### Be rational during Stream/subjects selection in Grade XI: Principal JKPŠ Kunjwani

#### **STATE TIMES NEWS**

"21st Century JAMMU: students may not be subjected to choosing a stream/ subject(s), which go beyond their liking or don't match with their aptitude. Children must follow their inner voice, only then they may keep pace with the rapidly changing times", stated the Principal JKPS Kunjwani Rajesh Rathore while speaking to students seeking admission in Grade XI alongwith their parents after the declaraton of the CBSE Grade X result.

"In current times, while there is a very bright future in every walk of life, whether it be pertaining to Scholastic or Co-scholastic domain, students must be given full liberty to choose their future course of studies," Principal addressed the parent as well as students, who are about to embark on their Senior Secondary school journey.

He appealed students "to introspect their inner self, aptitude, competence and caliber till date. If their inner-conscience doesn't allow them to pursue a particular Stream or subject(s), then they shouldn't make up



Principal JKPS Kunjwani Rajesh Rathore

their minds at all. They must listen to their innerself, as natural interest in the pursuit of any course of life fetches fruits beyond expectations". "However, opting for any

particular Stream, which goes beyond the aptitude or liking of a student, then it never brings in the desired results", added the Principal.

"A child is the extended self of his/her parents. Whatever parents failed to achieve, they wish to achieve that through their children. Parents should never impose

their decision against the will of their wards. If a child doesn't want to pursue Science stream, then parents shouldn't put pressure on their ward to study Science.

He appealed parents to exercise control over their long-cherished unfulfilled desires, as children pay a heavy price, while fulfilling the wish of their parents under pressure", the Principal added further.

Highlighting the importance of the streams available, the Principal started with  $_{\mathrm{the}}$  $\operatorname{stream}$ of

gets to study History, Geography, Political Economics. Science. Psychology, Sociology, Language & literature. Humanities can be a great choice for searching of career in diversified areas, as the wide range of subjects offers great career options, namely, the most coveted UPSC exams, Management (CAT), Judiciary (CLAT), Mass Communication, Hospitality industry, Politics etc. Commerce field is all about learning and studying subjects related to trade, business, finance, and economics. This is also one of the most preferred streams of education by students who wish to embark upon a career or profession into MNCs, Banks or even entrepreneurship.

Humanities, as a student

The important subjects to study in these fields are English, Business Studies, Economics, Accounts, Applied Mathematics and Computers, Physical Education. Aspirants may search their career in various avenues, namely, as Chartered Account, ICWA, Company Secretary etc.

JAMMU: Senior BJP leader

and former Mayor of

Jammu city, Rajinder

Sharma has stated that PM

Modi and Lieutenant

Governor of J&K, Manoj

Sinha have taken the Union

Territory to new heights of

progress and prosperity ush-

ering a peaceful atmosphere

free from fear of any kind

Addressing a gathering at

Tawi Vihar near Jammu city

Sharma said that for those

having doubts on abrogation

of Article 370 and 35-A

for all.

Science has always been the most sought after & fascinating among all the streams to study in, but it's also very challenging, as the science subjects demand a high IQ level.

It's a stream that can be pursued and perfected only with competence and dedication. The main subjects to study in science are Physics, Chemistry, Biology and Mathematics.

Calling oneself a Science student and touching the bottom after every round of Home exams is never a big deal. Quoting Dr. Verghese Kurien, the Milk Man of India, on the occasion the Principal stated, "Whichever field you choose for yourself, always stay on the vertex". Boosting the morale of students, he cited several

examples, wherein students achieved their goals. He quoted the examples of JKPS alumni, who are doing fabulous across the globe. He promised parents on behalf of JKPS family to urban India. With a strong extend the best possible supensemble of 30 artists repreport to children, if they hold cultural backgrounds from a rational view while finalizing the stream/ subject Delhi and Rajasthan, the play selection for their wards.

# 'Lallan Ms' play by Rama Pandey staged in GCW Parade



Artists performing during the play at GCW Parade.

of talent and cultural richness. **STATE TIMES NEWS** JAMMU: A play titled "Lallan At its heart, Lallan Ms is a Ms" written and directed by the compelling narrative that foltheatre personality Rama lows the remarkable journey of Pandey was enacted in the Lallan, a transgender educa-Auditorium of GCW Parade tor, as they courageously navi-Ground Jammu, on Sunday. gate societal discrimination to Rama Pandev is a revered establish a school for underfigure in the Indian theatre privileged children. Through scene, renowned for her Lallan's resilience and unwapoignant storytelling and dedivering determination, the audication to social issues. With a ence is taken on a poignant career spanning decades, exploration of empowerment, Pandey has left an indelible compassion, and the transformark on the world of performmative power of education. ing arts, captivating audiences The play serves as a powerful

reminder of the importance of acceptance and equality, urging viewers to reflect on their own roles in creating a more inclusive society. This special presentation aims to ignite the imaginations of our future leaders, inspiring them to embrace diversity, advocate for social justice, and become agents of positive change in their communities. Through Lallan's journey, young minds will learn invaluable lessons about resilience, compassion, and the transformative power of education, empowering them to challenge societal norms and strive for a more inclusive society. This play also serves as a catalyst for dialogue and action, motivating leaders to champion inclusivity and pave the way for a more equitable future for all.

Gratitude was extended to The Indian Oil Corporation and Brand Servo for their generous support as the event title sponsors.

Additionally, special thanks was offered to Dr. Hemla Agarwal, ex-Principal of GCW Parade Ground Jammu, and convenor of the event in Jammu, and Namami Barua for production conceptualization and advisory roles, along with Nihar Saqib for his time and support.

#### Zone Chowki Choura dominates **Inter Zonal District Tournament** STATE TIMES NEWS



A Kabaddi Match in progress.

#### STATE TIMES NEWS

**AKHNOOR:** The Inter Zonal District level tournament kicked off with an impressive start for Zone Chowki Choura, with victories across multiple sports categories including Kabaddi, Volleyball, and Chess.

In the Kabaddi category for boys, led by Captain Shubham Sharma, Zone Chowki Choura secured a dominant victory with a commanding scoreline of 40/10 in their first match.

The team's cohesive effort and leadership under Captain and dedication of the players,

Shubham Sharma undoubtedly contributed to their success on the field. Similarly, in the 17year category volleyball, Sahil Sharma's team showcased their provess by securing a victory, marking a positive start to their campaign in the tournament. In the realm of chess, Zone

Chowki Choura demonstrated their strategic prowess by clinching consecutive victories in the first two matches of the tournament.

This feat underscores the skill

as well as the guidance provided by their coaches. ZPEO Chowki Choura, Nirmal Kumari, extended her congratulations to all the players for their outstanding performance and victories in their respective matches.

She also commended the coaches for their efforts in training and guiding the players towards success

In her remarks, ZPEO attributed the success of the players to the collective efforts of all the Physical Education teachers in Zone Chowki Choura. She emphasized the crucial role played by these educators in nurturing the talents of the students and preparing them for competitive sports events.

Overall, the victories achieved by Zone Chowki Choura in Kabaddi, Vollevball, and Chess reflect the dedication, teamwork, and skill of the players, as well as the unwavering support and guidance provided by their coaches and educators.

from J&K, the record 38 poll per cent in Srinagar Lok Sabha election should aneye-opener. be "Surprising is to see that those politicians who earlier boycotted elections have now noted public mood and have participated in the democratic process which clearly shows that things have now changed in J&K," the senior BJP leader stated. He said



Locals felicitating former Mayor of Jammu city, Rajinder Sharma during the programme.

that now the people of Kashmir are them-self saying that there was no internet blackout during elections and on other occasions and they have even claimed that earlier they were paid Rs. 500 for stone pelting but now they have realised that the developmental model of PM Modi is the real model for progressive and liberal society ensuring welfare of the people of J&K. The former Mayor was addressing

during a programme organised by Tawi Vihar Residents Welfare Association (TVRWA) under the leadership of B.S Thakur. President TVRWA, Sidhra Rajinder Sharma also said that India has now established new norms of progress with the soft landing on moon, successful organisation of G20 meets etc which has established beyond doubts that India will soon be the third largest

with her profound narratives

Lallan Ms transcends the

boundaries of conventional the-

atre by seamlessly blending

authentic music from rural and

senting diverse age groups and

offers a mesmerizing tapestry

PM Modi, LG ushered J&K to peace, progress: Sharma

and powerful performances.

economy of the world. "Taking such progressive strides in mind for actions the campaign under the name of 'Jan Sushasan' has been started resolving that we will also add our contributions to the achievements of legendary Pandit Prem Nath Dogra, Mehar Chand Mahajan, internationally para-athlete, renowned Sheetal Devi, Chiefs of Army Staff and Chief Justices from J&K along with other personalities of J&K to bring transparent and accountable delivery

system to strengthen our nation under the banner of Jan Sushasan Abhiyan, Sahi Soch, Sahi Log' (better governance with proper thinking and upright people) to fructify the efforts of PM Modi," he continued.

Delden Angmo, Dr. H.N Kar, Adv. Rohini Kiran Gupta, Adv. Harish Kaila, Adeep Badyal, Anil Sharma, Er Haribhushan Gupta, Er Bharat Bhushan Gupta, Ashish Kacchro, O.P Kapoor and others from the Tawi Vihar colony were also present on the occasion.

### **District Police organizes** cleanliness drive at DPL Poonch



### JU organizes three-day Skill Development Workshop on Basohli Miniature Painting

#### STATE TIMES NEWS KATHUA: The Kathua

lampus of еU resity of



ularly in the field of painting. Registrar, Kathua Campus, Dr. Verma, Er. Vishavjeet Singh, Further Prof. Rai emphasized Sunny Sharma, Dr. Zahin Er. Sourab Gupta, Dr. Nisha ficance of conducting such skill based workshops as it offers participants with insight into self-exploration and advancement. Prof. Arvind Jasrotia, Rector, Kathua Campus presented the welcome address and said that the Kathua campus looks forward to hosting more such initiatives in the future, continuing its mission of fostering creativity and innovation. During the event, Rakesh Sharma, HOD Fine Arts, Dr. Amarieet Singh, and Amandeep Singh from IMFA were honored with certificates of appreciation for their significant contributions to the workshop. Dr. Rockey Gupta, I/c Principal UIET, extended the vote of thanks. Dr. Neeraj Sharma, Special Secretary to VC JU and Irfan Goni, Campus Development Officer, .IU were also present. Dr. Vivek Sharma, Academic Coordinator, Kathua Campus, Dr. Sourabh Shastri, I/c Head, MCA. Kathua Campus, Amit Sharma, faculty MCA, Dr. Pankaj Khajuria, Assistant

Ansari, Pranav Ratta, Avni Chowdhary, Dr. Ritu Sharma

STATE TIMES NEWS The cleanliness drive w organised at DPL Poonch in which Add SP Poonch, DySP DAR Ponch ,other officers and Jawans participated enthusiastically. The main objective of the cleanliness drive is to create awareness about cleanliness Swachh Bharat under Abhiyan.

Jammu organized a comprehensive three-day skill development workshop focusing on the renowned Basohli miniature painting, known for its intricate art style and vibrant colors. Held from May 17th to 19th, 2024, the workshop served as both a platform for artistic expression and a celebration of the region's rich cultural heritage. The workshop commenced with an enthusiastic turnout of students from the Institute of Music and Fine Arts and Kathua Campus, eager to explore the techniques and history of Basohli miniature art. Renowned Basohli miniature artist, Soham Singh Billawaria, served as the event's resource person, guiding participants through interactive sessions and hands-on demonstrations. The workshop provided valuable insights into the art form's history, techniques, and aesthetic principles, enriching the participants' understanding of Basohli painting.

The second day of the workshop was marked by a vibrant VC JU Prof. Umesh Rai visiting a stall.

cultural evening, showcasing performances that celebrated the local culture and traditions of the region. Notable vocal singer, Suraj Singh, captivated the audience with soulful renditions, further enhancing the cultural exchange experience and fostering a sense of community spirit. The culminating day of the workshop witnessed the presence of esteemed guests, including the Vice Chancellor, University of Jammu, Prof. Umesh Rai, Prof. Meena Sharma, Dean Planning and Development (JU), and Prof. Neelu Rohmetra, Dean Research Studies (JU).

The guests visited the painting workshop area and attended the valedictory function,

commending the organizers for promoting skill development and preserving cultural heritage. Vice Chancellor lauded the organizers for their initiative in promoting skill development and preserving cultural heritage. He congratulated all participants for their dedication and commitment to mastering the art of Basohli miniature painting, emphasizing its importance in preserving our cultural legacy. He also stressed upon the importance of skill development as it contributes to self-confidence, holistic growth and development, and entrepreneurship.

Prof. Rai expressed that such skill based training helps learnSharma, Gourav Sharma, Tiharika Nath, Kamakshi Dhar, Dr. Nomita Khajuria, Dr. Meenakshi Singh, Anu Bala, Dr. Seema Jamwal, Er. Sandeep Raj, Dr. Shivani Sharma, Dr. Kumari Kanika Bhadwal, Er. Amarieet Chopra, Er. Sushant Gagal, Er. Komal Khadotra, Er. Palvi

Er. Ritika Gupta Er. Archana Saalaria, Er. Himani Khajuria, Er. Arooshi Gupta, Er. Shivani Sharma, Er. Princy Sharma, Er. Puneet Kour, Er. Karan Kumar, Er. Arjun Kapoor, Er. Rohit Khatru, Er. Jeewanjot and the entire teaching and non-teaching staff also were present in the workshop.

POONCH: District Police Poonch on Sunday organized a cleanliness drive at DPL Poonch.

The cleanliness drive was organised on the direction of the SSP Poonch Yougal Manhas, in which officers and Jawans participated with feryour and enthusiasm.

### 20 million Russian poplar tree' pollen affecting children, elderly in Kashmir

#### MASROOR AHMAD

SRINAGAR: Residents from various parts of the Kashmir Valley, including Srinagar are raising alarms over a surge in respiratory problems due to pollen produced by Russian poplar trees.

The cotton-like fluff, containing the pollen, is causing a range of symptoms, including eve irritation, persistent sneezing, and breathing difficulties, with children being particularly affected.

"Every year, as the spring arrives in the Kashmir, the Russian poplars start pollinating and releasing their cotton fluff into the air; thousands of people are taken ill. People are afflicted with allergies with symptoms ranging from congestion, runny or itchy nose, sneezing etc.," said, Gowher a resident of Srinagar city.

"Many people are allergic to pollen and my mother, a senior citizen, is very much vulnerable to this season as the elderly and children are more prone to the infection. Due to this, the number of patients visiting hospitals increases significantly, which in turn leads to a spike in the sale of the antiallergic medicines," she added.

Medical professionals have attributed allergies to the presence of pollen inside the airways and lungs, which causes irritation in the eyes and frequent sneezing to severely disrupt breathing, particularly in groups of children. "Even in Srinagar, the pollen risk is still less than in villages, but in the Babademb area of Srinagar city, dusty roads and pollens are creating a dangerous situations for the residents as if it is snowing in the dusty air, a student said .

Health experts at Chest Diseases (CD)



Hospital, Srinagr say that the patient inflow in the OPD increases during the season. "Generally we witness an increase in allergy patients this season of the year and there has been an increase as well. People are complaining of allergies," he said. According to the Pulmonologists the pollen has the potential to cause allergies; it can also lead to conjunctivitis in the eyes and exacerbate asthma cases. People should use masks to prevent inhaling or ingesting it while traveling or walking during morning and evening hours.

Many have called for cutting down of the poplar trees, which were initially planted in large numbers for their fast growth and economic value, particularly for timber and plywood production.

"We need the authorities to address this problem seriously and remove these trees to

prevent further health complications," Gowher told STATE TIMES.

The administration has been requested to implement measures to mitigate the impact of this seasonal health threat. Suggestions include not only cutting down the existing poplar trees but also replacing them with less problematic species. Additionally, there is a demand for the immediate cleaning of public spaces to remove the accumulated fluff and reduce exposure.

In response, a senior official acknowledged the concerns and assured that steps would be taken. "We understand the severity of the issue and are considering various measures, including the phased removal of poplar trees and increasing public awareness about the problem," the official stated.

Pertinently, the J&K High Court in June 2015 order, had observed that it was a "common knowledge that pollen seeds of this poplar species adversely affect health of the general public, mostly of elderly people and children, adding that the pollen seeds of these trees had given rise to chest diseases in the Kashmir valley." The court had ordered the non-native poplars eradication from Kashmir.

The Russian poplar brought from the US was introduced in Kashmir in 1982 as part of the Social Forestry Scheme. The reason for this was that it takes less than 15 years to mature as compared to 40 years for the Kashmiri poplar. Therefore, it is considered quite profitable in the timber trade. According to an estimate, there are about 20 million Russian poplars in the Valley now and their population is growing every vear.

## DC Jammu reviews functioning of Revenue Department Asks for services delivery as per PSGA

#### **STATE TIMES NEWS**

JAMMU: Deputy Commissioner Sachin Kumar Vaishya on Sunday reviewed the working of Revenue Department, here at a meeting attended by senior functionar-

The DC urged the officers to maintain constant vigil on the ground situation and prioritise the delivery of services to the public, adhering strictly to the established guidelines.

The DC insisted on the time bound service delivery as provisioned under the PSGA, particularly emphasising the swift



#### DC Sachin Kumar Vaishya chairing a meeting.

issuance of Fard in legitimate cases to prevent unnecessary delays

The DC conducted a thorough examination of the progress in the digitisation of

Jamabandis, while underscoring the necessity of timely dis-

tribution of land passbooks and property cards. The Tehsildars presented the current status of their respec-

geo-referencing activities in this context. To expedite the process, time-bound directives were issued to address any pending tasks. The meeting saw participa-

tion of senior officers including Additional District Development Commissioner, Sher Singh, Assistant District Commissioner, Shishir Gupta, Sub Divisional Magistrates and Assistant Commissioner Revenue besides the presence of Tehsildars, Naib Tehsildars and others concerned.

tive tehsils, with the DC

emphasising the importance of

### ers to find, develop, and maintain their inherent talent partic-