

DYSS Poonch organises TT District Level Trial-Cum-Selection

■ STATE TIMES NEWS

POONCH: The Department of Youth Services and Sports (YSS), District Poonch, successfully conducted a district-level trial-cum-selection event in the discipline of Table Tennis for Under-14 and Under-17 boys and girls. The event was held at Sports Stadium Poonch, attracting enthusiastic participation from young aspiring athletes. The selection trials were organized under the visionary leadership of Rajinder Singh Tara, Director General, Department of Youth Services and Sports, J&K, whose efforts to promote youth empowerment through sports have inspired such grassroots initiatives across the Union Territory.



Young Table Tennis athletes along with DYSSO Poonch during the Table Tennis Trial-Cum-Selection at Sports Stadium Poonch.

The competition was held under the supervision of Mohd Qasim, DYSSO Poonch, who also graced the event as Chief Guest. He extended his best wishes to all

the participants and encouraged them to play with the true spirit of sportsmanship, emphasizing that success in sports lies not only in victory but also in discipline, dedica-

tion, and fair play.

Other dignitaries present at the occasion included ZPEO Poonch Smt. Sarla Bakshi and PEM Vijay Kumar, who served as the Activity

Incharge and Convenor of the event. Their presence and support added further enthusiasm and structure to the proceedings.

The technical supervision of the trials was conducted by a qualified panel consisting of S. Narinder Singh (Retd. PEM), D.K. Raina (PET), Imtiaz Ahmed (REK), and Sachin Sharma (REK). Their expert oversight ensured a fair and transparent selection process.

The standout performers from this trial will go on to represent District Poonch in the Inter-District Division Level Competitions, providing them with a platform to showcase their talent on a larger stage and gain valuable experience.

JKIANS shine in Inter-Zonal District Basketball Competition (u-14) girls in Satwari Zone



JK Public School Kunjwani faculty felicitating winner students.

■ STATE TIMES NEWS

JAMMU: The Under-14 Girls Basketball Team of JK Public School, Kunjwani delivered a stellar performance at the Inter-Zonal District Level Basketball Championship held on May 23, 2025 at MA Stadium, Jammu. Representing the Satwari Zone, the team clinched the Runners-Up Trophy, showcasing exceptional talent and teamwork.

The team JKPS comprised Virangana Gupta (VII Kaveri), Harnoor Kour (VII

Kaveri), Kamakshi Khajuria (VII Maple) and Awantika Sharma (VI Pearl).

The young athletes of JK Public School demonstrated commendable skills, reflecting their rigorous training and guidance provided by their coach. Director Shashi Chaudhary and School Principal Rajesh Rathore congratulated and felicitated the winners in the school assembly. They also lauded the School Coach Manoj Solanki and HOD (Sports) Subash Chander for bringing laurels to the school.

Sarabjeet, Faizan in U-23 Men Indian Team for Asian C'ship

■ STATE TIMES NEWS

JAMMU: Bringing laurels to the Union Territory and keeping its flag high at the national scene, ace Softball players Sarabjeet Singh Sodhi and Faizan Bashir have been named in the U-23 Men's Softball Indian team for Asian Championship.

The duo will represent India in Asia Cup (Men) U-23 Softball Championship scheduled to held at Softball Stadium, Bangkok, Thailand from June 2 to 7, 2025.

Asia Cup (Men) Softball Championship at Thailand will also be the qualifying event for World Cup (Men) U-23 Softball Championship 2026, if Indian team should figure in top two teams in Asian Championship.

The selection of the players for National Camp was done during the selection trials at Jalgaon, Maharashtra on January 18 and 19, 2025. Both of them were part of the two National Camps—one at Maharashtra and another going on at Vikas Puri Stadium, New Delhi. Both young and energetic Softball players one from district Kulgam and another from district Jammu started playing Softball sport at very young age and participated in many National level events. Now, both are set to be part of Indian National U-23 Men's Softball team to represent the country in the International Softball Championship at Thailand. Waseem Raja Khan, General Secretary J&K Softball Association congratulated Sarbjeet & Faizan for this landmark achievement.



"To honour this duo and other outstanding players, who have represented India at various International Championships, the Felicitation Ceremony will be held after the athletes return from the prestigious Championship," said Waseem Raja Khan, General Secretary J&K Softball Association. He advised budding Softball players of Jammu & Kashmir to make this potential Olympic sport of Softball, which is presently played in 142 Countries around the World, a career option.

He lavished praise for Secretary J&K Sports Council, Nuzhat Gul for her tremendous support in upliftment of this sport in the Union Territory of Jammu & Kashmir.

■ STATE TIMES NEWS

REASI: Two-day long District Reasi Judo Championship which was organised by District Reasi Judo Association with a participation of 120 judokas, concluded on Monday at Amba Kids Home School Panthal in Katra.

In the valedictory function, chairman of the host school, Ashwani Katoch was the chief guest, who presented medals and certificates to the participants. General secretary of Judo Association of J&K, Suraj Sharma and Danish Sharma, Judo coach at SMVDU, were the guests of honour.

Bouts were officiated by Danish Sharma, Manish Chatwal and Sonakshi Devi.



Participating judo players posing with officials.

The event took place under the aegis of J&K Sports Council and J&K Olympic Association.

The Medal Winners:

Gold: Anmol Katoch, Alina, Sojal Bhagat, Niharika, Ruksana Bibi, Fiza Akhter, Meenakshi Bhagat, Sonakshi Devi,

Mohd Waseem, Shahid Jamal, Naved Mohd, Bhavik Mahajan, Muddasir Hussain, Surbhi, Arshia Monika Thakur, Shabir, Sumit Thakur, Aman Sharma, Zabir Ahmed, Aftaf.

Silver: Manvi Salotra,

Mannat, Iritiqa Manvi, Maryam Bano, Ayaal Bhat, Manvi Bhagat, Aariya Malik, Sonali Bhagat, Mohd Inuran, Basharat Bashir, Farhaan Irfan Bhat, Alker Shit, Muzaaffar, Manav, Wajid Hussain, Harshdeep Salaria, Ahil Choudhary, Mudassir Ahmed, Freed Choudhary, Aarya Bhagat. Bronze: Arushi, Rafia Kousar, Pari Nidhi, Ulfat Jaan, Saina Jaan, Nitika Devi, Akshi Thakur, Momina Narrat, Mehreen Ashraf, Dhruvit Sharma, Mohd Waseem, Dainsh Ahmed, Pankaj Singh, Zairaf Ali, Tanveer Ahmed, Izaam Rasool, Asif Iqbal, Mohd Tufail, Vihan, Mohd Tareek, Ayush, Aarthal, BP Singh, Ajit, Shubham, Shakeel, Adil Rafie.

JKP wrestler Bablu lifts Koarnu Dangal title

■ STATE TIMES NEWS

JAMMU: Wrestler Bablu of J&K Police lifted the 13th Koarnu Dangal title defeating Harsh of Ladpur in Harayana in a close contest at Village Koarnu in Udhampur.

Bablu presented a cash prize of Rs. 12,000 while Harsh given away Rs 9,000. This dangal was organized by Young Youth Koarnu Dangal Committee in support with J&K Indian Style Wrestling Association under the overall supervision of Rattan Langeh and Lochan Singh. The MLA Udhampur East, Ranbir Singh



Winner wrestler posing with dignitaries.

Pathania was the chief guest, who distributed cash prizes worth Rs. 1,10,000 among the winners and runners-up wrestlers. Shiv Kumar Sharma, former Joint Secretary of

J&K State Sports Council and president J&K Indian Style Wrestling Association presided while Sub-Inspector Azhar was guest of honour.

In total, 34 bouts played

in this day-long dangal. The bouts were officiated by Lochan Singh, Sat Paul Verma, Om Parkash Verma, Madan Gopal, Murli Dhar (Munna) and Tulinder Kumar.

The second main bout won by Rajesh Sharma of J&K Police beating Amit of Delhi while third bout went to Rakesh (Goldi) of Ramnagar, who defeated Kharpu of Jammu.

In fourth main bout, Ali of Hossiarpur in Punjab downed Pardeep of Delhi and in fifth bout, Jakkor of Kathua outplayed Arjun of Jammu.

Other Results: Amit of

Delhi beat Sidhu of Jindrah; Rahul of Jindrah beat Arjun of Delhi; Surinder of RS Pura beat Ajay of Nagrota. Bout played between Shotu of Jindrah and Sonu of Dinanagar ended in a draw.

Members of Young Youth Koarnu Dangal Committee who helped in conduct of this dangal included Amaru Langeh (president), Prem Nath, Hans Raj Langeh, Romesh Lalotra, Suresh Banotra, Girdhari Lal (retired Master), Hans Raj Banotra (PDD) and Ratten Langeh.

Dr Rudrkash Gupta of SMVDU shines at State Aquatics Championship, wins best swimmer award

■ STATE TIMES NEWS

KATRA: Dr. Rudrkash S. Gupta, Research Fellow at the School of Mechanical Engineering, Shri Mata Vaishno Devi University (SMVDU), has brought laurels to the university by securing an impressive three gold medals and four silver medals at the State Open Aquatics Championship, held in Jammu.

In recognition of his exceptional performance, Dr. Gupta was also conferred with the prestigious Best Swimmer Award of the State during the closing ceremony.

This remarkable achievement not only reflects Dr. Gupta's unwavering dedication and passion for swimming but also exemplifies SMVDU's commitment to fostering physical excellence alongside academic pur-



suits.

Expressing his heartfelt gratitude, Dr. Gupta acknowledged the University's consistent support, infrastructure, and encouragement that enabled him to balance his sporting aspirations with scholarly responsibilities.

The Head of the School of Mechanical Engineering, along with faculty members, extended warm congratulations to Dr. Gupta, lauding his accomplishments as a source of pride and inspiration for the university community.

Prof. Pragati Kumar, Vice-Chancellor, SMVDU, also congratulated Dr. Gupta on his success, noting that his victory adds a distinguished milestone to the University's legacy of promoting holistic student development through both academics and sports.

Inter-Zone sports meet of Jammu begins

■ STATE TIMES NEWS

JAMMU: Organised by the Department of Youth Services and Sports (DYSS), inter-zone sports meet of district Jammu for under-14 and under-17 boys and girls in different disciplines got underway at various venues, here on Monday. While Badminton, Table Tennis, Yoga, Badminton and Gymnastics events took place at Indoor Complex, MA Stadium, here, the Football competition got underway at Mini Stadium, Parade.

Earlier, the event was declared open by district (DYSS) officer Jammu, Sukhdev Raj Sharma in the



Participating players posing for a photograph with dignitaries.

presence of Zonal Physical Education Officer (ZPEO) Gandhi Nagar, Ram Murti, Satwari, Jatinder Kour; Jammu Harvinder Kour and Harvinder Singh Sodi.

The technical panel comprised Mayank Jain, Neeru Jabila, Honey Mehra,

Kamal Rana, Rajesh Bhandral, Ajay Kumar, Harvinder Kour and Varinder Singh.

The Results: Artistic Gymnastics Under-14 girls: Soniya, Ist; Many, 2nd and Shivanshi, 3rd. Rhythmic Gymnastics Under-14 Girls:

Kalayani, Ist; Jasmeh, 2nd and Shagun, 3rd. Table Tennis Under-14 boys: Zone Jammu beat Zone Gandhi Nagar 3-0. Table Tennis Under-17 boys: Zone Jammu beat Zone Gandhi Nagar 3-1. Yoga Under-14 boys: Diyan Thakur, Ist; Akash Kumar, 2nd and Diyan Sharma, 3rd. Badminton Under-14: Zone Gandhi Nagar beat Zone Satwari 2-1.

Inter-Zone District Level U-17 Girls Football Tournament concludes at GHSS Chandwan

■ STATE TIMES NEWS

KATHUA: The Inter-Zone District Level Under-17 Girls Football Tournament was held today at Government Higher Secondary School, Chandwan. The event was organized under the supervision of District Youth Services and Sports Officer Kathua, Sh. Sunil Singh Sambhyal, with activity incharges Dharmender Singh Shally and Parveen Singh coordinating the matches.

The tournament was inaugurated with a ceremonial kick-off by football observer Smt. Kanchan Thapa, Lecturer in Physical Education, in the presence of Dharmender Singh Shally



Participating teams posing for a photograph with dignitaries.

and the supporting field staff. The tournament witnessed intense competition among various zones. In the opening match, Zone Sallan defeated Kathua Zone with a score of 2-1. The second match saw Zone Hiranagar overpower Zone Lakhampur with a dominant 4-0 victory.

In the third match, Zone Sallan continued their strong performance, defeating Zone Marheen 2-0.

The final match of the tournament was a high-energy clash between Zone Hiranagar and Zone Sallan. Zone Hiranagar emerged victorious with a commanding

5-0 win, securing the championship title.

At the conclusion of the event, Om Parkash, Principal of Govt. Higher Secondary School Chandwan, awarded shields to the winning teams, congratulating all participants for their sportsmanship and enthusiasm.

Kalarippayattu team leaves for Nationals



Selected J&K Kalarippayattu teams posing for a photograph with dignitaries.

■ STATE TIMES NEWS

JAMMU: Thirteen talented athletes from the Union Territory of Jammu & Kashmir have been selected to participate in the 17th National Kalarippayattu Championship, scheduled to be held from May 30 to June 1, 2025 in Trivandrum, Kerala.

The team was received blessings from Anissa Nabi, Fit India Ambassador, who encouraged them to perform with dedication and make the UT proud. She also appreciated the efforts of the Kalarippayattu Association of J&K in promoting this traditional martial art. The selected athletes include Nitin Kumar, Chirag Puri, Pratham Vaid, Daiwik

Gupta, Sajjan Shan, Adharv Singh Pawar, Manvi Sharma, Anandika, Misthi Sharma, Adarishita Manhas, Angel Gupta, Jagriti Sangotra, and Apurvi Saini. Dignitaries including Manjeet Singh, Chairman; CA Lalit K. Gupta, President; T.P. Singh, Veteran Athlete; and Danish Sharma, General Secretary of the Kalarippayattu Association of J&K, were present to wish the athletes success. Their participation reflects the growth of Kalarippayattu in the region and the collective effort to preserve and promote this ancient martial art. The Association extends its best wishes to the team for a successful performance at the national stage.

■ STATE TIMES NEWS

JAMMU: Heritage School is proud to celebrate the phenomenal achievement of Vamika Parmar, a student of Class XII-C, who delivered a stellar performance at the Jammu and Kashmir State Open Swimming Championship (Male and Female) held on May 24 and 25, 2025, at the Jodhamal School Swimming Complex.

Vamika dominated the competition, winning six gold medals across a range of events. Her victories came in the 50m and 100m Backstroke, 50m Butterfly Stroke, 50m and 100m Breaststroke, and 100m



Heritage School faculty felicitating a winner student.

Freestyle categories.

Her versatility and command over multiple swimming styles showcased her rigorous training, technical finesse, and competitive spir-

it.

In recognition of her exceptional performance, Vamika was honoured with the prestigious Best Swimmer Award 2025-26 (J&K). This

accolade stands as a testament to her dedication to the sport and her relentless pursuit of excellence.

Adding to her accolades, Vamika has secured a place

in the 78th Senior National Aquatic Championship 2025, which will take place at the Aquatic Complex, Kalinga Stadium, Bhubaneswar, Odisha, from June 22-26, 2025. Her selection to this national-level event marks a significant milestone in her swimming journey and reflects her status as one of the most promising young athletes in the region.

The entire Heritage School community congratulated Vamika on her remarkable success and wishes her the very best as she prepares to compete at the national stage.