Suchetgarh in J&K has emerged as a favorite tourist destination among families and friends with retreat ceremonies being organized on every weekends. He thanked the BSPF authorities for accepting the collaboration request for these special attendees'. Joint Director Tourism Jammu, Sumaina Sharma Mehta said that "Jammu is a very safe inclusive and reliable destination for people across all walks of life and social milieu. The purpose of the said picnic was to provide out of home experience visually to dumb and aphasic participants".

Besides present on the occasion were Senior Officers of BSE, officials of tourism department and other tourists who had gone to visit this historic parade.

Encouraging participation in Reasi, Udhampur Climbing meet

■ STATE TIMES NEWS

JAMMU: Prince Thakur of National Academy High School, Udhampur bagged gold in Junior Boys category in the district Udhampur Sport Climbing Championship which held under the banner of Mountaineering Association of J&K at Sprawling Buds ICSE School, Bantalab, here on Sunday. The silver and bronze medals claimed by Imran Aslam of Aryan Oriental Convent Higher Secondary School and Manish Singh Katoch of National Academy High School, Udhampur respectively. The District Reasi Sport Climbing competition also held simultaneously at the same venue in involving around 250 young boys and girls from the twin districts.

In the Junior Boys category of Reasi District there was a



Neelam Khajuria, Additional Secretary, Youth Services and Sports Department at the inauguration of Udhampur and Reasi District Sport Climbing Championship at Sprawling Buds School, Bantalab, Jammu.

good competition among Balwan Singh, Shahid Iqbal and Aryan Sharma of Anba Kids Home, Panthal, Katra in which Balvant Singh emerged victorious. Shahid Iqbal and Aryan Sharma remained second and third respectively.

However, competitions in the Men and Women categories of

both the districts could not be held for lack of adequate participation.

Earlier, the championship declared open by Neelam Khajuria, JKAS, Additional Secretary, Youth Services and Sports Department J&K in the presence of Shavetica Khajuria, general secretary;

Ram Khajuria, senior vice president and Sumit Khajuria, vice president of MAJK. Administrator of National Academy High School, Udhampur Anukampa Sharma; international climbers, Shivani Charak, Shilpa Charak and Arun Deep Singh were also among prominent persons present on the occasion.

Speaking to the gathering, the chief guest lauded the role of MAJK in promoting sport climbing in the Union Territory of J&K and producing national and international climbers like Shivani Charak. She assured all possible help and cooperation for further promotion of the game in J&K and hoped that a climber from J&K would find a place in the national team for the Paris Olympics.

Both the championships are sponsored by J&K Sports Council.

Other Results:

Reasi District: Mini Boys: Hari Vansh, 1st; Anubhar, 2nd and Asif, 3rd. Mini Girls: Niharika, 1st; Janvi, 2nd and Sojal Bhagat, 3rd. Sub Junior Girls: Divyanshi, 1st; Tanvi, 2nd and Avantika, 3rd.

Udhampur District: Mini Girls: Aushi Thakur, 1st; Prachi Sharma, 2nd and Ishika Thakur, 3rd.

Mini Boys: Anurag Sharma, 1st; Samaksh Sharma, 2nd and Anush Raina, 3rd.

Sub Junio Girls: Rupali Thakur, 1st; Ira Singh, 2nd and Dhriti Sharma, 3rd.

Meanwhile, final rounds in other categories of both districts of Udhampur and Reasi were in progress when the last reports filed.

Vishal selected for NRAI Judge course

■ STATE TIMES NEWS

UDHAMPUR: Vishal Mehra, shooting coach from JK UT has been selected for NRAI Judges course which is scheduled from May 7 to 10, 2023 at Dr. Karni Singh Shooting Range New Delhi, organised by National Rifle Association of India (NRAI) in collaboration with OGG under the aegis of international shooting sports federation (ISSF). He is a technical member of Jammu and Kashmir Rifle Association (JKRA) and Coach of Mission Olympics Shooting Academy Jammu (MOSAJ). He has also qualified the SAI certificate course recently.

For this achievement President JKRA S.S Sodhi and CEO DySP Sharat Chandar congratulated him for his selection and extended best wishes to Vishal for the this course.



Sawhney congratulates Adv Monika on cracking All India Bar Council Exam

■ STATE TIMES NEWS

JAMMU: Senior Congress leader and former Minister J&K on Sunday congratulated Advocate Monika Verma, wife of Pawan Sharma, resident of Paloura Top Jammu for cracking the prestigious All India Bar Council Exam in her first attempt.

Sawhney extended his best wishes to the advocate and her family and lauded her for her hard work and effort. He said that the it is a proud achievement to have capable and competent young women in practice.

Monika Verma, who qualified the All India Bar Council Examination, is practicing at J&K High Court Jammu.

Sawhney further said that he wished her all the very best for all future endeavours and looked forward to her successful career as an advocate.



Veteran Cricket Association J&K XI lost to Civil Secretariat XI



Participating teams posing for a photograph with officials.

■ STATE TIMES NEWS

JAMMU: Veteran Cricket Association J&K XI lost a thriller to Civil Secretariat (Assembly) XI by 9 runs played at MA Stadium Jammu.

Nazir Ahmed, Captain of Civil Secretariat XI, won the toss and elected to bats first. Both their openers Mukul and Ashish gave a solid start to the team and shared 58 runs first wicket partnership before Mukul was cleaned up by Vivek Suri, Captain of Veterans Cricket Association J&K XI.

Ashish played a sheet anchor role but none of the batsmen gave him support and Civil Secretariat XI was all out in the last over scoring 131 runs. Mukul and Ashish score 35 runs each and Dhoni contributed 13 runs. For Veterans Cricket Association J&K XI Faheem Tak took four wickets, Ashish took two wickets and Vivek Suri and Man Singh claimed one wicket each.

Chasing 132 to win in stipulated 20 overs, VCAJK started on a steady note before Ankush and Amit fell in successive overs which was fol-

lowed by two more wickets.

Vivek Suri and Ashish revived the innings of VCAJK with a solid partnership of 40 runs before Ashish was out on 29 runs. With match hung on both side as 18 were needed in 18 balls Vivek Suri was unfortunately run out trying to steal a cheeky single. He scored run a ball 17. Mushtaq Mohd bowled a scintillating spell and took three wickets in one over giving Civil Secretariat XI victory by 9 runs.

Mushtaq Mohd was declared Man of the Match for his brilliant performance.