

# Stakeholder's sensitization workshop on tobacco control held



Director Health Services Jammu, Dr. Rakesh Magotra and others at a workshop.

■ STATE TIMES NEWS

JAMMU: A stakeholder's sensitization workshop on tobacco control was held at the Conference Hall Government Hospital Gandhi Nagar, here on Tuesday facilitated by the National Tobacco Control Program.

The event was chaired by Director Health Services Jammu, Dr. Rakesh Magotra, and saw the participation of Chief Medical Officers (CMOs), Medical Superintendents, Zonal

Education Officers, and Police officers.

A highlight of the workshop was the launch of the Tobacco Free Educational Institution (TOFEI) application, aimed at monitoring the implementation of TOFEI guidelines.

This initiative, spearheaded by Director Health Services Jammu, marks a crucial step towards creating tobacco-free educational environments.

Throughout the workshop, speakers delivered

presentations covering various aspects of tobacco control, including the epidemiology and burden of tobacco use, TOFEI guidelines, and the provisions of the Cigarettes and Other Tobacco Products Act (COTPA) 2003.

These presentations, accompanied by informative PowerPoint slides, served to enhance stakeholders' understanding of tobacco control measures and their importance in public health.

By bringing together key stakeholders and launching initiatives like the TOFEI application, the workshop underscores the concerted efforts towards tobacco control in the region.

"Such initiatives not only raise awareness but also empower stakeholders with tools and knowledge to effectively combat tobacco use and its detrimental effects on health and society," Dr. Rakesh Magotra said.

# JK Public School Panjtirthi students to participate in 2nd Kudo National C'ship



Principal JKPS Panjtirthi, Suman Banbah with selected students.

■ STATE TIMES NEWS

JAMMU: Two students from JK Public School (JKPS) Panjtirthi, namely

Satvik Gupta from class 7th and Ojaswin Gupta from class 5th, have been selected to participate in the 2nd

Kudo National Championship Cup 2024-25 organized by the Kudo International Federation India. The championship is scheduled to take place in Himachal Pradesh.

In light of this achievement, the Principal of JKPS, Suman Banbah, extended her best wishes to the Jakiains.

She emphasized the importance of seeing the big picture in becoming a champion, stating, "To be a champion, you have to see the big picture. It's not about winning and losing; it's about everyday hard work and thriving on a challenge."

# HPS girls shine in inter-zonal district level volleyball competition



Humanity Public School faculty felicitating winner girls team.

■ STATE TIMES NEWS

SAMBA: In a startled show of skill and determination, students of Humanity Public School (HPS), Bassi Kalan, Bari Brahmna, escalated to victory in the recently concluded Inter-Zonal District Level Volleyball competition held at Samba stadium.

Girls have shown marvelous display of team's spirit and sportsmanship in Under-17 category.

The school volleyball team was trained under the guidance of their coach Meenali Jamwal and Activity Incharge, Mahan Singh.

The match was played between Purmandal Zone and Gaghwal Zone. The Purmandal Zone was declared as winner by 15-6 and 15-3 sets. Six girls of Humanity Public School under Purmandal zone are selected for Inter-District Division Level competition. Under-17 girls volleyball team included Sneha Sharma (11th), Neharika Bhagat (10th), Iqra Akhter (10th), Vanshika Sharma (10th), Pallvi Devi (9th), Deepika Kumari (9th), Sheetal (9th) and Megha Charak (9th).

The team's success was propelled by the exceptional skills and coordination of its talented players. All the winning participants were felicitated in the special assembly by the Principal, Gaurav Charak and Vice-Principal, Anku Charak in the presence of students and all the faculty members of the school. The duo congratulated the winners and lauded them for their outstanding perform-

ance. Principal, Gaurav Charak also said that the school is proud of all the team members that participated and demonstrated great sports-

manship throughout the competition. He said that we shall continue practising and showing skills to build our school team as our goal with motto "To Greater Heights".

# Training cum awareness workshop on PMSSS organised



Dr. Abhay Jere, Vice Chairman AICTE New Delhi and others at a workshop.

■ STATE TIMES NEWS

JAMMU: To promote higher education and support the youth of Jammu & Kashmir and Ladakh, a comprehensive Training cum Awareness Workshop for the Principals and Nodal Officers of Government Degree Colleges, Government Polytechnic Colleges, and Government Higher Secondary Schools was organized on Tuesday at GCW Gandhi Nagar.

The workshop was inaugurated by Dr. Abhay Jere, Vice Chairman AICTE New Delhi. In his keynote address,

Dr. Abhay Jere highlighted the government's commitment to enhancing educational infrastructure and support systems to empower students from marginalized communities. He further underscored the importance of the scheme in providing equitable educational opportunities to the underprivileged youth.

The event saw active participation from almost all the educational institutions from across Jammu & Kashmir and Ladakh. A total of 352 participants, including 51 Principals and 60 Nodal officers from colleges were registered for the event. Dr. Ajeet Angral, Consultant SAGB New Delhi conducted insightful sessions, focusing on the key aspects of the scholar-

ship scheme, application processes, eligibility criteria, and the overall benefits for students. The session was designed to equip the principals and nodal officers with the necessary knowledge and tools to effectively implement the scholarship scheme in their respective institutions.

Prof Rajendra B. Kakde, Advisor SAGB, New Delhi said that the workshop is a critical step towards ensuring that the benefits of the Special Scholarship Scheme reach every deserving student. "The active participation and enthusiasm shown by the educational leaders reinforces our collective goal of uplifting the educational standards in Jammu & Kashmir and Ladakh," Prof Rajendra added.

# Bachyal Club lifts Hirachak Cricket Tournament trophy

■ STATE TIMES NEWS

JAMMU: Bachyal Cricket Club defeated Hirachak Cricket Club in the final and lifted the trophy of Hirachak Cricket Tournament played in Hirachak village under Marh assembly constituency on Monday.

Earlier, batting first after winning the toss, Hirachak Cricket Club scored 85 runs in 12 overs which in reply Bachyal Cricket Club chased comfortably making 86 runs for the loss of seven wickets thus won the match by three wickets.

In the closing ceremony, the Chief Guest was SP Rural Brijesh Sharma while Team Jammu Chairman Zorawar Singh Jamwal and SHO Kanachak Shamlal Kaith were special guests.

SP Rural Brijesh Sharma emphasized the importance of sports in diverting the youth from harmful addictions, high-



Chief Guest, SP Rural Brijesh Sharma presenting trophy to a winner team.

lighting the grave consequences of drug addiction on the younger generation. He urged the youth to actively engage in sports and serve as role models for others to follow suit, envisioning a future where the youth of Jammu and Kashmir shine like Umran Malik

on the national stage.

Zorawar Singh stressed the spirit of sportsmanship, encouraging players to take defeat in stride and learn from their mistakes to improve in future endeavors.

Additionally, he underscored the collective responsibility to combat

drug addiction by promoting sports among the youth, recognizing its role in fostering a healthy lifestyle and steering clear of harmful substances.

The winning team, Bachyal Cricket Club, was rewarded with a cash prize of Rs. 7,000 along with a trophy, while the runner-up team received Rs. 5,000 and a trophy as a token of appreciation. Shabnam was awarded the Man of the Match for his outstanding performance, while Lada was honored with the title of Man of the Series, recognizing their exceptional contributions throughout the tournament.

The tournament was organized by Hirachak's member Shubham Sharma and others. Deepak Gupta, Shamsheer Kumar Prajapati, Vishu Rajput, Raj Manhas were also present on the occasion.

# Mukerian Club wins 2nd Open Day Night Volleyball Tournament



Winner team receiving trophy.

Volleyball Club and SKR Volleyball Club Arnia, was

a thrilling encounter. Ultimately, the Mukerian Club emerged victorious with a 2-1 victory, securing sets with scores of 25-21 and 25-14, while SKR Volleyball Club Arnia fought back to claim the third set with a score of 21-25.

The event was graced by Chief Guest Abhinandan Sharma, DDC Hiranagar while Kamal Sharma, President of the District Volleyball Association Kathua, and Dit Sharma, Retired Tehsildar, along with several prominent villagers were also present.

Their presence added to the excitement of the matches and underscored the community support for such sporting events.

The tournament provided a platform for local volleyball enthusiasts to showcase their talent and passion for the sport, fostering camaraderie and healthy competition among participants.

DDC Hiranagar congratulated Volleyball Club Mukerian Punjab for their victory and to all the teams for their spirited performances throughout the tournament.

# District-level Inter-School/Inter-Zonal Tournament held

■ STATE TIMES NEWS

UDHAMPUR: Under the eminent auspices of Director Subash Chander Chhibber, and the venerable chairmanship of Deputy Commissioner Saloni Rai, the Department of Youth Services and Sports Office (DYSS) of Udhampur initiated its renowned District-level Inter-School/Inter-Zonal Tournament at the Subash Stadium, Udhampur.

The grand event is being meticulously overseen by Joint Director YSS Ved Parkash, and DYSSO Udhampur Romesh Chander Mishra, ensuring the highest standards of excellence.

On the eighth day of the tournament, badminton and yoga matches were underway at Subash Stadium.

DYSSO Udhampur; Romesh Chander Mishra, attended as

the chief guest and interacted with the 163 participants from various zones, emphasizing the importance of staying hydrated amidst intense heat waves.

He also expressed gratitude to the CMO Udhampur for providing medical facilities for the participants.

The event's officials included badminton officials Rakesh Sawhney, Manik Nargotra, Ashutosh Gupta, Sanjeev Verna, Vishal Modi, Pallavi Choudary, Jyoti Sharma, and Roshni Gupta, as well as yoga officials Suren Kumar, Raman Kumar, Meenu, and Nitin Rathore.

The press and publicity team comprised Jaswinder Singh, Anshu Brat Khanna, and Vipin Photra. The office staff, including Anita Goswami, Ramesh Chander, Sanjeev Kumar, Vikas



Participating players posing for a photograph with dignitaries.

Sharma, Abdul Qadir, Sanjeev Khajuria, and Meenakshi Sharma, were instrumental in orchestrating this prestigious event.

Badminton: U17 Girls: Singles: Kulnaaz (Zone Udhampur) beat Runner-up:

Manju (Zone Ramnagar): Doubles: Trisha & Swantika (Zone Udhampur) beat Mevika & Deepika (Zone Ramnagar).

U14 Girls: Singles: Ananya Sharma (Zone Ramnagar) beat Meenakshi Devi (Zone Pancheri). Doubles: Ananya Sharma & Kritika (Zone

Ramnagar) beat Ashu & Meenakshi Devi (Zone Pancheri)

Yoga: U14 Girls: Shilpa Sharma (Zone Ramnagar), 1st, Pari Sharma (Zone Ramnagar), 2nd. U17 Girls: Smriti (Zone Udhampur), 1st, Dherya Jandial (Zone Udhampur), 2nd.

# Inter School Zonal Level Tournament Commences



Girls teams competing in volleyball match.

■ STATE TIMES NEWS

DODA: The Inter School Zonal Level tournament commenced at zones Assar and Bhagwah zones here the other day. The events were organized in the presence of I/C ZPEO, Ved Prakash and ZPEO, Ram Singh of Zone Bhagwah.

The opening ceremony was graced by Chief Guest Principal Gopal Dass Chalotra of GHSS Goha in Zone Assar and Principal Rehmatullah of GHSS Kashtigarh in Zone Bhagwah. Their presence

added great value to the inauguration of the tournament, marking the beginning of an exciting series of competitions.

The tournament features Kabaddi, Volleyball, Kho-Kho, Carrom, Chess and Cricket competitions for U 14 boys and girls. About 700 students are participating in both zones, showcasing their exceptional talents and skills. The event stands as a testament to the students' dedication and the excellent preparation by the schools involved.