

Samvedna Society organises free health check-up camp at Bus Stand

STATE TIMES NEWS

JAMMU: Samvedna Society Chairman Keshav Chopra organised 83rd Free Eye Screening Camp/ General Body Health Check Up at General Bus Stand Jammu.

The Camp was organised in collaboration with the Police Station Bus Stand.

The camp saw great attendance from Drivers/Conductors, police personnel of the area. A total of 92 patients were provided free of cost treatment including refraction, NCT, AR check up, vision check up and general body examination by a team of experts from Dr. KD's Multispeciality Hospital Jammu and free medicines were also given to the



Doctors examining patients during a camp.

patients. The camp was inaugurated by Superintendent of Police Jammu North, Shivam Siddharth, SDPO Jammu North Devinder Singh Bandral, SHO Bus Stand Inspector Vikas Dogra. Speaking during the camp, Shivam Siddharth expressed gratitude towards Chairman

Samvedna Society Keshav Chopra for organizing the camp and praised the society's initiative to provide voluntary services to the common man at their doorstep. Keshav Chopra said Samvedna Society is committed to work for all the sections by providing best healthcare facilities to the

people. This camp was planned exclusively to benefit the Drivers/Conductors and to foster a culture that is devoted to the serving of common man. We will continue to organize such camps in future also so that maximum people can take advantage of it, Keshav further added.

Transport Union prominent leaders Suresh Gupta, Paramjeet Singh, Sanjay Gupta, Dr. Bhawna (Ophthalmologist), Dr. Arica (General Physician), Harsh (Manager), Karamjeet Singh, Tanisha, Bharti, Kavita and others were present during the camp.

MBSCET conducts webinar on Cyber Security

STATE TIMES NEWS

JAMMU: MBS College of Engineering and Technology (MBSCET), in collaboration with Career Technology Cyber Security India organized a webinar "Emerging Trends in Cyber Security".

The webinar garnered significant participation from students and faculty members eager to enhance their understanding of cyber security in today's digital age.

The webinar, which aimed to equip participants with essential knowledge and skills to steer the complex landscape of cyber threats, covered a range of topics including data security, protection against malware, secure internet browsing practices, email and social networking



MBSCET students during a webinar on "Emerging Trends in Cyber Security".

security, to name a few. Led by industry expert Adv Sanjeet Mishra, who was the resource person the webinar, featured engaging presentations and interactive discussions.

Participants had the opportunity to learn from

real-world examples and case studies, gaining valuable insights into the latest trends and best practices in cyber security.

Ridhika Sharma, Head of the Department of CSE, MBSCET coordinated the event and extended her gratitude towards Career

Technology Cyber Security India for their valuable interaction and expertise in organizing the webinar.

Dr. Dinesh Kumar Gupta, Principal, MBSCET, Jammu congratulated the coordinator, resource persons and participants of the webinar and stressed on the importance of cyber security in today's interconnected world. Dr. Amrik Singh, Vice Principal, Prof. Parveen Singh, Dean Academics and Sardar Hardip Singh Gill, DSW, MBSCET, Jammu applauded the participants and organizers. They appreciated the efforts of department of CSE and Career Technology Cyber Security India for their expertise and collaboration in organizing this webinar.

CSIR-IIIM celebrates National Technology Day

STATE TIMES NEWS

JAMMU: CSIR-Indian Institute of Integrative Medicine (IIIM) Jammu marked National Technology Day to commemorate the successful nuclear test conducted in 1998 and to celebrate significant achievements in innovation, technology, and scientific advancement.

The institute organized a day-long event, featuring an open day that witnessed a remarkable convergence of academic institutions.

More than 500 students from various schools, colleges, and universities had the opportunity to tour IIIM's research divisions and facilities, engaging with scientists, technologists, and young researchers to explore cutting-edge R&D activities.

A spokesperson detailed that a science models exhibition was a highlight of the event, showcasing models created by students from institutions like Jammu University, SKUAST, Government College of Engineering & Technology,



Director, CSIR-IIIM, Jammu interacting with students during National Technology Day Celebrations at Jammu on Saturday.

and others. RRL High School showcased projects elucidating the structure of Thermal Energy Generators within animal cells and elucidated the intricacies of thermal energy generation and different types of motion, Army Public School Jammu Cantonment demonstrated a diverse range of projects including 'Jarvis' an AI voice assistant for Atal Tinkering Labs & Fluid Flow Profiling, Army Public School, Akhnor, exhibited

the models on IR Sensor Glasses for Obstacle Detection, Army Public School, Damana, exhibited a model on connection & communication systems, Army Public School, Miran Sahib, exhibited models on innovative solutions like Automatic Fire Extinguishers and Ultrasonic Radars, PM Shri Kendriya Vidyalaya Hiranagar made an impressive model such as Digital Attendance Registers, Automatic Cloth Collectors, PM Shri Kendriya

Vidyalaya, GC CRPF Bantalab, displayed models on Rice Crop Disease Detection Systems, and Automatic Cloth Protection from Rain, Air Force Schools contributed to the exhibition with innovative startups like 'Bhujal Nirdharak', 'ReKindle HOPE', and a License Scanner, demonstrating their commitment to technological innovation and Bhartiya Vidya Mandir High School, Hiranagar, displayed projects focusing

on Smart Bridge for Flood Protection and Automatic Zebra Crossing Protection, showcasing solutions to real-world challenges.

Dr. Zabeer Ahmed, Director of CSIR-IIIM, Jammu, commended the students for their innovative models, felicitating them with mementos and certificates of appreciation. He praised the institutions for nurturing young minds and fostering a culture of innovation.

The National Technology Day celebration served as a platform to recognize and encourage the next generation of scientists and technologists.

Prominent present at the event included Er. Abdul Rahim, Chief Scientist, Dr. Asha Chaubey, Dr. Dhiraj Vyas, Dr. Sumit Gandhi, Dr. Deepika Singh, Dr. Naveed Ahmed Qazi (All HoDs), Dr. Shashank Singh, Dr. Tasduq Abdullah, Dr. Saurabh Saran (all scientists), and Dr. Kancherla Prasad, coordinator of the event.

NISD Beauty & Designing Institute celebrates Achievers Award 2024



NISD Beauty & Designing Institute members and others at annual "Achievers Award 2024" event at Jammu on Saturday.

STATE TIMES NEWS

JAMMU: The NISD Beauty & Designing Institute hosted a grand celebration of talent and success at the prestigious Amar Singh Club in Jammu with its annual "Achievers Award 2024" event was held.

Dr. Manmeet Singh (Chairman Ranjit College of Education) joined this event as Chief Guest and Shefali Verma (Sr. Faculty- School of Fashion Design) at Footwear Designing & Development Institute, Chandigarh with

her team as special guests. Manju Bala, the Director of NISD Beauty & Designing Institute, extended her heartfelt congratulations to all the winners across various categories, emphasizing the growing prominence of freelancing opportunities in the beauty and fashion industry.

Manju Bala said that total 59 awards given in this year to achievers and 7 Awards to those NISD students who doing jobs in different areas, 31 to those NISD students

who work as freelancer in different streams, 21 to those NISD students who running their own businesses in different location of J&K.

The event was a testament to the hard work and dedication of the students and professionals associated with NISD.

The institute, known for its commitment to nurturing creative talent in makeup artistry and fashion designing, recognized outstanding achievements in these fields.

Manju Bala highlighted the significance of freelancing in today's dynamic industry landscape, stating that this year's theme focused on empowering individuals to explore and excel in the realm of freelance work.

She expressed her pride in the winners and participants who have embraced this evolving trend, underscoring the immense potential for creative expression and entrepreneurship.

The Achievers Award 2024 witnessed a gathering of industry experts, students, faculty, and supporters who came together to celebrate excellence and innovation in beauty and fashion.

The event served as a platform to showcase emerging trends, talents, and the transformative impact of education and skill development in the industry. NISD Beauty & Designing Institute continues to be a beacon of inspiration and excellence in Jammu, fostering a community of creative individuals poised to make significant contributions to the global beauty and fashion landscape.

Jamkash Vehicleleads launches Epic New Swift



New Epic New Swift being launched at Jamkash Vehicleleads, Jammu on Saturday.

STATE TIMES NEWS

JAMMU: Redefining the hatchback segment, Maruti Suzuki India Limited (MSIL), India's largest passenger vehicle maker, launched the new Epic Swift, with prices starting at Rs. 6.49 lakh (ex-showroom).

This new car comes with a Z-Series petrol engine, offering improved fuel efficiency up to 25.75 km/l*. The car can be bought through Maruti Suzuki Subscribe with an all-inclusive monthly subscription fee starting from Rs 17,436.

Designed for the youthful and spirited, the Epic New Swift is poised to create new benchmarks and build on its revered legacy, much like its predecessors. The Epic New Swift was unveiled in Jammu at Jamkash Vehicleleads by Rohit Kumar, Chief Manager Advances JK Bank Zonal Office, along with Col Pritam Chand, Executive Director and COO Jamkash Vehicleleads, Sumit Malhotra, Chief Sales Officer Jamkash Vehicleleads, Siddharth Manhas, GM Marketing and True Value, Sanjeev Kanwar GM Operations amid large number of customers, patrons and staff.

The car boasts a sportier design with new features like LED tail lights, 15-

inch diamond-cut alloy wheels, and a host of interior upgrades including a 9-inch touchscreen infotainment system and six airbags as standard.

The new Swift is available in 5 variants with two custom accessory packages. Complementing the dynamic design of the Epic New Swift are two new body colours- Luster Blue and Novel Orange, alongside a wide range of colours consisting of Sizzling Red, Pearl Arctic White, Magma Grey, Splendid Silver. Three dual-tone colour options are also available, namely, Luster Blue with Midnight Black Roof, Sizzling Red with Midnight Black Roof, Pearl Arctic White with Midnight Black Roof.

It features safety enhancements like ABS with EBD, and stability control. The 1.2-litre Z-Series petrol engine delivers 80.4 bhp and 111.7 Nm of torque, paired with a 5-speed manual gearbox or AGS.

The interior of the new Swift comes equipped with a new dashboard with a Piano Black treatment and Satin Matte Silver inserts, asymmetric dials for the instrument console, nine-inch SmartPlay Pro+ touchscreen system, and cruise control.

VC SKUAST-J inaugurates high-end research facilities at Institute of Biotechnology

STATE TIMES NEWS

JAMMU: Prof. B.N. Tripathi, Vice-Chancellor, Sher-e-Kashmir University of Agricultural Sciences and Technology of Jammu inaugurated high-end research facility developed under VC Flexi grant scheme of Holistic Agriculture Development Plan (HADP) project of Govt. of J&K UT.

The facility includes high throughput transfection Particle Delivery System and a next generation sequencing unit. Prof. Tripathi expressed satisfaction on the establishment of such a facility which will give a boost to the genomic research for accelerated and precision crop improvement. The VC advised the scientists to utilize these high-end equipments to their fullest potential, and strive for breakthroughs that could contribute significantly to the field of biotechnology and beyond.

Later, Prof. B.N. Tripathi interacted with a group of technicians of Department of Horticulture, JK UT Govt.,



VC SKUAST-Jammu, Prof. B.N. Tripathi inaugurating high-end research facility at Institute of Biotechnology.

who were imparted two months training on 'Tissue Culture Practices and Protocols for Scaled up Production of Quality Planting Material in Economically Important Fruit Plants' at Institute of Biotechnology, SKUAST-Jammu with financial support under HADP.

Present on the occasion were C.L. Sharma, Director Horticulture; Prof. S.K. Gupta, Director Research; Prof. Amrish Vaid, Director Extension; Prof. R.K. Salgotra, Director Institute of Biotechnology; Dr. Hema

Tripathi, Associate Director Extension and faculty members of the Institute.

Prof. B.N. Tripathi emphasized on the importance of conducting such trainings for technical staff of line departments to make them more skillful for generating quality planting material of economically important crops. He ensured continuous technical backup of the biotechnology scientists to the Department of Horticulture in establishing and operationalizing the Tissue Culture Laboratories being established at Mega Fruit Nursery,

Chakroi.

Prof. Tripathi laid stress on developing cost effective commercial tissue culture protocols for fruit plants such as strawberry, citrus fruits and banana. C.L. Sharma expressed gratitude to the University for training manpower of the Department in tissue culture which will boost production of planting material for meeting demand of the farming community. He promised the financial support to the University through projects for need based research endeavors. The Director Horticulture felt need

of surveying the fruit growing pockets of the Jammu region for estimating the production potential of major fruit crops. Dr. S.K. Gupta appreciated the efforts of the concerned scientists and cooperation provided by the Department of Horticulture for conducting the training programme. Dr. Hema Tripathi took feedback from the trainees and suggested that a certificate course in Tissue Culture may be instituted and offered on regular basis.

Earlier, Prof. R.K. Salgotra welcomed the dignitaries and presented an outline of newly created research facilities, along with brief report of activities of the training programme. Prof. Salgotra conveyed his gratitude to the Vice-Chancellor for providing funds for establishing high-end research facilities under VC Flexi grant.

The activities of the programme were coordinated by Prof. Manmohan Sharma, Course Coordinator and vote of thanks was presented by Dr. Sushel Sharma.

Fortis Mohali offers deep brain stimulation, vagus nerve stimulation

STATE TIMES NEWS

JAMMU: In a significant medical breakthrough, Fortis Hospital Mohali has successfully treated patients suffering from Parkinson's disease and depression through innovative surgical interventions.

The first patient, a 64-year-old individual from Jammu, had been grappling with the debilitating symptoms of Parkinson's disease, including trembling of hands, arms, and head, along with stiffness of limbs and impaired coordination. Despite conventional medications, his condition continued to deteriorate. Seeking relief, he approached Dr. Nishit Sawal, Senior Consultant in Neurology at Fortis Hospital Mohali. A multidisciplinary team comprising experts such as Dr. Anupam Jindal, Dr. Prof Vivek Gupta, Dr. Vivek Agarwal, Dr. Abhishek Prasad, Dr. Bhupinderjit Waraich, and Dr. Mehraj Sandhu recommended Deep Brain Stimulation (DBS) surgery.

This procedure involves implanting electrodes in the brain to produce electrical impulses, effectively alleviating motor complications associated with Parkinson's disease.

Post-surgery rehabilitation at Fortis Mohali resulted in a significant improvement in the patient's health, enabling him to lead a normal life once again.

Dr. Nishit Sawal highlighted the transformative impact of DBS surgery, stating that it sub-



Dr. Nishit Sawal, Senior Consultant in Neurology at Fortis Hospital Mohali talking to reporters at Jammu.

stantially improves motor complications in Parkinson's patients, reducing symptoms like trembling and difficulty in walking, while also reducing medication dependency.

In another case, a 70-year-old woman from Punjab had been battling severe depression and anxiety for nearly three decades, with conventional treatments proving ineffective.

After undergoing Vagal Nerve Stimulation (VNS) surgery, wherein a thin electrode is implanted on the chest, she experienced remarkable improvement in her depression symptoms. This surgical intervention, offered exclusively at Fortis Hospital Mohali, has shown promising results in patients with epilepsy, fts, depression, and anxiety.

Labour Commissioner urges employers of business units, establishments, factories to ensure 'Paid Holiday' for staff on Polling days

STATE TIMES NEWS

SRINAGAR: Labour Commissioner, Charandeep Singh today chaired a meeting with Labour Department officials regarding implementation of Section- 135(B) of the Representation of the People Act, 1951 which provides for grant of Paid Holiday to the employees employed in any business, trade, industrial undertaking or any other establishment, shop or factory on the day of poll.

It was instructed that Paid Holiday(s) shall be observed in the Srinagar, Baramulla and Anantnag-Rajouri Parliamentary Constituencies on 13th May (Monday), 20th May (Monday) and 25th May (Saturday) respectively. It was directed that the poll days indicated above shall be observed as Paid Holiday to every person like employee/worker/labourer employed in any business, trade, industrial undertaking or any other establishment, shop or factory who is entitled to vote in respect of the area falling within the limits of the Parliamentary Constituency enabling them to exercise their democratic right to vote on the day of poll in the con-

stituency. Further, it was highlighted that a person like employee/worker/labourer who is ordinarily resident of a constituency and registered as an elector, serving/employed in an industrial undertaking or an establishment, shop or factory located outside the constituency shall also be entitled to the benefit of a Paid Holiday on the day of poll. No deduction or abatement of the wages of any such person shall be made on account of a holiday having been granted to the employee/worker/labourer for exercising his/ her right to vote.

The meeting, among others, was attended by Deputy Labour Commissioner Jammu, Deputy Labour Commissioner Kashmir, Deputy Labour Commissioner Central, Inspector of Factories Jammu, Inspector of Factories Kashmir, Assistant Labour Commissioners and other officials.