

BCE organises Induction Programme in collaboration with IGNOU

STATE TIMES NEWS
UDHAMPUR: Bhartiya College of Education (BCE), IGNOU Learner Support Centre-12119 Udhampur, in collaboration with the Regional Centre IGNOU and other IGNOU study centers, on Friday organized an induction programme for fresher students.

The initiative aimed to provide students with essential information about the Indira Gandhi National Open University (IGNOU), including its various courses, admission procedures, and the range of student support services available. The program commenced



College faculty along with IGNOU officials during the programme.

with a formal welcome address presented by Assistant Prof. Savita Sambyal, Coordinator of Bhartiya College Learner Support Centre, Udhampur. Dr. Sandeep Gupta, Assistant Regional Director

of IGNOU, Jammu, addressed the newly enrolled students, offering insightful details about the University's flexible educational approach. He elaborated on the functioning of IGNOU Study

Centre and emphasized the significance of collaboration between IGNOU and Bhartiya College Learner Support Centre. Dr. Asha Upadhyay, Assistant Regional Director of IGNOU, Jammu, engaged

the audience with a captivating virtual tour of IGNOU's website.

She provided practical explanations on the admission process, assignment submission procedures, and accessing study materials.

Among the dignitaries present were Rajesh Mohan, Assistant Registrar of IGNOU, Jammu, Principal Dr. Anita Bali of BCE, academic counselors, and students.

The event was managed by Assistant Prof. Jyoti Sharma, faculty of the college, and concluded with a vote of thanks by Assistant Prof. Pinaki Bakshi.

49 Annual Urs of Sufi Saint Sain Ilahi Baksh concludes

STATE TIMES NEWS

POONCH: The 49th annual Urs of Sufi Saint Sain Ilahi Baksh (RA) concluded with solemnity and devotion at Battalkote Loran on Friday.

Thousands of devotees gathered to pay their respects and offer prayers during the two-day event organized by the management committee of the Ziarat Trust.

The culmination of the annual Urs was marked by dua and special prayers, reflecting the spiritual significance of the occasion.

More than 50,000 devotees participated in the event,



Devotees paying obeisance at Ziarat.

according to Molana Javid Iqbal Naiemi.

He emphasized the peaceful and serene atmosphere of this year's Urs congregation, noting the presence of numerous political leaders

who also participated in the event.

Molana Javid Iqbal Naiemi highlighted the teachings of Sain Ilahi Baksh RA, emphasizing the saint's prayers for peace and equality among all.

GDC Purmandal accords farewell to final semester students



Faculty members and students during the farewell programme.

STATE TIMES NEWS
PURMANDAL: Students of Govt. Degree College (GDC) Purmandal organized farewell party for the 6th semester students on Friday.

Principal of the College, Prof. Raj Shree Dhar was the Chief Guest and faculty members of the college also graced

the occasion. The event kicked off with a warm welcome address by Prof. Dhar, who blessed the students for their prosperous tomorrow. Students of B.A. Semester 4th presented colourful programmes including titles and games. The outgoing students reminisced about the past,

expressing their gratitude for everything from education to personality development and grooming to face challenging of life.

During the function Mandeep Singh and Rashmi were declared as Mr. & Ms. of GDC Purmandal for the session 2023-24.

Past two years saw historic transformation in Waqf Board: Andrabi

After 70 years, shrine of Dargah Hazratbal Srinagar got new carpets

STATE TIMES NEWS

SRINAGAR: Chairperson of J&K Waqf Board Dr. Syed Darakhshan Andrabi on Friday visited Dargah Hazratbal shrine in Srinagar and chaired an event organised by the Waqf Board at the shrine after completion of the new carpet laying initiative of the Board at the shrine.

Speaking to the gathering, Dr. Andrabi said that after 70 years, this important shrine of Dargah Hazratbal Srinagar is having fully new carpets and it was really a day of great satisfaction for us.

"Waqf Board is now in a position to invest on the



Chairperson of J&K Waqf Board Dr. Syed Darakhshan Andrabi during visit to Dargah Hazratbal Shrine in Srinagar.

infrastructure development and other varied utility development projects at sufi

shrines in J&K. Our reformative measures have yielded very good results. May our

spiritual shrines remain our priorities, may spirituality strengthen us all", said Dr

Andrabi.

She expressed her gratitude to the people of J&K for their cooperation to the Board in achieving the success in streamlining Waqf management & financial system & making it transparent and progressive.

"Board has utilized abandoned properties, ensured timely rent collection and transparent donation system thought JK which has strengthened the organization. But much more still needs to be done and the Board is working tirelessly to improve the working and create more facilities for the people", said Darakhshan.

GDC Neeli Nallah Udhampur organises Ayush Yoga Mahostava 2024 Camp

STATE TIMES NEWS
UDHAMPUR: NCORD Unit of GDC Neeli Nallah Udhampur organized Yoga Mahostava 2024 in collaboration with Directorate of Ayush, J&K District AYUSH Officer Udhampur under the guidance of Prof. Hans Raj, Principal of the college to

aware the students about Yoga for women empowerment and drug abuse.

The programme started with key note address by Principal of the college. He emphasized that by adapting Yoga in routine life which can lead to overcome various diseases and stress in women lives and also to get rid of drug abuse by performing certain Yoga asanas.

Dr. Rakesh Gupta (MD) and Dr. Vilakshi Jamwal



College faculty members and students during the event.

(MO) were the resource persons. Dr. Vilakshi Jamwal spoke on the topic "Yoga for Women Empowerment" and advised that women should join yoga classes which can build their self-confidence, capabilities and alleviate self-consciousness and promote body positivity among them.

She also said that yoga classes can address specific health concerns such as

menstrual discomfort, pregnancy and menopause. These classes also connect like-minded women who share their interests and goals.

The second speaker Dr. Rakesh Gupta deliberated on drug abuse in his presentation.

He talked about the harmful effects of drug abuse which changes the behaviour of an addict such as mood swings,

increased aggression toward others, sleep experiencing insomnia, upset stomach, dry mouth, and drowsiness.

Drug using is life threatening and causes disability or permanent damage and in female during pregnancy causes birth defects.

He said that sometimes students make use of drugs to stimulate their performance in sports and studies because of peer

pressure of scoring good rank.

He stressed upon the students to adopt sports and yoga activities as a part of their daily life in order to enhance their performance in sports and studies instead of using drugs.

At the end Yoga experts, Dinesh Bhagat and Nitoshi Sharma organised a practical session and performed various yoga asanas involving students and staff members.

The whole programme was organised by Prof. Rekha Sharma, NCORD Coordinator. Others who were present in the programme Dr. Maansi Sharma, Dr. Sunil Tanooh, Prof. Shaista Yasmeen, Pradeep Kumar, Dr. Neha Bhagat, Dr. Akhter Hussain.

38 Bn CRPF pays tribute to Shaheed Hav Abdul Qyuum

STATE TIMES NEWS

POONCH: The tribute program organized by the CRPF to honor Shaheed Hav Abdul Qyuum on Friday at Kanuyian High School, here.

Shaheed Qyuum had made the ultimate sacrifice for the nation on May 17, 2011, in the Sukma district of Chhattisgarh, displaying exemplary courage and dedication to duty.

The program, under the guidance of Anand Singh Paruhit, Police Director Range Hiranagar, and Madan Mohan, Commandant of the 38th Battalion of CRPF, brought together various members of the community, including Gulzar Hussain, the Headmaster of Kanuyian



Family members along with CRPF officials during the programme.

High School, Mohd Taj, a prominent citizen, CRPF personnel from the 38th Battalion, and students from the school.

The event commenced with speeches and commemorative talks by officers from the 38th Battalion of CRPF and community leaders, reflecting on the bravery and sacrifice of Shaheed HAV Abdul Qyuum.

There was a special interaction with the family members of Shaheed Qyuum, allowing the officers to express condolences and share their feelings of solidarity and support.

A moment of silence was observed, followed by floral tributes and prayers, symbolizing the collective respect and gratitude towards the fallen soldier.

SPPND GDC Samba hosts lecture on "Ramrajya ke Sankalpana aur Tulsidaas"

STATE TIMES NEWS
SAMBA: The Nandini Literary Club of PPND Government Degree College Samba organized an enlightening lecture titled "Ramrajya ke Sankalpana aur Tulsidaas." The event saw enthusiastic participation from both students and faculty members.

Dr. Vinay Kumar Shukla, Assistant Professor in the Department of Hindi and Other Indian Languages at the Central University of Jammu, was the Resource person for the occasion.

He provided an in-depth exploration of Tulsidaas's life and elaborated on the philosophical concept of Ramrajya.

Dr. Shukla emphasized the fundamental characteristics of Ramrajya, such as justice, equality, and moral



Faculty members honouring a dignitary.

integrity, and discussed its continued relevance in today's society.

The event began with a welcome address by Dr. Anupama Sharma, Convener of the Nandini Literary Club. Prof. (Dr.) Twinkle Suri, Principal of the college, also addressed the gathering, highlighting the significance of classical literature in contemporary times. She encouraged stu-

dents to embrace moral values and to develop an integrity of character to be good human beings.

The function was also attended by faculty members including Dr. Shaveta Gupta, Prof. Sunita, Dr. Javed, Dr. Ajayshree Singh Sambyal, Dr. Ravi Kumar Dr. Jyoti Thappa among others. The event concluded with a formal vote of thanks.

NC is Congress child to victimise non-Kashmiri Muslims: Khatana

'BJP works hard so that common people in J&K may contest and win elections'

STATE TIMES NEWS

POONCH/BALAKOTE: Senior BJP leader and Member of Parliament (MP) Rajya Sabha, Gulam Ali Khatana has said that Congress gave birth to National Conference (NC) under a conspiracy to victimise the non-Kashmiri Muslims.

Addressing a public meeting in Balakote on Friday, Khatana said that the very first work NC did after its creation was to render disempower all the Gujjars, Bakerwals, Pathans, Khans, Jats and other non-Kashmiris.

"The NC-Congress jointly and selectively empowered the elite among Kashmiris and even called the poor among Kashmiris as Gujjars only to enjoy powers as rulers," the senior BJP leader continued



MP Rajya Sabha, Gulam Ali Khatana addressing gathering at Poonch.

adding that all these malpractices rendered most of the non-Kashmiris backward, uneducated and

made Paharis to fight Gujjars.

"Congress in J&K creates panic among the poor

Muslims for votes while the BJP is only against the dynasts and works for the welfare of all irrespective of religion, region, caste or creed," the MP of Rajya Sabha informed.

Khatana also said that BJP has sacrificed a lot for the country and its people and works hard so that the common people in J&K may contest and win the elections to serve the public.

"This is the reason why we do not support the

dynasts and back the new people as our allies," he maintained.

Farooq Magrey, BJP Mandal President; Divesh Kumar, Mumtaz Khan, Zulfikar Pathan, Zulfikar Ali Mumtaz, Haji Mohd Ahmed Khatana, Akhlaq Sadiq Khatana, Mushtaq Ahmed Khatana, Mohd Khurshid Khan, Ex-Sarpanch, Mohd Bashir, Chairman Panchayat and others were also present in the meeting.

DC Samba inaugurates "Gyan Vatika" at GDC Samba

STATE TIMES NEWS

JAMMU: "Gyan Vatika", Book Reading Club of Shri Pandit Prem Nath Dogra, Government Degree College, Samba was inaugurated today by Abhishek Sharma, Deputy Commissioner. The creation of Gyan Vatika (Garden of knowledge) evokes a sense of relaxation and serenity, and replaces a place where book lovers can gather and explore literature together.

Gyan Vatika aims to create a platform where book enthusiasts can share knowledge, ideas, and literary enjoyment while fostering personal and collective growth.

Principal Prof. (Dr.) Twinkle



DC Abhishek Sharma speaking during the event.

Suri extended a warm welcome to the chief guest and enumerated that the idea behind creation of Gyan Vatika is to promote book reading amongst the young learners and create a vibrant community of readers, poets and thinkers in the campus. In his address, Abhishek

Sharma emphasized that the "Gyan Vatika" will play a pivotal role in enhancing the creative instincts in the students.

He exhorted that this Club shall boost the intellectual growth of students and inculcates the fashion of reading and discussing books and genres

among the students.

"Gyan Vatika highlights fortnightly activities such as Book Talks, Author Spotlights, Genre Exploration, Guest Speakers, Lit Quiz, Book Swaps, Films clips and the occasion today witnessed the documentary on Shaheed Bhagat Singh.

After the screening, students were encouraged to participate and interact in meaningful discussions on Shaheed Bhagat Singh's patriotic philosophy and the historical period he lived in.

The club aspires that these activities will become a popular and anticipated part of the college's fortnightly activities.

Training on Paddy crop management held by KVK Kishtwar

STATE TIMES NEWS
KISHTWAR: Krishi Vigyan Kendra (KVK) Kishtwar SKUAST Jammu on Friday organized one day training programme on scientific cultivation of Paddy at Pehalkala Sigli which was attended by 24 farmers of the village. The pro-



KVK officials along with farmers during the programme.

gramme was organized under the guidance of Dr. Amrisha Vaid, Director Extension SKUAST Jammu which aimed at demonstrating the yield potential of crop variety, protection and management practices in paddy crop on the farmers' fields under the supervision of scientists.

Dr. Narinder Paul, Incharge KVK Kishtwar conducted the programme where in the participants were educated about the

SKUAST Jammu package of practices for hilly areas.

He said seed treatment, weed management insect pest and disease management needs to be done to prevent losses to the crop and get high yield.

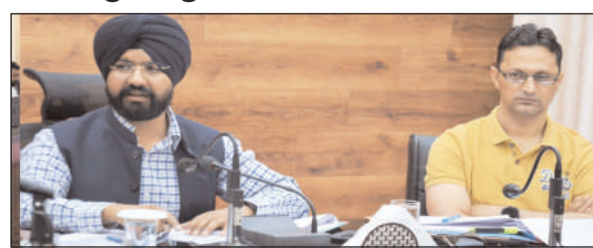
The farmers were also sensitized about common paddy diseases and their management.

During the programme critical production inputs were also distributed among farmers selected under Front Line

Demonstrations (FLDs) under paddy crop. Om Prakash, Dewan Chand, Suresh Kumar, Krishan Lal, Nath Ram, Ram Krishan and others attended the programme.

Om Prakash lauded the efforts of KVK in conducting the programme in far-flung village of the district.

STATE TIMES NEWS
DODA: District Development Commissioner (DDC) Doda, Harvinder Singh on Friday chaired meeting regarding comprehensive review of the ongoing work under various schemes/mega projects and on the physical and financial progress under the Central



DDC Doda, Harvinder Singh chairing a meeting.

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