

JKiians shine in 17th Aerobics National Gymnastics Championship & District Level Karate Competitions



JK Public School Kunjwani faculty members felicitating winner gymnast Rajveer Singh and winners of Inter-School District level Karate Competition on Tuesday.

STATE TIMES NEWS

JAMMU: In the 17th Aerobics National Gymnastics Championship, held at Bangalore (Karnataka), Rajveer Singh of JKPS Kunjwani secured

4th position. Similarly, in the Inter-School District level Karate Competitions organized by the District Youth Sports & services J&K, JK Public School Kunjwani won three gold and one silver

medal. The winners were Bhuvu Dogra (Gold), Onya Sharma (Gold), Kritika Sharma (Gold) and Ujbal Saini (Silver) medals. Shashi Chaudhary, Director JKPS Kunjwani

and the school Principal Rajesh Rathore congratulated the winners and applauded the school Karate Coach Gopal Dass and Gymnastic Coach Gourav Chettri for training the students.

Principal JKPS Kunjwani Rajesh Rathore appreciated round-the-year passionate endeavours of Rajveer Singh, who brought laurels with 4th position amidst tough competition. He inspired stu-

dents to show rigorous penance in their chosen sports discipline and stop not till they succeed in hitting the targets. He applauded the coaches for their humongous efforts.

Sports as important as education: Chibber to athletes

Declares open District Level tournament



Director Youth Services and Sports Subash Chander Chibber interacting with young athletes at Khel Gaon, Nagrota in Jammu.

STATE TIMES NEWS

JAMMU: Sports and education are the two sides of the same coin. Sports and games are as important as education in the present era.

This was stated by Director Youth Services and Sports J&K, Subash Chander Chibber while speaking to a big number of athletes during the inaugural ceremony of District Level Inter Zonal

Tournament in the disciplines of Kho-Kho, Kabaddi, Volleyball, Tug of War, Chess and Carrom for under-14 and under-17 boys at Khel Gaon Nagrota, near here on Tuesday.

The Director Sports advised the athletes to take active part in sports apart from focussing on studies as it could be their best career option.

Chibber further said that

sports serves for delight, for ornament and for agility.

While declaring the tournament open, Chibber was accompanied by Joint Director Youth Services and Sports Jammu, Suram Chand Sharma and Sukhdev Raj Sharma, under whose supervision the event is being organised.

Over 1450 athletes drawn from all 14 Zones of District Jammu are taking part in this sporting extravaganza.

In Chess Under-14 boys, Miran Sahib Zone got the better of Marh Zone by (3-1) points, while Dansal Zone prevailed over Arnia Zone by (2-1) points.

In Tug of War U-14 boys, Gandhi Nagar Zone drubbed Arnia Zone by 2-0 points, while Satwari Zone beat Jourian Zone by 2-0 points.

STATE TIMES NEWS

JAMMU: Er. Deepak Anant won men single carrom title while Rinkey Bazaz emerged champion in women single carrom event on the second day of the ongoing Jammu University Employees Tournaments for Men & Women, organized by the Campus Sports Committee of the University of Jammu, here on Tuesday.

The matches were conducted under the supervision of Dr. Daud Iqbal Baba Chairman, Campus Sports Committee University of Jammu.

Today's results
MEN Cricket (M): Team A beat Team G by 32 runs; Team F beat Team H by 6 wickets. **Badminton:** Dr. Sandeep Arya beat Dr.

Jammu University Employees Tournament-2023

Er Deepak, Rinkey emerge champions in carrom



Participants posing with JU faculty during carrom event.

Bashir Ahmed Loneby (21-02) points; Gagandeep Singh beat Er. Raman Gupta by (21-10) points; Shantul Raina beat Dr. Mandeep Singh (21-06) points; Suresh Tack beat Parvesh Ratta by (21-08) points; Vishal Sudan beat Abhinav Sharma by (21-05) points; Dimple Sharma beat Sumeet Nargotra by (21-05) points; Manav Puri beat

Er. Rajesh Kumar by (21-05) points; Pankaj Gupta beat Dr. Rakesh Chib by (21-09) points; Buneet Singh beat by Rajinder Kumar (21-04) points; Narianjan Singh beat Joginder Singh by (21-09) points; Sumeet Kumar Dogra beat Abhimanyu Sharma by (21-19) points; Sharat Sharma beat Dr. Sudesh Tripathi by (21-19) points. **Table-Tennis:**

Prof. Susheel Kumar beat Dr. Sandeep Arya (2-0) seats; Er. Rajesh Kumar beat Dr. Mandeep Singh (2-0) seats; Carrom: Er. Deepak Anant beat Arjun Singh; Er. Rajesh Kumar beat Balwant Singh; Er. Deepak Anant beat Er. Rajesh Kumar; Vishal Sharma beat Dr. Sandeep Arya; Nikhil Sharma beat Niranjan Singh; Nikhil Sharma beat Vishal Sharma. **Final:** Er. Deepak Anant beat Nikhil Sharma.

WOMEN Badminton: Pooja Manhas beat Sunita Amla by (24-22) points; Sonika Sharma beat Dr. Samita Wadhwa by (21-05) points; Azmat Choudhary beat Sunny Bhat by (21-15) points;

Komal Bakshi beat Kiran Kumari by (21-09) points. **Carrom:** Sumita Amla beat Azmat Choudhary; Bhawna Gupta beat Pooja Manhas; Anzana Wazir beat Babita Jamwal; Rinkey Bazaz beat Anzana Wazir; **Final:** Rinkey Bazaz beat Bhawna Gupta. **Carrom Doubles:** Sumita Amla & Azmat Choudhary beat Bhawna Gupta & Sunny Bhat; Komal Bakshi & Seema Rathore beat Sonika Sharma & Pooja Manhas. **Final:** Komal Bakshi & Seema Rathore beat Sumita Amla & Azmat Choudhary.

The matches were officiated by Raj Kumar Bakshi, Ravish Vaid, Vikas Karlopa, Gagan Kumar, Jai Bharat and Ashok Singh Bali.

Zonal Level Inter School tournament of Zone Dudu gets underway

STATE TIMES NEWS

UDHAMPUR: In the ongoing Zonal Level Inter School tournament of Zone Dudu for Under -14 Boys and Girls at Govt. High School Dudu Kirchi, today 414 boys and 49 girls drawn from different 20 Government institutions participated in sports disciplines of Volleyball, Kabaddi, Kho-Kho, Athletics and Tug of War.

The event was started in the presence of Headmaster Govt. High School Dudu Kirchi Shamsher Ahmed along with other staff of the institution and field staff of Youth Services & Sports.



A Kabaddi match in progress during Zonal Level Inter School tournament of Zone Dudu.

The competitions are being organized under the patronage ship of Subash Chander Chibber, Director Youth Services and Sports UT of J&K, chairmanship of Dharam Vir Singh

District Youth Services & Sports Officer Udhampur and supervision of Malik Iftikhar Iqbal PEM, I/C Zonal Physical Education Office Dudu.

Today's Results

BOYS Volleyball: MS Boys Latti beat MS Chakka by score by 2-0 (25-14, 25-19). **Kabaddi:** MS Chakka defeated HS Latti Gharat by score 32-24 point. **Tug of War:** MS Latti Gharat

defeated MS Latti.

GIRLS Kho-Kho: MS Baggan defeated HS Dudu Kirchi by score 41-10 points.

The matches were officiated by a technical panel of experts of YSS Mohd Arfan, Rajesh Kumar, Rakesh Kumar, Mohd Hussain Malik, Mohd. Saleem Khan and Uttam Chand.

Among others who were present were Joginder Kumar (Teacher), Abid Hussain Kanth, Kuldeep Kumar, Ankush Thakur, Altaf, Shabir, Pawan Kumar, Komal Gupta and Kewal.

Inter School Tournament of Zone Jib held

STATE TIMES NEWS

UDHAMPUR: The Inter School Tournament of Zone Jib held at Mini Stadium, Udhampur on Tuesday.

The tournament were conducted in the age group of under-17 yrs girls in which 168 student players (drawn from different Govt./ Private institutions were participated in the disciplines of Volleyball, Kabaddi, kho-kho, Tug of war and wrestling.

The tournament is being organized by the Department of Youth Services and Sports under the overall supervision of Dharamveer Singh, District Youth Services & Sports Officer Udhampur and under the supervision of Zonal Physical Education Officer JIB Sushma Rani.



Organizers presenting bouquet to SI Pallavi Rajput.

Also, the chief guest of today's tournament was Chief Education Officer Udhampur Geetu Bangotra and Guest of Honour was Pallavi Rajput (Sub inspector).

Today's Results: Tug of War: HS Bali beat HS Jhoni by 3-2. Kho-kho: HS Laddan beat HS Kawa by

five points. **Volleyball:** HSS Barta beat HS Moud by 2-0 (25-17, 25-15). **Kabaddi:** HS Bali beat HS Upper Thanao by six points.

Among others of Youth Services And Sports department who officiate the matches were PEMs, PETs and ReKs of different institutions.

DIS Jammu celebrates National Technology week

STATE TIMES NEWS

JAMMU: Doon International School (DIS), Jammu, joined the global community in celebrating National Technology Day, a day dedicated to recognizing the significant contributions of technological advancements and the tech giants of the nation towards human progress, innovation, and sustainable development.

Under the theme "Innovation for Sustainable Development," the students of class 9th displayed working models and represented them in the best innovative ways.



DIS Jammu students displaying self-made science models.

Under the supervision and guidance of the science department of the school, the children talked about and displayed pragmatically the role of technology in climate change, healthcare, education, communication and agriculture. The innovative working models were

the talk of the day.

The science exhibition was visited by the students, teachers and special guests of the school. The remarkable achievements through the relentless efforts of the students were much appreciated by the management of the school.

The Chairman applauded the efforts of the students and their mentors.

Principal of the School, Dr. Vikesh Kaur briefed that we need to unite in our commitment to support scientific research, embracing technological advancements, and fostering a glob-

al ecosystem that encourages creativity, collaboration research and discovery. She added that together, we can build a brighter future for all, driven by the power of science and technology."

The exhibition aimed to raise awareness about the importance of scientific research and technological innovations alongwith encouragement for experiential learning with hand on experiences for the students to learn, research, understand, create, innovate and finally present their idea in an exceptional way.

DPS Jammu students win state level dance competition

STATE TIMES NEWS

JAMMU: Shriya Kumari (VIII) and Sonya Sharma (VI) from Delhi Public School (DPS) Jammu brought laurels to the school and their parents by winning gold medals each and 1st positions in Feet on Fire State Level Dance Competition organized by MUDRA Dance Academy held at Polytechnic College, Jammu on May 14, 2023. Both the students had performed in Semi-Classical dance style (senior category) in final round. Principal DPS Jammu, Ruchi Chhabra congratulated Shriya, Sonya and their parents for glorious achievement. She also felicitated them with trophies. Further, she also lauded their teacher incharge, Shalini Pradhan. Headmistress, Meenu Gupta also applauded them. President-RCT, Ajatshatru Singh, Pro VC, Dr. Ritu Singh and Director, S.S Sodhi congratulated the winners and extended their best wishes for all their future endeavours.



Grassroots Day celebrated in Bakshi Stadium, Srinagar

Secretary Sports Council tours downtown

STATE TIMES NEWS

SRINAGAR: The J&K Sports Council team led by Nuzhat Gul toured the iconic Badamwari garden in downtown early morning and interacted with a number of locals here on Tuesday.

The Secretary Sports Council was flanked by Waseem Raja, Additional Secretary YSS and Nuzhat Farooq Sports Officer Kashmir along with coaches and other officials.

Sharing details, Secretary Sports Council said that this initiative is a part of the community reach out program and today our team reached Badamwari and



Participating teams posing for a photograph.

Kalai-andar areas to meet elders and sports enthusiasts.

She said the Sports Council team sensitized the

locals about the rise in drug addiction cases and how sports can help to mitigate the effects of prevailing social issues. She said that

these people come out early in the morning to maintain good health and they can act as ambassadors of fitness, sports awareness, and a link of the community's approach towards various government initiatives. The Sports Council team made people aware about the government's initiatives to involve the general public in sports under Jan-Baghidari-Abhiyaan, enabling a vibrant sports ecosystem in the union territory.

During her interaction, Secretary Sports Council sought feedback from the public regarding the role Sports Council can play for

creating a vibrant sports ecosystem in downtown and elsewhere in J&K. Nuzhat Gul said that the Sports Council in its pursuit to encourage a healthy lifestyle shall follow with more such events in future. The move she said is also aimed at raising an awareness about the lifestyle diseases and the measures to keep such ailments at bay.

A group of women while on morning walk in the garden demanded for an open-air gymnasium in the area, to which the Secretary Sports Council responded in affirmative.

The J&K Sports Council

Football Academy observed the Asian Football Federation (AFC) "Grassroot Day" in Bakshi Stadium. The day is celebrated throughout the Asia Subcontinent. The renowned J&K soccer star Ahmad Ishfaq along with more than 60 young participants attended the celebrations. Ishfaq while interacting with young players exchanged some useful tips with the prospective football stars of the J&K. He also advised the players to maintain the highest standards of discipline if they want to excel in sports, as ethics and sports go hand in hand, he added. Secretary

Sports Council, Nuzhat Gul announced the opening of Grassroot Football School on the occasion and thanked all the kids for turning to the venue in large numbers. Nuzhat Gul also exhorted the kids to make the most out of the new sports policies and infrastructure laid across the J&K while appreciating the motivation and enthusiasm of the participants.

Meanwhile, a cricket match was also organized by J&K Sports Council for visually impaired cricketers in Bakshi Stadium Srinagar.

The match was played between North Kashmir XI

and South Kashmir XI. After winning the toss, North Kashmir XI decided to bat first and scored 81 in their allotted quota of 10 overs. Chasing the total, South Kashmir XI scaled the total in just 7.3 overs backed by some splendid batting by both the openers. Prior to match players from both the teams had an interaction with Altaf Ahmad, Deputy Manager Bakshi Stadium who also distributed the uniforms among both the teams. The concluding ceremony of the match was attended by Nuzhat Farooq Sports Officer Kashmir who also distributed medals among both the teams.

International Wheelchair Basketball Player calls on Lt Governor

STATE TIMES NEWS

SRINAGAR: Ishrat Akhter, International Wheelchair Basketball Player from J&K called on Lieutenant Governor Manoj Sinha, here on Tuesday.

The Lt Governor congratulated for her achievements in sports arena and assured all the support from the administration for future

endeavours. Later, Adv. Waseem Gul, President Kashmir Advocate Association also called on the Lt Governor and apprised him of concerning issues of legal fraternity of Kashmir division.

The Lt Governor assured Gul of appropriate redressal of all the genuine issues put forth by him.



Ishrat Akhter, International Wheelchair Basketball Player from J&K calling on Lieutenant Governor Manoj Sinha.