DYSS holds U-14, U-17 selection Judo meet

JAMMU: Department of Youth Services and Sports (DYSS) on Wednesday organised inter-school Judo competition to select boys in two age groups of under-14 and under-17 from district

Involving around 100 young boys from different educational institutions of district Jammu, the selection event took place at Youth Hostel complex, near

The selection event held under the technical guidance of Varinder Sharma and Raman Sharma of the DYSS.

The Results: Under-14: Below 25 Kg: Anirudh BSFSingh, Senior Secondary School, Ist; Kayat Puri, DPS Nagbani, 2nd. Below 30 Kg: Harshit BSFNanda, Senior Secondary School, Ist; Danish Loria, GHS, Panjpeer, 2nd and Ishant Bhagat, GHS Patvari, 3rd; Mohit Singh, GMS Kachi Chawani, 4th.



A dignitary starting the Judo bout during inter-school Judo competition at Jammu.

Below 35 Kg: Ranvir Singh, BSF School, Ist; Ayush Sharma KV-2, 2nd; Gourav Khajuria GD Goenka, 3rd. Sandeep Kumar, Bhadrore, 4th. Below 40 Kg: Ritivik Sharma, $_{
m BSF}$ School, Ist; Aryan Gupta, KC International School, 2nd; Anees Choudhary, KV Bantalab, 3rd and Agrim Sharma, KV-2, 4th. Below 45 Kg: Keshav Sharma, BSF School, 1st; Vijendra Dev Singh KCIS, 2nd; Shbam Kumar, GMS Bhadrore, 3rd and Navam Gupta, GD Goenka, 4th. Below 50 Kg: Mohd Suleman, BSF School, 1st; Syon Kotwal, KCIS, 2nd; Kumar. GMSAman Bhadrore, 3rd; Mohd Raza, JK Public School, 4th. Above 50 Kg: Aadharvan Pargal, DPS Jammu, 1st; Hardeep Singh JK Public School, 2nd;Gurpreet Singh, Model Academy Jammu, 3rd and Parth sosRaina, Herman

Under-17: Below 40 Kg: Rahul Raina, Shingreela Public School, 1st; Rangit Bhagat, GHS Patyari, 2nd; Anmol Gupta, SOS Herman Geimnar, 3rd. Below 45 Kg: Chibber. Daksh Herman, 1st; Akshit Verma, BSF School, 2nd; Naksh, Dewan Devi School, 3rd and Madav Sharma, GHS Mauja, 4th. Below 50 Kg: Amrit Gupta, SP Smart School, Ist; Aadiansh, SOS Herman, 2nd; Shaksham Dogra, GD Goenka, 3rd and

Chowani, 4th. Below 55 Kg: Hitesh Chibber, BSF School, 1st; Aarush Manhas, KCIS, 2nd; Imran Rahi, KV Bantlab, 3rd and Ravi Kumar, GHS Dhok Khalsa, 4th. Below 60 Kg: Daksh Chib, BSF School, Ist; Suryansh Singh, KCIS, 2nd; Veer Partap Singh, GMS Bhadrore, 3rd and Rishi Mahajan, JK Public School, 4th. Below 66 Kg: Ridhum Sharma, Vimal Vidhayala, 1st; Arihant Mahajan, BSF School, 2nd; Aditya Sharma, JK Public School, 3rd and Ritish Sharma, KCIS, 4th. Below 73 Kg: Daksh Gabgotra, MAHC Nagbani, Ist; Surya Dev Singh, BSF School, 2nd; Divansh Pandit, SOS Herman, 3rd and Dakshesh Koul, KCIS, 4th. Below 81 Kg: Ghivam Tikkoo, KCIS, Ist; Harish, SOS Herman, 2nd. Below 90 Kg: Rudra Manhas, GD Goenka, Ist; Akhilesh Sharma, KCIS, 2nd. Above 90 Kg: Jaideep Manhas, GD Sharsh Goenka. Ist; Mahajan, KCIS, 2nd.

Therapeutic Workshop held for Jodhamal Teachers



Jodhamal Public School teachers posing with Resource Person, Pooja Sharma.

STATE TIMES NEWS

JAMMU: Jodhamal Public School recently hosted an Art Therapy Workshop for its teachers, aimed at promoting emotional well-being and selfexpression. Led by the experienced art therapists Pooja Sharma the workshop provided teachers with a creative platform to explore and express their emotions.

Pooja Sharma, the Resource Person, is a well-known certi-Neuro-Linguistic Programming Practitioner recognized by the American Board Neuro-Linguistic Programming, and a Certified Art Therapy Practitioner from VIMHANS, New Delhi. Having pursued Fine Art Courses from Central St.

Martins, London which is one of the world's leading centres for art and design education, Ms Pooja Sharma is fully equipped to train children and adults in therapeutic uses of During the workshop, teach-

activities, including drawing their emotions using colours and shapes, and creating collages representing their aspirations. These activities allowed them to tap into their inner selves, fostering self-awareness and resilience.

ers engaged in various artistic

With the novel thrust of NEP 2020 on Art-Integration into other technical domains, Art Education has already made in-roads in every educational institution. However Jodhamal School further lays bare the therapeutic uses of Art through this unique workshop for teachers. Through Art-Integration, schools promote Art as a tool for learning and assessment.

However, Art, as a tool for self-expression, providing an outlet for pent-up emotions, leading to mental well-being has been an ignored use of Art which the teachers of Jodhamal explored in this guided workshop. The workshop concluded with a sense of empowerment and renewed energy among the teachers.

Through artistic expression, they gained valuable insights into their emotions and experiences, creating a more supportive and empathetic community within the school.

Shiksha Niketan School celebrates World Red Cross Day

STATE TIMES NEWS

JAMMU: Shiksha Niketan Senior School Jeevan Nagar Jammu celebrated World Red Cross Day.

The different Wings of Shiksha Niketan conducted Poster Making Competition ,Drawing Competition, Essay Writing Competition, Symposium Competition respectively in English and Hindi on the 2024 theme "I give with joy, and the joy I give is a reward". There were a total 200 students who participated in this competition. 100 students from English and 100 students from Hindi. Students wrote essays and drawn Posters on the given theme. They designed their sheets in a very well and creative way. Following the Red Cross Day theme, the children explained each and everything in their respective Competitions in which they told why we celebrate



Dignitaries presenting prize to a winner student.

common man should have on this day towards the country. This competition was held in Hall C & D (SNS). After that, the essays written and Posters drawn by the students were evaluated by the teachers of Hindi and English in which the first three positions were taken out in each competition.

Tanisha Chib - Class 4th D Amarava Sharma - 3rd B and Gurnoor Singh - Class 3rd D secured 1st, 2nd& 3rd Position in Drawing Competition.

Madhvi Sharma - Class 6th B , Maanyata Sharma - 5th D and Tanvi Sharma -Class 7th A bagged 1st, 2nd & 3rd Position in Poster Competition.

RidhiKalia- Class 10th I, Navya Gupta- Class8th I&Prakriti Rajput- Class 10th I bagged 1st, 2nd& 3rd Position in Essay Writing Competition .

Anmol Manhas class 11th F, Madhavi Gupta Class 11th X &Qurat -ul-ain Sabha 11th A secured 1st, 2nd & 3rd Position in Symposium Competition.

The Students from Higher Secondary Wing & High Wing received trophies by

Sharma, Election Commissioner and the felicitation Ceremony held in (Chief Justice Mehar Chand Mahajan $_{\rm Hall}$ Nagar Jammu) Gandhi accompanied by Isha Sawhney (Lecturer in English and KomalKatoch (concerned Activity Teacher).

ofPrincipal Rameshwar Mengi gave best wishes to the students and encouraged them to participate in such competitions in future. He further said that Red Cross Day is not only a day, it is a symbol of integrity and unity.

The Competitions were conducted under the guidance of Harish Sharma -Headmaster of SNS. Sudesh Rana - Incharge of Hr. Sec. Wing, Veena Gupta - Incharge of High Wing, Ramanjeet Kour - Incharge of Middle Wing and Suman Gupta - Incharge of Primary

APS Dhar Road lifts T-20 trophy



APS Dhar Road team receiving trophy.

STATE TIMES NEWS

UDHAMPUR: Northern Command Inter APSs Cricket Championship 2024-25 organized under the auspices of the Northern Command and hosted by Army Public School (APS) Rakhmuthi.

Teams from various Army Public Schools (APS) to compete in a cricket tournament.

After several rounds of

intense matches featuring ups and downs, the teams from APS Dhar Road and APS Rakhmuthi emerged 18 runs. as the finalists. Both teams The match was marked showcased exceptional by brilliant performances skills and determination from both sides, but it was

an exciting final match. In the highly anticipated final match, APS Dhar Road's players displayed outstanding teamwork and skill, ultimately clinching a

throughout the tourna-

ment, setting the stage for

one-sided victory over the opposition team, APS Rakhmuthi, by a margin of

Dhar Road's resilience and strategic play that secured the win. Akhilesh Kumar, a player representing APS Dhar Road, emerged as the

standout performer of the

final match and was right-

Commander 611 (I) AD Bde and Chairman of APS

the match" title.

fully awarded the "man of

Brigadier Rohit Das,

Dhar Road, commended the players for their ardor and fervour displayed throughout the championship. He emphasized the

importance of participation in such events and the development of sportsmanship among students. Dr. Jyoti Badyal, the

Principal of APS Dhar Road, extended heartfelt congratulations to the sports teachers and players for their outstanding achievement.

She emphasized the school's commitment to ensuring the all-round development of its students, highlighting the commendable performance of the APS team in sports as a testament to this com-

Bhaderwah Cricket Academy: An institution catering to the needs of budding cricketers Academy's seven players get JKCA selectors nod

STATE TIMES NEWS

this day and what duty a

JAMMU: Having the distinction of producing a good number of players who represent the Union Territory of Jammu and Kashmir at the higher levels, besides nurturing dozens of budding cricketers drawn from the far off areas, Bhaderwah Cricket Academy Bhaderwah is a Cricket Institution that caters to the needs of hundreds of young and needy cricketers in the

Running from last 10 years, the Academy has the reputation of producing a few players each season, who are either shortlisted for the selectiontrial matches conducted by the Jammu and Kashmir Cricket Association (JKCA) or represent JKCA at the national

In the recently conducted



Budding cricketers practicing at Bhaderwah Cricket Academy.

Talent Hunt trials by Jammu Kashmir Cricket Association, 7 young cricketers from this Academy have got the JKCA selectors nod and have been named in the shortlisted players of the boys under-16 and under-19 proba-

Showkat Ali Malik is the

President of the Academy, while Sameer Malik supervises the Academy as a Head Coach and Tahir Malik is the Chairman.

"Bhaderwah Cricket Academy provides us with all kinds of facilities. We owe our success to this Academy," said an U-16 Cricketer on the condition of anonymity after his selection in JKCA Talent Hunt shortlisted probables. Sameer Malik said that his

aim was to produce International stuff from this Academy, adding that he felt highly satisfied over the response of young cricketers. "Bhaderwah youth had always cricketing talent and the need was to explore the same. The people associated with the Academy are leaving no stone unturned into nurturing young talent," Sameer

Those who have been shortlisted from U-16 Boys Talent Hunt trials include Adnan Dar, Akhyar Butt, Human Mehraj, Faizan and Numan, while Basit Wani has been picked from U-19 Men's Talent Hunt Camp.

However, as per the reports. Basit is originally from Banihal, but trains in the Academy for two to three months each season.

Moreover, an immensely talented 10-year boy Mohammad Ali, who shows promise and composure, has been training at the Academy for the last five years.

Heritageans shine at Badminton Tournament

STATE TIMES NEWS

JAMMU: Heritage students showcased exceptional talent and sportsmanship at the prestigious Pt. D.D. Magotra Memorial Jammu Open Sub-Badminton Junior Tournament, held at M.A Stadium from May 4 to 6, 2024. The students participatand emerged with impressive victories, bringing laurels to the school. Kanishk Mall of 8th B. demonstrated outstanding prowess by clinching multiple victories. He is the Winner of U/15 Singles, Winner of U/15 and Runners-up in U17 Doubles. Param Raina, of 10th A, displayed remarkable skill and determination securing victory in U/17 Doubles(Winner).

Shreya Gupta of 11D and Rishit Kumar of 8thB, exhibited commendable performance



Heritage School faculty felicitating winner students.

achieving Runners-up position in U 17/Doubles and U/13 Doubles respectively.4. Aarav Mall of 4th B displayed promising talent by securing Runners-up position in U/11 Singles and U/13 Doubles.

In addition to the above medal winners, other Heritageans who were awarded Consolation Prizes for their notable efforts are: Dheeraj (6th E), Sarvagya (6th A), Aviraj (6th E), Kavish (6th F), Adhwik (5th B) and Aditya Choudhary (5th E).

The achievements of all these students reflect Heritage School's commitment to nurturing talent and promoting sportsmanship among its students. The school congratulates all participants for their remarkable performance and

future endeavours.

Vice Chairman J&K Higher Education Council reviews NEP progress in UT of J&K Design your Degree Program significant shift towards holistic learning, skill development: Prof Dinesh

STATE TIMES NEWS

JAMMU: Prof. Dinesh Singh, Vice Chairman, Higher Education Council. Government of Jammu and Kashmir on Wednesday highlighted the transformative potential of the Design your Degree program in reshaping educational paradigms, aligning seamlessly with the objectives of the National Education Policy.

"This initiative marks a significant shift towards holistic learning and skill development", Prof Dinesh Singh said while chairing a meeting of the Vice-Chancellors of various universities of the Union Territory at the University of Jammu campus.

Alok Kumar, Principal Secretary Higher Education Department, Prof. Umesh Vice Chancellor University of Jammu (JU), Prof Nilofer Khan, Vice Chancellor University of Kashmir, Prof. Shakil Ahmad Romshoo, VC IUST, Prof. Akbar Masood, Vice Chancellor, BGSBU, Prof.

Pragati Kumar, Chancellor SMVDU, Prof. Kavi Arya, IIT Mumbai, Prof. Revender Kumar Tickoo, Principal, Women Parade College, Jammu, Dr. Yasmeen Ashai, Director Colleges, J&K, Prof. Sheikh, Ajaz Bashir, Principal Amar Singh College, Srinagar, Prof. Naresh Padha, Prof. Sharma, Director, SHEDC, Prof. Sadaf Shah, Prof. Jatinder Manhas, Prof. Azmat Alam Kahan, OSD to VC SKUAST -K, Prof. A. A. Shah, DAA BGSBU, Prof. Qayoom Ahmed, Coordinator DYD, Islamia College, Srinagar, Prof. Sachin Gupta, SKUAST Jammu, Dr. R. K. Srivastava, SKUAST Jammu, Prof. Vikas Tandon, Horticulture, Dean SKUAST Jammu, Prof. Anil Kumar, Dean Faculty of Agriculture, Guneet Singh Soodan, OSD to Vice Chairman Higher Education Council attended the meeting. The meeting assessed the preparedness for implementing the Design Your



Prof. Dinesh Singh, Vice Chairman, Higher Education Council chairing a meeting at JU.

Degree program across universities in Jammu and Kashmir. Underscoring the paramount importance of this program, Prof Singh said that it spearheads acainnovations and $_{
m demic}$ embodies the core ethos of the National Education Policy.

Prof. Singh reiterated that the Design your Degree program acts as a catalyst for advancing academic programs by strategically impleinnovative menting approaches. Within a comprehensive four-year frame-

work, students have the opportunity to explore various educational paths, fostering informed decisionmaking and personal growth, he added.

During the initial phases, the program provides students with a transformative educational journey, establishing a broad foundation for holistic development. Guided by the National Education Policy principles, this immersive experience equips students with the adaptability and insight required to navigate dynamic academic environments effectively, he said.

Prof. Singh emphasized the universal adoption of the Design Your Degree program across all educational institutions. Referring to the concerns

regarding disciplinary implications, he reaffirmed the program's commitment to invigorating and modernizing all academic disciplines, ensuring relevance and dynamism in curriculum delivery. The meeting also reviewed the progress of the Design Your Degree program, with special emphasis on pedagogy and faculty preparedness.

The Vice Chancellors of the various Universities gave a detailed presentation and comments concerning the progress of the DYD in their respective institutions with special emphasis on pedagogy and faculty preparedness. Deliberations also included the requirements for revamping the program and capacity-building programs to create awareness.

Prof Dinesh Singh articulated the need for generating awareness and readiness among the parents, students and the faculty of various higher education institutions in Jammu and Kashmir towards the "Design Your Degree" program.

In a bid to showcase the initiatives already undertaken by institutions such as the University of Jammu and IUST, who have already started this program, Professor Singh prepossessed activities aimed at gaining public recognition within and outside the Union Territory. He put forth significant proposals aimed at advancing the educational landscape in the Union Territory. Various issues with a focus on bringing collaboration, awareness and effective implementation of educational reforms shall also be deliberated upon in a meeting to be chaired by the Hon'ble Lieutenant ${\bf Governor}~{\bf JKUT}.$

Prof. Singh suggested organizing an activity in collaboration with the Chamber of Commerce. This event would serve as a platform to discuss and showcase the evolving landscape of education in the Union Territory, particularly through programs like "Design Your Degree." By involving key stakeholders from various sectors, this activity aims to highlight the role of education in driving socio-economic development.

Given the transformative nature of Design Your Degree program, discussions also centered on dovetailing it with existing programs and enhancing inter-institutional coordination to effecimplement the tively National Education Policy.

wishes them good luck for their

Prof Singh also proposed the formation of an Inter-Institutional Coordination Committee to implement the National Education Policy (NEP) 2020, with a specific emphasis on the role of "Design Your Degree." Under this initiative, all higher education institutions in Jammu are urged to nominate two faculty members from their respective institutions. These representatives will convene monthly meetings to discuss and coordinate the implementation of NEP 2020 initiatives, with a focus on the innovative aspects of "Design Your Degree."

Besides the various other issues deliberated, matters pertaining to financial and administrative aspects for the successful implementation of the National Education Policy were also discussed.