

AOI performs advanced HIPEC procedure in Jammu



Dr. Avinash Rajra and Dr. Sujeet Bhat with team members and patients after the treatment.

■ STATE TIMES NEWS

JAMMU: The Surgical Oncology team at American Oncology Institute (AOI) in Jammu has reached a remarkable milestone by successfully performing a highly innovative procedure for advanced stage ovarian cancer called Hyperthermic Intra-peritoneal Chemotherapy (HIPEC).

This procedure, which demands skilled surgeons and state-of-the-art equipment, was executed by the team led by Dr. Avinash Rajra and Dr. Sujeet Bhat, with proficient support from the anesthesia team comprising Dr. Atul Sharma and Dr. Khuram Malik.

The patient, a 56-year-old female diagnosed with ovarian cancer, underwent a comprehensive evaluation and was counseled for HIPEC. The procedure was conducted in two stages, with Dr. Avinash Rajra and his team first meticulously removing the entire tumor. In the subsequent stage, chemotherapy drugs were infused into the abdomen, maintained for 90 minutes, and then evacuated through an outflow valve.

The patient's recovery post-surgery was smooth, and she was discharged on the fifth postoperative day. Currently, she is recuperating well at home and has expressed satisfaction with the surgical outcome.

Dr. Avinash Rajra expressed his satisfaction with expanding the scope of surgical oncology services, stating, "We are very pleased to expand the scope of our surgical oncology services and bring this advanced level of care to our region and our patients."

Dr. Neeraj Bishnoi, RCOOAOI North, emphasized the dedication and expertise of the team, highlighting AOT's commitment to staying at the forefront of medical advancements to provide the best possible care.

The successful implementation of the HIPEC procedure reflects AOT's commitment to innovation and excellence in healthcare. Dr. Bishnoi said reiterated AOT's dedication to investing in advanced technologies and training to ensure patients receive the highest standard of care.

The introduction of HIPEC at AOI signifies a significant step forward in offering comprehensive and effective cancer treatments in the region.

Confident of securing victory in Chandigarh Lok Sabha seat: Sawhney



Senior JKPC leader Yogesh Sawhney and others at election meeting in Chandigarh.

■ STATE TIMES NEWS

CHANDIGARH: The election campaign in Chandigarh seems to be reaching its peak with various leaders rallying in support of their respective candidates.

It's notable how Congress leaders are actively engaging in door-to-door campaigning and public meetings to connect with voters.

The recent campaign meeting in Burail saw the presence of significant figures like MLA, HP and former PCC Chief Himachal Pradesh Kuldeep Singh Rathore and former Minister J&K and senior Congress leader Yogesh Sawhney, both emphasizing the importance of supporting the Congress party and its candidate, Manish Tewari.

Rathore's remarks about BJP's alleged insensitivity towards the sentiments of the Rajput community highlight the dynamics of identity politics at play in the region.

By positioning Congress as a party that respects and values these sentiments, Rathore aims to garner support for Tewari.

Yogesh Sawhney echoed similar sentiments, emphasizing Tewari's experience and the party's intensive efforts to secure victory in Chandigarh.

Sawhney expressed confidence in a favorable outcome in Chandigarh. Both leaders are focusing on effective voter outreach and communication of their candidate's ideologies and vision to sway the electorate in favour of Congress.

Senior leaders including Narpal Singh, Nirmal Singh, Tejpal Singh Rana, Shiv Charan Singh, Aman Singh Rana, Sanjay Singh Rana, Abhimanyu Singh, Mohila Singh Rana and others were also present at today's campaign.

JU organises training programme on "Fundamentals of Artificial Intelligence"



JU faculty and students at a training programme.

■ STATE TIMES NEWS

JAMMU: Department of Commerce, University of Jammu in collaboration with District Employment and Counselling Centre organized comprehensive training programme on "Fundamentals of Artificial Intelligence" for the PG students.

Led by corporate trainer Manish Mishra, the training sessions provided interactive and hands-on learning experiences for PG students.

Covering a broad spectrum of AI fundamentals, from theoretical concepts to practical applications, the curriculum equipped students with essential skills for the digital economy.

The program focused on AI's role in data analysis, offering students the ability to apply AI algorithms for analyzing large datasets and making data-driven decisions.

This training not only enhances efficiency by automating tasks but also fosters innovation in developing new business models and startups driven by AI technologies.

The hands-on training and collaboration with industry experts ensured that students gained practical experience and insights into real-world applications of AI. Through case studies, quiz sessions, and AI techniques for solving real-life situations, students were able to reinforce key concepts and deepen their understanding.

The active participation and positive feedback from M.Com. students reflect their enthusiasm and appreciation for the program's practical insights.

Dr. Jyoti Sharma, Associate Professor, Department of Commerce coordinated the event. Head of the Department of Commerce, Prof. Gurjeet Kaur's encouragement underscore the department's commitment to modernizing the curriculum and preparing students for future career opportunities in the AI-driven marketplace.

PM Modi administration redesigned India's healthcare system: Rekha Mahajan

■ STATE TIMES NEWS

JAMMU: The Bharatiya Janata Party (BJP) promised to expand its Ayushman Bharat Health Insurance scheme to cover all citizens. This was stated by BJP District President Jammu South Rekha Mahajan while distributing the "Ayushman health insurance cards," also known as golden cards, here at her residence/ office in response to the persistent request of the residents of Trikuta Nagar of Bahu Constituency in Jammu South.

While distributing the ayushman golden cards to the common masses, Rekha Mahajan accompanied by District Secretary Jammu South Rohini Chandan, Treasure Rajesh Gupta and others were present on the occasion. Rekha Mahajan asserted that all senior citizens over 70 and the transgender community will be brought under the ambit of the Center's health scheme, the Ayushman Bharat Yojana. She highlighted that the BJP, under the banner of PM Modi, has been working tirelessly to ensure social development and social inclusion in a true



BJP District President Jammu South Rekha Mahajan distributing Ayushman cards.

sense for all segments of society.

Women's participation and contribution will be the focus of the next five years, according to Rekha Mahajan. The IT, travel, education, health, and retail industries will all train women.

She promised that the BJP will begin implementing the manifesto's pledges as soon as the results of the June 4 elections are announced. Rekha also expressed confidence that the BJP will form the next government with more than 400 seats in the Lok Sabha.

The BJP leader added that the "Modi ki guarantee" is equivalent to 24-carat gold

and has emerged as the gold standard of governance.

Rekha Mahajan said in the last ten successful years, the Modi government had overhauled the country's health infrastructure from a primary to tertiary level while ensuring the provision of free treatment for up to Rs 5 lakh for the general public.

Rekha ensures that under the PM Modi-led government, nobody is left out, especially women, children, and the elderly; there is no cap on family size or age in the scheme.

The policy benefit coverage also included pre- and post-hospitalization expenses, and all pre-existing conditions were covered from day one. Rekha educates that a defined transport allowance per hospitalization is also paid to the beneficiary under the scheme. She said as India continues its journey towards becoming a global healthcare hub, the initiatives undertaken under Prime Minister Modi's leadership have laid the foundation for a healthier and more resilient nation. The commitment to health and well-being is reflected not only in policies but also in the endeavor to create a future where every citizen can access quality healthcare services, irrespective of their socio-economic status.

Deputations raise issue of poor water, power supply with MP Khatana

■ STATE TIMES NEWS

JAMMU: Many deputations on Tuesday met senior BJP leader and Member of Parliament (Rajya Sabha), Gulam Ali Khatana and discussed their problems.

The prominent demand raised by the deputations was regarding poor water and power supply in entire Jammu province area.

Deputation members said that there are long power cuts in Jammu in this scorching hot days of summers and the poor water supply further increases public miseries.

"They said that due to poor water supply humans as well as cattle are badly affected."

"Traditional sources of water like ponds have dried up and the cattle owners especially the tribal and resi-



Delegation members felicitating senior BJP leader and MP (RS), Gulam Ali Khatana.

dents of Kandi belt have to take their cattle to long distances or have to collect water from far off places for them," a deputation of tribals informed Khatana.

Members of another deputation said that long power cuts have created a lot of problems especially for the old age people, ailing persons

and it has also badly affected the education of children.

After listening to the deputations with patience, MP Khatana said that people should use the water judiciously in this scorching hot days. The BJP leader asked the Chief Secretary (CS) of J&K to review the situation of poor water and power supply with heads of the departments concerned and come up with some effective solution soon.

"Ensure that no overflow, pipe leakage or any other type of wastage of water is there," Khatana asked the head of Jal Shakti Department. He instructed the heads of Jal Shakti

Department and Power Department to make efforts so that public sufferings can be reduced to zero.

"Dig new tube-wells, press your tankers into service and do whatever can be done to minimize the public miseries," the BJP leader said.

He further said that the J&KPDCL should ensure that no power cuts are there especially in afternoon hours.

Khatana said that public should be informed well in advance about the power and water cuts so that they may make alternate plans well in advance to meet the crisis.

"Public sufferings shall not be tolerated at any cost as BJP is determined for the welfare of all without any discrimination," the MP said.

JU organizes lecture on Redox Mediated Synthesis



Dr. Anukul Jana, Associate Prof-G, TIFR Hyderabad delivering a talk at JU.

■ STATE TIMES NEWS

JAMMU: A Lecture under the aegis of Chemical Society of PG Department of Chemistry, University of Jammu (JU) was organised on Tuesday in the Department of Chemistry, JU, in which Dr. Anukul Jana, Associate Professor-G, Tata Institute of Fundamental Research Hyderabad, delivered a talk on the topic "Redox Mediated Synthesis of Main-Group Based Open-Shell Compounds".

Prof. H.N. Sheikh, welcomed the invited speaker and introduced Dr. Anukul Jana to the audience.

The talk by Dr. Anukul Jana was focused on designing and developing convenient modular routes for synthesising compounds as well as pivotal role of the spin-carriers and spin-couplers in the resulting electronic situation of the open-shell molecules. Research scholars and students of the Department. At the end, Dr. Monika Gupta presented vote of thanks.

interaction.

The event was concluded by Prof. H.N. Sheikh, Head of the Department of Chemistry, JU. The lecture was attended by Prof. Meena Sharma, Prof. D.S. Sambyal, Dr. Monika Gupta, Dr. Ashwani Kumar, Dr. Kuldeep Raj Sharma, Dr. Nancy Slathia, Dr. Samriti Sharma Dr. Swati Sharma, research scholars and students of the Department. At the end, Dr. Monika Gupta presented vote of thanks.

'The - Sara' launches 'Safe Periods 365' Initiative



'The - Sara' team and others at a programme.

■ STATE TIMES NEWS

JAMMU: 'The - Sara', a registered non-governmental organization, on the occasion of 'World Menstrual Hygiene Day 2024' to manage menstrual health and hygiene of girl students launched 'Safe Periods 365' initiative.

Under the 'Safe Periods 365' initiative 'The - Sara' with the support of Macmillan Pharmaceuticals Pvt. Ltd. under Corporate Social

Responsibility (CSR) Program adopted Shaheed Naib-Subedar Parshotam Kumar Govt. High School Majua Uttami in Bishnah zone of Jammu district.

Under the initiative 'The - Sara' team led by Gurjeet Kour Ghuman distributed sanitary pads among nineteen girl students of the menstruating age in the presence of in-charge headmaster of the school Yaseen Ahmed and teachers of the

school. Speaking on the occasion Gurjeet Kour Ghuman said, "India is plagued by astounding levels of 'period poverty' and 'period poverty' denies women a basic right to safe menstrual hygiene management.

To tackle 'period poverty' and spread awareness about menstrual health and hygiene among the school girls across UT's of Jammu & Kashmir and Ladakh 'The - Sara' has launched 'Safe Periods 365' initiative." She added under the initiative, the 'The - Sara' shall provide sanitary pads to the school girls of menstruating age on monthly basis for one full academic session.

On the occasion field volunteer with 'The - Sara' Minakshi Sharma conducted interactive session with the girl students and sensitized them about the importance of menstrual health and hygiene in their life.

Yaseen Ahmed in-charge headmaster of Shaheed Naib-Subedar Parshotam Kumar Govt. High School Majua thanked members of 'The - Sara' for their efforts to support the girl students.

Ayush Deptt in collaboration with Govt Women Polytechnic organizes Ayush Yoga Camp

■ STATE TIMES NEWS

JAMMU: Government Polytechnic for Women, Jammu in collaboration with Department of Ayush Jammu and Kashmir organized a Mega camp on "Personal And Menstrual Hygiene" for female fitness.

The seminar was organized under the guidance of Principal Er. Suket Gupta and the directions from Director J&K Ayush Dr. Mohan Singh and Supervision of DAO Dr. Vandana Dogra.

The event was organized to raise awareness about the benefits of yoga among students. The female staff and girl students participated in various traditional asanas and were taught different methods of meditation.

The program was led by Dr. Himani Blutyal (Medical Officer) and her team Dr. Nitin Dutt, Medical Officer, Ishan



Students posing with faculty members and other dignitaries.

Mansotra, Mamta Sharma, Vanshika Gupta, Ankita Uppal, Himani and Jaspreet Singh (Yoga Instructors).

She delivered a lecture on personal and menstrual hygiene and explained in detail about Do and Don'ts of Personal Hygiene, how to manage hygiene during periods. Queries by girl students related to this topic was clearly explained and answered by her.

Speaking on the occasion, Er.

Nareish Gupta, HOD expressed his views on the importance of Yoga and appreciated the efforts of the team members of Ayush Department for the successful event. He also shared that the people have widely accepted the effectiveness of Yoga as a form of therapy.

The session was specially organized for all female teachers and girl students of Polytechnic. It was very fruitful and everyone enjoyed the ses-

sion. The arrangements for the smooth conduct of the camp was made by the College faculty comprising of Bhawana Arora, Program Officer NSS, Deepika Sharma, Lecturer Computer Engg., Banti Devi, P.E.T and others.

Among others present on the occasion were Er. Kamal Kumar HOD, Er. Vishal Nayyar Lecturer E&C Engineering.