

VAJK celebrates Art of Giving Day at Jammu



VAJK office bearers and volleyball players during celebration of Art of Giving Day at Jammu.

■ STATE TIMES NEWS

JAMMU: As part of celebrations of 10th anniversary of the Art of Giving (AOG), founded by Prof. Achyuta Samanta, President VFI, MP (Lok Sabha), Founder of KIIT & KISS, Volleyball Association of J&K under the aegis of Volleyball Federation of India on Wednesday organised exhibition volleyball matches of boys and girls teams at MA Stadium, here.

Trikutia Volleyball Club (Girls) and Pinto Club (Boys) both identified Volleyball

clubs of Jammu Distt contested with J&K UT Sub-Junior girls and boys teams who are undergoing coaching camp prior to the participation in 45th Sub Junior National Volleyball Championship at Chandernagore, Hooghly from 27th May to 1th of June 2023.

Both the teams displayed their skills of the game, enthralled the audience with their spikes and dodges.

Ashok Singh, Divisional Sports Officer (DSO)

(Jammu), who was the Chief Guest, lauded the efforts of organizers in improving over-all standard of volleyball game in JKUT, besides fulfilling the mission of Prof. Achyuta Samanta, who is relentlessly working hard for helping the downtrodden masses including sportspersons for the last over 10 years as founder of Art of Giving - NGO.

Prof. Achyuta Samanta's social outreach programme, dedication of 30 years service for the humanity with a deep desire to help those who are

less fortunate has paid dividend all over the world at present.

His unconditional support to sportspersons by providing free education, training facilities and all necessary help is another milestone of the organization with a great difference.

This year theme of Art of Giving is "Helping The Help" in a grand manner.

The objective is not to give materialistic support to the ones who need what to help someone with dignity, no

charity and bringing joy to their lives.

According to Prof. Achyuta Samanta, "a life lived in the spirit of Art of Giving- is a life of fulfillment, purpose and sacrifice".

The day celebrated here in J&K UT with distribution of volleyball equipments to ten affiliated Volleyball clubs of JKUT who are associated with VAIK and engaged in promotion of volleyball.

Earlier VK Magotra, General Secretary of VAIK gave an account of

District Jammu Taekwondo Championship 2023 commences



Participating players posing with dignitaries.

■ STATE TIMES NEWS

JAMMU: Jammu District Taekwondo Championship 2023 commenced on Wednesday at Kotli Bhawan Hall, Rehari, Jammu which is organized by District Jammu Taekwondo Association under the aegis of Taekwondo Association of J&K which is recognised by J&K Olympic Association and affiliated to India Taekwondo.

More than 120 players from different Schools/Clubs of Jammu participated in the championship with great zeal and enthusiasm. Members of the District Jammu Taekwondo Association were present in the Championship as follows Pawan Jamwal-President DJTA, Mukesh Thakur - Sr. Vice President DJTA, Executive Member- Rudrakshit Gupta. Quinti lal Jain- General Secretary Taekwondo Association of J&K inaugurated the championship and conveyed his best wishes to the organisers. The championship was conducted under the vigilant supervision of Harsh Vardhan Raina-Secretary District Jammu Taekwondo.

Inter-School Zonal level competition held at GBHSS Khari



A Kabaddi match in progress at Ramban.

■ STATE TIMES NEWS

RAMBAN: Youth Services and Sports department Zone Kahri organized an Inter-School Zonal level competition for U/14 and U/17 Boy/Girls here in the discipline of Kabaddi,Kho-Kho Volleyball Tug of War.

The event was inaugurated by Principal Government GHSS Boys Khari, Abdul

Rehman, while ZEO Khari, officers from Army, Police and prominent citizens were present on the occasion.

A series of sports events were held under the supervision of ZPEO Khari Fayaz Ahmed.

More than 350 students from different institutions of Zone Khari participated in the competition.

Speaking on the occasion, Principal of GHSS Khari appreciated all the participants and applauded the efforts of the Zonal level Staff of the Department for encouraging the young students to take part in Games & Sports.

He impressed upon all the participants to actively participate in games and sports to achieve all-round development of their personality. He also sensitized the youth and urged upon them to become the ambassadors of Nasha Mukta Abhiyan so that the message reaches in every nook and corners of the district.

Similar tournaments were also organised by the department in other zones of the district.

JKPS Kunjwani wins gold, silver in Chess, Badminton Tournaments



JK Public School Kunjwani faculty felicitating medal winner players of the school on Wednesday.

■ STATE TIMES NEWS

JAMMU: In the Inter-School Chess Tournament organized recently by the District Youth & Sports Services J&K, JK Public School Kunjwani won two gold and two silver medals.

The winners are Janesh

Kour (Gold), Harshita Choudhary (Gold), Pakhi Roy (Silver) and Rythym Roy (Silver) Medals.

In the Inter-School Zonal level Badminton Tournament, champion girls from JKPS Kunjwani were Anshika, U-14 (Singles

Winner), Many and Bhavya, U-14 (Doubles Winner), Dhihwn Kour, U-17 (Singles Winner), Aastha Sharma and Hardeep Kour, U-17 (Doubles Winner).

Shashi Chaudhary, Director JKPS Kunjwani and the school Principal

Rajesh Rathore congratulated the winners and lauded the Coaches Shivdev Singh and Ashwani for preparing students for the tournament.

Principal JKPS Kunjwani Rajesh Rathore appreciated all the winners for showing their grit, dedication and

perseverance. He inspired them to set higher goals ahead and emerge victors in their future endeavours. While addressing students, he quoted Michael Jordan, "Take your practice day as seriously as your match day".

District Level Inter School Basketball & Karate held

■ STATE TIMES NEWS

UDHAMPUR: District Youth Services and Sports Department in Udhampur successfully organized a thrilling Karate Tournament, showcasing the talents of local participants.

The event took place under the patronage of Subash Chander Chibber, Director Youth Services and Sports, with the dedicated supervision of DYSSO Udhampur, Dharamvir Singh.

The Karate Tournament, aimed at promoting martial arts and encouraging youth participation in sports, witnessed an enthusiastic turnout of participants from the district.

The event served as a platform for young athletes to demonstrate their skills, discipline, and determination in



Players competing in karate event at Udhampur.

the field of Karate. Sondev Khajuria PEM, the 2nd Incharge, graced the occasion as the esteemed chief guest. His presence added a sense of honor and motivation for the participants, inspiring them to strive for excellence in their endeavors.

The tournament witnessed

intense competitions across various weight categories, showcasing the participants' technical prowess and sportsmanship. The matches were closely contested, and the dedication and hard work of the participants were evident throughout the event.

The District Youth Services

and Sports Department expressed gratitude to all the participants, coaches, and officials involved in making the tournament a resounding success. Their unwavering support and commitment contributed to the seamless execution of the event.

The Department further acknowledged the support of Subash Chander Chibber, Director Youth Services and Sports, for his constant guidance and encouragement towards promoting sports and fostering a culture of fitness and healthy competition among the youth.

The District Youth Services and Sports Department, Udhampur, remains committed to organizing such sporting events in the future, providing young athletes with opportunities to excel and

exhibit their performance.

Today's Results: In U-14 Yrs Boys (Karate): Mohit from Govt. HS Laddan won in 18 to 21 Kg Weight Category; Madhvan Sharma from DPS Udhampur won in 21 to 23 Kg weight Category; Shivam from Bright Carer Garhi Udhampur won in 23 to 25 Kg weight Category.

In U-17Yrs Boys (Karate): Anagad Sharma from Indira Academy won in 35 Kg Weight Category; Akhilesh Sharma from Durga Shishu Mandir Udhampur won in 35 to 38 Kg weight Category; Tanav Sadotra from DPS Udhampur won in 38 to 41 Kg weight Category.

In U-17Yrs Boys (BasketBall): Govt. HSS Boys Udhampur was defeated by APS Dhar Road by 08-10 points.

Zonal Level Inter School Tournament of Zone Dudu held



Participating players posing with dignitaries.

■ STATE TIMES NEWS

UDHAMPUR: Zonal Level Inter School Tournament of Zone Dudu for Under-17 boys and girls at Govt High School Dudu Kirchi, on Friday 213 boys and 85 girls drawn from different 20 government institutions participated in sports disciplines of volleyball, kabaddi, kho-kho, athletics and tug of war.

The event was started in the presence of Headmaster Govt. High School Dudu Kirchi Shamsher Ahmed along with other staff of the institution and field staff of Youth Services and Sports.

The competitions are being organized under the patronage ship of Worthy Sh. Subash Chander Chibber, Director Youth Services and Sports UT of J&K, chairmanship of Sh. Dharam Vir Singh District Youth Services & Sports

Officer Udhampur and supervision of Sh. Malik Iftikhar Iqbal PEM, I/C Zonal Physical Education Office Dudu. Today's Results: BOYS Volleyball: HSS Latti beat HS Panchound by 25-14, 25-18. Kabaddi: HSS Jakhed defeated HS Chappar by 25-18. GIRLS Kho-Kho: HS Panchound defeated HS Chappar by 30-22. Tug of War: HS Dudu Kirchi defeated HS Latti Gharat.

The matches were officiated by a technical panel of experts of YSS Mohd Arfan, Rajesh Kumar, Rakesh Kumar, Mohd Hussain Malik, Mohd. Saleem Khan, Uttam Chand. Among others who were present were Ramesh Sharma, Headmaster Boys MS Latti, Abid Hussain Kanth, Kuldeep Kumar, Ankush Thakur, Altaf, Shabir, Pawan Kumar, Komal Gupta and Kewal.

DYSS Samba holds inter-zone Chess, Football meet



Chess matches in progress at Samba.

■ STATE TIMES NEWS

SAMBA: Department of Youth Services and Sports (DYSS) organised inter-zone sports meet of district Samba in two age groups of under-14 and under-17 boys and girls in the disciplines of Chess and

Football.

The competition held under the supervision of district (DYSS) officer, Chander Kanta in support with Samriti Mahajan (ZPEO Samba), Sudesh Sharma (ZPEO Ramgarh), Vikas

Gupta (ZPEO Ghagwal), Joginder Sharma (ZPEO Vijaypur), Umesh Sharma (ZPEO Purmandal) and Rekha Sambyal (PEM activities in-charge).

In total, 118 participants took part in two events.

The Results (finals): BOYS: Under-14: Football: Zone Vijaypur beat Zone Samba 2-1. Chess: Himansu Yadav of Zone Samba bt Boby of Zone Ghagwal.

Under-17: Chess: Vedant Singh of Zone Vijaypur bt Angat Singh of Zone Purmandal.

GIRLS: Under-14: Chess: Aryana Goutam of Zone Samba bt Janavi Sharma of Zone Ghagwal. Under-17: Deepika Devi of Zone Samba bt Banshika Sharma of Zone.

Jammu University Employees Tournament-2023 Prof Rakesh, Komal win Table-Tennis titles



JU women employees competing in chess game.

■ STATE TIMES NEWS

JAMMU: Prof. Rakesh Vaid and Komal Bakshi won respective men and women Table Tennis titles in the ongoing Jammu University Employees Tournaments for Men & Women Table-Tennis (M&W) Carrom (M&W), Cricket (M), Chess (M&W) and Badminton (M&W) organized by the Campus Sports Committee of the University of Jammu.

The matches were conducted under the supervision of Dr. Daud Iqbal Baba Chairman, Campus Sports Committee University of Jammu.

Today's results

MIEN Cricket: Team F beat Team A by 44 runs; and Team B beat Team C by 8 wickets. Badminton: Dr. Sandeep Arya beat Amandeep Singh by (21-02) points; Vishal Sudan beat

Buneet Singh by (21-17) points; Rajesh Kumar beat Dimple Sharma by (21-18) points; Sharat Sharma beat Manav Puri by (24-22) points; Pankaj Gupta beat Suresh Tack by (21-09) points; Narianjan Singh beat Sumeet Kumar Dogra (21-13) points; Tarseem Singh beat Bhupinder Khajuria by (21-14). Chess: Nikhil Sharma beat Parvesh Ratta; Dr. Akhilesh Sharma beat Arjun Singh Jasrotia; Dr. Sandeep Arya beat Sahil Anand; Vishal Sudan beat Manoj Kumar; Dr. Akhilesh Sharma beat Pankaj Gupta; Makim Singh beat Suneet Kapoor; Vishal Sharma beat Sunil Bhatt. Carrom Double: Dr. Akhilesh Sharma & Sahil Anand beat Arjun Singh Jasrotia; Dr. Rakesh Chib & Jagdev Sharma beat Abhinav

Sharma; Dr. Sandeep Arya & Joginder Singh beat Dr. Rakesh Chib & Jagdev Sharma; Er. Deepak Anand & Er. Rajesh Kumar beat Parvesh Ratta & Simple Sharma. Table-Tennis Final: Prof. Rakesh Vaid beat Er. Rajesh Kumar (3-0) seats score.

WOMEN Table-Tennis Final: Komal Bakshi beat Dr. Samita Wadera by (2-0) seats score. Badminton Singles Semifinals: Sonika Mahnas beat Pooja Manhas by (21-09) points; Komal Bakshi beat Azmat Chowdhary by (21-15) points. Badminton Singles Final: Komal Bakshi beat Sonika Sharma by (21-15) points. Badminton Doubles: Komal Bakshi & Pinkey Bzaz beat Bhavna Gupta & Anju Sharma by (21-14) points; Dr. Kusam & Pooja beat Anjana & Babita Jamwal by (21-10) points; Sonika & Seema beat Sunny Bhat & Anshu Khajuria by (21-11) points. Chess: Sumita Amla beat Sonika Sharma; Sunny Bhat beat Meghma Dhar; Pooja Manhas beat Anjana Wazir; Anshu Khajuria beat Pinkey Zazaz; Azmat Chowdhary beat Komal Bakshi.

The matches were officiated by Raj Kumar Bakshi, Ravish Vaid, Vikas Karlopiya, Gagan Kumar, Padam Dev Singh, Jai Bharat and Ashok Singh Bali.



ZPEO Reasi, Ram Krishan Bhat interacting with athletes.

Aghar Jitto), 3rd. Rajveer Singh (TSN Reasi),1st; Shubham Kumar (HSS Katra),2nd and Bopinder Singh (HSS Bagdhar), 3rd. High Jump: Tanvir Ahmed (HS Kamal Danga), 1st; Pankaj Kotbal (HSS Bagdhar), 2nd and Pankaj (HS Sirla Bagha),3rd. Long Jump: Pankaj Kotbal (GHSS Bagdhar), 1st; Dheeraj Kotbal (HSSB Reasi), 3rd. 400 mtrs: Dheeraj Kotbal (HSSB Reasi),1st; Pankaj Singh (HSS Bagdhar), 2nd and Ajay Kumar (MS Serhi Bhangal), 3rd. Javelin: Amandeep Singh (HS Nomain), 1st; Baresh Shan (HS Nomain), 2nd and, Vishal Singh (HSS Bagdhar), 3rd.

UNDER-14: 100 mtrs: Droup Thakur (HS Kamal Danga), 1st; Rahil Manhas (MS Serhi Bhangal), 2nd and Varun(MS Serhi Bhangal), 3rd. 600 mtrs: Intiaz(MS DIET),1st; Tanveer (HS Kamal

Danga),2nd and Vishwas (HS Gran),3rd . Shotput: Arvind Nishad (HS Kamal Danga), 1st; Rahil Manhas (GMS Serhi Bhangal), 2nd and Vicky Kumar (MS Chak bhagta), 3rd.

Long Jump: Rahil Manhas (MS Serhi Bhangal),1st; Anil Singh (MS Lower Seela), 2nd and Amit Singh (HS Panassa), 3rd .

The competitions were officiated by the technical panel including Sanjeev Sharma, Ashoka Kumari, Devinder Kour, Jaswant Singh, Mohd. Raiz, Arun Dev, Meenakshi Sharma, Shamim Akther, Kirna Devi, Avinash Kumar, Sher Akther; Deep Sharma, Ashish Kumar, Rajan Kumar, Sahil Sharma, Madhu Rani, Neha Sharma, Jaswinder Kour, Pawan Kumar, Danish Singh, Jasbir Kour, Priya Sharma,Varinder Singh, Ram Asra, Vinod Singh, Jugal Kishor, Suman Lata, Goutam Kundal, Sapna Devi, Rani Devi, Kajol Devi and Palak Gandotra.