Last rites of Pak shelling victims performed with full honours amid pride, grief

JAMMU/MUZAFFARNA-GAR/KALLITHANDA: Emotional scenes were witnessed across the country as the last rites of those martyred in shelling by Pakistan during the recent military conflict with India were performed on Sunday.

The Jammu division, which bore the brunt of heavy Pakistani firing and shelling, suffered the most casualties, including civil-

Rifleman Sunil Kumar

ment, was given a tearful adieu with hundreds of mourners joining his last rites at his native village Triva in the Arnia sector.

Kumar was critically injured in cross-border shelling along International Border in the RS Pura sector early Saturday. He succumbed to his injuries later.

The 25-year-old came from a military background -- his two elder brothers currently serve in the armed forces, while his father is an ex-serviceman.

was inspired to join the army and serve the nation from a young age. inspector.

"The entire village is in mourning, as we lost a son of the soil who grew up in this border village and sacrificed his life in service of the nation," Balbir Kour, a former sarpanch, told PTI.

In another incident of cross-border shelling in sector, same Mohammed Imteyaz, a BSF sub-inspector, lost

Minister Satish Sharma

and senior BSF and police officers also paid floral tributes to the BSF sub-

A native of Bihar, Imteyaz was martyred when a mortar shell from Pakistan exploded near his along International Border. Seven of his colleagues were also injured in the

In Andhra Pradesh, soldier Mudavath Murali Naik's body reached his district Sathyasai on Sunday. Naik laid down his life in

STATE TIMES NEWS

amounting to over Rs 10

lakh was stolen from an

Axis Bank ATM on the

Delhi-Jaipur highway

here last month without

any physical damage to

the machine, police said

The thieves allegedly dis-

abled the video recording

system of the ATM booth

and are suspected to have

hacked into the machine's

security system to carry

According to the com-

plainant, Gaurav Kumar

Baisla, an employee of

Hitachi Payment Services

-- the company responsible

for maintaining ATMs of

carious banks -- the inci-

out the theft, they said.

GURUGRAM:

on Sunday.

the cross-border shelling in Poonch district. Deputy Chief Minister

Pawan Kalyan, IT minister Nara Lokesh and other ministers paid tributes to the slain soldier.

Kalvan also announced a Rs 25 lakh ex-gratia from his side, and expressed solidarity with the family. He told reporters that

Minister Chandrababu Naidu has announced Rs 50 lakh exgratia, five acres of agricultural land, and 300 square yards of land for housing to Naik's family.

The mortal remains of soldier Surendra Kumar, who was martyred in Udhampur, were consigned to flames with full military honours at his village native in Rajasthan's Jhunjhunu district on Sunday.

A large number of mourners gathered at the cremation ground to bid farewell to the brave sol-

Surendra Kumar, an Assistant Medical Sergeant in the Indian Air Force, lost his life in the attack on the Udhampur

Eight-vear-old Daksh, Surendra's son, lit the funeral pyre amid chants of "Bharat Mata Ki Jai" and "Surendra Kumar Amar Rahe!

In Himachal Pradesh's Kangra district, Subedar Major Pawan Kumar, who was martvred in Pakistani shelling in Poonch, was cremated with full state honours at his native village on Sunday.

Emotional scenes were witnessed as his son lit the funeral pyre, with a large number of mourners bid-

on 8th May 2025.

Ganga Ghat, Muradnagar

TENTH DAY

This will be followed by a Prayer

Assembly at our residence: C-260, Block

C, Sushant Lok Phase-1, Gurugram from

UTHALA

WE INFORM THE SAD DEMISE OF

SMT ANITA SADOTRA W/O SHIVAN-

DER KUMAR R/O HAKKAL JAMMU ON

"Subedar Major with Kumar Amar Pawan "Pakistan Rahe" and Murdabad" chants.

The military conflict also claimed the lives of civilians Mohammad Sahib (35) and his two-year-old niece Ayesha from Uttar Pradesh -- who were mar-

on Saturday. Sahib and his niece were buried in their native village Khai Khedi with a large number of mourners attending the burial.

tyred in Rajouri district

Bihar CM Nitish Kumar condoles death of BSF sub-inspector in J&K

STATE TIMES NEWS

PATNA/SARAN: Nitish Chief Minister Kumar condoled the death of BSF sub-inspector Mohammed Imtiaz, who was killed when his unit posted along the international border in Jammu and Kashmir's RS Pura sector came under heavy Pakistani firing on Saturday.

His mortal remains are expected to arrive at his home at Naravanpur village in Saran district on Monday, where his last rites will be performed with full state honours. In a statement by the Chief Minister Office (CMO) on Sunday, "The CM expressed deep condolences on the death of

was killed when his BSF unit positioned along international border in RS Pura sector in J&K came under heavy Pakistani firing on Saturday.'

Kumar said Imtiaz's sacrifice will always be remembered with pride and grati-

"I express my deepest condolences to the bereaved family members. May his soul rest in peace. His last rites will be performed with full state honours".

An ex gratia, in accordance with the state government policy, will be handed over to the bereaved family members, the statement added. Talking to

PTI, Saran district magis-

trate Aman Samir said,

"Last rites of Mohammed

Imtiaz will be performed at

his native place with full

state honours on Monday".

The news of Imtiaz's death left his village in a state of mourning. Villagers gathered at his house on Sunday to console the grieving family members. Aftab, a relative of Imtiaz, told reporters, "Everyone is proud of Imtiaz for the ultimate sacrifice. He was very enthusiastic about joining the forces. I have seen him working hard to get select-

Immediate family members of Imtiaz were not

dent took place on the night of April 30 at the Axis Bank ATM near Rico

Gurugram: Over Rs 10 lakh stolen from ATM

without physical damage, probe on

Auto Industries. The miscreants allegedly decamped with over Rs 10 lakh and also stole the digital video recorder (DVR), battery, hard disk, PC core and chest lock from

the ATM booth, he said. Following the complaint, a case was registered on Saturday at the Sadar police station, officials said.

"We have sought help from technical experts to identify the modus operandi and those involved. CCTV footage from nearby areas and other evidence are also being examined," Station House Officer (SHO) Sunil Kumar, said.

UP: Three detained in Sonbhadra for objectionable posts targeting PM Modi

STATE TIMES NEWS

SONBHADRA: Police have detained three men in Uttar Pradesh's Sonbhadra for allegedly posting manipulated and objectionable content targeting Prime Minister Narendra Modi on social media, officials said on Sunday.

"On Saturday, Balgopal Chaurasia, a resident of Anpara Bazaar, filed a complaint alleging that Shabbir Ansari, Zubair Ansari and Izhar, all residents of Anpara, posted objectionable content on their Facebook accounts," ASP Kalu Singh said.

According to the complainant, the accused used a Pakistani YouTuber's Facebook content to create edited posts that falsely portrayed Prime Minister Modi, the officer said.

Upon investigation, the posts were found to be "anti-India", and suggested that the accused were potentially sharing "sensitive information" with enemy nations, the ASP said.

Based on the complaint and the evidence gathered, police have detained the accused trio after registering a case under the relevant sections of BNS.

2.00 PM to 5.00 PM **IN GRIEF:** Kaul Family

Ph: 9953120132.9625206765 WITH PROFOUND GRIEF & SORROW.

> UTHALA SHALL BE PERFORMED AT SHREE GIRIRAJ MARRIAGE HALL OPP. ANIMAL HUSBANDRY HAKKAL ON MONDAY

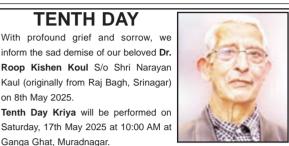
JAMMU 12-05-2025 FROM 4 PM TO 5 PM. **GRIEF STRICKEN**

ANIRUDH DOGRA -SON

NIDHI -DAUGHTER

PH. 9858142347

SHIVANDER KUMAR -HUSBAND



Delhi airport sees around 100 flight cancellations on Sunday

STATE TIMES NEWS

NEW DELHI: Around 100 flights to and from the Delhi airport were cancelled on Sunday, according to a source.

Security measures were enhanced, and at least 32 airports in the northern and western parts of the country were temporarily shut in view of the conflict between India and Pakistan. On Saturday, India and Pakistan reached an understanding to stop all firings and military actions on land, air, and sea with immediate effect. As many as 52 domestic departures and 44

STATE TIMES NEWS

Rajasthan on Sunday.

Udhampur airbase.

JAIPUR: The mortal remains of soldier

Surendra Kumar, who was martyred in

the Pakistani attack on the Udhampur

airbase, were consigned to flames with

full military honours at his native vil-

lage in the Jhunihunu district of

A large number of mourners gathered

Surendra Kumar, an assistant med-

ical sergeant in the Indian Air Force,

lost his life in the attack on the

His body was brought to his home-

to bid farewell to the brave soldier.

arrivals, and one international departure were cancelled. These cancellations happened between 5.00 am and 4.30 pm, the source said. "Delhi Airport is operating normally. However, due to changes in airspace dynamics and increased security measures, some flight sched-

Delhi International Airport port in the country.

Bengal govt directs DMs, SPs to remain alert

In the meeting, the district administrations were also ordered to stockpile essential food items for the next three months till August, a senior official said.

Soldier Surendra Kumar, killed in attack on Udhampur

airbase, cremated in Rajasthan's Jhunjhunu

town by road, with a 'Tiranga Yatra'

being held from Mandawa to his village

Mehradasi. The procession was accom-

Eight-year-old Daksh, Surendra's

son, lit the funeral pyre. Thousands of

neonle attended the last rites raising

the slogans of "Bharat Mata Ki Jai"

Standing near her husband's body,

Surendra's wife repeatedly cried out, "I

love you," while saluting with a trem-

bling hand. Her family gathered around

to offer her comfort during this difficult

and "Surendra Kumar Amar Rahe."

panied by hundreds of people.

national or interstate borders.

Speaking to PTI, Pant said the meeting was held to direct the DMs and SPs to remain alert in the backdrop of the India-Pakistan military conflict. India and Pakistan on Saturday reached an understanding to stop all firings and military actions on land, air and sea, with immediate effect, after four days of intense crossborder drone and missile

"The DMs, SPs and senior police officers have been asked to remain alert so that an evolv-

Deputy Chief Minister Premchand

Bairwa, ministers Avinash Gehlot and

Jhabar Singh Kharra and other leaders

Earlier, Surendra's 11-year-old

daughter Vritika spoke with pride

about her father's brayery describing

"Papa had said that everything was

fine and that he was safe. My papa has

laid down life to protect the nation. The

whole of Pakistan should be destroyed.

I want to become a soldier like my

father, and I will take revenge for his

death," she told reporters.

him as a "protector of the nation".

also paid floral tributes to the martyr.

ing situation can be addressed. Pant said.

"The ICs (inspectors incharge of police stations), civil defence bodies, and other officers were instructed to maintain proper coordination at this juncture," he added.

"Food grains for the months of June, July and August will be sent to the districts as ration allocation in three phases,' another official, present in the meeting, said.

Health secretary NS Nigam held a discussion with district health officials to assess the state's preparedness for an

TENTH DAY KRIYA With profound grief and sorrow, it is

inform you that our revered mother Smt Reeta Devi W/o Lt Sh Surinder Kumar Bhat originally resident of Gund Gushi Kupwara at present TRT Phase 4 Community Hall Purkhoo Camp Jammu left to Vaikuntha Dham on 05/05/2025 Tenth Day Kriya shall be performed at

Shardha Colony Ghat Patoli Near Shiv Mandir on Wednesday 14/05/2025 at 9:00 AM

GRIEF STRICKEN

Son & Daughter in law Anubhav Bhat (Vinu) & Rashi Bhat Daughter & Son in law Neeru Bhat & Kuldeep Kumar Raina

Neha Bhat Meenakshi Bhat

Pawan Kumar Bhat & Shanu Bhat Sister in law & Brother in law Dally Bhat & Roshan Lal Bhat Children: Karar

And samast parivar MOB: 9821970965, 9622395357 & 9796244244

ules and security checkpoint processing times may be affected," DIAL said in a post on X.

Ltd (DIAL) operates the capital's Indira Gandhi International Airport (IGIA), which is the busiest air-

STATE TIMES NEWS

KOLKATA: West Bengal Chief Secretary Manoj Pant on Sunday directed the district magistrates and SPs to remain alert and keep a check on any attempt to disrupt law and order in the state.

Chairing a meeting at the state secretariat, Pant directed the DMs and SPs to maintain proper coordination, especially in the districts that have interstrikes. However, hours later, New Delhi accused Islamabad of breaching it.

post 'linked to terrorist organisations'

RANCHI: A person was international terrorist organisations, on social media, police

He was apprehended in Pundag area after Ranchi legislator C P Singh urged the

"The person has been arrested and an FIR lodged at

shared... on his social media are extremely provocative and related to national security and sovereignty of India. Most seriously, he has shared the flag which is the identity of international terrorist organisations... This is not only open treason, but also a clear indication of a

Further investigation is underway, the DSP said.

STATE TIMES NEWS Amar Kumar Pandey said. Earlier, the Ranchi MLA said in a post on X: "The pictures Devar & Devrani

Jharkhand: Man arrested for social media

arrested in Jharkhand's capital Ranchi on Sunday for posting content allegedly linked to

police for action.

Pundag police outpost," DSP

terrorist mindset."

Doomscrolling, fear & dread: Away from frontlines, Indo-Pak tensions take toll on mental health

STATE TIMES NEWS NEW DELHI: Pakistan was nothing but a name for seven-year-old Hazel till earlier this week. Now she grows suspicious with every knock on the door and breaks down at the thought

of impending doom. "It all started when her school had an awareness session and then she heard things from her friends in the class. Now she wants me to be careful before opening the door. She says 'Pakistan will attack us' and everyone will die," said Annu Mathew, who is having a difficult time explaining to her daughter that she is in no direct danger in Kerala's Trivandrum.

Young Hazel is not the only one. Hundreds of miles away in Delhi, 36-year-old Mahendra Awasthi said he cant sleep. If the child is troubled by conversations around her, the young man finds himself doomscrolling endlessly through social media, unsure of what to

believe and what to not. This continues even after Pakistan and India agreed to step off the escalatory ladder of war on Saturday evening and US President Donald Trump said the two countries had reached a ceasefire.

The relief quickly gave way to renewed anxiety when reports came in of Pakistan violating that understanding with sounds of explosions and blackouts in many border areas.

Everybody was on edge. It began on the intervening night of May 6-7 when India carried out Operation Sindoor against terrorist infrastructure in Pakistan Pakistan-occupied Jammu and Kashmir in

retaliation for the attack in

Pahalgam. In the following

days, the two countries

engaged in armed operations in major cities along the bor-All this has a long-term impact on mental health.

The escalating military tension between the two nations, a deluge of information, and the inability to sift through fake and real news can significantly affect the psychological well-being of individuals, said mental health experts.

According to clinical psychologist Shweta Sharma, the constant chatter of potential war can trigger a 'vicarious trauma" response in people, even for those far from conflict zones.

"Relentless 24/7 media cov-

erage, social media exposure, and emotionally charged content that can overwhelm the brain's stress regulation mechanisms. War-related fears often stem from unpredictability - how far will this go, who will be affected, and what will be the long-term

consequences?," Sharma told It's nerve wracking for peo-

ple like Awasthi. Drowning in the multitude of voices on social media and news channels, in an indistinguishable mix of news and misinformation, Awasthi said he is filled with a constant sense of dread to an extent he can hear his heart beat faster at times.

"I don't want to scroll social media but I keep feeling I will miss out on some essential news. What if Delhi is next on target, what should I do to keep my family safe, will we wake up tomorrow?" he said, without trying to hide the panic in his voice. For people watching from safer regions, seeing the suffering of civilians or soldiers can lead to guilt and help-

"Young minds are highly impressionable. War talk can instill fear, reinforce stereotypes, and disrupt their

lessness.

sense of security," explained

Sharma. It is important to stay aware at such times, but it is also imperative to choose credible sources and take breaks from continuous cov-

And when it comes to children, Sharma said, it is advisable to explain the situation in age-appropriate

"Reassure them of safety and encourage open conversations rather than letting them absorb misinformation online," she said. Mathew has come up with a plan to reassure her

daughter. She takes Hazel to the balcony and points at the clear skyline and asks her if she can spot any of the explosions or shootings that she is afraid of. "When she sees that none

of the fears in her imagination are real, she calms down," Mathew said. The trauma can take on

different shades.

Worried almost sick at the thought of impending war, Jaipur-based Aniket Singh (name changed) started preparing for an emergency after the April 22 attack in Pahalgam, which left 26 dead and led to the government launching Operation Sindoor. He stocked up rations for three months, a bunch of fully-charged power banks, flashlights, ample cash, and essential medicines. And is still feeling "extremely anxious" and "at a loss".

"I feel something big is coming and I am not at all prepared to take care of myself and my family. I feel what I am doing may not be enough when it comes down to it. I can't really help feeling this way," he said.

While it is one thing to be anxious about the unknown as the threat of war looms overhead, being prepared for any untoward outcome can also cause anxiety. Senior family therapist

Maitri Chand said paying heed to sirens, blackout drills, and stocking up essentials might give a sense of preparedness for people and also induce anxiety at the same time. "It's a tightrope to walk on

where we have to find our own balance. It is difficult to stay calm and collected, especially when most people around you are coming from a frenzied space that is induced by anxiety and fear," Chand said.

In such circumstances, people must anchor themselves with "reaffirming positive thoughts" that they will come out of it and be able to take care of their loved ones when the time comes.

Chand advised people to engage in meditation, even for a few minutes through the day, believe in a belief system, not necessarily a religious one, and help others with their fears and anx-

"The thing about fear and anxiety is that other people around us can catch it from us very quickly. So meditation becomes very vital for you to sit in quiet silence, where you are able to reassure yourself.

"Focusing on some kind of belief system also helps. Belief in something bigger, greater than yourself. And if you can help somebody feel better, if you can help someone lower their anxiety or fear that will be very helpful," she said.

Sharma added that it's always advisable to seek professional help if intrusive thoughts, panic, or emotional numbness persist.

"Therapy can provide coping mechanisms tailored to individual needs," she said.

CONDOLENCE PRAYERS With Profound Grief and Sorrow, we

inform the sad demise of our beloved

Smt. Phoola Pandita (Tathi) W/o Sh. Jag Mohan Pandita R/o Akhran, Kulgam at present R/o A-11, Park Avenue, New CG Road, Chandkheda, Ahmedabad. Condolence Prayers will be held at

May 2025 on below address: B/55 JMC 1113 Lane No 7, Bhawani

Jammu from 9th of May 2025 to 16th of

Nagar, Talab Tillo, Jammu. **GRIEF STRICKEN: -**

Sh. Jag Mohan Pandita (Husband)

Sh. R L Tickoo and Smt Ratna Tickoo Sh. Virendra Matto and Smt Nimi Matto

Sh. Sanjay Pandita and Binny Pandita

Sh. R L Shoda (Billuji) and Smt Sunita Shoda

Smt.Rita Pandita W/O Late O N Pandita Sh. R L Pandita and Smt Phoola Pandita

Sh. H L Pandita and Smt Sarla Pandita Sh. Brij Nath Pandita and Smt Rashmi Pandita

Sh. Sushil Pandita and Preeti

Sh. Subash Pandita and Sonika

Sh. Sunny Pandita Ridhi/Sidhi/Shaurya Pandit and Kanvi Pandit (Grand Children)

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