

Talent Corner

Poem — She too has a story to tell

Sitting Idle for the whole day recreates those memories of the past,
Look for face in the mirror brings back those Painful tears.
Feel Lonely in a life of hell; yet tries to become calm & well.
The ray of hope ignites her mind feels like despair yet she is kind.

Killing her will to fulfil her desires; don't wanna look back to the liars.
Talking to the beautiful stars, tired of those painful and cold wars.
Cherishing the beautiful memories and
way brings back the smile on her face.
Prepare her mind to abandon those things,
ought to chase her dream with golden wings.

She needs no sympathy & Kindness for grant;
now is clear what all she wants.
Brings back the vibes of her positivity;

the charm on her face comes with full rigidity.
Wanna become the moon, Sun & the stars;
crossing all roads of her destination with no bar.

Ignition of her mind creates wonders;
now she will clear who will be the hunter.
lighten by her spirit with a grace; now is clear who will win the race.

She is now the world of her dreams; with a mind of fierce & fragile beams.
Now she set to grow and heal the past ;
yet remains kind in a world of fast.
Wanna forgive all for what she feels;
yet there are hidden & numb layers which needs to be concealed.

Kusum Singh Rajput, Jammu.

Poem — 'My Little Snowman

I was lone
It was raining
Bewildered I was to see
The array of little white pearls
Which were actually not pearls
But the small hailstones
In my courtyard
I collected all

Strived to make a snowman
I put a cap in his head
And a stick in his hand
It was like a little magician
Wearing a cap
And having a magic wand in his hand
I heard the pattering sound of the rain for a
while

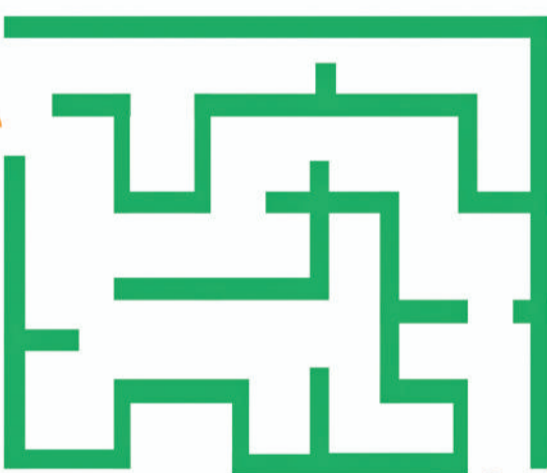
Took a toast with a warm cup of coffee
And with every sip I enjoyed the sound of
rain
I peeped out of the window
My little snowman was asleep I guess.
Alka Sharma
Rehari Colony.

SUDOKU

					6			
	8			5				
	4	9				8		
		7	3		8	1	6	
		1				7		
		4				6	7	
5	6		1			3		
	7			3		5	1	4

SOLUTION OF LAST WEEK SUDOKU								
1	3	8	9	5	7	6	2	4
4	5	2	1	8	6	3	9	7
7	9	6	3	4	2	1	8	5
2	7	9	6	3	5	4	1	8
6	8	1	7	9	4	2	5	3
5	4	3	2	1	8	7	6	9
8	2	7	5	6	3	9	4	1
3	1	5	4	2	9	8	7	6
9	6	4	8	7	1	5	3	2

MAZE



COMPLETE THE PICTURE



CAREER AID

Surgical Technology

Surgical Technology or Operation Theatre Technology is a specific technical profession in the field of health science. Those who are allied with this fast paced and challenging career are called Surgical Technologists (ST). Also known by the names Operating Theater Technicians (OTT), Surgical Scrubs and Operating Room Assistants, these technical medical professionals are an essential part of the operation unit team who work along with the surgeon, anesthesiologist and nurse in order to provide quality patient care before, during, and after surgery.

Surgical Technologist/ Operating Theater Technician ensure that every single procedure in the operation theatre is as safe and successful as possible. Their primary duty is to take care of all the work and management of the operation theatre which includes looking after all the surgical instruments, their sterilization, arrangement of operation theatre table, dressing table, instrument table as well as anesthesia table. They also look after the drugs required for surgery, anesthetic gases, drapes and all the linen and their sterilization. They assemble both sterile and non-sterile equipment and at the same time adjust them to make sure that all are working properly.

During a surgical procedure, along with the surgeon and nurse, Surgical Technologists also play a major role in the successful outcome of the surgery process with their level-headedness and alertness. These specialized staff handles the instruments, supplies, and equipment necessary during surgical procedures in the operation theatre. They anticipate the needs of the surgeon and react quickly to emergencies by providing appropriate instruments in the correct manner. This is a job with great responsibility as any careless approach by a Surgical Technologist can cause any significant operation to go wrong.



Technology are the major courses in the field of OTT/ ST. The basic eligibility criteria for the 2 year Diploma and 3 year B.Sc. course is 10+2/ intermediate pass or its equivalent. The candidates should have a minimum of 50% marks for Physics, Chemistry, Biology and Mathematics for the 12th standard board examination. Some institutes offer 3 year diploma and 1 year certificate course for those who have passed 10th/ matriculation.

Course curriculum of Surgical technology comprises of a meticulous classroom training in subjects like Anatomy and Physiology, Biomedical Science, Pharmacology, Pathology, Microbiology, Obstetrics and Gynecology etc. Fundamentals of surgical procedures, equipment operation and handling skills are imparted during the course. The students are also provided hands-on clinical experience, seminars, computer-aided learning and visits to industrial units.

Colleges and Institutes:
Martin Luther Christian University : Allied Health Science Department, Shillong
 Martin Luther Christian University,
 Dongkitch, Block -1, Nongrah ,
 Shillong (Khasi Hills Dist.) - 793006
 Meghalaya
Armed Forces Medical College (AFMC), Pune
 Wanowrie , Pune (Pune Dist.) - 411040
 Maharashtra
Om Sai Para Medical College, Saharanpur
 Near Railway Station , Saharanpur (Saharanpur Dist.)
 Uttar Pradesh
Tripura Institute of Paramedical Sciences (TIPS), Agartala
 Hapania, Amtali , Agartala (West Tripura Dist.) - 799014
 Tripura

Delhi Paramedical and Management Institute (DPMI), Tikamgarh
 B-20, New Ashok Nagar ,
 Tikamgarh (Tikamgarh Dist.) - 110096
 Madhya Pradesh
Post Graduate Institute of Medical Education and Research : College of Nursing, Chandigarh
 Sector 12 , Chandigarh (Chandigarh) - 160012
 Chandigarh
Shridevi Institute of ParaMedical Sciences, Bangalore
 Sira Road, Tumkur; Bangalore,
 Karnataka , Bangalore (Bengaluru Dist.) - 572106
 Karnataka
S.I.T College , Ramanathapuram
 1901/1, Old check post,
 Ramanathapuram ,
 Ramanathapuram (Ramanathapuram Dist.) - 623503
 Tamil Nadu
Shri Dhanwantri P.G. Ayurvedic Medical College, Mathura
 Village Semri, Chhata, N.H-2 ,
 Mathura (Mathura Dist.) - 281006
 Uttar Pradesh
Glocal University : School of Paramedical Sciences, Saharanpur
 Delhi-Yamunotri Marg (State Highway 57),
 Mirzapur Pole ,
 Saharanpur (Saharanpur Dist.) - 247121

If you have any ideas, poems, stories,
 paintings that you would like to share with us,
 please send it to
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