VC SKUAST-J inaugurates Custom Hiring Center under HADP

STATE TIMES NEWS

JAMMU: The inauguration of the Custom Hiring Center of farm machinery at the Krishi Vigyan Kendra (KVK) Jammu, under the Farm and Mechanization Automation Project of the Holistic Agriculture Development Programme of the UT of Jammu and Kashmir, marks a significant milestone in agricultural devel-

The event took place during the 20th Scientific Advisory Committee (SAC) meeting of KVK Jammu, graced by Prof. B. N. Tripathi, Vice Chancellor of SKUAST-Jammu.

In his address, Prof. Tripathi emphasized the importance of the custom hiring center in providing access to modern farm machinery for resourcepoor farmers in Jammu dis-

He highlighted the range of



VC of SKUAST-J, Prof. B. N. Tripathi inaugurating Custom Hiring Center at KVK Jammu.

machinery available, including Super seeders, Laser levelers, potato planters, Rotavators, and a 63 HP Tractor, all offered at affordable rates.

Prof. Tripathi also underscored the pivotal role played by KVKs in disseminating the latest agricultural technologies to farmers and commended KVK Jammu for its efforts in among rural youth and promoting startups and Farmer Organizations Producer

Additionally, Prof. Tripathi proposed collaboration with the faculty of Agriculture Engineering at SKUAST Jammu to develop sensorbased technologies for agricultural applications.

Director of ICAR ATARI Zone 1, acknowledged KVK Jammu as the best KVK in the zone, further highlighting its achievements. Dr. Amrish Vaid, Director Extension, emphasized the promotion of university-released varieties for wider adoption among farmers and the strengthening of the

seed chain. Dr. S K Gupta, Director

Research, SKUAST J. stressed the importance of better coordination between KVKs and line departments

working in the district.

The event saw the participation of various dignitaries, including Dean FVSc & AH, Dean FoAE Chatha, Dean Dairy Tech, Dean Faculty of Agriculture, Dean H&F, and the Associate Director of Extension. District Heads of Agriculture, ATMA, Animal Husbandry, Sheep Husbandry, HPMC, Horticulture, IFFCO, NABARD, ICICI Foundation, Fisheries, and progressive farmers of Jammu district actively engaged in discussions and provided valuable sugges-

The meeting was attended by both scientific and non-scientific staff of KVK Jammu.

Vikramaditya holds interaction, discussion with Pujaries, Pandits of Shree Raghunath Ji Temple

JAMMU: Vikramaditya Singh, former MLC and Trustee of the J&K Dharmarth along with Martand Singh, Trustee of J&K Dharmarth Trust, convened a direct interaction with the Priests and Pandits of the iconic Shree Raghunath Ji Temple in Jammu city.

Vikramaditya personally noted all the issues and concerns raised by the Pandits and Pujaries and assured them that the same would be addressed by the J&KDharmarth Trust Management in a timely He also emphasized to the

Pujaris and Priests that safeguarding these ancient and sacred Temples such as Raghunath Ji



Vikramaditya Singh, Trustee JKDT, interacting with the Priests and Pandits.

Mandir is a shared duty and responsibility of the Management and the Priests and Pujaris of the Temple.

Furthermore Vikramaditya urged the Pujaris to play a key role in nurturing and preserving the temple's legacy.

He emphasized the indispensable role they play in fostering a conducive environment for devotees and maintaining the sanctity of the spiritual space. On the occasion,

Brigadier R.S. Langeh [Retd.], President of the Trust, Ashok Kumar Sharma IPS [Retd.], Secretary of the Trust, Th. Varinder Singh Jamwal. Additional Secretary of the Trust and other officials

accompanied the Trustees.

Energizing Body & Mind through Yoga: Dr Shreyansh



State Yoga Commissioner, Dr. Shreyansh Kumar Jain with others at a programme.

BJP KDD delegation advocates Electoral Reform with Relief Commissioner

JAMMU: BJP Kashmir Displaced District (KDD) delegation engaged in a transformative dialogue with Relief Commissioner (M) Arvind Karwani to confront pressing issues arising from the recent Parliamentary election in the Srinagar constituency.

BJPKashmir Displaced District committee who look after administrative issues in parliamentary elections include General Secretary H K Razdan, Vice Presidents Chetan Wanchoo and Vimal Raina, the delegation fervently championed the cause of electoral reform, heralding a new era of transparency and accountability in

the electoral process. In a symphony of impassioned voices, the delegation articulated a comprehensive array of concerns and unveiled a visionary blueprint for the revitalization of electoral integrity. From advocating for the appointment of additional Assistant Returning Officers (AROs) to fostering greater inclusivity and accessibility for voters in migrant-populated areas, to emphasizing the meticulous supervision required at Shankar Building to ensure the fidelity of voter lists, every proposal resonated with the collective ambition for a fairer, more equitable democracy. The delegation's clarion call for tailored strategies in

Baramulla, Anantnag, and Rajouri constituencies underscored their unwavering commitment to amplifying diverse voices and aspirations, paving the way for a more representative political landscape.

With unwavering determination, the delegation emphasized the imperative of timely dissemination of authenticated voter lists to political parties, ensuring transparency and empowering informed decision-making.

Furthermore, their impassioned plea for the facilitation of voters holding Elector Photo Identity Cards (EPICs) through the deployment of Booth Level Officers (BLOs) epitomized their steadfast ded-

ication to upholding electoral integrity and fostering inclusivity. Proposing proactive measures such as prechecks of voter numbers at polling stations and ensuring the provision of essential amenities like water and tents, the delegation laid the groundwork for a seamless electoral process that prioritizes voter dignity and participation.

In response, Relief Commissioner (M) Arvind Karwani expressed his unwavering commitment to addressing these pressing concerns, reaffirming his dedication to collaborative action and effective reforms that safeguard the sanctity of the electoral process.

STATE TIMES NEWS

JAMMU: The Mahila Yog Sammelon held at Bhat Caterer, Lohan Park Patoli, was a vibrant gathering aimed at promoting the holistic wellness of body and mind through

Dr. Shreyansh Kumar Jain, State Yoga Commissioner and

Chairman of the Indian Yoga Association, and President of Vichar Kranti Manch International, graced the occasion as the Chief Guest.

The event was presided over by Sudha Chander Sharma from Parihar Jammu Pajanli Yogpeeth, with Shashi Pal Sharma, Secretary of Golden Daycare & Recreation Centre, Roop Nagar, as the Guest of Honour. Dr. Shreyansh, in his address during Sammelan, shared valuable insights on combating fatigue and revitalizing oneself through various natural methods. Here are some key points

He said starting the day

preferably fruits or high-fiber foods like oatmeal or sprouted grains, can significantly reduce fatigue and stress levels. "Incorporating yoga postures and deep breathing exercises into one's routine can serve as excellent fatigue fighters, promoting physical and mental rejuvenation," he said

with a nutritious breakfast,

added "Engaging in activities

like listening to music, singing, or dancing can elevate mood, reduce stress hormones, and soothe the mind." Staying adequately hydrated and consuming nutrient-rich foods such as nuts, seeds, and cinnamon can boost energy levels and combat fatigue, Dr. Shreyansh said

adding that spending time in sunlight can improve mood and cognitive functions, while intermittent fasting can rejuvenate the body and mind.

Maintaining contact with friends and well-wishers can foster a positive attitude and contribute to overall wellbeing, he added. Sudha Chander Joint Secretary Indian Yog Association conducted proceedings of the programme. Shashipal, Ravinder Koul, Yashpal & Romesh Singh Slathia from Day Care Centre also participated.

by Monika Khazuria, a trained Yoga Teacher and Nutritionist. who provided valuable tips on dietary habits. Suraksha Sharma.

The program also featured

interactive sessions conducted

Meenakshi, Rajni, Jyoti, Reeta, and Sushme practiced Yogasans & Pranayama.

Dr. Jain demonstrated a combination of four beneficial yoga Asanas, further emphasizing the importance of yoga in promoting holistic health.

The event concluded on a celebratory note, with the members joyously commemorating 55th birthday of Meenakshi Bhat

LallanMs set to premiere in Jammu on May 17, 18

STATE TIMES NEWS

JAMMU: Theater enthusiasts in Jammu are eagerly anticipating the arrival of the highly acclaimed production, LallanMs, set to premiere at GCW Parade on May 17 at 5.00 PM and Convention Center, Canal road on 18th at 6.00~PM

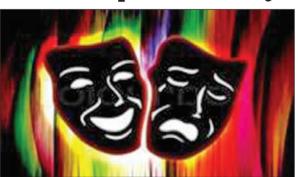
Written and directed by the theater personality, Rama Pandey, this production promises to deliver a powerful and thought-provoking experience that resonates deeply with audiences of all ages. Rama Pandev is

figure in the Indian theater scene, renowned for her poignant storytelling and dedication to social issues. With a career spanning

decades, Pandey has left an indelible mark on the world of performing arts, captivating audiences with her profound narratives and powerful performances.

LallanMs transcends the boundaries of conventional theater by seamlessly blending authentic music from rural and urban India.

With a strong ensemble of 30 artists representing diverse age groups and cultural backgrounds from Delhi and Rajasthan, the play offers a mesmerizing tapestry of talent and cul-



tural richness.

At its heart, LallanMs is a compelling narrative that follows the remarkable journey of Lallan, a transgender educator, as they courageously navigate societal discrimination to establish a school for underprivileged

Through Lallan's resilience and unwavering determination, the audience is taken on a poignant exploration of empowerment, compassion, and the transformative power of educa-

As the curtains rise on LallanMs, audiences will find themselves immersed in a world where diversity is celebrated and inclusivity reigns supreme.

The play serves as a powerful reminder of the importance of acceptance and equality, urging viewers to reflect on their own roles in creating a more inclusive

LallanMs has already captivated audiences in prestigious theaters such as Sriram Centre in Delhi, India Habitat Center, NCPA Mumbai, and Tagore Hall in Jaipur, receiving widespread acclaim for its compelling storytelling and powerful performances.

Following its premiere in Jammu, the play is set to embark on a tour to Chandigarh, Lucknow, and Patna later this year, further spreading its message of hope and empowerment.

For the young audience, LallanMs will be showcasing at GCW Parade, Jammu on 17th May. This special presentation aims to ignite the imaginations of our future leaders, inspiring them to embrace diversity, advocate for social justice, and become agents of positive change in their communities. Through Lallan's journey, young minds will learn invaluable lessons about resilience, compassion, and the transformative power of education, empowering them to challenge societal norms and strive for a more inclusive society.

On 18th May, LallanMs will be presented for eminent personalities, civil societies, Social Clubs and bureaucrats of Jammu & Kashmir at Convention Center of Hospitality and Protocol, Canal Road. This exclusive event provides a platform for key figures in our society to engage with and reflect upon the important themes explored in the

By witnessing Lallan's struggles and triumphs, these influential individuals are encouraged to leverage their positions to advocate for marginalized communities, promote equality, and enact meaningful societal change. The play serves as a catalyst for dialogue and action, motivating leaders to champion inclusivity and pave the way for a more equitable

future for all. We extend our sincere gratitude to Indian Oil Corporation and brand Servo for their generous support as the event title sponsors. Additionally, special thanks to Dr. Hemal Agarwal, ex-Principal of GCW Jammu, and convenor of the event in Jammu, Namami Barua for production conceptualization and advisory roles. We also acknowledge Nihar Saqib for his time and

After watching LallanMs, both sets of audience will be equipped with a renewed sense of purpose and determination to effect positive change in their respective spheres of influence. Armed with the inspira-

tion drawn from Lallan's story, young audience members will be empowered to challenge prejudice, champion inclusivity, and strive for a more equitable society as they embark on their journeys into adulthood.

Similarly, the eminent personalities of Jammu & Kashmir will be motivated to leverage their influence and resources to address systemic issues, advocate for marginalized communities, and foster a culture of empathy and acceptance within their spheres of influence. Together, they will carry forward the play's message of resilience, compassion, and the transformative power of education, driving meaningful progress and creating a brighter future for all.

JAMMU: The election proceedings for the Brahman Mahamandal Kashmir, aimed at appointing officer bearers, were conducted. The results was officially announced on Tuesday. CA U.K Handoo and his team have been elected for a term of three years. CA U.K Handoo was elected as president, Kamal K Ganjoo as Senior Vice President, Ravinder Razdan as General Secretary and Nanaji Zadoo Treasurer. Kuldeep Bhat, Punit Jyotshi, Anil Handooand



STATE TIMES NEWS SRINAGAR:

Maruti Suzuki Dealership of Jamkash Vehicleades (Kashmir) Pvt Ltd. Srinagar unveiled Epic New Swift.

The Chief Guest for the occasion was Riyaz Ahmad Wani (AGM) J&K Bank and large gathering of Auto lovers and Managerial staff of Jamkash were present. One Hundred Twenty customers invited during the launch. The Epic New Swift promises a new, convenient and fun to Drive Experience, with top class fuel efficiency at a highly attractive price and low maintenance cost. The Epic New Swift embodies five key Stunning attributes: Welcoming Exteriors, Interiors, Intrinsic Safety, Fun-to-drive. Technologically Advanced.

The sporty design of the Epic New Swift instils a sense of excitement, featuring a unique 'wrap around



Dignitaries at Jamkash Vehicleades (Kashmir) Pvt Ltd, Srinagar unveiling Epic New Swift.

character line' that exudes a sense of dynamism that sets the sporty hatchback apart. Its bold stance commands attention while retaining the Swift's signature silhouette, instantly identifying with the Swift's iconic DNA. The smoky LED projector headlamps and boomerang LED DRLs add a futuristic appeal. Adding to its allure are the glossy black front grille, LED front fog lamps, LED rear combination lamps with a distinctive signature, along with 38.10cm (15inch) precision cut two-

tone alloy wheels that complement its athletic profile. Complementing dynamic design of the Epic New Swift are two new body colours- Luster Blue and Novel Orange, alongside a wide range of colours consisting of Sizzling Red, Pearl Arctic White, Magma Grey, Splendid Silver. Three dualtone colour options are also available, namely, Luster Blue with Midnight Black Roof, Sizzling Red with Midnight Black Roof, Pearl Arctic White with Midnight Black Roof.

Historic turnout in Srinagar reflects significant milestone in J&K's democratic journey: Gaurav Praises PM Modi for restoring democracy in Valley

STATE TIMES NEWS

JAMMU: Gaurav Gupta, former General Secretary of Chamber of Commerce and Industry Jammu, expressed profound admiration for the voters of the Srinagar Lok Sabha constituency for their exemplary participation in the electoral process, marking the highest voter turnout of 38 per cent since 1989.

In a statement issued on Tuesday, Gupta extended his gratitude to the residents of Srinagar for exercising their fundamental right to franchise in large numbers, reflecting a significant milestone in the region's democratic jour-

He emphasized the historic nature of this turnout, underscoring its significance in fostering a vibrant democratic cul-

Acknowledging efforts of Prime Minister Narendra Modi's government, Gaurav attributed the restoration of democracy in the Valley to the policies and initiatives undertaken by the central leadership.

He lauded PM Modi for his unwavering commitment to ensuring the democratic rights of all citiparticularly in regions like Jammu and Kashmir.

Furthermore, Gaurav



credited the Lieutenant Governor, Manoj Sinha, for his instrumental role in facilitating peaceful polling in Jammu and

He highlighted that the absence of boycotts and strikes during the polling process in the Kashmir Province, for the first time, is a testament to the

positive strides being made towards stability and inclusivity in the region. Gaurav affirmed that Jammu and Kashmir

Union Territory is witnessing unprecedented progress and development under the visionary leadership of PM Modi. He expressed optimism about the future trajectory of the region, emphasizing the transformative impact

He also highlighted the vital role played by the ECI, District Administration, Police Department and security forces for peaceful conduct of Lok Sabha polls.

of government policies on

the lives of its residents.

BMM elects **Executive Body** ■ STATE TIMES NEWS

Sanjay Handoo were elected as Executive Members.

The oversight and administration of the electoral process were held under the supervision of V.K Zadoo (Retd. IFS).

BSF School Jammu organises investiture ceremony



BSF School faculty posing with Students Council during Investiture Ceremony.

STATE TIMES NEWS

JAMMU: The Investiture Ceremony of BSF School Jammu for the academic session 2024-2025 was held in a special assembly in the school premises.

The ceremony was held to inculcate a sense of commitment and responsibility among the students as future leaders. It commenced with pinning of badges and flaps to the elected leaders by the Principal Dr S.K Shukla followed by staff members.

The Students Council took an oath to serve the school and the student community with utmost loyalty and sincerity. Abhineet Singh was appointed School Captain while Abhigyan Singh and Manisha Mehra were elected as Head Boy and Head Girl respec-

Dr. S.K Shukla inspired the students to cultivate and develop the qualities of team work, dedication and commitment and work for the benefit of the school and society at large.