# Indian women team scripts history, wins NSC CAVA Women's Volleyball Challenge Cup-2023 trophy

#### **STATE TIMES NEWS**

KATHMANDU: Indian Women's volleyball team scripted history on Sunday by winning the NSC CAVA Women's Volleyball Challenge Cup -2023 for the first time.

The India senior women's vollevball team became the champion of the tournament by beating Kazakhstan Kathmandu of Nepal.

India Women's volleyball team, which won the silver medal at AVC Women's Challenger Cup in Nakhon Pathom of Thailand last year. defeated Kazakhstan 3-0 with a score of 25-15, 25-22, 25-18.

The Indians took total control in the first set against Kazakhstan to effortlessly win 25-15. Conceding one set, Kazakhstan upped their tempo to make amends for the loss in the first set. Still, the Indian girls played well up to their standard to hold the rivals off with their good attacks and solid blocks to clinch the second

The third set was still dominated by the Indians, who led from start to finish in a onesided set 25-18 match and the well-earned top place. Along with this, India finished the competition by remaining



Winner Indian women volleyball team in jubilant mood after receiving championship trophy.

undefeated in Group A by Kyrgyzstan, Bangladesh and Nepal.

Indian Team Captain Nirmal Tanwar, Prerona, Soorya and K.S. Jini and other members of the team have performed to their fullest potential for this incredible performance. This win was possible by the inspirational coaching of Head Coach, Pritam Singh Chauhan and Coach, Vaishali

The Indian team had entered the final of the tournament after winning a match against Uzbekistan yesterday. India attacked Uzbekistan at the net to capture the easy set 25-15, match and final berth.

the competition, Kazakhstan became the run-Nepal Uzbekistan fourth, Sri Lanka Kyrgyzstan Maldives seventh, Bangladesh eighth.

CAVA President Mohammed Latheef, FIVB Representative, Nepal Volleyball Association President Jitendra Chand and other dignitaries distributed the medals and trophies to the (Dr.)

Achyuta Prof. Samanta-Member Parliament & President of Volleyball Federation of India

efforts of players, who under the guidance and supervision Prof. (Dr.) Achyuta Samanta and Ramavtar Singh Jakhar, played a fine game in the whole championship," said Associate Secretary VFI Kuldeep Magotra. Magotra added that under the Presidentship of Dr.

Samanta, volleyball in India will prosper and achieve new heights at national and inter-

For the wholesome development of Indian Volleyball, he said, Dr. Samanta and Ramavtar Singh Jakhar take all necessary steps for players as well as officials of volleyball throughout the country.

Meanwhile, Patron-in-Chief, Volleyball Association of Jammu and Kashmir, Raj Daluja; President, Sidharth Daluja; Chief Executive Officer, Kuldeep Magotra; Secretary, General, Magotra: Treasurer,  $\mathbf{R}$ Executive President, H S Gill, Joint Secretary Mohd Tariq and other office bearers of  $\widetilde{V}AJK$ also congratulated all players and officials for their performance in the final match and got

## Bharat Vikas Parishad organizes workshop



a meeting.

#### **STATE TIMES NEWS**

Bharat Vikas Parishad (BVP) Jammu & Kashmir on Sunday organized workshop which started with traditional lighting of lamp and recitation of Vande Matram.

J&K President BVP Bharat Bhushan Sharma gave the welcome address. Arun Sharma Regional Joint Secretary administrated the oath to the new state executive body mem-

bers and new state council members and newly elected members of Branches. Marg Darshan was conducted by Dev Regional Sharma President North Ashirvachan by Dr Gautam Mengi Prant Sangh Chalak J&K. Arun Sharma spoke on aims, objectives, philosophy and Organisational setup. Regional Secretary Amita Gupta Sanskar Purmukh Vice President spoke about Sanskar project and Gopal Sharma Regional Secretary Sanskar spoken on Sanskar Project and objectives. Bharat Bhushan Sharma State President spoke on planning of opening of new branches.Shiv Ram General Secretary spoke on planning & financial Management while Prof Dr B.B Šharma Sewa Purmukh spoke on Sewa Projects and Ashok Gupta Purmukh Vice President spoke on Sanskar Projects.

More than 75 members participated in workshop which concluded Aashirvachan by Dev Raj Sharma Regional President North I. Vote of thanks was presented by Sunita Gupta State Finance Secretary.

## Rahul Dev retains Rank 1 in Masters Physique Ranking

Sharma spoke on Mahila and

#### STATE TIMES NEWS

JAMMU: Pride moment for Jammuites, Rahul Dev Manhas, 59-year-old veteran Physique player, again flex his muscles to retain Rank 1 in Masters Physique Ranking in 50 Kg category of India for Natural athletes.

He got gold in 50 Kg category and bronze in 40 Kg category in recently



Mumbai held at Yashwant Rao Auditorium South Mumbai on May 27, 2023. When our correspondent contacted, he said, "My religion is fitness and I will keep on sharing my experience of fitness and impart my technique to the fitness enthusiasts. What I prac-

## Basic training camp for Rollball held at Udhampur



Rollball players posing for a photograph with officials and other dignitaries.

#### **STATE TIMES NEWS**

JAMMU: With sole aim to take the game to the district Association on Sunday imparted basic training involving young enthusiasts from Army Public School, Little Angles High School, Ever Green Academy and India Kids, here.

The special training event was arranged and organised by the Udhampur District Rollball Association under the

supervision of vice president of the Association, Ashok

Those young participants in the age group between 12 vears to 19 years were provided the basis training and related guidance of India Rollball coach, Madhu Khajuria.

A good number of youngsters were also guided by Khushi Gupta and Suvidha Sareen, both international Sameer Gupta, players.

) in which he motivated youth

to inculcate leadership and

entrepreneurship qualities in

them; contribute for the devel-

Jagish Singh Sangwal Vice

President Rajput Sabha J&K,

Mangleshwar Singh Gen. Sec.

Rajput Sabha J&K, Capt

Inder Singh President Rajput

Sabha Distt Samba, Karan

Singh, Kawala Singh Rajsingh and others were present on the

opment of nation.

Samuel Khokar and Maneer. "The participants were

imparted basic training and coaching in fundamental skills, team composition, system of play, duration, rules and regulations of the game, informed Madhu Khajuria.

Also present were Vimal Sharma (Vice President Udhampur), Surinder Kumar (Joint Secretary Udhampur), Gurmeet Singh, Rajan Kumar, Suresh Manhas and

## Woman and girl child health camp held at DPS Katra **STATE TIMES NEWS**

Chairman VFI, Raj Kumar-

Executive Vice President VFI,

Ramaytar Singh Jakhar-

Executive Vice President-CZ,

Asian Volleyball Confederation,

President, Rajasthan State

Olympic Association, Anil

Choudhary-Secretary General,

Sunil Tiwari-Treasurer VFI,

Kuldeep Magotra-Associate

Secretary VFI and all the

office bearers of the Volleyball

Federation of India congratu-

lated the players of gold medal

winner team and Head Coach,

Pritam Singh Chauhan and

Assistant Coach, Vaishali

Phadtare for their tremendous

and mind blowing performance

JAMMU: Director of School Education Jammu, Ashok Kumar Sharma in presence of Dr Ritu Singh, Narayana Hospital and Pink & Blue Foundation, woman and girl child health camp at DPS Katra under the aegis of Dr Ritu Singh's project

The event was graced by the presence of Dr. Ritu Singh along with the Chief Guest, Ashok Kumar Sharma -Director of School Education Jammu, Guests of Honour, Madhavan-Facility Director of Narayana Hospital, Katra, Rohit Dubey-District President BJP, Ritu Thakur-President Mahila Mukti Morcha Reasi and Mamta Sharma, Deputy Director Education Jammu.

The guests were felicitated with khadi certificates and potted plants by Dr. Ritu Singh.

The health camp witnessed a gathering of around 850 women and girl children from



Director School Education Jammu, Ashok Sharma, Dr Ritu Singh, other dignitaries and students at a camp.

various schools, including HSS (G) Reasi, HSS Katra, HSS Panthal, GHS Katra, HS Nomain, and villages such as Baba Bansal, Matyail Pump, Asia Chowk, Amba Kids, and

Apart from the distribution of free sanitary napkins, a comprehensive health check-up camp, including Breast Cancer Screening and general gynaecology checkups, were organized by medical experts from Narayana Hospital.

Ashok Sharma lauded the

efforts of DPS schools for their outreach and extended his whole hearted support to the event. Narayana Hospital brought a medical bus equipped with modern machinery for breast cancer screening, further emphasizing the importance of women's health.

Dr. Beena Jad, Senior Consultant & Infection Control Specialist, SMVDSH from Narayana Hospital, delivered an awareness talk on menstrual health and hygiene.

Ashok Sharma emphasized

the importance of discussing menstrual health openly, stating that it is a natural process of human and animal reproduc-He lauded the initiative of Dr.

Ritu Singh and efforts of DPS Schools, recognizing their efforts in spreading awareness in rural households. He further mentioned that

the education department would actively support this mission to create a lasting impact on menstrual hygiene.

Dr. Beena Jad said that peri-

ods are a God gifted phenome non and one should not hesitate to discuss about menstrual hygiene with family members and doctors.

Also, the mothers in the fam-

ily should aware the girl children from class fifth onwards about it. Moreover they shouldn't take any sort of stress or

Dr. Ritu Singh, shed light on the significance of menstrual hygiene and health, coinciding with the observance of Menstrual Hygiene Day.

She emphasized the significance of menstrual hygiene as a human right and the importance of spreading accurate information and awareness to empower women in making informed decisions about their

Other members present were Mamta Sharma, Rohit Dubey, Ritu Thakur, Ruchi Chabra, Raj Kumar Verma, Simmi Sharma, Manikarnika Sharma, Karandeep Singh and R.C.

#### Amar Kshatriya Rajput Sabha awards scholarship to meritorious students Narayan Singh (Ex President

### STATE TIMES NEWS

SAMBA: Amar Kshatriya Rajput Sabha, Jammu (At Rajput Sabha, Jammu held a programme at Rajput Sabha (Samba)in which scholarship was awarded to meritorious students of EWS of Raiput. community; scholarship was given to meritorious students who recently passed students of 10th and 12th standard exams. Amar Kshatriya Rajput Sabha Jammu also felicitated youth from Rajput community for their achievements in the field of studies, sports and social activities.



Narayan Singh (Ex President Rajput Sabha, Jammu) feliciating a meritorious student.

## Yudhvir calls for united efforts in bringing harmony, promoting peace



Yudhvir Sehti, J&K BJP Vice President paying obeisance at Baba Amboji Devsthan.

#### **STATE TIMES NEWS**

JAMMU: Praying for universal brotherhood, Yudhvir Sehti, J&K BJP Vice President on Sunday called for putting united efforts for harmonious growth of the society besides promoting peace and tranquillity.

The senior BJP leader was speaking after paying obeisance at Baba Amboji

Devsthan during the congregation of Khajuria Biradari at Bahu Fort

Yudhvir Sehti stressed the crucial need of strengthening the bonds and amity and brotherhood, saying this has been the cornerstone of Indian ethos. He said the spiritual land of India has emanated the message of humanity from times immemorial and guided

humanity to peace, prosperity and spiritual bliss

The senior BJP leader urged the members of Khajuria community present in the congregation to spread the message of love, peace and compassion, which, he said is imperative for national integration and promoting inclusiveness across the country and in Jammu and Kashmir.

## BJP listens to PM's 'Mann Ki Baat' at Booth No 106 Gangyal

Narendra Modi's 'Mann Ki Baat' listened by Bharatiya Janata Party (BJP) at booth number 106 Gangval of Kunjwani Mandal in RS Pura-Jammu South constituency.

All the booth workers and a large number of people together listened to Prime Minister Narendra Modi's Mann Ki Baat program on the screen.

Mayor Jammu Baldev Singh Billawaria were also present. Speaking on the occasion, Raina said that Prime Minister Narendra Modi through his Mann Ki Baat programme discusses about the people of every section of the country, that is why people of all sections listen to the

BJP State President Baat program wholeheartedly. Prime Minister Narendra Modi congratulated the citizens of the country for the success of the 100th episode of his Mann Ki Baat programme, on the other hand, in this Mann Ki Baat programme, he is keeping himself in mind about the challenges of the future and have also made a resolution.



J&K BJP leaders and people listening to PM's Mann Ki Baat.

# Humanity Public School raise funds for Helpage India

**STATE TIMES NEWS** SAMBA: Humanity Public School, Bassi Kalan, Bari-Brahmana raised a fund amounting Rs. 2,40,135 for HelpAge India, an  ${\bf Organization}$ Indian focused on the concerns of elders and supports geriatric initiatives. HelpAge India, established in 1978 is in a mission to work for the cause and care of disadvantaged old persons and to improve their quality of life. It runs various Age care programs to service Gaurav needs. Charak, Principal of the school along with Vice-Principal, Anku Charak,



Neeru Khajuria (Senior Executive, HelpAge India).

Senior Incharge, Akash Deep Raina, Keshav Raj Sharma, Incharge Hr. Sec.

wing, Namrta Sharma, Incharge Senior wing and Vandana Sharma, Incharge

Primary wing presented a cheque of Rs. 2,40,135 to Neeru Khajuria (Senior Executive, HelpAge India). Gaurav Charak expressed his concern that these days voung generation neglect

their elders. It's now time that we should collectively help the disadvantaged elderly people as they can't wait for tomorrow. We have to inoculate among students the respect and their duties towards senior citi-

The students along with

teachers have mobilized

their resources and collect-

ed the amount to help the

elderly people.

**STATE TIMES NEWS** 

KATHUA: Col Mahan Singh (Retd) DDC Chairman along with former Dy CM Dr Nirmal Singh, DDC Member Mahanpur Tajinder Goldy, Sushma Karyal BDC Chairperson Mahanpur & Raj Singh BDC Chairman Mahanpur

Col Mahan Singh (Retd) DDC Chairman and others at a programme. inaugurated two  $_{\rm JJM}$ occasion. Schemes i.e JJM Scheme

> Dharmahanpur and JJM Scheme Dhar Jankher in hilly region of Distt Kathua. Large number of local resincluding Sarpanches, PRIs, youth,

female, PHE AEE Basohli

&staff were present on the

DDC Chairman Kathua inaugurates two JJM Schemes

JJM Scheme Dharmahan pyt will cost Rs 8.92 Crore and encompasses at least 5 Sump tanks of 20000 gallons capacity, 4 GSR tank of 10000 Gallons each, Rapid Sand Filteration Plant of 5000 Gallons and lying of 30 KM pipe lines of varying

Dhar Jankher will cost Rs 7.9 Crores and encompasses one 5000 Gallons Slow Sand water filter, one Sump tank of 10000 Gallons, 4 GSR tanks of 10000 gallons each and laying 24 KM pipe of various sizes.

The other JJM Secheme

Speaking on the occasion DDC Chairman applauded Modi Govt launched nationwide JJM Scheme which provides safe drinking water too million of households. DDC Chairman asked PHE Deptt AEE and staff to ensure quality of work and timely implementation of the projects.

Printer, publisher and owned by Raj Daluja, Printed and published at STATE TIMES PUBLICATIONS, Plot No. 110, 111, 112, Phase-II, Gangyal, Jammu. Ph-2579290, 2573691, Fax: 0191-2562657. e-mail.statetimes1@gmail.com Editor, Raj Daluja; RNI No: 66908/96. All legal disputes are subject to exclusive jurisdiction of Jammu Courts only