

# SVMMC Hospital completes over 250 radio frequency ablation procedures for varicose veins

## STATE TIMES NEWS

JAMMU: Swami Vivekanand Medical Mission Charitable (SVMMC) Hospital, under the leadership of Anil Gupta, President SVMMC, has achieved a significant milestone in the field of Vascular Surgery by completing over 250 Radio Frequency Ablation procedures for varicose veins.

This achievement marks a major advancement in providing quality healthcare to the community, particularly in the domain of vascular ailments.

The hospital, located in Amphalla, Jammu, has been steadfast in its commitment to providing accessible and

affordable healthcare services to the society. The introduction of advanced vascular surgical facilities, such as Phlebology and Proctology, showcases the hospital's dedication to staying at the forefront of medical innovation.

Anil Gupta highlighted the hospital's pioneering role in bringing modern treatments like Endovenous Radio Frequency technique to Jammu and Kashmir, providing relief to patients suffering from varicose veins, spider veins, hemorrhoids (piles), and fistula in anus.

The minimally invasive nature of these procedures not only ensures patient comfort but also makes them accessible to a broader seg-

ment of the population.

Emphasizing the hospital's mission to serve those with limited access to advanced medical care, Anil Gupta underscored the commitment to providing subsidized healthcare facilities. This approach ensures that patients receive high-quality treatment without the burden of exorbitant medical expenses, aligning with the hospital's ethos of patient-centric care.

Anil Gupta expressed gratitude towards Dr. Arvind Kohli, a renowned Cardiothoracic and Vascular surgeon, for his invaluable contribution to the hospital's cardiovascular surgery program.

He also outlined the hospital's plans to further expand its healthcare offerings, including the introduction of advanced diagnostic facilities like CT Scan, MRI, and Vascular Lab, to cater to the growing healthcare needs of the community.

The presence of esteemed members of the Management Committee, including Sr. Vice President Amar Chand, General Secretary B.B. Gupta, Retd. Judge Subash Gupta, and administrators Dr. Sachin Gupta and Dr. Romesh Gupta, further underscores the collective commitment towards enhancing healthcare services and infrastructure at the hospital.

# NMC hails releasing of pending DA

## STATE TIMES NEWS

JAMMU: President of the National Mazdoor Conference (NMC) Subash Shastri has hailed the decision of the Lieutenant Governor led JKUT administration for releasing the much awaited and pending DA installment of 4% dearness allowance which was due to employees and pensioners from January last , and

described it as a pro-employees and pensioners gesture.

Addressing a meeting of NMC workers here ,Shastri thanked LG Manoj Sinha and Chief Secretary Atal Dullo and hoped that such efforts seem to be continuing under their impeccable tenure.

Other demands included separate wage head for

daily rated workers, enhancement of their wages to Rs 600 per day, regularisation of their services under SRO 64, clearance of all pending GP Fund cases and gratuity, setting up of Labour Welfare Board, implementation of all Central Laws in J&K besides granting Medical Allowance of Rs 1000 per month to pensioners at par with Central

Government.

Among others present on the occasion were Rajan Babu Khajuria, Sahib Khajuria (Secretary NMC), Raman Sharma, Birbal, Ram Singh, B.S Jamwal, Surinder Kumar, Ramesh Sharma, Chaman Lal, Vinod Kumar, Ex-Sarpanch Sukhdev Singh, Mohammad Sadiq, Mushtaq Ahmed, Tarsem Sharma and J.P Sharma.

# PHE Workers Welfare Association frames new unit

## STATE TIMES NEWS

JAMMU: The meeting of the PHE Workers Welfare Association was held in the Office of Association, Dounthly, here which was jointly chaired Bakshi Singh and Rajesh Jamwal and Subash Verma, senior leader of the Association.

In the meeting after threadbare discussion the new unit of the association has framed.

Pawan Kumar has been nominated as President, Katra; Sanjeev Kumar as General Secretary Nowshera; Anil Verma as Vice President Reasi; Bhanu Pratap as Vice President Jammu; Subash Chander as Vice President Nowshera; Bishan Raina as Secretary Katra; Ashok Kumar as Office Secretary Jammu; Pooja Sethi as Mahila Wing President

Jammu and Kuldip Sharma as Office Incharge Jammu.

It was further decided to make new policy and strategy of PHE Employees United Front and new representatives from the PHE Workers Welfare Association will be made adjusted in the Front who will force the front to adopt the non-political character and trade union principles etc.

# Interactive Sessions with Industry Experts organised at JU



Journalism and Media Studies JU faculty during interactive sessions with dignitaries.

## STATE TIMES NEWS

JAMMU: The Department of Journalism and Media Studies, University of Jammu (JU) on Tuesday organized a series of insightful interactive sessions featuring prominent industry experts.

The event aimed to bridge the gap between academic learning and real-world journalistic practices, offering students invaluable insights into the evolving field of journalism.

Brijesh Singh, the Resident Editor of Amar Ujala newspaper, interacted with the students about political journalism.

Singh shared his extensive experience covering political events and figures, emphasizing the importance of accuracy, integrity, and the critical role journalists play in shaping public opinion and holding power to account.

He also shared the significance of analysis for political journalism.

Earlier, Tejinder Singh Sodhi, the Editorial Head of News 18 JKLH, Jammu talked about the changing landscape of journalism.

Sodhi highlighted the rising popularity of digital media and its impact on traditional news platforms. He discussed how digital transformation is reshaping news consumption habits and the ways journalists must adapt to these changes to stay relevant and effective in their roles.

During the course of the

sessions, the students also shared their research work with the experts.

Students and faculty members actively participated in the sessions, posing questions and engaging in lively discussions with the experts.

The event was aimed at providing students with practical knowledge and firsthand exposure to industry trends and challenges.

Prof Garima Gupta, Head of the Department, expressed her gratitude to the speakers and emphasized the importance of such interactions in enhancing the educational experience of journalism students. "These sessions are crucial for our students to understand the dynamic nature of journalism and to prepare them for successful careers in the industry," she said.

The event was also attended by Prof Shyam Narayan Lal, Coordinator Journalism Department, Prof Dushyant Kumar Rai, Dr Pardeep Singh Bali, Dr Ravia Gupta and Kumerjit Chajottra faculty members.

# 'IEC, GMC Jammu gives accord provisional approvals to MD/MS & DNB study Protocols'

## STATE TIMES NEWS

JAMMU: Institutional Ethics Committee (IEC) of GMC Jammu concluded its two days long full board meeting on Tuesday in NMC Hall, GMC Jammu under the chairmanship of Prof. (Dr) Subash Bahrdwaj (Acting Chairman) to accord provisional approval to 214 research proposals (synopsis) submitted by MD/MS/DNB students of 2023-2026 batch as well as non-synopsis protocols by the faculty and residents.



Members Secretary IEC GMC Jammu Prof. Sanjay Bhasin speaking in a meeting.

Members Secretary IEC GMC Jammu Prof. (Dr) Sanjay Kumar Bhasin informed that the meeting started with welcomed address by the Acting Chairman followed by report by Member Secretary in presence of Principal & Dean GMC Jammu Prof. Ashutosh Gupta.

Prof. Sanjay Bhasin said that IEC is independent body which works as per CDSCO-ICMR and DHR guidelines.

He informed that IEC GMC Jammu is according to the Ethical approval of Research Proposals to

researchers from GMC Jammu, All Peripheral GMCs, all District Hospitals, SMVD, Jammu University, and Nursing Colleges and so on.

He informed that till date, 541 Synopsis stands approved by the IEC GMC Jammu, in addition; 350 Non Synopsis Research Projects in last 04 years.

He said that IEC is trying it's best to streamline the IEC more & more and accord approvals to quality research and for that support of all researchers, Guides and HoDs is required in future

for the same.

Principal was requested to give permission to IEC to open a separate bank account for smooth running financial issues of the IEC.

Prof. Ashutosh Gupta(Principal & Dean) in his address lauded work of IEC GMC Jammu and especially the member secretary for strictly following CDSCO and DHR norms while giving approvals to research projects.

He said that every onus should be put on quality research for which frequent meeting and discussions

amongst faculty, HoD and IEC Members are must.

He said that main focus of any medical institution is 30 per cent teaching, 30 per cent research, 30 per cent patient care and 10 per cent other medical related work. Research should be given top priority to produce quality medical graduates & post-graduates.

He assured all possible help from the institution to IEC GMC Jammu in the interest of scientific research and researchers shall be encouraged to get quality funded projects from ICMR and

other scientific research bodies.

During two days long deliberations 62 PG students presented their studies (Category A) where interventions were involved. In addition 78 category B and 59 Category C studies were also tabled for approval of full board. 18 non-synopsis studies were also approved.

Prof. Subash (Acting Chairman of IEC GMC Jammu) while thanking all the esteemed members of IEC said that HoDs and the Guides shall be requested to scrutinize the research proposals within the department before submitting them to the IEC so that quality of projects donot get compromised.

The members who attended meeting include Prof. Ghanshyam Dev (Advisor to IEC), Prof. Anil Gupta & Prof. Ravinder Gupta from ASCOMS, Prof. Seema Gupta, Prof. Anjali Mehta, Dr. Nancy Meengi from Central University, Advocate P.S. Parmar, Dr. Dev Raj (Statistician), Sudhir Kumar (Layman).

# Migrant KPs extend support to Zafar Iqbal Manhas Apni Party committed to address concern of growing unemployment among displaced KPs: Vijay Bakaya



JKAP General Secretary, Vijay Bakaya speaking at party workers meeting.

## STATE TIMES NEWS

JAMMU: In continuation to the election campaign in favour of the Apni Party candidate for Rajouri - Anantnag parliamentary seat, Zafar Iqbal Manhas, the Party leaders organized a meeting at Durga Nagar in Jammu District.

The meeting was organized by the Durga Nagar Welfare Committee. This meeting was chaired by the State General Secretary, Vijay Bakaya and

senior leader of the Party, M. K. Yogi. During the meeting, Vijay Bakaya educated the migrant Kashmiri Pandit voters about the policy and agenda of the Party that would be implemented for the welfare of the migrant community for their safe and honorable return to their homeland, Kashmir.

He said that the Party is fully aware and committed to implement its welfare policy in favour of the migrant Kashmiri

Pandits residing in Jammu, and other places after their migration from Kashmir Valley.

"We are going to extend our help to the migrant KPs in camps as well as in non-camp areas to uplift their living standard. As far as the concerns of increasing unemployment among the migrant KPs, we will ensure that the younger generation get suitable employment in Govt as well as private sector," said Bakaya while speaking at the meeting.

# DC Jammu sets timelines for execution of JJM works

## STATE TIMES NEWS

JAMMU: Deputy Commissioner Jammu, Sachin Kumar Vaishya on Tuesday chaired a meeting with the Jal Shakti Department officers to discuss progress of Jal Jeevan Mission works in the district.

In the meeting, the Deputy Commissioner reviewed the ongoing projects and addressed the challenges hindering their progress. He confirmed that the district administration is ready to support the resolution of any legitimate issues. He emphasised the importance of diligent work to ensure the projects are completed within set



Deputy Commissioner Jammu, Sachin Kumar Vaishya chairing a meeting.

timelines.

Sachin Kumar called for a detailed compilation of obstacles faced in each project within a week to facilitate the efficient execution of Jal Jeevan Mission works. He

recommended sustained inter-departmental cooperation to hasten the projects' completion while also mandating weekly review.

Besides Jal Shakti Department officers, the

meeting was attended by Assistant Commissioner Revenue Dr Rajesh Kumar, Chief Planning Officer Uttam Singh, Sub-Divisional Magistrates, and other concerned personnel.

# DLL organizes workshop on Basic Communication Skills at Balgran

## STATE TIMES NEWS

JAMMU: Department of Lifelong Learning (DLL), University of Jammu on Tuesday organised one day workshop on "Basic Communication Skills" in the premise of Balgran, Channi Rama, Jammu.

The workshop was conducted as per the vision of Hon'ble Vice Chancellor, University of Jammu Prof. Umesh Rai to bring the student out of the class and impart project based learning.

The workshop was jointly inaugurated by Prof. Jeevan Jyoti, Incharge Director, Department of Lifelong Learning, JKDCUL (Jammu Kashmir Dairy Producers Processors and Marketing Cooperative

Principle of Bal Bharti Public School. In her inaugural speech, Prof. Jeevan Jyoti appraised the students about the importance of Communication Skills. The main objective of the workshop was to enable the students to learn basic skills of communication so that they can communicate with precision and clarity. The main themes of the workshop were formal and informal communication Skills and conversation starters etc.

The special resource person of the workshop was Neetu Dhar, Chief Coordinator and Master Trainer JKDCUL (Jammu Kashmir Dairy Producers Processors and Marketing Cooperative

Ltd), Jammu. She detailed the students about components of formal and informal communication skills. She also involved the students through various activities for enhancing their communication skills.

Evaluation of the students was also done in the end by the resource person.

The workshop was co-ordinated by Dr. Rewa Khajuria, Counsellor, Department of Lifelong Learning.

About 36 students of Balgran enthusiastically participated in the workshop. Among others presented were Asha Sharma, warden and Goverdan Singh, teacher of the School.

The meeting was attended by Nanaji Wattal, Pawan Koul, Muktesh Yogi, Ashok Kumar Koul, Virender Sathoo, Hira Lal, Rattan Lal, Ashok Bhavno, Sanjay Raina, and others.