# Narayana Superspeciality Hospital holds Health Mela

KATRA: Shri Mata Vaishno Naravana Superspeciality Hospital ) proudly joined hands with Sh. DurgaDass Sharma Memorial Society (Regd) and hosted the 26th edition of the Health Mela at village Thial. The event, inaugurated by the esteemed Adv. Raghu K Mehta, Hon'ble Board Member of Shrine Board, witnessed the gracious presence of Additional CEO Shrine board Alok Kumar Mourya, Executive BoardDr.Yashpal Sharma, DGM Shrine board Sh. Sudesh Sharma, SMVDNSH Facility Director M.MMathavan, BMO Majalta and CMO Udhampur.

This annual Health Mela, held in loving memory of Late Shri DurgaDass Sharma, a revered Social Worker, continues to serve as a beacon of hope and healthcare accessibility for the community. Under the



Doctors examining patients during the health mela.

stewardship of the Sharma family, members of Shri Society, the event epitomizes their unwavering commitment to the well-being of the

Dr. Yashpal Sharma, an integral part of the Society, emphasized the comprehensive healthcare services extended to the public of Village Thial and its environs. The spectrum of services offered included consultations with specialists in various disciplines such as Physician,

Orthopaedic Surgeon, Gynaecologist Obstetrician, Paediatrician, Ophthalmologist, Dermatologist, Urologist. Oncologist, Cardiologist, along with diagnostic facilities like X-ray, Ultrasound, and Blood Sugar Testing.

The Health Mela witan overwhelming response, with more than 850 patients availing themselves of the healthcare facilities. Notably, the event catered to approximately 900 patients, including ben-Surgeon, eficiaries of Ayushman Bharat, across different specialties, ensuring comprediligent paramedics and hensive medical attention pharmacists. Furthermore, the enthusiand the provision of essen-

medications. astic participation of stu-Additionally, over 200 dents from Govt. Higher Secondary School, Thial, in patients underwent crucial Blood Sugar tests, underorganizing this event scoring the emphasis on prereflects the spirit of commuventive healthcare. nity engagement and collab-The success of this mega oration. The impactful dissemination of Information, event wouldn't have been

possible without the invalu-Education, able contributions of dedi-Communicationcated healthcare professionmaterials, including banals including, Dr. Ashok ners, posters, and educational medical sessions, by Sharma (Ophthalmologist), Shri Mata Vaishno Devi (General Physician), Dr. Narayana Superspeciality Deepak Bharti (Medical Hospital, added significant Oncologist), Dr.Digvijay value to the outreach efforts. (Urologist), In conclusion, the 26th Dr. Jyotsana Lamba Health Mela stands as a tes-(Gynaecologist), Dr.Munish tament to the collective resolve towards fostering a (Acupressure Poonam healthier, more resilient Mahajan (Gynaecologist), community. Dr.Shruti Gupta (Obstetrics & Gynaecology), Dr. Sunil (Acupressure

As we reflect on this milestone, we reaffirm our commitment to advancing healthcare accessibility and fostering holistic well-being across the region.

# JKP pays tributes to martyr SI Diljit Singh

#### **STATE TIMES NEWS**

R S PURA: Rich tributes were paid to martyr Sub Inspector Diljit Singh, who attained martyrdom at Mendher Poonch. In this regard a function was organised at Daljit Chowk R S Pura and the huge gathering including family members along with police remembered SI Daljit Singh, who gave the supreme sacrifice of his life in the line of duty on this day during the year 1997 with the remarks that we must never forget the Police personnel who have sacrificed their lives for the nation.

Jammu & Police is committed to always remember sacrifices of their martyrs and do everything to keep their families in comfort and likewise, every year, observed his martyr day. On the occasion, Police

Officers as well as huge gathering of respectable citizens paid rich tribute

SCS GDC Mendhar organises plantation drive in Botanical



Tributes being paid to martyr Sub Inspector Diljit Singh at R S Pura.

to the Martyr SI Daljit Singh. The family members of the martyr SI Daljit Singh were also present on the occasion.

The function was attended by SP Headquarters

Jammu, SDPO RS Pura. DySP DAR Jammu and SHO R S Pura were also present along with other numberrespectable citizens of the

# Jhullas colourful fountain inaugurated at Bhagwan Parshuramji Dham Gurah Mundian



STATE TIMES NEWS

KATHUA: Bhagwan Shree Parshuram Dham is ideally situated at Jammu-Pathankot National Highway, having sufficient open space/lawn in the Dham complex, is becoming a popular religio-tourist spot on the National Highway. Halting of buses carrying hunderds of Vaishno Mata devotees and tourists has become a routine as Parshuram Dham Complex has bathing, washing, cooking and night stay facilities available in the Dham premises.

Management Committee Gurah Mundian having members from all communities residing invillage/Panchayat Gurah Mundian, elected unanimously by the residents of Panchayat. Now a small chil-

> children and a colourful fountain has been installed in the mandir parisar. An impressive function jhullas and fountain was inaugurated by Ved Parkash

> dren park having jhullas for

Parshuram Dham Mandir

Jammu and Prof. R.D. Sharma, Ex Vice-Chancellor Jammu University, was also attended by other office-bearers/ members of Dogra Brahman Pratinidhi Sabha Jammu with their families and also all members of mandir management committee Dinner was also served to all invitees on the occasion.

Earlier, on their arrival, Ved Parkash Sharma President an Prof. RD Sharma Ex-Vice Chancellor were accorded warm welcome by the management committee members as well as ex-office bearers.

Prominent among those who were present on the occasion, besides Arun Sharma, President, Rajiv Sharma, senior vice-president, Ashok Sharma (Happy)of Management Committee, ML Toofan, Ex-President, Hardat Sharma Chairman, Surinder Sharma, OP Sharma, Des Raj Sharma, Rakesh Sharma, Mohin?er Sharma, Radhey Shyam, Sudesh Kumar Sethu, Prem Dogra and Om Parkash Khajuria were also President All J&K Dogra present.

#### Garden with Peers under "Green Wave Campaign" **STATE TIMES NEWS** MENDHAR: Department of Botany and NSS Unit of SCS GDC Mendhar, alongside Peers, on Thursday organized the "Green Wave Campaign" within the serene environs

Dr.

Expert), Dr.Sushant Kumar

(Cardiologist),

Dr. Vikas Padha

Dr.BhanuPratap

Sharma

Expert),

This initiative was conducted under the guidance Principal, Mohammed Azam, and under the supervision of Prof. Sarshad Hussain, the

IQAC Coordinator of the

College.

of Botanical Garden.

Dr. Azam said that it is honour to have the presence of Dr. Jasbir Singh, Principal SKC Poonch, and Dr. Rani Mughal, Principal GDC Surankote, who joined in campaign and commended the efforts of faculty members: Dr. Mahroof Khan, Head of the Department of Botany; Dr. Rehfit Naz Koser, NSS Programme Officer; and Dr. Gowhar Ahmad Shapoo, Lecturer of the Department of Botany, for their efforts in main-

taining and beautifying col-

# Faculty members during the plantation drive.

ized plantation drives. Different threatened plant species were planted by the peers with all participants. The event witnessed participation from NSS volunteers, students, and local fund employees, including Mohd Rashid, Mohd Farooq, Mohd Fareed, Mahfooz Ahmed,

lege campus through organ-

and Fakhar Ali. Dr. Mahroof Khan elucidated on the significance of "Green Campaign," emphasizing its role in the preservation of biological diversity and the sustainable use of its components, as advocated by

Convention on Biological Diversity (CBD) of the United Nations (UN).

Dr. Rehfit Naz Koser also highlighted the efforts of NSS Volunteers in beautifying the college campus.

Distinguished faculty members including Dr. ers. In a gesture of appreci-

Bashir Ahmed, Head of the Department of Physics; Dr. Mohd Sadeeq, Head of the Department of Chemistry; and Dr. Mohd Riaz, Assistant Professor of the Department of Urdu lauded the efforts of the organizShapoo expressed gratitude to all participants for their contributions to the success

As a token of affection, hanging potted plants were presented through staff and students to Dr. Azam, Dr. Jasbir, Dr. Rani Mughal, Prof. Sarshad Hussain, and Dr. Mahroof Khan, which were later adorned in the Hanging Garden of the College Campus.

This collaborative effort underscores commitment to environmental stewardship and community engagement for fostering a greener and

# **CEO** convenes meeting of Heads of schools to enhance students' engagement during summer vacations



CEO Poonch Bishamber Dass chairing a meeting.

KATHUA: In line with its ongoing drive to engage school children in District Kathua, the Bicycle For Change Club (BFCC) has successfully launched a series of initiatives aimed at promoting oratory skills and leadership among students. The club members visited several schools, including DAV School, Learning Temple School, Kids Heaven School, and others, engaging students through discussions on pertinent top-

The students participated in discussions on themes such as "Kathua - 'is', 'was',



BFCC Club fosters leadership and cycling culture in Kathua schools

Club members along with students during the programme.

and 'will be'" and "The Importance of Cycling. Based on their views and oratory skills, students designated as President, Vice President. General Secretary, and Media Spokesperson of their respective school's Bicycle Club. This structure not only promotes leadership but also encourages active participation in cycling-related activities.

Commander Amit Khajuria, a leading figure in BFCC, along with Sunil Sharma, President of

to collaborate with BFCC in engaging the children. Each school's Bicycle Club now serves as a platform for students to develop leadership skills, promote cycling, and contribute positively to their commu-BFCC's initiative is a sig-

nificant step towards building a healthier and more active generation, steering children away from the dangers of drug abuse and towards a brighter future. General Secretary BFCC

Deep Sharma appreciated the support of Satpaul Mansotra Secretary JK private school association for this social and noble cause

### **STATE TIMES NEWS**

POONCH: In a proactive move to enhance students' continuity during the upcoming summer vaca-CEOBishamber Dass convened a crucial meeting with all Heads of Guidance centres and Heads of Schools of Poonch Zone in the conference Hall of CEO Office Poonch here on Thursday. The meeting, attended by

DEPO Poonch, N M Suri, ZEO Poonch, Kouser Parveen and ZEPO Poonch, Vijay Kumar focused on issuing necessary directions to keep students academically active during the

CEO emphasized importance of project-based learning and instructed that engagement and learning each student should be assigned two projects related to their subjects. These projects are to be completed during the vacations and presented upon the students' return. This initiative aims to ensure that students remain intellectually stimulated and productive during the break

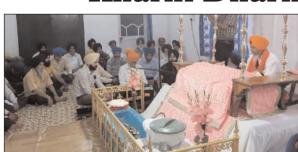
> In his address, CEO Poonch also highlighted the necessity for teachers to develop teaching-learning materials (TLM) during the vacation period. He specifically commended the teachers who secured the top five positions at the cluster level

TLM exhibitions concluded recently, urging them to present their TLM at the district-level exhibition scheduled for the second week of June.

Furthermore, the CEO encouraged teachers to maintain regular contact with their students, providing guidance and support for their summer projects. He stressed the significance of this continuous engagement in fostering a supportive learning environment. Teachers were also asked to remain as guides for their students during the winter breaks, ensuring ongoing educational support throughout the year.

Additional instructions were issued regarding the maintenance of school facilities during the vacation period. Heads of schools were directed to ensure regular visits to their institutions to oversee school upkeep and security. They were also reminded about the timely submission of required information to the education department.

# Gurmat Samagam started at Kharhi Dharmsaal



**STATE TIMES NEWS** 

POONCH: Mahan Gurmat Samagam has been Started at Gurdwara Yaadgaar Sant Bhai Bahadur Singh ji Dharmsaal Kharhi Poonch on extreme Border line. This year

## **DISCLAIMER**

"STATE TIMES"

(Display/Classified)

Samagam will be commemorated and presented to 450 years of Jyoti Jyot purab of Guru Amardas ji third Guru of Sikhism . A sequence of Akhand paths will continue upto Sunday 7th of July 2024,the day on which the Samagam will culminate with a final programme of Mahan Gurmat Samagam. On final day Raagi Jathas, Preachers and large number of sangat will participate.

In this more than 40 days samagam different programmes of sikh organisations will be held i.e AISSF, Sikh Missionary College , Istri Satsang Sabha, Children programmes, special Summer camp for children and free

Medical camp . Today's programme was started with recitation of Shabad keetan by raagi Jathas of Bhai Manmeet Singh, Bhai Sukhvinderpal Singh, Bhai Harcharn Singh Khalsa and Akhand path . S Harcharn Singh sahib Khalsa briefed the sangat and media persons regarding the importance and motive of samagam programmes with a request to participate in all the programmes to get knowledge about sikh history and philosphy to serve humanity in a better way. He also briefed about the life history of Guru Police organises anti drug awareness programme, distributes school bag kits among students

BFCC, and Deep Kumar,

these visits. Their collec-

BFCC's dedication to fos-

tering a healthy, drug-free

lifestyle among the youth.

The response from the

schools has been over-

whelmingly supportive,

with administrators eager

efforts highlight

Secretary,

spearheaded

**STATE TIMES NEWS** SAMBA: Police organized an anti-drug awareness programme under CAP at Govt. Polytechnic College Penthi, Samba which was attended by a large number of students and teaching faculty. The programme was

presided over by DySP Hqrs Samba accompanied by SHO PS Samba and Incharge Police Post SIDCO Samba in which students Polytechnic College Penthi have participated with great enthusiasm. DySP Hqrs



DySP Hqrs Samba handing over bag to a student.

Samba while speaking on the occasion urged upon the students to channelize their energy in the right direction and participate in recreation-

al activities besides taking keen interest in their studies. He asked the students to stay away from the drug abuse and join hands with

icate the drug menace from the society. At the conclusion of the programme, DySP Hqrs Samba distributed school bag kits containing stationary items and lunch boxes among ten participating students.

the police in its fight to erad-

HoD Civil Engineering Department thanked the Police on behalf of the Govt. Polytechnic College for organizing such an anti drug awareness programme to generate awareness among

advised them to work hard to achieve greater heights in their

Er. Raveesh Sharma, faculty member at CHT coordinated the placement drive.

## Education staff condoles demise of Sr Asstt

#### STATE TIMES NEWS UDHAMPUR: Staff mem-

bers of Chief Education Office Udhampur xpressed grief over untimely demise of Senior Assistant Sudesh Kumar presently posted at Chief Education Office Udhampur. The reason for the sudden death was that some unknown vehicle hit him while he was taking morning walk along the road side early morning today near Channi Morh, Udhampur.

All the staff members

observed two Minutes silence praying the almighty for the peace and highest place of departed soul in the heaven and also to give courage and strength to his family members to bear for this irreparable loss. All the staff members expressed their heartfelt condolences and deepest sympathies to the bereaved family and pray that departed soul may rest in peace. His support and Contribution towards the Education Department shall always be honored and remembered. He will forever remain in our hearts and memories.

#### 7 students of BGSBU get placement Masood, Vice Chancellor of the gratulated the selected candi-

#### **STATE TIMES NEWS** RAJOURI: Seven students of

the Centre for Hospitality and Tourism, Baba Ghulam Shah Badshah University got placed in Della Resorts Lonavala as Housekeeping Associates. A brief ceremony was organized in the office chamber of the Vice Chancellor. Prof. Akbar

University handed over the placement letters to the selected candidates. Dr. A A Shah Associate Dean of Academic Affairs and Mr. Shahbaz Ahmad Mirza ( JKAS ) Registrar of the University and was also present on the occasion. Prof. Akbar Masood con-

dates and advised them to contribute towards the growth and development of the Country. Prof. Akbar said that students have a greater role in nationbuilding and BGSBU is committed to developing highly skilled human resources. Prof. Akbar wished a bright future

and a prosperous career to the selected students. Dr. A A Shah Associate Dean Academic Affairs while congratulating the selected candidates informed that sustained efforts are being made to secure maximum placement for the students enrolled in different courses of the University

Shahbaz Ahmad Mirza ( JKAS ) Registrar also congratulated the selected candidates for their achievements and careers.